

Design and Development of a Multimodal Vest for Virtual Immersion and Guidance

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Abstract. This paper is focused on the development of a haptic vest to enhance immersion and realism in virtual environments, through vibrotactile feedback. The first steps to achieve touch-based communication are presented in order to set an actuation method based on vibration motors. Resulting vibrotactile patterns helping users to move inside virtual reality (VR). The research investigates human torso resolution and perception of vibration patterns, evaluating different kind of actuators at different locations on the vest. Finally, determining an appropriate distribution of vibration patterns allowed the generation of sensations that, for instance, help to guide in a mixed or virtual reality environment.

Keywords: Haptic · Vest · Vibrotactile · Guidance · Virtual reality

1 Introduction

In the last decades, haptic technologies have been amply investigated as an ultimate way to obtain better results in human-machine interaction [1,2]. These technologies have a wide range of applications, from industry to training and entertainment [3]. Another relatively new technology with a broad range of applications is virtual, mixed or augmented reality [4]. A combination of both previous technologies can generate systems in which haptic technology produces a significant improvement in immersion and realism that a user experiences when inside of a virtual system [5,6].

Here, the development of a haptic vest for counter terrorist police training within a mixed reality environment is reported.

The proposed haptic vest seeks to improve immersion and realism of interaction in virtual environments, through several vibrotactile stimuli such as impact effects, thermal effects or touch-based communication between members of the same training team. In this paper, we present the first steps to achieve touch-based communication based on vibration motors allowing the creation of vibrotactile patterns that help users to move inside virtual environments.

1.1 Related Works

Over the past two decades, research in haptic interfaces and VR has been constantly evolved. There are several examples about research that try to join both concepts, creating new displays to provide haptic feedback in virtual environments [7,8]. Previous haptic vests, like Tactavest [9,10], a tactile vest for astronauts [11] or the vest developed by Jones et al. [12], that use different actuation methods distributed at various trunk areas. These vests were designed for different applications (including military coordination [13], emotional therapy [14] and immersion in VR systems). Other methods have used vibration motors capable of generating complex sensations through haptic illusions [15].

Actuators distribution on the vest required a previous study about two-point vibration discrimination distance for creating sophisticated patterns, but there are no studies about that in selected areas. Moreover, even though there is a study on discrimination of vibration patterns at the back, there are no data on discrimination of vibration patterns at shoulders [16].

Vibrotactile vests can be used for navigation in VR as well as real world environments (e.g., for the navigation of the blind [17,18]). There are several researchers that use a vest, or other wearable interfaces, like a belt [19] for guiding a user in a specific path, placing vibration motors on upper back instead of the shoulders and upper trunk [20]. Dharma et al. [21] have applied the same procedure with actuators in medium and lower back and abdomen. Finally, Prasad et al. have created a haptic vest for obstacle avoidance [22] and guidance of bikers [23].

1.2 Research Objectives

The main objective is the development of a vest capable of delivering several haptic feedback stimuli, allowing to improve realism and immersion in virtual environments. The vest design includes actuators generating vibrotactile stimulation at different torso locations.

Distribution of actuators in torso is organized as follows: tactile actuators are placed on shoulders, upper back and upper chest, since these areas are commonly used to conduct touch-based communication among counter terrorist officers during operation. Thermal effects are placed on lower back and abdomen, and other haptic effects are located throughout entire torso, corresponding actuators are positioned between thermal and vibration actuators.

Two main tests were carried out:

- A test to determine the minimum distance (discrimination threshold) between two vibration stimuli on the chosen areas that is necessary in order to be perceived as distinct stimuli.
- A preliminary evaluation to determine if the vest can be used like a method to assist navigation into a VR system.

2 Haptic Actuation

Two different actuation methods were considered to generate tactile stimuli: Electrical Muscle Stimulation (EMS) and vibration motors. However, after making an analysis about both methods, it was decided to use vibration motors due to induced sensations being more reliable and comfortable for users.

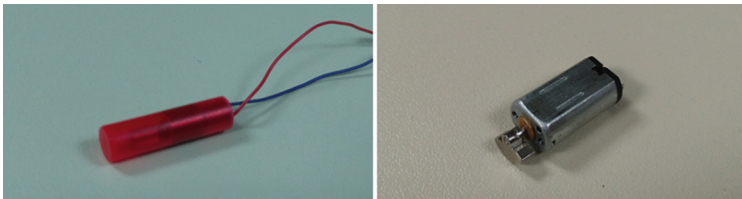


Fig. 1. Motor “304-116” (left); motor “308-102” (right)

Following several tests with ten different motors (including Linear Resonance Actuators (LRA)) two motors were selected for further development and testing: “304-116” model and “308-102” model, both from Precision Microdrives Ltd (Fig. 1). These two motors can produce high frequencies allowing easy generation of haptic sensations. Moreover, LRA were ruled out because of low vibration intensity that is not easily appreciable on stimulated areas. The technical characteristics of the two motors are shown in Table 1.

Table 1. Characteristics of the vibration motors

Characteristics	“304-116” motor	“308-102” motor
Rated voltage (V)	3	4.5
Rated current (mA)	44	145
Rated speed (rpm)	14000	19000
Rated frequency (Hz)	255	330

Motor “308-102” has greater rated voltage and current (4.5 V and 145 mA) than motor “304-116” (3 V and 44 mA). However, these differences are not an issue since it implies only minor changes in control circuit. Moreover, motors work with different rated frequency (255 Hz for “304-116” motor and 330 Hz for “308-102” motor), that are easily detected by human skin, since its vibration sensitivity range is between 30 and 500 Hz, approximately.

Actuators are controlled by a LilyPad Arduino with several Pulse-Width Modulation (PWM) outputs that can be used for varying frequency motors.

3 Resolution Experiment

The following experiment aims to find out the two-point discrimination threshold on shoulders, upper torso and upper back. The obtained results are used to determine tactile actuators distribution on those areas.

3.1 Stimuli Patterns

The areas selected to position the two actuators were divided into seven small sections and the discrimination threshold was obtained for each actuator. Two different tests were carried out.

The first test was performed with “304-116” motor, using a row of ten motors separated from each other 10 mm. The mesh was placed in seven torso locations and the actuators were programmed to reproduce a sequence of 15 vibrations (1-second vibration followed by 3-second break off when subjects have to tell how many vibration sources are working in previous vibration). Figure 2 shows the row with “304-116” motors and how it is attached on a participant during the tests.

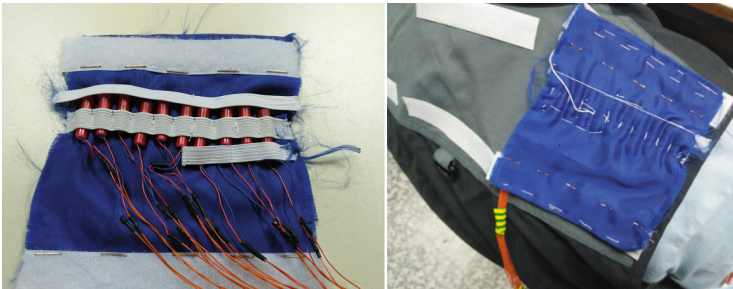


Fig. 2. 304-116 motors row (left); user during tests (right)

Two different motors vibrate in each phase and participants indicate if one or two motors are vibrating. Vibrations appear in random order while several repetitions are produced, avoiding the sequence is easily identifiable. In addition, vibrations are produced at all possible distances (10, 20, 30,...90 mm), establishing discrimination distance for each participant and each area. Subsequently, the same procedure is done with “308-102” motors. However, since motors are bigger only 6 could be placed at a distance of 20 mm from each other. Sequence is reproduced during the test in just four areas to compare likely perception differences between different motors.

At the beginning of the first phase, participants experience demo vibrations in order to ensure that sensations can be easily appreciated. With those vibrations, subjects can do the entire test and express their sensations easily and without confusion.

3.2 Participants

Twenty four participants took part in the test (15 males and 9 females) with age from 22 to 35 years old. One of them indicated a neuropathology that affects the right side sensibility, consequently, the results of that subject were excluded from further analysis. 20 participants were students of Universidad Politecnica de Madrid and 4 participants were external from the institution.



Fig. 3. Analysed areas during first experiment

3.3 Results

Data from individual performances were analysed to obtain the discrimination threshold. The resolution value is a number between 10 and 90 mm, since there were the minimum and maximum distances where two motors have been placed. The results can only take ten-by-ten values (10, 20, 30..., 90).

Table 2. Median values for each area (mm)

Areas	“304-116” motor	“308-102” motor
Upper Right Torso (U.R.T)	60	60
Right Acromial Zone (R.A.Z)	50	—
Upper Right Back (U.R.B)	50	60
Central Back Zone (C.B.Z)	50	—
Upper Left Torso (U.L.T)	40	40
Left Acromial Zone (L.A.Z)	40	—
Upper Left Back (U.L.B)	50	40

Once the experimental data for each participant are collected, the median discrimination value was obtained. Due to high standard deviation, the median value was selected to represent discrimination performance, in order to facilitate the rejection of outliers through a statistical analysis. The torso areas for which

discrimination values were obtained are shown in Fig. 3. The medians discrimination values for each torso area are shown in Table 2.

Finally, results can be divided into different population groups (males and females, “304-116” motor and “308-112” motor, etc.), verifying the perception differences between them. The discrimination values between male and female participants are shown in Table 3.

Table 3. Comparison of perception between male and female

Areas	Male median (mm)	Male SD	Female median (mm)	Female SD	p-value
U.R.T	65	26.44	60	23.98	0.513
R.A.Z	60	23.45	30	20.88	0.1004
U.R.B	60	17.06	25	5.48	0.0074
C.B.Z	50	19.32	60	23.98	0.6054
U.L.T	60	23.32	40	21.67	0.1058
L.A.Z	30	30.95	60	19.36	0.264
U.L.B	50	25.55	40	22	0.378

4 Guidance Experiment

A preliminary evaluation is performed to determine if the haptic vest can be used for navigation within a training VR environment (e.g., when environmental conditions - such as presence of smoke - result in visual impairment). The test allows knowing if patterns generated for driving users and validating actuators distribution. Finally, it allows knowing if a sensory system is needed to adjust the guidance to path requirements.

4.1 Stimuli Patterns

First, vibration motors are distributed on established areas: shoulders, upper torso and back. Twelve motors are placed (6 of each type previously selected) on each shoulder at 30 mm away from each other. Placing motors closer than discrimination distance (30 mm), allows perception of a widespread feeling of vibration.

The objective was to guide the users through a path created by vibrotactile patterns representing turns, validating actuators placement and created patterns. Participants were asked to follow a path consisting on five turns (90° angles). The duration of the patterns were randomly selected, analysing turn amplitude later. Due to random duration, users probably do not turn 90° (it is only a way of representing it).

Patterns are as follows: first, “row 1” vibrates (closer to neck), later “row 2” vibrates (intermediate) and, finally, “row 3” vibrates (external row); creating a

directional sensation that drives users towards a direction. Vibrations on right shoulder have lower intensity than vibrations on left shoulder to analyse how vibration intensity affects user's comfort. The distribution of motors across the rows can be seen in Fig. 4. A participant during the experiment can be seen in Fig. 5.

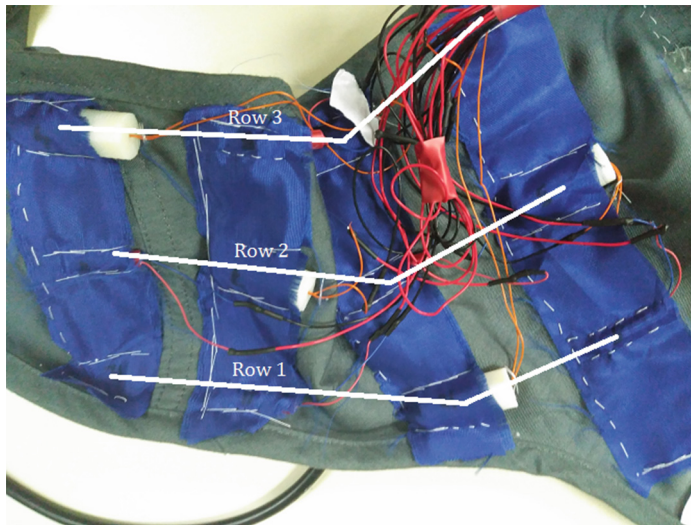


Fig. 4. Motor distribution in rows

The test included two types of stimuli:

- First: each row vibrates for 100 msec sequentially for fifteen times resulting in a total vibration duration of 4.5 s.
- Second: each row vibrates for 300 msec sequentially for six times resulting in a total vibration duration of 5.4 s.

4.2 Participants

Five participants took part in the test (4 males and 1 female), with ages between 22 and 28. None of them indicate a neuropathology that affect their sensibility. All participants are students of Universidad Politecnica de Madrid (UPM).

4.3 Results

Data analysis was performed to find out the correct follow-up of turns during guidance, user comfort and ability to reach the end of the original path. Analysis of users' turns during path following showed that users correctly



Fig. 5. Participant during guidance test

(100 % success rate) perceived the direction of rotation suggested by the stimuli. However, the turning angle between users were variable during a same vibration. Table 4 shows the results of the turning angles for the shorter and longer stimuli (shorter phase/larger phase).

Table 4. Turn angles during the path ($^{\circ}$)

Subjects	1st turn	2nd turn	3rd turn	4th turn	5th turn
1	120/150	120/135	120/145	170/135	120/150
2	120/150	120/150	120/170	120/160	170/170
3	120/160	145/210	90/100	90/120	160/150
4	135/150	170/180	170/150	170/180	145/180
5	80/160	70/170	100/160	150/150	150/150

Moreover, even though there were differences between right and left turns due to the intensity of the stimuli, it seems that participants felt comfortable with the vibrotactile stimuli.

Figure 6 shows the path followed by three subjects for the two different vibration times. Although the path is completed correctly, shorter vibrations resulted in more reliable path executions. Original path is also shown in Fig. 6.

Finally, only three participants appreciate directionality sensation during turning when vibrations have a duration of 300ms, therefore it is necessary to improve the patterns to achieve a more intuitive drivability.

5 Discussion

Analysis of median values for distance (two-point) discrimination in different torso areas showed that the left side is more sensitive to vibrotactile stimulation.

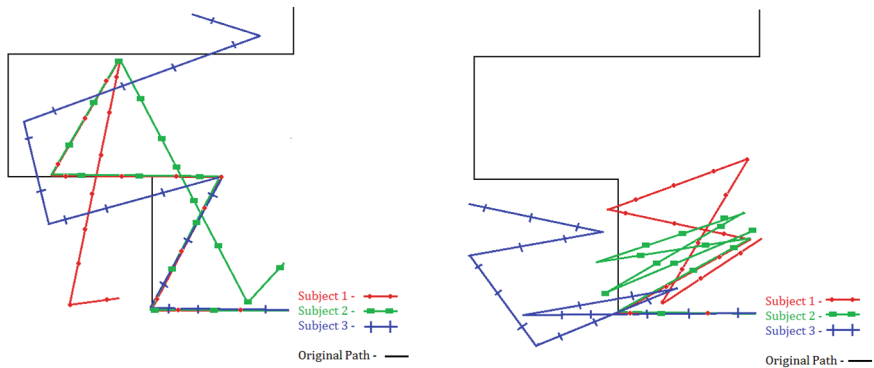


Fig. 6. Path followed by 3 subject with 100 ms vibrations (left); path followed by 3 subject with 300 ms vibrations (right)

Those differences may be due to distinct sensibility between body sides (left and right), although that scenarios must be confirmed in the future.

Figure 7 shows the discrimination values obtained for the two different motors: the left one (“304-116”) and the right one (“308-102”), obtaining a maximum value of 60 mm. Since the actuators distribution on vest is done according to the maximum resolution value to ensure patterns perception since motors are placed at a distance of 70 mm. Moreover, additional motors are interspersed at 35 mm, allowing the creation of a generalized vibration on stimulated areas.

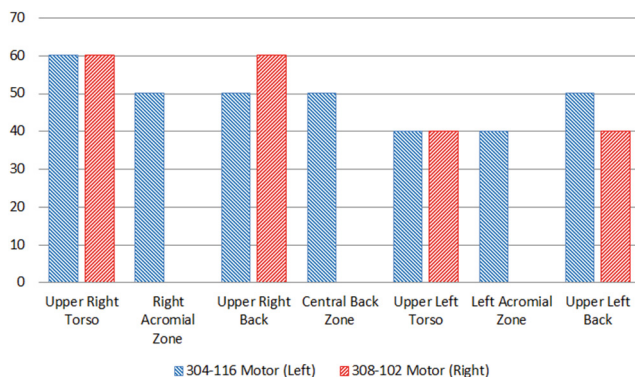


Fig. 7. Discrimination distances obtained during first experiment

Statistical analysis showed that there was no difference in two-point discrimination at different torso locations (shoulders, upper torso and upper back) (p -values > 0.05). Moreover, it seems that two-point discrimination is independent of gender and type of motor used to generate the stimuli. There are few

significant results (five in all with $p\text{-value} < 0.05$) that can be taken as random values and do not mean that perception is similar between population groups.

Additional evaluation tests were carried out to investigate the usefulness of the haptic vest in guiding users within a VR environment. For this purpose, different vibration patterns with varied intensity and duration were generated to represent turning directions, enabling users to turn correctly in a designed path.

Results showed that participants did not feel discomfort when perceiving the stimuli during navigation. In addition, it was found that lower intensity produced better navigation results even though users turned effectively with both intensities. The choice of right side for lower intensity is random, since comfortability is not related with greater or lower discrimination distance.

Moreover, while all sequences have the same duration, turn angles depend on the participant. Furthermore, turning patterns represented by shorter stimuli resulted in more reliable path execution, since turns are smaller than turns done with larger stimuli. Therefore, vibration time is an important parameter to consider on the design because larger vibrations produce sharp turns since subjects continue turning until the end of vibrations.

To achieve a required angle, it is proposed the integration of a sensory system (gyro and accelerometer), that indicates when the user has done a correct turn to continue the path and, at that moment, stop vibrations or stimulate the user for starting to walk towards a specific point.

Finally, some users commented they did not feel that the vibrational patterns conveyed any directions. Therefore, it may be necessary to generate more elaborate patterns conveying clearer directional instructions. It is observed that perceived sensations are similar to feelings noticed by people guidance into a real environment through touch-based communication.

6 Conclusions and Future Work

This paper proposed the development of a haptic vest to increase the immersion and realism in a VR. In order to achieve this, several haptic feedback types have been analysed and tactile feedback has been implemented. The first step was to include tactile actuators on shoulders, upper torso and upper back.

The two-point vibration discrimination distance for chosen areas was determined, in order to understand how actuators have to be placed on the vest to generate distinct vibration patterns. Sensation has been suggested to induce movement that will vary based on the specific pattern created.

In addition, the vest was evaluated as an interface to assist users' guidance into a VR environment. Results showed that participants could make use of the vibration patterns to navigate. Further improvements could be possible through the incorporation of additional sensory systems (e.g., accelerometer and gyroscopes) or the development of more elaborate vibration patterns. The vest with all actuators (vibrotactile, thermal) will be integrated in a VR system to improve immersion and realism.

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