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Should I be introvert or extrovert?

A Pairwise Robot Comparison Assessing the Perception of Personality-based Social Robot Behaviors

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Abstract With this study we wanted to extend the research on personality traits and the similarity- and complementarity-attraction effects in HRI, and explore which demographic variables might affect them. For that purpose, we conducted a study with 46 participants under a pairwise robot comparison experimental design, combining verbal and non-verbal behaviors, and complementing the results with qualitative data. We found out that the similarity-attraction effect was supported although we could not find any demographic variable to predict it.

Keywords Human-Robot Interaction · Personalityattraction · Social Robotics · Robot-Assisted Therapy

1 Introduction

During the last two decades there have been an increasing number of projects employing social robots with the ambitious goal of increasing the well-being of vulnerable populations [1]. Robot-Assisted Therapy (RAT) has successfully been used for elderly care [2, 3, 4, 5], individuals on the autism spectrum [6, 7, 8, 9], or physical rehabilitation [10, 11].

Regardless of the therapeutic intervention, these social robots are expected to interact with a wide range of conditions and different patients, each of them with their own personal preferences and needs. Even if they may share the same pathology, their personal requirements (age, personality, cultural-background, etc.) can vary extensively. Therefore, as it is for therapists, it becomes crucial for robots to adapt their behaviors and interaction skills to the specific needs and preferences of the patients they interact with [12]. These robots should be capable of understanding the environment and the patient's intention and performance, and of following the therapeutic goals to perform a meaningful and personalized interaction in a social and engaging way using their embodiment to communicate and to react to their users [13, 14].

This research has been conducted as part of the imec.icon Robo-Cure project [15] which aims at exploring the possibilities of integrating a social robot in a hospital as an educational support for children with diabetes type 1. With the long-term goal of building adaptive robot behaviors that can fit the particular needs of the targeted end-users, we would like to further explore the personality-attraction effect in HRI by studying how parents react to different personalities in social robots, and how they perceive them to be used with their children for educational purposes.

According to the latest report of the World Health Organization, diabetes is a disease that affected more than 400 millions of people in 2014 [16]. The cases of diabetes type 1 have been increasing steadily during the past few decades [17, 18]. Children recently diagnosed with type 1 diabetes need to change their habits and learn how to count carbohydrate intake, monitor blood glucose, and be aware of their physical activity [16]. Children at a young age are still developing emotionally and cognitively, and this habituation process is complex. Therefore, children and their family are normally required to spend several days at the hospital being trained by therapists.

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Robots have already been used in this context, and it has been proven that interacting with social robots can help children to acquire these skills and knowledge [19, 20], by keeping them more motivated and engaged, and being more fun to use. In order to achieve more natural and engaging interactions, these robots should aim at building social bonds with children [21].

Under the Computers Are Social Actors (CASA) paradigm [22, 23], Nass and his colleagues found out that individuals have a tendency to apply social rules while interacting with computer agents the same way as if they were interacting with actual human beings. Personality is considered to be a vital factor in understanding interpersonal communications [24, 25], comprising individual's behavioral, cognitive and emotional patterns [26]. Nass and colleagues also discovered that individuals did not only recognize the personality of a computer agent, but they also applied personalitybased social rules, as the similarity and complementarity hypotheses of personality attraction, within their interactions [27, 28]. The similarity-attraction effect holds that individuals feel closer to those who are perceived similar to themselves. Research has shown that similarity between people is associated with interpersonal attraction which increases the level of engagement and attention [29]. This effect has been demonstrated to be sufficient to spark initial attraction, and motivate further interactions [30, 31]. This similarity attraction effect can be referred to demographics, ethnicity, or personality among other characteristics [32, 33]. On the other hand, the complementarity-attraction effect claims the opposite, that individuals tend to be more attracted to those whose characteristics are perceived as complementary to their own [34, 35].

In the field of Human-Computer Interaction (HCI), both social rules have been claimed to be true. The similarity-attraction rule has been supported in situations when people interact with disembodied social actors [28, 36], while the complementarity-attraction rule is supported with embodied software agents [27]. Given that premise, as robots are, by definition, even more embodied than software agents, one would think that in the case of Human-Robot Interaction (HRI) the complementarity-attraction rule would hold. However, some studies, [37] and [38], explored the relationship between extroversion and introversion levels of the robot and the users within a therapeutic environment, finding that extroverts preferred to interact more with robots displaying behaviors considered as extroverted, while introverts preferred those displaying introverted behaviors. Similarly, Aly and Tapus [39], combined verbal and non-verbal behaviors to express the extroversionintroversion personality dimension, finding that humans

prefer robots that express similar personalities to theirs. On the other hand, other researchers found that humans tended to believe that their personality was different from the robots [40], but more importantly, to the purpose of this manuscript, this study demonstrated that factors such as subject gender, age and technological experience were important in how subjects viewed their personality as being similar to the robot personality. [41] examined whether humans prefer robots that are similar or different from them regarding their personality. Authors found that individuals enjoyed interacting with a robot more when they had complementary personalities than when they are similar.

As shown, the research on personality attraction and HRI remains fragmented and lacks a coherent framework [42, 43], with some works claiming that there is a relationship between similarity and attraction [37, 38, 39] and others claiming the contrary [40, 41].

This study aims at advancing the research on the similarity- and the complementarity-attraction effects in HRI, by exploring which demographic variables might affect them. To achieve that, authors would like to extend the research done in this domain by combining verbal and non-verbal behaviors, utilizing a novel experimental design, pairwise robot comparison, and by utilizing qualitative data. Using a pairwise robot comparison makes it possible to reduce the habituation effect and to collect in-the-moment responses [44]. The qualitative data makes it possible to better understand what people thought of the robot interaction and what their thoughts were about the robot personalities. Therefore, through this study we would like to solve the following research questions:

- -Q1. Is there a relationship between the Big Five questionnaire filled in about the participants themselves and the preference about the robot?
- -Q2. Is there a relationship between demographic variables and the preference about the robot?
- -Q3. Is there a relationship between demographic variables and the preference about the robot for their children?
- Q4. Is there a relationship between their personality preferences for themselves and those for their children?

In section 2 we analyze the literature to describe personality-based behaviors. In section 3 we define the studies we have carried out and the results obtained. Finally, in section 4 we include our conclusions.

2 Personality-based behaviors

Personality traits have been represented by multiple models but the most widely used [42] is the Big Five personality model [45], also known as the OCEAN model. It is composed of five different dimensions: Openness to experience, referring to the degree of curiosity and willingness to experience new events; Conscientiousness, reflecting the inclination to be self-aware of their actions; Extroversion, manifesting the tendency of someone being energetic and sociable; Agreeableness, pictures compassion and cooperativeness; and Neuroticism, reflects the tendency of someone being prone to psychological stress.

Among all these dimensions, the Extroversion one is considered to be the most influential and accurate trait on developing human peer relationships [46, 47, 48]. That is why it has been widely used in HCI [27, 28, 49] as well as in HRI [41, 50].

There have been many attempts to implement personality traits in social robots. Lee et al. [41] implemented the Extroversion dimension into an AIBO robot manipulating both verbal (loudness, frequency range, mean frequency, speech rate) and non-verbal (gestures, facial expressions, posture and body movement) behaviors.

On the other hand, van Dam [50] combined Extroversion with Agreeableness proving that people with higher values on both dimensions were more popular with their peers. She conducted this study by manipulating through Wizard-of-Oz both verbal (speech rate, volume and speech style) and non-verbal behaviors (facial expressions, gestures and body movement).

Considering all dimensions within the Big Five model, Craenen et al. [60] studied whether there is a relationship between the perceived quality of the interaction and perceived similarity, obtaining mixed results: 15 out of 30 participants preferred the similarity but 9 out of 30 preferred the complementarity. Their manipulation was mainly focused on gestures varying their speed and amplitude.

In addition to personality traits, it has also been studied other human characteristics that might influence peoples perception of the similarity-effect, e.g. Tay et al. [52] explored how people react to stereotypes regarding gender (male vs. female) and occupational role (security vs. healthcare) when matched with personality (extrovert vs. introvert). They manipulated robot's behaviors by taking the initiative of initiating (or not) the conversation, robot's appearance, moving speed, gesture type (wide-angle gestures and one or two arms gestures), speech rate, pitch and volume.

Literature says that extroverts have a tendency to speak louder, faster and with a higher pitch [41, 52, 53, 54, 55, 56]. Normally they do less pauses and use shorter sentences and poorer vocabulary [53, 54, 55], express more positive words [57], they are more incline to initiate conversations [52] and to speak more about themselves than about others [51]. Extroversion has been proved as a weak predictor of attention engagement [59]. Regarding gestures, they are usually wider, faster and occur more often than those coming from an introvert person [41, 52, 56, 58, 60]. Extroverts usually are more restless and perform more idle motions [41, 58]. Some studies found a relationship between human personality and proxemics, concluding that extroverted people are more tolerant of their personal space invasion than introverted people [37, 61]. Table 1 summarizes the insights obtained from the psychology and HRI literature.

3 Study design

We conducted two experiments. The first one was done with 22 children, and served as a pilot study to evaluate the protocol to be followed. The second one was conducted with 63 adults parents of children between 4 and 12 years old. This second study was organized in two different venues. The first venue consisted of an office where participants were called in groups that ranged from one to four participants. The second venue was a larger room where 39 participants attended the experiment at the same time. After analysing the results obtained in both venues, we could not find any significant differences between them so from now on we consider them as one single group.

The behaviors described in Table 1 have been implemented in a Pepper robot [63] with the possibilities and limitations that this entails. Therefore, we have adapted the insights from the literature to what can be implemented using naoQi SDK [64]. Gestures were selected among those available in the default animation library [65] which contains more than 100 variations. Given the requirements and purpose of the experiment the only feature that has been left aside is proxemics as the interaction between the robots and the participants would be static. Table 2 summarizes how the selected robotic features have been implemented. Parameters were tuned after several pilot studies.

Participants were seated in chairs in front of the presenter and two robots, see figures 1 and 2. The other researchers were placed strategically to avoid interrupting or interfering with the experiment. The two robots were given unfamiliar male Hawaiian names, Kekoa and

| Robot feature | For extroverts For introverts | | Reference |
|--------------------|--|---|------------------------------|
| Speech volume | 80% of the maximum | 20% of the maximum | [41, 51, 52, 53, 54, 55] |
| Speech speed | 216 words/minute | 184 words/minute | [41, 51, 52, 53, 54, 55, 56] |
| Speech pitch | 90% of maximum | 10% of maximum | [41, 51, 53, 54, 55, 56] |
| Speech style | Informal, fewer pauses, less faltering | nformal, fewer pauses, less faltering Formal, more pauses, more faltering | |
| Vocabulary used | Poorer | Richer | [53, 54, 55] |
| Topic selection | Not self-focused | Self-focused | [51] |
| Feedback given | Gives compliments | Shows dissatisfaction | [57] |
| Speech Syntax | Shorter and simpler sentences | Longer and more elaborate sentences | [51] |
| Random motion rate | Every 750-1500 ms | Every 1000-7000 ms | [41, 58] |
| Attention behavior | Hard to keep focus, switch often among different stimuli | Tend to be focused on a single event | [59] |
| Gestures | Wider and faster $(50\%-75\%$ less time) | Slower and narrower gestures | [41, 52, 56, 58, 60] |
| Proxemics | More tolerant with personal space | Need their personal space | [37, 61, 62] |

Table 1 Manipulation of the robot's extroversion dimension according to the literature.



Fig. 1 Left side: Picture taken during the pilot study. Right side: Setting for the pilot study with children.

Kanoa, to reduce possible gender biases. In the experiment sequence the robots would take turns explaining about diabetes. At the end of the sequence, the participants were asked to fill in a questionnaire responding about which robot they preferred and why. The robot that would start the interaction was switched, as well as the personalities, to counterbalance for possible influence on the opinion of the participants. The total duration of the experiment was about 30 minutes.

3.1 Pilot Study

This pilot study was performed with 22 children between the age of 6 and 7 years old (M = 6.8, SD = 0.4) from a primary school. Of the 22 children, 13 were girls (59.1%) and 9 boys (40.9%). Before the experiment, parents completed an informed consent and demographic and personality questionnaires about their children.

| Robot feature | For extroverts | For introverts |
|---|--|---|
| Speech volume | 100% of the maximum | 50% of the maximum |
| Speech speed | 100% of the maximum | 80% of the maximum |
| Speech pitch | 50% of maximum | 20% of maximum |
| Speech syntax, style, topic selection and vocabulary used | Are you comfortable? (pause) We are going to tell you about diabetes type one. Let's start. | Hopefully you are comfortable (pause) during the next few minutes (pause) my friend and I (pause) are going to tell you a little bit more about diabetes type one. Let's begin. |
| | Children who have type 1 diabetes have to pay a little more attention to what they are eating and doing than children without diabetes. | Children who have type 1 diabetes (pause) have to be more cautious about what they are eating and doing (pause) than children without diabetes |
| | The pancreas is an organ in your belly. That organ helps your body process food. It also makes insulin. Insulin is kind of like a key that opens the doors to the cells of the body. It lets the glucose in. | The pancreas is a long flat gland in your abdomen (pause) that helps your body digest food. It also produces insulin. Insulin can be seen (pause) as a key that opens the doors to the cells of the body. It lets the glucose in. |
| Feedback given | You have been a great audience! | I hope you enjoy it as much as we did. |
| Random motion | Random motion expressed through arms, body and head | Random motion expressed through the arms |
| Attention behavior | 100% of speed, reactive to all stimuli, unengaged | 10% of speed, limited reactive stimuli, fully engaged |
| Gestures | Wider and faster $(50\%-75\%$ less time) | Slower and narrower gestures |

 Table 2
 Our manipulation of the robot's extroversion dimension.

From the personality questionnaires, filled in by the parents of the children, we found out that 2 children were introverts (9.1%) and 20 children were extroverts (90.9%). All girls were classified as extrovert (based on their score), while 2 boys were introvert and 7 were extrovert.

Results showed that the introverted robot was preferred by 8 (36.4%) participants, whereas 14 (63.6%) participants preferred the extrovert robot. Boys (6 out of 9) preferred the introvert robot, while girls (11 out of 13) preferred the extrovert robot. We qualitatively analyzed the reasons why the children preferred one or the other robot. Some answers contained multiple themes and themes came up in varying frequencies. The majority of the children preferred the extrovert robot. However, we saw that there was a difference in the preference between the boys and the girls, where boys had a preference for the introvert robot. This leads us to believe that the gender attributed to a robot has a considerable effect on the preference of the child. For further details in this study, see [66].

3.2 Experimental study

The experiment was conducted with 63 participants, out of them 17 were filtered out due to missing data, ending up with 46 participants between 29 and 54 years old (M = 40.6, SD = 6.18). Before participating in the study participants had to give their consent and complete a questionnaire in which socio-demographic data and the Big Five questions related to Introvert and Extrovert personality were collected [67]. From the first questionnaire, we obtained that 22 were males (47.8%) and 24 females (52.2%), 16 did not have university studies (34.8%), 22 finished university studies (47.8%) and 8 of them achieved a doctorate (17.4%), 29 (63%) had



Fig. 2 Left side: Participants being interviewed after the sequence with the robot. Right side: Setting for the experimental study.

no previous experience with robots at all, and 17 (37%) had interacted with a robot either at home or at work. From the personality questionnaire, we divided the personalities scores obtained in the questionnaire by half categorizing those with lower scores to the introvert dimension, and those with higher scores as extroverts. Given that categorization we ended up with 37 participants ranked as extroverts (80.4%) and 9 as introverts (19.6%).

At the end of the sequence, the participants were asked to fill in a third questionnaire in which we collected the participants preferred robot, socio-demographic data regarding their child (if they had several children we asked them to focus on one child) and the Big Five questions related to Introvert and Extrovert personality of their child. Once this last questionnaire was completed the participants were asked whether they would want to participate in a short interview, if they did then an interview would be held.

3.3 Results

After analysing the collected data, we observed that 32 of the participants (69.6%) preferred the extroverted robot, while 14 (30.4%) opted for the introverted one, see figure 3. Correlating the preferred robot with their personality, we found out that 31 (67.4%) chose a similar personality, while 15 (32.6%) chose the complementary one. However, we could not find any correlation between following the similarity or the complementarity approach and any demographic variable.

The participants were also asked about their children. Following the selection criteria they all have children between 4 and 12 years old (M = 7.72, SD =

| | | Personality | | |
|--------------------|-------------|-------------|-----------|-------|
| | | Extrovert | Introvert | Total |
| Chosen Personality | Extroverted | 27 | 5 | 32 |
| | Introverted | 10 | 4 | 14 |
| Total | | 37 | 9 | 46 |

Fig. 3 Comparing the personality selected against their personality: 31 opted for the same one, while 15 chose the opposite one.

2.52). Among them, 24 were boys (53.3%) and 21 girls (46.7%). They were asked to fill in a personality questionnaire about one of their children, ending up with 36 extroverts children (80%) and 9 introverts (20%). When thinking about that particular child, they selected 30 times the extroverted robot (65.2%) and 16 times the introvert one (34.8%).

3.3.1 Quantitative Analysis

1. Is there a relationship between the Big Five questionnaire filled in about the participants themselves and the preference about the robot?

An independent samples t-test was conducted to compare the participants score in the Big Five questionnaire and the preference about the robot, t(44) = 0.287, p = 0.775, Cohens d = 0.089. We could not find a relationship in the scores for the extroverted robot (M = 28.09, SD = 4.74) or the introverted robot (M = 27.64, SD = 5.27) conditions.

2. Is there a relationship between demographic variables and the preference about the robot?

After running logistic regression, we could not find a demographic variable that can be used to predict the preference about the robot. However, after a deeper look using the Chi-Square test, it seems that people with no previous experience with robots (at home or at work) have a tendency to choose the extroverted robot (79.3%), while those with some experience do not have a strong preference (52.9% chose the extroverted robot and 47.1% the introverted one), see figure 4. However, this finding has no significant difference and the effect size is small (p = 0.097, $\phi = 0.277$).

| | | Use of a ro | | |
|--------------------|-------------|-------------|-----|-------|
| | | No | Yes | Total |
| Chosen Personality | Extroverted | 23 | 9 | 32 |
| | Introverted | 6 | 8 | 14 |
| Total | | 29 | 17 | 46 |

Fig. 4 People without any previous experience with robots tend to choose the extrovert robot, while those with already some experience do not have a strong preference.

3. and 4. Is there a relationship between demographic variables and the preference about the robot for their children? And, is there a relationship between their personality preferences for themselves and those for their children?

Regarding how people choose a robot for their children, logistic regression, see figure 6, indicates that the age of the child (p = 0.045, OR = 0.493, CI = [0.246, 0.984]) and previous experiences with robots (p = 0.028, OR = 0.034, CI = [0.002,0.690]) are good predictors, although in the second case the effect size is quite small.

| | | No | Yes | Total |
|------------------------|-------------|----|-----|-------|
| Chosen Personality for | Extroverted | 23 | 7 | 30 |
| Kid | Introverted | 6 | 10 | 16 |
| Total | | 29 | 17 | 46 |

Fig. 5 Those with some previous experience with robots preferred the introvert robot, whereas those who were interacting with the robot for the first time were more inclined to the extrovert one.

Having a deeper look into the correlations of the variables, Chi-Square test shows that parents tend to choose for their children based on their previous use of robots (p = 0.012, $\phi = 0.386$): those with previous experience prefer the introverted robot for their children, while those with no experience prefer the extroverted one, see figure 5, which associated with the findings in figure 4, lead us to think that they tend to choose for their children the same personality as for themselves (p = 0.008, $\phi = 0.41$), see figure 7.

Finally, Fisher-Exact tests indicates that parents tend to choose for their children based on their level of education (p = 0.024, Cramers V = 0.407): those with-

out a doctorate prefer an extroverted robot for their children, and those with a doctorate prefer an introverted one, see figure 8.

3.3.2 Qualitative Analysis

We conducted 12 post-experiment interviews with a total of 18 participants. The interview groups ranged from one participant to four participants and lasted between 10 to 30 minutes long, see figure 2.

The interviews were analyzed in a content-driven manner in a thematic analysis to ensure that in context meaning was not lost [68]. Out of the analysis five main themes emerged namely, expressiveness as main factor for robot preference by the participant, robot as an assistant teacher, what improvements to make to have better robots for educational purposes with children and trust in a robot teacher. There were also two minor themes that came through, the appearance of the robot and the appropriate target group. Saturation was reached in the analysis.

1 Expressiveness as main factor for robot preference by the participant

The main reason that participants preferred one robot over another (be it introvert or extrovert) was related to the expressiveness of the robot. Participants indicated that they believed that their preferred robot was more understandable, that the robot explained aspects more clearly or that the voice was more pleasant to listen to.

Participant (int. 5): "the voice of Kekoa was a bit more pleasant"

Participant (int. 2): "but at least his voice was more clear"

One participant (int. 4) made an interesting remark that embodies the general tendency to prefer one robot over another namely, that "for me, thats very personal what your ear likes". The quote indicates that the biggest aspect in the choice of preference is in the speech or audibility of the robot, but that the choice in itself will then depend from person to person.

2 Robot as an assistant teacher

This study was conducted as part of the imec.icon Robo-Cure project which evaluates the use of robots as educational support in hospitals for children with diabetes type 1. As a result, the idea of a robot teacher was an aspect that would come up in discussion. The majority of participants agreed that if a robot should have a role in a classroom then it would be as an assistant or as an extra and not as a substitute to the human

| | | | | | | | 95% C.I.for EXP(B) | |
|----------------------------|---------|-----------|-------|----|-------|-----------|--------------------|--------|
| | В | S.E. | Wald | df | Sig. | Exp(B) | Lower | Upper |
| Gender Participant(1) | -1.883 | 1.178 | 2.553 | 1 | .110 | .152 | .015 | 1.532 |
| Personality Participant(1) | -1.663 | 11181.844 | .000 | 1 | 1.000 | .190 | .000 | |
| Chosen Personality(1) | -22.134 | 11181.843 | .000 | 1 | .998 | .000 | .000 | |
| SimilarityApproach(1) | -22.176 | 11181.843 | .000 | 1 | .998 | .000 | .000 | |
| Personality Kid(1) | 104 | 1.331 | .006 | 1 | .938 | .902 | .066 | 12.246 |
| Gender Kid(1) | 1.382 | 1.250 | 1.223 | 1 | .269 | 3.984 | .344 | 46.154 |
| Age of kid | 708 | .353 | 4.019 | 1 | .045 | .493 | .246 | .984 |
| Level of education | .790 | .829 | .907 | 1 | .341 | 2.203 | .434 | 11.185 |
| Use of a robot before(1) | -3.380 | 1.536 | 4.845 | 1 | .028 | .034 | .002 | .690 |
| Constant | 28.965 | 15944.496 | .000 | 1 | .999 | 3.795E+12 | | |

Fig. 6 After running logistic regression, we might observe that Age of child and Use of a robot before are good predictors.

| | | Chosen P | | |
|------------------------|-------------|-------------|-------|----|
| | Extroverted | Introverted | Total | |
| Chosen Personality for | Extroverted | 25 | 5 | 30 |
| Kid | Introverted | 7 | 9 | 16 |
| Total | | 32 | 14 | 46 |

Fig. 7 9 out of 14 introverts selected the introverted robot for their children, while 25 out of 32 extroverts did the same.

| | | Leve | | | |
|-------------------------------|-------------|---------------|------------|-----------|-------|
| | | No University | University | Doctorate | Total |
| Chosen Personality for Kid | Extroverted | 13 | 15 | 2 | 30 |
| | Introverted | 3 | 7 | 6 | 16 |
| Total | 16 | 22 | 8 | 46 | |

Fig. 8 Apparently, those who achieved a doctorate have a stronger preference for introvert robots than those who did not.

teacher and that it should not be used throughout the day but at short intervals.

Participant (int. 5): "but I think, as an extra, it could work just fine"

Participant (int.10): "I think, if it will be for a whole day, I think it would be a bit weird. But I think if it would just be for like a lesson. [] Then I think it would be okay."

Participants that were positive to the idea also gave suggestions about the ways in which the robots could be used as an assistant teacher. The robot could help children individually for instance, the children that needed extra explanation as well as the children that could use some more challenging schoolwork. It could also be used to verify if the children have really understood the lesson or task, to boost a child their confidence or as entertainment. Few participants asked why this would be necessary and also stated that this would be just as effective and cheaper using a video or tablet instead.

After analysing participants' opinions and reactions we might say that there is not common ground among them but a variety of ideas for how to implement robots as educational assistants. That reflects that it is still important to emphasize what the added value of such a tool is.

3 Robots need to be more adapted/considerate towards children to successfully deliver educational content to children

Participants were also keen to let us know what they believed needed to be modified in order to improve the robot interaction for children. The most common response was that the robots needed to be more interactive. This meant that the robot needed to be able to have a conversation, so answer any possible questions that children might have, and that it could use more visual aspects in its explanation (e.g. Pepper has a tablet).

Participant (int. 1): "it should be more interactive. I can imagine that they have a lot of questions that they would like to ask."

Participant (int. 8): "Yeah, interaction" Interviewer: "and do you mean dialogue? Like what you mentioned before? Or, do you also mean other ways?" Participant (int. 8): "Yeah. Now you just get the information across. But if I have a question, [and] even afterwards."

There were also participants who noted that there was a need to create a connection with the children first, to make them feel at ease and to earn their trust. In order to do this the integration of a robot needs to be preceded by a slow introduction.

Participant (int. 5): "and for them [the children], to make them feel at ease, there has to be a connection."

Participant (int. 7): "and that they come to the school. And try to get the trust from the children. Go slow. Not too fast."

4 Trust in a robot teacher

Trust in a robot teacher raised some interesting reflections from participants, most would trust the hardware aspect of the robot, because that needs to be tested before it is put on the market.

Participant (int. 3): "so, if they have passed all the tests and controls that are demanded in those places. Then I assume that it is safe."

However, the participants were more cautious with trusting the software aspect, because, for instance, the person making the software is not known. In addition, participants would not trust the robot as a teacher on its own, it should always be supervised by a human.

Participant (int. 5): "I think the start of a chain, is always a human being. S, if I trust this human being, in his professional way of teaching. Then I think, there is no problem. Because the robot is always the output of human being."

5 The appearance of the robot

The participants were quite positive about the appearance of the robot mentioning that they were similar to children and that they looked friendly.

Participant (Int. 8): "They are like children."

Participant (Int. 2): "I think they look attractive to children."

6 The appropriate target group

It was clear to the participants that this method would not be suitable for all ages, below four years old would be too scary and for children above 12 it might not be interesting anymore. In addition, it would need to be adapted to the specific age group.

Participant (Int. 9): "because an eleven-year-old and a four-year-old, you cannot treat them the same way."

4 Discussion

This research was conducted as part of the imec.icon Robo-Cure project which seeks to evaluate the use of robots as educational support in hospitals for children with diabetes type 1. For that purpose, we aimed to explore how parents of children between 4 and 12 years old perceived the use of social robots with personalities in an educational context.

Within that context, with this study we wanted to advance the research on the similarity- and the complementarity-attraction effects in HRI, and explore which demographic variables might affect them. To do so, we conducted an experiment with 46 participants where we combined verbal and non-verbal behaviors such as speech, gesturing, attention behavior and random motions; we utilized a novel experimental design, pairwise robot comparison [44], to reduce the habituation effect; and we complemented the experimental study with interviews to collect qualitative data.

We found out that the majority of people who came to the experiment were extroverts (80.4%) and prefer to interact with extrovert robots (69.6%), therefore supporting the similarity-attraction effect (67.4%). However, we could not find any relationship between the participants' personality score in the Big Five questionnaire and his/her preference about the robot. Although, certain demographic variables such as the age of the child, their previous experience with robots, and their level of education seemed to be valuable indicators that would support the similarity-attraction theory, after having a deeper look into those demographic variables, we could not find any that can be used to predict the preference about the robot or the attraction effect followed. These results are in line with previous research [43].

From the qualitative data, we could discern that the level of expressiveness was shown to be the most important factor on the choice of a robot. The robot needs to reflect comfort through its gestures and voice, and that depends from person to person. That is aligned with another theme that emerged from the interviews: the belief that robots should adapt their behaviors to the different needs of the target user.

This lack of correlation supports the idea that the similarity-attraction effect might have been oversimplified in previous studies. The similarity-attraction effect has many dimensions [32]. Within this study, as in the most of HRI studies, we have explored the personality one, but there are others like ethnics, demographics, attitudinal, etc. Implementing some of these dimensions into a robot seems to be unrealistic but some others should be addressed. At least, more dimensions should be considered in relation to the personalities of the robot. Limited to the extroversion-introversion dimension we have implemented a complete study by combining verbal and non-verbal behaviors such as speech, gesturing, attention behavior and random motions, and we conclude that this was not sufficient to find significant results. Therefore, further research in this topic would be needed to shed light on which are the precise types of similarities and dissimilarities that affect the most the experience in human-robot interaction.

Compliance with Ethical Standards

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