

# Some upper and lower bounds on PSD-rank

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## Abstract

Positive semidefinite rank (PSD-rank) is a relatively new quantity with applications to combinatorial optimization and communication complexity. We first study several basic properties of PSD-rank, and then develop new techniques for showing lower bounds on the PSD-rank. All of these bounds are based on viewing a positive semidefinite factorization of a matrix  $M$  as a quantum communication protocol. These lower bounds depend on the entries of the matrix and not only on its support (the zero/nonzero pattern), overcoming a limitation of some previous techniques. We compare these new lower bounds with known bounds, and give examples where the new ones are better. As an application we determine the PSD-rank of (approximations of) some common matrices.

## 1 Introduction

### 1.1 Background

We study the properties of *positive semidefinite factorizations*. Such a factorization (of size  $r$ ) of a non-negative  $m$ -by- $n$  matrix  $A$  is given by  $r$ -by- $r$  positive semidefinite matrices  $E_1, \dots, E_m$  and  $F_1, \dots, F_n$  satisfying  $A(i, j) = \text{Tr}(E_i F_j)$ . The *positive semidefinite rank* (PSD-rank) of  $A$  is the smallest  $r$  such that  $A$  has a positive semidefinite factorization of size  $r$ . We denote it by  $\text{rank}_{\text{psd}}(A)$ . The notion of PSD-rank has been introduced relatively recently because of applications to combinatorial optimization and communication complexity [GPT13, FMP<sup>+</sup>12]. These applications closely parallel those of the *nonnegative rank* of  $A$ , which is the minimal number of rank-one nonnegative matrices that sum to  $A$ .

In the context of combinatorial optimization, a polytope  $P$  is associated with a nonnegative matrix known as the *slack matrix* of  $P$ . A classic result of Yannakakis [Yan91] shows that the nonnegative rank of the slack matrix of  $P$  characterizes the size of a natural way of formulating the optimization of a linear function over  $P$  as a linear program. More precisely, the nonnegative rank of the slack matrix of  $P$  equals the *linear extended formulation size* of  $P$ , which is the minimum number of facets of a (higher-dimensional) polytope  $Q$  that projects to  $P$ . Analogously, the PSD-rank of the slack matrix of  $P$  captures the size of a natural way of optimizing a linear function over  $P$  as a *semidefinite program* [GPT13, FMP<sup>+</sup>12]. More precisely, the PSD-rank of the slack matrix of  $P$  is equal to the *positive semidefinite extension size* of  $P$ , which is the smallest  $r$  for which  $P$  can be expressed as the projection of an affine slice of the cone of  $r$ -dimensional positive semidefinite matrices.

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There have recently been great strides in understanding linear extended formulations, showing that the linear extended formulation size for the traveling salesman and matching polytopes is exponentially large in the number of vertices of the underlying graph [FMP<sup>+</sup>12, Rot14]. It is similarly conjectured that the traveling salesman polytope requires superpolynomial *positive semidefinite extension complexity*, and proving this requires showing lower bounds on the PSD-rank of the corresponding slack matrix.

In communication complexity, nonnegative and PSD-rank arise in the model of computing a function  $f : \{0, 1\}^m \times \{0, 1\}^n \rightarrow \mathbb{R}_+$  in expectation. In this model, **Alice** has an input  $x \in \{0, 1\}^m$ , **Bob** has an input  $y \in \{0, 1\}^n$  and their goal is to communicate in order for **Bob** to output a nonnegative random variable whose expectation is  $f(x, y)$ . The associated communication matrix for this problem is a  $2^m$ -by- $2^n$  matrix whose  $(x, y)$  entry is  $f(x, y)$ . The nonnegative rank of the communication matrix of  $f$  characterizes the amount of classical communication needed to compute  $f$  in expectation [CFFT12]. Analogously, the PSD-rank of the communication matrix of  $f$  characterizes the amount of *quantum* communication needed to compute  $f$  in expectation [FMP<sup>+</sup>12]. Alternatively, one can consider the problem where **Alice** and **Bob** wish to generate a probability distribution  $P(x, y)$  using shared randomness or shared entanglement, but without communication. The number of bits of shared randomness or qubits of shared entanglement are again characterized by the nonnegative rank and PSD-rank, respectively [Zha12, JSWZ13].

Accordingly, providing lower and upper bounds on the PSD-rank is interesting in the context of communication complexity as well. Here we will pin down, up to constant factors, the PSD-rank of some common matrices studied in communication complexity like inner product and non-equality.

## 1.2 Our results

As PSD-rank is a relatively new quantity, even some basic questions about its behavior remain unanswered. We address several properties here. First we show that, unlike the usual rank, PSD-rank is not strictly multiplicative under tensor product: we give an example of a matrix  $P$  where  $\text{rank}_{\text{psd}}(P \otimes P) < \text{rank}_{\text{psd}}(P)^2$ . We do this by making a connection between PSD-rank and planar geometry to give a simple sufficient condition for when the PSD-rank is not full.

The second question we address is the dependence of PSD-rank on the underlying field. At the Dagstuhl Seminar 13082 (February 2013), Dirk Oliver Theis raised the question if the PSD-rank where the factorization is by *real* symmetric PSD-matrices is the same as that by *complex* Hermitian PSD-matrices. It is easy to see that the real PSD-rank can be at most a factor of 2 larger than the complex PSD-rank; we give an infinite family of matrices where the real PSD-rank is asymptotically a factor of  $\sqrt{2}$  larger than the complex PSD-rank.

Our main goal in this paper is showing lower bounds on the PSD-rank, a task of great importance to both the applications to combinatorial optimization and communication complexity mentioned above. Unfortunately, at this point very few techniques exist to lower bound the PSD-rank.

One lower bound direction is to consider only the *support* of the matrix, that is the pattern of zero/nonzero entries. For the nonnegative rank, this method can show good lower bounds—in particular, support-based arguments sufficed to show exponential lower bounds on the linear extension complexity of the traveling salesman polytope [FMP<sup>+</sup>12]. For the PSD-rank, however, support-based arguments cannot show lower bounds larger than the rank of the matrix [LT12]. This means that for cases like the traveling salesman polytope, where we believe the positive semidefinite extension complexity is superpolynomial in the rank of the slack matrix, other techniques need to be developed.

We develop three easy-to-compute lower bounds on PSD-rank. All three depend on the values of the matrix and not only on its support structure—in particular, they can show nontrivial lower bounds for matrices without zero entries. All three are derived from the viewpoint of PSD-rank of a nonnegative matrix

as a quantum communication protocol. We compare these lower bounds with previous techniques and show examples where they are better.

We also give nearly tight bounds on the PSD-rank of (approximations of) the identity matrix and on the PSD-rank of the matrix corresponding to the inner product and nonequality functions.

## 2 Preliminaries

Let  $M = [M(i, j)]$  be an arbitrary  $m$ -by- $n$  matrix of rank  $r$  with the  $(i, j)$ -th entry being  $M(i, j)$ , and let  $\sigma_1, \sigma_2, \dots, \sigma_r$  be the nonzero singular values of  $M$ . The *trace norm* of  $M$  is defined as  $\|M\|_{tr} = \sum_i \sigma_i$ , and the *Frobenius norm* of  $M$  is defined as  $\|M\|_F = (\sum_i \sigma_i^2)^{1/2}$ ; this equals  $(\sum_{i,j} M(i, j)^2)^{1/2}$ . Note that  $\|M\|_F \leq \|M\|_{tr}$ . By the Cauchy-Schwarz inequality we have

$$\text{rank}(M) \geq \left( \frac{\|M\|_{tr}}{\|M\|_F} \right)^2 \quad (1)$$

### 2.1 PSD-rank

Since it is the central topic of this paper, we repeat the definition of PSD-rank from the introduction:

**Definition 1** *Let  $A$  be a nonnegative  $m$ -by- $n$  matrix. A positive semidefinite factorization of size  $r$  of  $A$  is given by  $r$ -by- $r$  positive semidefinite matrices  $E_1, \dots, E_m$  and  $F_1, \dots, F_n$  satisfying  $A(i, j) = \text{Tr}(E_i F_j)$ . The positive semidefinite rank (PSD-rank,  $\text{rank}_{\text{psd}}(A)$ ) of  $A$  is the smallest integer  $r$  such that  $A$  has a positive semidefinite factorization of size  $r$ .*

Note that for a nonnegative matrix  $A$ , the PSD-rank is unchanged when we remove all-zero rows and columns. Also, for nonnegative diagonal matrices  $D_1, D_2$ , the PSD-rank of  $D_1 A D_2$  is at most that of  $A$ . Throughout this paper we will use these facts to achieve a particular normalization for  $A$ . In particular, we will frequently assume without loss of generality that each column of  $A$  sums to one, i.e., that  $A$  is a stochastic matrix.

The following lemma is very useful for giving upper bounds on the PSD-rank.

**Lemma 2** ([Zha12]) *If  $A$  is a nonnegative matrix, then*

$$\text{rank}_{\text{psd}}(A) \leq \min_{M: M \circ \bar{M} = A} \text{rank}(M),$$

where  $\circ$  is the Hadamard product (entry-wise product) and  $\bar{M}$  is the entry-wise complex conjugate of  $M$ .

In the definition of PSD-rank, we allow the matrices of the PSD-factorization to be arbitrary Hermitian PSD matrices, with complex-valued entries. One can also consider the *real* PSD-rank, where the matrices of the factorization are restricted to be real symmetric PSD matrices. For a nonnegative matrix  $A$ , we denote its real PSD-rank by  $\text{rank}_{\text{psd}}^{\mathbb{R}}(A)$ .

We now review some existing lower bound methods for the PSD-rank. Firstly, it is well known that the PSD-rank cannot be much smaller than the normal rank  $\text{rank}(A)$  of  $A$ .

**Definition 3** *For a nonnegative matrix  $A$ , define*

$$B_1(A) = \sqrt{\text{rank}(A)} \text{ and } B'_1(A) = \frac{1}{2} \left( \sqrt{1 + 8\text{rank}(A)} - 1 \right).$$

**Fact 4** ([GPT13])  $\text{rank}_{\text{psd}}(A) \geq B_1(A)$  and  $\text{rank}_{\text{psd}}^{\mathbb{R}}(A) \geq B_1'(A)$ .

This bound does not look very powerful since, as stated in the introduction, usually our goal is to show lower bounds on the PSD-rank that are superpolynomial in the rank. Surprisingly, however, this bound can be nearly tight and we give two examples in Section 6 where this is the case.

Jain et al. [JSWZ13] proved that quantum communication needed for two separated players to generate a joint probability distribution  $P$  is completely characterized by the logarithm of the PSD-rank of  $P$ . Combining this result and Holevo’s bound, a trivial lower bound for PSD-rank is given by mutual information.

**Definition 5** Let  $P = [P(i, j)]_{i,j}$  be a two-dimensional probability distribution between two players  $A$  and  $B$ . Define  $B_2(P) = 2^{H(A:B)}$ , where  $H(A : B)$  is the mutual information between the two players.

**Fact 6**  $\text{rank}_{\text{psd}}(P) \geq B_2(P)$ .

As an application of this lower bound, it is easy to see that the PSD-rank of a diagonal nonnegative matrix is the same as its normal rank.

The only result we are aware of showing lower bounds on PSD-rank asymptotically larger than the rank is a very general result of Gouveia et al. [GPT13] that shows the following.

**Fact 7** ([GPT13]) Let  $P \subseteq \mathbb{R}^d$  be a polytope with  $f$  facets and let  $S_P$  be its associated slack matrix. Let  $T = \sqrt{\log(f)/d}$ . Then

$$\text{rank}_{\text{psd}}(S_P) = \Omega\left(\frac{T}{\sqrt{\log(T)}}\right)$$

In particular, this shows that the slack matrix of a regular  $n$ -gon in  $\mathbb{R}^2$ , which has  $n$  facets and rank 3, has PSD-rank  $\Omega(\sqrt{\log n / \log \log n})$ . The nonnegative rank of this matrix is known to be  $\Theta(\log n)$  [BTN01].

## 2.2 Quantum background

A *quantum state*  $\rho$  is a positive semidefinite matrix with trace  $\text{Tr}(\rho) = 1$ . A *POVM* (“Positive Operator Valued Measure”)  $\mathcal{E} = \{E_m\}$  consists of positive semidefinite matrices  $E_m$  that sum to the identity. When measuring a quantum state  $\rho$  with this POVM, the outcome is  $m$  with probability  $p_m = \text{Tr}(\rho E_m)$ .

For our purposes, a (*one-way*) *quantum protocol* between two players Alice (with input  $x$ ) and Bob (with input  $y$ ) is the following: Alice sends a quantum state  $\rho_x$  to Bob, who measures it with a POVM  $\mathcal{E}_y = \{E_m\}$ . Each outcome  $m$  of this POVM is associated with a nonnegative value, which is Bob’s output. We say the protocol *computes an  $m$ -by- $n$  matrix  $M$  in expectation* if, for every  $x \in [m]$  and  $y \in [n]$ , the expected value of Bob’s output equals  $M(x, y)$ . Fiorini et al. [FMP<sup>+</sup>12] showed that the minimal dimension of the states  $\rho_x$  in such a protocol is either  $\text{rank}_{\text{psd}}(M)$  or  $\text{rank}_{\text{psd}}(M) + 1$ , so the minimal number of qubits of communication is essentially  $\log \text{rank}_{\text{psd}}(M)$ .

For two quantum states  $\rho$  and  $\sigma$ , we define the *fidelity* between them by

$$F(\rho, \sigma) = \|\sqrt{\sigma}\sqrt{\rho}\|_{\text{tr}}.$$

See [NC00, Chapter 9] for additional properties and equivalent formulations of the fidelity. The fidelity between two probability distributions  $p, q$  is  $F(\text{diag}(p), \text{diag}(q))$ .

The following two facts about fidelity will be useful for us.

**Fact 8** If  $\sigma, \rho$  are quantum states, then  $\text{Tr}(\sigma\rho) \leq F(\sigma, \rho)^2$ .

**Proof:** We have  $\text{Tr}(\sigma\rho) = \text{Tr}((\sqrt{\sigma}\sqrt{\rho})(\sqrt{\sigma}\sqrt{\rho})^\dagger) = \|\sqrt{\sigma}\sqrt{\rho}\|_F^2 \leq \|\sqrt{\sigma}\sqrt{\rho}\|_{tr}^2 = F(\sigma, \rho)^2$ .  $\square$

**Fact 9** ([NC00]) If  $\sigma, \rho$  are quantum states, then

$$F(\sigma, \rho) = \min_{\{E_m\}} F(p, q),$$

where the minimum is over all POVMs  $\{E_m\}$ , and  $p$  and  $q$  are the probability distributions when  $\rho$  and  $\sigma$  are measured by POVM  $\{E_m\}$  respectively, i.e.,  $p_m = \text{Tr}(\rho E_m)$ , and  $q_m = \text{Tr}(\sigma E_m)$  for any  $m$ .

### 3 Some properties of PSD-rank

The PSD-rank is a relatively new quantity, and even some of its basic properties are still not yet known. In this section we give a simple condition for the PSD-rank of a matrix to not be full. We then use this condition to show that PSD-rank can be strictly sub-multiplicative under tensor product. Finally, we investigate the power of using complex Hermitian over real symmetric matrices in a PSD factorization.

#### 3.1 A sufficient condition for PSD-rank to be less than maximal

We first need a definition and a simple lemma. Let  $v \in \mathbb{R}^m$  be a vector. We say that an entry  $v_k$  is *dominant* if  $|v_k| > \sum_{j \neq k} |v_j|$ .

**Lemma 10** Suppose that  $v \in \mathbb{R}^m$  is nonnegative and has no dominant entries. Then there exist complex units  $e^{i\theta_j}$  such that  $\sum_j v_j e^{i\theta_j} = 0$ .

**Proof:** Let  $v \in \mathbb{R}^m$ . If  $m = 1$  then  $v$  has a dominant entry and there is nothing to prove. If  $m = 2$  and  $v$  has no dominant entries, then  $v_1 = v_2$  and the lemma holds as  $v_1 - v_2 = 0$ .

The first interesting case is  $m = 3$ . That  $v$  has no dominant entries means there is a triangle with side lengths  $v_1, v_2, v_3$ , as these satisfy the triangle inequality with respect to all permutations. Letting  $v_1 e^{i\theta_1}, v_2 e^{i\theta_2}, v_3 e^{i\theta_3}$  be the vectors (oriented head to tail) defining the sides of this triangle gives  $v_1 e^{i\theta_1} + v_2 e^{i\theta_2} + v_3 e^{i\theta_3} = 0$  as desired.

We can reduce the case  $m > 3$  to the case  $m = 3$ . Without loss of generality, order  $v$  such that  $v_1 \geq v_2 \geq \dots \geq v_m$ . Choose  $k$  such that

$$\sum_{j=k+1}^m v_j \leq \sum_{j=2}^k v_j \leq \sum_{j=k+1}^m v_j + v_1.$$

Then  $v_1, \sum_{j=2}^k v_j, \sum_{j=k+1}^m v_j$  mutually satisfy the triangle inequality and we can repeat the construction from the case  $m = 3$  with these lengths.  $\square$

Using the construction of Lemma 2, we can give a simple condition for  $A$  not to have full PSD-rank.

**Theorem 11** Let  $A$  be an  $m$ -by- $n$  nonnegative matrix, and  $A'$  be the entry-wise square root of  $A$  (so  $A'$  is nonnegative as well). If every column of  $A'$  has no dominant entry, then the PSD-rank of  $A$  is less than  $m$ .

**Proof:** As each column of  $A'$  has no dominant entry, by Lemma 10 there exist complex units  $e^{i\theta_{jk}}$  such that  $\sum_j A'(j, k)e^{i\theta_{jk}} = 0$  for every  $k$ . Define  $M(j, k) = A'(j, k)e^{i\theta_{jk}}$ . Then  $M \circ \overline{M} = A$  and  $M$  has rank  $< m$ : as each column of  $M$  sums to zero, the sum of the  $m$  rows is the 0-vector so they are linearly dependent. Lemma 2 then completes the proof.  $\square$

### 3.2 The behavior of PSD-rank under tensoring

In this subsection, we discuss how PSD-rank behaves under tensoring. Firstly, we have the following trivial observation on PSD-rank.

**Lemma 12** *If  $P_1$  and  $P_2$  are two nonnegative matrices, then it holds that*

$$\text{rank}_{\text{psd}}(P_1 \otimes P_2) \leq \text{rank}_{\text{psd}}(P_1)\text{rank}_{\text{psd}}(P_2).$$

**Proof:** Suppose  $\{C_i\}$  and  $\{D_j\}$  form a size-optimal PSD-factorization of  $P_1$ , and  $\{E_k\}$  and  $\{F_l\}$  form a size-optimal PSD-factorization of  $P_2$ , where the indices are determined by the sizes of  $P_1$  and  $P_2$ . Then it can be seen that  $\{C_i \otimes E_k\}$  and  $\{D_j \otimes F_l\}$  form a PSD-factorization of  $P_1 \otimes P_2$ .  $\square$

We now consider an example. Let  $x, y$  be two subsets of  $\{1, 2, \dots, n\}$ . The disjointness function,  $\text{DISJ}_n(x, y)$ , is defined to be 1 if  $x \cap y = \emptyset$  and 0 otherwise. We denote its corresponding  $2^n$ -by- $2^n$  matrix by  $D_n$ , i.e.,  $D_n(x, y) = \text{DISJ}_n(x, y)$ . This function is one of the most important and well-studied in communication complexity. It can be easily checked that for any natural number  $k$ ,  $D_k = D_1^{\otimes k}$ . According to the above lemma, we have that  $\text{rank}_{\text{psd}}(D_n) \leq 2^n$ , where we used the fact that  $\text{rank}_{\text{psd}}(D_1) = 2$ . This upper bound is trivial as the size of  $D_n$  is  $2^n$ , but in this case it is tight. The following lemma was also found independently by Gábor Braun and Sebastian Pokutta [BP].

**Lemma 13** *Suppose  $A$  is an  $m$ -by- $n$  nonnegative matrix, and has the following block expression,*

$$A = \begin{bmatrix} B & C \\ D & 0 \end{bmatrix}.$$

*Then  $\text{rank}_{\text{psd}}(A) \geq \text{rank}_{\text{psd}}(C) + \text{rank}_{\text{psd}}(D)$ .*

**Proof:** Suppose  $\{E_1, E_2, \dots, E_m\}$  and  $\{F_1, F_2, \dots, F_n\}$  form a size-optimal PSD-factorization of  $A$ . Suppose the size of  $B$  is  $k$ -by- $l$ , then  $\{E_1, E_2, \dots, E_k\}$  and  $\{F_{l+1}, F_{k+2}, \dots, F_n\}$  form a PSD-factorization of  $C$ , while  $\{E_{k+1}, E_{k+2}, \dots, E_m\}$  and  $\{F_1, F_2, \dots, F_l\}$  form a PSD-factorization of  $D$ . According to the definition of PSD-factorization, the dimension of the support of  $\sum_{i=l+1}^n F_i$  will be at least  $\text{rank}_{\text{psd}}(C)$ , and similarly, the dimension of the support of  $\sum_{i=k+1}^m E_i$  will be at least  $\text{rank}_{\text{psd}}(D)$ .

On the other hand, for any  $i \in \{k+1, k+2, \dots, m\}$  and  $j \in \{l+1, \dots, n\}$ ,  $\text{Tr}(E_i F_j) = 0$ , so the support of  $\sum_{i=k+1}^m E_i$  is orthogonal to that of  $\sum_{i=l+1}^n F_i$ . Hence  $\text{rank}_{\text{psd}}(A) \geq \text{rank}_{\text{psd}}(C) + \text{rank}_{\text{psd}}(D)$ .  $\square$

Then we have that

**Theorem 14**  $\text{rank}_{\text{psd}}(D_n) = 2^n$ .

**Proof:** Note that for any integer  $k$ ,  $D_{k+1}$  can be expressed as the following block matrix.

$$D_{k+1} = \begin{bmatrix} D_k & D_k \\ D_k & 0 \end{bmatrix},$$

Then by Lemma 13 we have that  $\text{rank}_{\text{psd}}(D_{k+1}) \geq 2\text{rank}_{\text{psd}}(D_k)$ . Since  $\text{rank}_{\text{psd}}(D_1) = 2$ , it follows that  $\text{rank}_{\text{psd}}(D_n) \geq 2^n$ . Since  $\text{rank}_{\text{psd}}(D_n) \leq 2^n$ , this completes the proof.  $\square$

Based on this example and by analogy to the normal rank, one might conjecture that generally  $\text{rank}_{\text{psd}}(P_1 \otimes P_2) = \text{rank}_{\text{psd}}(P_1)\text{rank}_{\text{psd}}(P_2)$ . This is false, however, as shown by the following counterexample.

**Example 15** Let  $A = \begin{bmatrix} 1 & a \\ a & 1 \end{bmatrix}$  for nonnegative  $a$ . Then  $A$  has rank 2, and therefore PSD-rank 2, as long as  $a \neq 1$ . On the other hand,

$$A \otimes A = \begin{bmatrix} 1 & a & a & a^2 \\ a & 1 & a^2 & a \\ a & a^2 & 1 & a \\ a^2 & a & a & 1 \end{bmatrix}$$

satisfies the condition of Theorem 11 for any  $a \in [-1 + \sqrt{2}, 1 + \sqrt{2}]$ . Thus for  $a \in [-1 + \sqrt{2}, 1 + \sqrt{2}] \setminus \{1\}$  we have  $\text{rank}_{\text{psd}}(A \otimes A) < \text{rank}_{\text{psd}}(A)^2$ .

### 3.3 PSD-rank and real PSD-rank

In the original definition of PSD-rank, the matrices of the PSD-factorization can be arbitrary complex Hermitian PSD matrices. A natural and interesting question is what happens if we restrict these matrices instead to be positive semidefinite *real* matrices.<sup>1</sup> We call this restriction the *real PSD-rank*, and for a nonnegative matrix  $A$  we denote it by  $\text{rank}_{\text{psd}}^{\mathbb{R}}(A)$ . The following observation (proved in the appendix) shows that the multiplicative gap between these notions cannot be too large.

**Theorem 16** *If  $A$  is a nonnegative matrix, then  $\text{rank}_{\text{psd}}(A) \leq \text{rank}_{\text{psd}}^{\mathbb{R}}(A) \leq 2\text{rank}_{\text{psd}}(A)$ .*

Below in Example 41 we will exhibit a gap between  $\text{rank}_{\text{psd}}(A)$  and  $\text{rank}_{\text{psd}}^{\mathbb{R}}(A)$  by a factor of  $\sqrt{2}$ .

## 4 Three new lower bounds for PSD-rank

In this section we give three new lower bounds on the PSD-rank. All of these bounds are based on the interpretation of PSD-rank in terms of communication complexity.

### 4.1 A physical explanation of PSD-rank

For a nonnegative  $m \times n$  matrix  $P = [P(i, j)]_{i, j}$ , suppose  $\text{rank}_{\text{psd}}(P) = r$ . Then there exist  $r \times r$  positive semidefinite matrices  $E_i, F_j$ , satisfying that  $P(i, j) = \text{Tr}(E_i F_j)$ , for every  $i \in [m]$  and  $j \in [n]$ . Fiorini et al. show how from a size- $r$  PSD-factorization of a matrix  $P$ , one can construct a one-way quantum communication protocol sending  $(r + 1)$ -dimensional messages that computes  $P$  in expectation [FMP<sup>+</sup>12].

<sup>1</sup>This question was raised by Dirk Oliver Theis in the Dagstuhl seminar 13082 (February 2013).

We will now show that without loss of generality that factors  $E_1, \dots, E_m, F_1, \dots, F_n$  have a very particular form. Namely, we can assume that  $\sum_i E_i = I$  (so they form a POVM) and  $\text{Tr}(F_j) = 1$  (so the  $F_j$  can be viewed as quantum states). We now give a direct proof of this without increasing the size. This observation will be the key to our lower bounds.

**Lemma 17** *Let  $P$  be an  $m$ -by- $n$  matrix where each column is a probability distribution. If  $\text{rank}_{\text{psd}}(P) = r$ , then there exists a PSD-factorization for  $P(i, j) = \text{Tr}(E_i F_j)$  such that  $\text{Tr}(F_j) = 1$  for each  $j$  and*

$$\sum_{i=1}^m E_i = I,$$

where  $I$  is the  $r$ -dimensional identity.

**Proof:** Suppose  $r$ -by- $r$  positive semidefinite matrices  $C_1, \dots, C_m$  and  $D_1, \dots, D_n$  form a PSD-factorization for  $P$ . Note that for any  $r$ -by- $r$  unitary matrix  $U$ , it holds that

$$\text{Tr}(C_i D_j) = \text{Tr}((UC_i U^\dagger)(UD_j U^\dagger)).$$

Therefore  $UC_i U^\dagger$  and  $UD_j U^\dagger$  also form a PSD-factorization for  $P$ . In the following, we choose  $U$  as the unitary matrix that makes  $C' = UCU^\dagger$  diagonal, where  $C = \sum_i C_i$ .

We first show that  $C$  is full-rank. Suppose not. Then, without loss of generality, we may assume  $C'$  is a rank- $(r-1)$  diagonal matrix with the  $r^{\text{th}}$  diagonal entry being 0. Since  $C' = \sum_i UC_i U^\dagger$ , we have that for any  $i \in [m]$ , the  $r^{\text{th}}$  column and the  $r^{\text{th}}$  row of  $UC_i U^\dagger$  are all zeros. That is to say, in the PSD-factorization for  $P$  formed by  $UC_i U^\dagger$  and  $UD_j U^\dagger$ , the  $r$ th dimension has no contribution, resulting in a smaller PSD-factorization for  $P$ , which is a contradiction.

Now that  $C'$  is full-rank, one can always find another full-rank nonnegative diagonal matrix  $V$  such that  $VC'V^\dagger = I$ . Let  $E_i = VUC_i U^\dagger V^\dagger$ , and  $F_j = V^{-1}UD_j U^\dagger (V^{-1})^\dagger$ . Then it is not difficult to verify that  $E_i$  and  $F_j$  form another PSD-factorization for  $P$  with size  $r$ , satisfying  $\sum_i E_i = I$ .

Finally note that  $\text{Tr}(F_j) = \text{Tr}(F_j I) = \sum_i \text{Tr}(E_i F_j) = 1$  as each column of  $P$  sums to one.  $\square$

## 4.2 A lower bound based on fidelity

**Definition 18** *For nonnegative stochastic matrix  $P$ , define*

$$B_3(P) = \max_q \frac{1}{\sum_{i,j} q_i q_j F(P_i, P_j)^2},$$

where  $P_i$  is the  $i^{\text{th}}$  column of  $P$  and the max is taken over probability distributions  $q = \{q_j\}$ .

**Theorem 19**  $\text{rank}_{\text{psd}}(P) \geq B_3(P)$ .

**Proof:** Let  $\{E_i\}, \{\rho_j\}$  be a size-optimal PSD-factorization of  $P$ . According to Lemma 17, we may assume that  $\sum_i E_i = I$  and  $\text{Tr}(\rho_j) = 1$  for each  $j$ . For a probability distribution  $\{q_j\}$ , let  $\rho = \sum_j q_j \rho_j$ . Notice that the dimension of  $\rho$  is  $\text{rank}_{\text{psd}}(P)$ , thus the rank of  $\rho$  will be at most  $\text{rank}_{\text{psd}}(P)$ . We use the trace norm bound Eq. (1) to lower bound the rank of  $\rho$  giving

$$\text{rank}_{\text{psd}}(P) \geq \frac{\|\rho\|_{tr}^2}{\|\rho\|_F^2} = \frac{1}{\|\rho\|_F^2}.$$

Let us now proceed to upper bound  $\|\rho\|_F^2$ . We have

$$\|\rho\|_F^2 = \text{Tr}(\rho^2) = \sum_{i,j} q_i q_j \text{Tr}(\rho_i \rho_j) \leq \sum_{i,j} q_i q_j F(\rho_i, \rho_j)^2,$$

where we used Fact 8. As  $P_i$  is obtained from measuring  $\rho_i$  with the POVM  $\{E_j\}$ , according to Fact 9 we have that  $F(\rho_i, \rho_j) \leq F(P_i, P_j)$ , which gives the bound  $\text{rank}_{\text{psd}}(P) \geq \frac{1}{\max_q \sum_{i,j} q_i q_j F(P_i, P_j)^2}$ .  $\square$

We can extend the notation  $B_3(P)$  to nonnegative matrices  $P$  that are not stochastic, by first normalizing the columns of  $P$  to make it stochastic and then applying  $B_3$  to the resulting stochastic matrix. As rescaling a nonnegative matrix by multiplying its rows or columns with nonnegative numbers does not increase its PSD-rank, we have the following definition and corollary.

**Definition 20** For a nonnegative  $m \times n$  matrix  $P = [P(i, j)]_{i,j}$ , define

$$B'_3(P) = \max_{q,D} \frac{1}{\sum_{i,j} q_i q_j F((DP)_i, (DP)_j)^2},$$

where  $q = \{q_j\}$  is a probability distribution,  $D$  is a diagonal nonnegative matrix, and  $(DP)_i$  is the probability distribution obtained by normalizing the  $i^{\text{th}}$  column of  $DP$  via a constant factor.

**Corollary 21**  $\text{rank}_{\text{psd}}(P) \geq B'_3(P)$ .

We now see an example where rescaling can improve the bound.

**Example 22** Consider the following  $n \times n$  nonnegative matrix  $A$ , where  $n = 10$ , and  $\epsilon = 0.01$ .

$$A = \begin{bmatrix} 1 & 1 & 1 & \cdots & 1 & 1 \\ \epsilon & 1 & \epsilon & \cdots & \epsilon & \epsilon \\ \epsilon & \epsilon & 1 & \cdots & \epsilon & \epsilon \\ \vdots & \vdots & \vdots & \ddots & \vdots & \vdots \\ \epsilon & \epsilon & \epsilon & \cdots & 1 & \epsilon \\ \epsilon & \epsilon & \epsilon & \cdots & \epsilon & 1 \end{bmatrix}.$$

Suppose  $P$  is the nonnegative stochastic matrix obtained by normalizing the columns of  $A$  by constant factors, then it has the same PSD-rank as  $A$ . By choosing  $q$  as the uniform probability distribution, we can get a lower bound of  $B_3(P)$  as follows. Note that for any  $i \in [n] \setminus \{1\}$ , we have that

$$f_1 := F(P_1, P_i) = \frac{1 + \sqrt{\epsilon} + (n-2)\epsilon}{\sqrt{1 + (n-1)\epsilon} \cdot \sqrt{2 + (n-2)\epsilon}},$$

and for any distinct  $i, j \in [n] \setminus \{1\}$ , it holds that

$$f_2 := F(P_i, P_j) = \frac{1 + 2\sqrt{\epsilon} + (n-3)\epsilon}{2 + (n-2)\epsilon}.$$

Then we get

$$B_3(A) \geq \frac{n^2}{n + 2(n-1) \cdot f_1^2 + (n-2)(n-1) \cdot f_2^2} \approx 2.09.$$

We now multiply every row of  $A$  by 10 except that the first one is multiplied by 0, i.e., the matrix  $D$  in Corollary 21 is a diagonal nonnegative matrix with diagonal  $(0, 10, \dots, 10)$ . Then we obtain another nonnegative matrix  $\hat{A} = DA$ . By a similar calculation as above, it can be verified that  $B_3(\hat{A}) \geq 4.88$ , hence we have  $B'_3(A) \geq 4.88$ , which is a better lower bound.

### 4.3 A lower bound based on the structure of POVMs

**Definition 23** For nonnegative stochastic matrix  $P$ , define  $B_4(P) = \sum_i \max_j P(i, j)$ .

**Theorem 24**  $\text{rank}_{\text{psd}}(P) \geq B_4(P)$ .

**Proof:** Let  $\{E_i\}, \{\rho_j\}$  be a size-optimal PSD-factorization of  $P$  with  $\sum_i E_i = I$  and  $\text{Tr}(\rho_j) = 1$  for each  $j$ . Note that this condition on the trace of  $\rho_j$  implies  $I \succeq \rho_j$ . Thus

$$\text{Tr}(E_i) = \text{Tr}(E_i \cdot I) \geq \max_j \text{Tr}(E_i \rho_j) = \max_j P(i, j).$$

On the other hand, since  $\sum_i E_i = I$ , we have

$$\text{rank}_{\text{psd}}(P) = \sum_i \text{Tr}(E_i) \geq \sum_i \max_j P(i, j),$$

where we used that the size of  $I$  is  $\text{rank}_{\text{psd}}(P)$ . □

A variant of  $B_4$  involving rescaling can sometimes lead to better bounds:

**Definition 25** For a nonnegative  $m \times n$  matrix  $P = [P(i, j)]_{i,j}$ , define

$$B'_4(P) = \max_D \sum_i \max_j ((DP)_j)_i,$$

where  $D$  is a diagonal nonnegative matrix,  $(DP)_j$  is the probability distribution obtained by normalizing the  $j^{\text{th}}$  column of  $DP$  via a constant factor, and  $((DP)_j)_i$  is the  $i^{\text{th}}$  entry of  $(DP)_j$ .

**Corollary 26**  $\text{rank}_{\text{psd}}(P) \geq B'_4(P)$ .

**Example 27** We consider the same matrices  $A$  and  $D$  as in Example 22, and get that

$$B_4(A) = \frac{1}{1 + (n-1)\epsilon} + (n-1) \cdot \frac{1}{2 + (n-2)\epsilon} \approx 5.24.$$

Similarly, it can be checked that  $B'_4(A) \geq 8.33$ . The latter indicates that  $\text{rank}_{\text{psd}}(A) \geq 9$ , which is better than the bound 4 given by  $B_1(A)$  or 6 by  $B_2(A)$ .

### 4.4 Another bound that combines $B_3$ with $B_4$

Here we will show that  $B_4$  can be strengthened further by combining it with the idea that bounds  $\text{Tr}(\sigma^2)$  in  $B_3$ , where  $\sigma$  is a quantum state that can be expressed as some linear combination of  $\rho_i$ 's.

**Definition 28** For a nonnegative stochastic matrix  $P = [P(i, j)]_{i,j}$ , define

$$B_5(P) = \sum_i \max_{q^{(i)}} \frac{\sum_k q_k^{(i)} P(i, k)}{\sqrt{\sum_{s,t} q_s^{(i)} q_t^{(i)} F(P_s, P_t)^2}},$$

where  $P_s$  is the  $s^{\text{th}}$  column of  $P$ , and for every  $i$ ,  $q^{(i)} = \{q_k^{(i)}\}$  is a probability distribution.

**Theorem 29**  $\text{rank}_{\text{psd}}(P) \geq B_5(P)$ .

**Proof:** We define  $\{E_i\}$  and  $\{\rho_j\}$  as before. For an arbitrary  $i$ , we define  $\sigma_i = \sum_k q_k^{(i)} \rho_k$ . This is a valid quantum state. Since  $\text{Tr}(E_i \rho_j) = P(i, j)$ , it holds that  $\text{Tr}(E_i \sigma_i) = \sum_k q_k^{(i)} P(i, k)$ . The Cauchy-Schwarz inequality gives  $\text{Tr}^2(E_i \sigma_i) \leq \text{Tr}(E_i^2) \text{Tr}(\sigma_i^2)$ . This implies that

$$\left( \sum_k q_k^{(i)} P(i, k) \right)^2 \leq \text{Tr}^2(E_i) \sum_{s,t} q_s^{(i)} q_t^{(i)} F(P_s, P_t)^2,$$

where we used the facts that  $\text{Tr}(E_i^2) \leq \text{Tr}^2(E_i)$  and  $\text{Tr}(\sigma_i^2) \leq \sum_{s,t} q_s^{(i)} q_t^{(i)} F(P_s, P_t)^2$ ; the latter has been proved in Theorem 19. Therefore, for any distribution  $q^{(i)}$  it holds that

$$\text{Tr}(E_i) \geq \frac{\sum_k q_k^{(i)} P(i, k)}{\sqrt{\sum_{s,t} q_s^{(i)} q_t^{(i)} F(P_s, P_t)^2}}.$$

Substituting this result into the fact that  $\sum_i \text{Tr}(E_i) = \text{rank}_{\text{psd}}(P)$  completes the proof.  $\square$

We also have the following corollary that allows rescaling.

**Definition 30** For a nonnegative  $m \times n$  matrix  $P = [P(i, j)]_{i,j}$ , define

$$B'_5(P) = \max_D \sum_i \max_{q^{(i)}} \frac{\sum_k q_k^{(i)} ((DP)_k)_i}{\sqrt{\sum_{s,t} q_s^{(i)} q_t^{(i)} F((DP)_s, (DP)_t)^2}},$$

where for every  $i$ ,  $q^{(i)} = \{q_k^{(i)}\}$  is a probability distribution,  $D$  is a diagonal nonnegative matrix,  $(DP)_k$  is the probability distribution obtained by normalizing the  $k^{\text{th}}$  column of  $DP$  via a constant factor, and  $((DP)_k)_i$  is the  $i^{\text{th}}$  entry of  $(DP)_k$ .

**Corollary 31**  $\text{rank}_{\text{psd}}(P) \geq B'_5(P)$ .

We now give an example showing that  $B_5$  can be better than  $B_4$ .

**Example 32** Consider the following  $n \times n$  nonnegative matrix  $A$ , where  $n = 10$ , and  $\epsilon = 0.01$ .

$$A = \begin{bmatrix} 1 & 1 & \epsilon & \cdots & \epsilon & \epsilon \\ \epsilon & 1 & 1 & \cdots & \epsilon & \epsilon \\ \epsilon & \epsilon & 1 & \cdots & \epsilon & \epsilon \\ \vdots & \vdots & \vdots & \ddots & \vdots & \vdots \\ \epsilon & \epsilon & \epsilon & \cdots & 1 & 1 \\ 1 & \epsilon & \epsilon & \cdots & \epsilon & 1 \end{bmatrix}.$$

It can be verified that  $B_4(A) \approx 4.81$ . In order to provide a lower bound for  $B_5(A)$ , for any  $i$  we choose  $q^{(i)}$  as  $\{0, \dots, 0, 1/2, 1/2, 0, \dots, 0\}$ , where the positions of  $1/2$  are exactly the same as those of  $1$  in the  $i^{\text{th}}$  row of  $A$ . Straightforward calculation shows that  $B_5(A) \geq 5.36$ , which is better than  $B_4(A)$ .

Even  $B_5$  can be quite weak in some cases. For example for the matrix in Example 35 one can show  $B_5(A) < 1.1$ , which is weaker than  $B_1(A) \approx 3.16$ .

## 5 Comparisons between the bounds

In this section we give explicit examples comparing the three new lower bounds on PSD-rank ( $B_3$ ,  $B_4$  and  $B_5$ ) and the two that were already known ( $B_1$  and  $B_2$ ).

All our examples will only use positive entries, which trivializes all support-based lower bound methods, i.e., methods that only look at the pattern of zero and non-zero entries in the matrix. Note that most lower bounds on nonnegative rank are in fact support-based (one exception is [FP12]). Since PSD-rank is always less than or equal to nonnegative rank, the results obtained in the current paper could also serve as new lower bounds for nonnegative rank that apply to arbitrary nonnegative matrices. Serving as lower bounds for nonnegative rank, our bounds are more coarse than the bounds in [FP12] (this is natural, as we focus on PSD-rank essentially, and the gap between PSD-rank and nonnegative rank can be very large [FMP<sup>+</sup>12]). On the other hand, our bounds are much easier to calculate.

The first example indicates that in some cases  $B_4$  can be at least quadratically better than each of  $B_1$ ,  $B_2$  and  $B_3$ .

**Example 33** Consider the following  $(n + 1) \times (n + 1)$  nonnegative matrix  $A$ , where  $\epsilon = 1/n$ .

$$A = \begin{bmatrix} 1 & \epsilon & \epsilon & \cdots & \epsilon & \epsilon \\ \epsilon & 1 & \epsilon & \cdots & \epsilon & \epsilon \\ \epsilon & \epsilon & 1 & \cdots & \epsilon & \epsilon \\ \vdots & \vdots & \vdots & \ddots & \vdots & \vdots \\ \epsilon & \epsilon & \epsilon & \cdots & 1 & \epsilon \\ \epsilon & \epsilon & \epsilon & \cdots & \epsilon & 1 \end{bmatrix}.$$

Theorem 43 (below) shows that  $B_4(A) = \frac{n+1}{2}$ , and by straightforward calculation one can also get that  $B_1(A) = \sqrt{n}$ ,  $B_2(A) = \frac{n+1}{2\sqrt{n}} \approx \frac{\sqrt{n}}{2}$ , and numerical calculation indicates that  $B_3(A)$  is around 4.

The second example shows that  $B_3$  can also be the best among the four lower bounds  $B_1, B_2, B_3, B_4$ , indicating that  $B_3$  and  $B_4$  are incomparable.

**Example 34** Consider the following  $n \times n$  nonnegative matrix  $A$ , where  $n = 10$ , and  $\epsilon = 0.001$ .

$$A = \begin{bmatrix} 1 & 1 & \epsilon & \cdots & \epsilon & \epsilon \\ 1 & 1 & 1 & \cdots & \epsilon & \epsilon \\ \epsilon & 1 & 1 & \cdots & \epsilon & \epsilon \\ \vdots & \vdots & \vdots & \ddots & \vdots & \vdots \\ \epsilon & \epsilon & \epsilon & \cdots & 1 & 1 \\ \epsilon & \epsilon & \epsilon & \cdots & 1 & 1 \end{bmatrix}.$$

That is,  $A = (1 - \epsilon) \cdot B + \epsilon \cdot J$ , where  $B$  is the tridiagonal matrix with all nonzero elements being 1, and  $J$  is the all-one matrix. By straightforward calculation, we find that  $B_1(A) \approx 3.16$ ,  $B_2(A) \approx 3.42$ ,  $B_4(A) \approx 3.99$ , and the calculation based on uniform probability distribution  $q$  shows that  $B_3(A) \geq 4.52$ . The result of  $B_3(A)$  shows that  $\text{rank}_{\text{psd}}(A) \geq 5$ .

Unfortunately, sometimes  $B_3$  and  $B_4$  can be very weak bounds<sup>2</sup>, and even the trivial rank-based bound  $B_1$  can be much better than both of them.

<sup>2</sup>Even though a nonnegative matrix has the same PSD-rank as its transposition, the bounds given by  $B_3$  (or  $B_4$ ) can be quite different, for instance for the matrix  $A$  of Example 22.

**Example 35** Consider the following  $n \times n$  nonnegative matrix  $A$ , where  $n = 10$ , and  $\epsilon = 0.9$ .

$$A = \begin{bmatrix} 1 & \epsilon & \epsilon & \cdots & \epsilon & \epsilon \\ \epsilon & 1 & \epsilon & \cdots & \epsilon & \epsilon \\ \epsilon & \epsilon & 1 & \cdots & \epsilon & \epsilon \\ \vdots & \vdots & \vdots & \ddots & \vdots & \vdots \\ \epsilon & \epsilon & \epsilon & \cdots & 1 & \epsilon \\ \epsilon & \epsilon & \epsilon & \cdots & \epsilon & 1 \end{bmatrix}.$$

It can be verified that  $B_2(A) \approx 1.0005$ , and  $B_4(A) \approx 1.099$ . For  $B_3(A)$ , numerical calculation indicates that it is also around 1. However, it is easy to see that  $B_1(A) \approx 3.16$ . Thus, the best lower bound is given by  $B_1(A)$ , i.e.,  $\text{rank}_{\text{psd}}(A) \geq 4$ .

**Example 36** For slack matrices of regular polygons, the two new bounds  $B_3$  and  $B_4$  are not good either, and in many cases they are at most 3. Moreover, numerical calculations show that rescaling probably cannot improve much. Note that the two trivial bounds  $B_1$  and  $B_2$  are also very weak for these cases. As an instance, consider a slack matrix of the regular hexagon [GPT13]

$$A = \begin{bmatrix} 0 & 0 & 1 & 2 & 2 & 1 \\ 1 & 0 & 0 & 1 & 2 & 2 \\ 2 & 1 & 0 & 0 & 1 & 2 \\ 2 & 2 & 1 & 0 & 0 & 1 \\ 1 & 2 & 2 & 1 & 0 & 0 \\ 0 & 1 & 2 & 2 & 1 & 0 \end{bmatrix}.$$

It can be verified that  $B_1(A) \approx 1.73$ ,  $B_2(A) \approx 1.59$ ,  $B_4(A) = 6 \times \frac{2}{6} = 2$ , and choosing  $q$  in the definition of  $B_3(A)$  as uniform distribution gives that  $B_3(A) > 2.1$ . Furthermore, our numerical calculations showed that choosing other distributions or utilizing rescaling could not improve the results much, and never gave lower bounds  $\geq 3$ .

## 6 PSD-factorizations for specific functions

In this section we show the surprising power of PSD-factorizations by giving nontrivial upper bounds on the PSD-rank of the nonequality and inner product functions. These bounds are tight up to constant factors.

### 6.1 The nonequality function

The nonequality function defines an  $n$ -by- $n$  matrix  $A_n$  with entries  $A_n(i, i) = 0$  and  $A_n(i, j) = 1$  if  $i \neq j$ . In other words,  $A_n = J_n - I_n$  where  $J_n$  is the all-ones matrix and  $I_n$  is the identity of size  $n$ . This is also known as the “derangement matrix.” Note that for  $n > 1$  it has full rank.

The basic idea of our PSD factorization is the following. We first construct  $n^2$  Hermitian matrices  $G_{ij}$  of size  $n$  with spectral norm at most 1. Then the matrices  $I + G_{ij}$  and  $I - G_{ij}$  will be positive semidefinite, and these will form the factorization. Note that

$$\text{Tr}((I + G_{ij})(I - G_{kl})^*) = \text{Tr}(I) + \text{Tr}(G_{ij}) - \text{Tr}(G_{kl}^*) - \text{Tr}(G_{ij}G_{kl}^*).$$

Thus if we can design the  $G_{ij}$  such that  $\text{Tr}(G_{ij}) = \text{Tr}(G_{kl})$  for all  $i, j, k, l$  and  $\text{Tr}(G_{ij}G_{kl}) = \delta_{ik}\delta_{jl}n$  (where  $\delta_{ij} = 1$  if  $i = j$ , and  $\delta_{ij} = 0$  otherwise), this will give a factorization proportional to the nonequality matrix.

For the case where  $n$  is odd, we are able to carry out this plan exactly.

**Lemma 37** *Let  $n$  be odd. Then there are  $n^2$  Hermitian matrices  $G_{ij}$  of size  $n$  such that*

- $\text{Tr}(G_{ij}) = \text{Tr}(G_{kl})$  for all  $i, j, k, l \in [n] := \{0, \dots, n-1\}$ .
- $\text{Tr}(G_{ij}G_{kl}^*) = \delta_{ik}\delta_{jl}n$ .
- $G_{ij}G_{ij}^* = I_n$ .

**Proof:** We will use two auxiliary matrices in our construction. We will label matrix entries from  $[n]$ . Let  $L$  be the addition table of  $\mathbb{Z}_n$ , that is  $L(i, j) = i + j \pmod n$ . Notice that  $L$  is a symmetric Latin square<sup>3</sup> with distinct entries along the main diagonal. Let  $V$  be the Vandermonde matrix that is  $V(k, l) = e^{-2kl\pi i/n}$  for  $k, l \in [n]$ . Note that  $VV^* = nI_n$ .

We now define the matrices  $G_{ij}$  for  $i, j \in [n]$ . The matrix  $G_{ij}$  will be nonzero only in those entries where  $L(k, l) = i$ . Thus the zero/nonzero pattern of each  $G_{ij}$  forms a permutation matrix with exactly one 1 on the diagonal. These nonzero entries will be filled in from the  $j$ th row of  $V$ . We do this in a way to ensure that  $G_{ij}$  is Hermitian. Thus  $V(j, 0) = 1$  will be placed on the diagonal entry of  $G_{ij}$ . Now fix an ordering of the  $\lfloor n/2 \rfloor$  other pairs  $(k, l), (l, k)$  of nonzero entries of  $G_{ij}$  (say that each  $(k, l)$  is above the diagonal). In the  $t^{\text{th}}$  such pair we put the conjugate pair  $V(j, t), V(j, n-t)$ . In this way,  $G_{ij}$  is Hermitian, and as the ordering is the same for all  $j$  we have that  $\text{Tr}(G_{ij}G_{ik}^*) = \langle V_i | V_k \rangle = n\delta_{i,k}$ .

To finish, we check the other properties. Each  $G_{ij}$  has trace one. If  $i \neq k$  then  $\text{Tr}(G_{ij}G_{kl}^*) = 0$  as the zero/nonzero patterns are disjoint. Finally as the zero/nonzero pattern of each  $G_{ij}$  is a permutation matrix, and entries are roots of unity,  $G_{ij}G_{ij}^* = I_n$ .  $\square$

This gives the following theorem for the  $n^2$ -by- $n^2$  nonequality matrix.

**Theorem 38** *Suppose  $n$  is odd, and let  $A_{n^2}$  be nonequality matrix of size  $n^2$ . Then  $\text{rank}_{\text{psd}}(A_{n^2}) \leq n$ .*

**Proof:** Suppose  $n^2$  Hermitian matrices  $G_{ij}$  have been constructed as in Lemma 37. We now define the matrices  $X_{ij} = (1/\sqrt{n})(I + G_{ij})$  and  $Y_{ij} = (1/\sqrt{n})(I - G_{ij}^*)$ . Note that the spectral norm of each  $G_{ij}$  is 1, so  $X_{ij}$  and  $Y_{ij}$  are PSD. Also, we have

$$\begin{aligned} \text{Tr}(X_{ij}Y_{kl}) &= \frac{1}{n} (\text{Tr}(I) + \text{Tr}(G_{ij}) - \text{Tr}(G_{kl}^*) - \text{Tr}(G_{ij}G_{kl}^*)) \\ &= \frac{1}{n} (n - \delta_{ik}\delta_{jl}n) = 1 - \delta_{ik}\delta_{jl}. \end{aligned}$$

$\square$

We now turn to the case that  $n$  is even. The result is slightly worse here.

**Lemma 39** *Let  $n$  be even. Then there are  $n^2 - 1$  Hermitian matrices  $G_{ij}$  such that*

- $\text{Tr}(G_{ij}) = \text{Tr}(G_{kl})$  for all  $i, j, k, l$ .

---

<sup>3</sup>A Latin square is an  $n$ -by- $n$  matrix in which each row and each column is a permutation of  $[n]$ .

- $\text{Tr}(G_{ij}G_{kl}^*) = \delta_{ik}\delta_{jl}n$ .
- $G_{ij}G_{ij}^* = I_n$ .

**Proof:** The construction is similar. Again let  $V$  be the Vandermonde matrix of roots of unity and this time let  $L$  be a symmetric Latin square with entries from  $[n]$  where the diagonal has all entries 0.

For  $i > 0$ , the matrix  $G_{ij}$  is defined as before, with the additional subtlety that if  $j$  is odd then  $V(j, 0) = 1$  and  $V(j, n/2) = -1$  and instead of taking this pair we use  $(i, -i)$  in the matrix.

For  $i = 0$  we use all the rows of  $V$  except  $V_0$ , the all-one row, to ensure that the trace of all  $G_{ij}$  is zero (this is why we can only create  $n^2 - 1$  matrices).  $\square$

As with the case where  $n$  is odd, we have the following theorem based on Lemma 39.

**Theorem 40** *Suppose  $n$  is even, and let  $A_{n^2-1}$  be the nonequality matrix of size  $n^2 - 1$ . Then it holds that  $\text{rank}_{\text{psd}}(A_{n^2-1}) \leq n$ .*

The nonequality function gives a family of matrices where PSD-rank is smaller than the real PSD-rank.

**Example 41** *We have seen that for odd  $n$ , the PSD-rank of the nonequality matrix of size  $n^2$  is at most  $n$ . This is tight by Fact 4, since the rank of the nonequality matrix of this size is  $n^2$ . On the other hand, also by Fact 4, the real PSD-rank is at least  $\lceil \sqrt{2}n - 1/2 \rceil$ , and actually this bound has been shown to be tight [FGP<sup>+</sup>14, Example 5.1]. This shows a multiplicative gap of approximately  $\sqrt{2}$  between the real and complex PSD-rank.*

*Fawzi et al. [FGP<sup>+</sup>14, Section 2.2] independently observed that the real and complex PSD-rank are not the same, showing that the 4-by-4 derangement matrix has complex PSD-rank 2, while by Fact 4 the real PSD-rank is at least 3.*

It should be pointed out that the results in the current subsection reveal a fundamental difference between PSD-rank and the normal rank. Recall that for the normal rank we have that  $\text{rank}(A - B) \geq \text{rank}(B) - \text{rank}(A)$ . Thus if  $A$  is a rank-one matrix, the ranks of  $A - B$  and  $B$  cannot be very different. The results above, on the other hand, indicate that the situation is very different for PSD-rank, where  $A - B$  and  $B$  can have vastly different PSD-ranks even for a rank-one matrix  $A$ . This fact shows that the PSD-rank is not as robust to perturbations as the normal rank, a contributing reason to why the PSD-rank is difficult to bound.

**Proposition 42** *For every positive integer  $d$ , there exists a nonnegative matrix  $A$ , such that  $J - A$  is also nonnegative, and*

$$|\text{rank}_{\text{psd}}(J - A) - \text{rank}_{\text{psd}}(A)| > d,$$

where  $J$  is the all-one matrix.

**Proof:** Choose  $A = I$ , and the size to be  $n$ , then we have that  $\text{rank}_{\text{psd}}(J - A) \approx \sqrt{n}$ , while  $\text{rank}_{\text{psd}}(A) = n$ . Choosing  $n$  large enough gives the desired separation.  $\square$

## 6.2 Approximations of the identity

Here we first consider the PSD-rank of *approximations* of the identity. We say that an  $n$ -by- $n$  matrix  $A$  is an  $\epsilon$ -approximation of the identity if  $A(i, i) = 1$  for all  $i \in [n]$  and  $0 \leq A(i, j) \leq \epsilon$  for all  $i \neq j$ . The usual rank of approximations of the identity has been well studied [Alo09].

In particular, it is easy to show that if  $A$  is an  $\epsilon$ -approximation of the identity then

$$\text{rank}(A) \geq \frac{n}{1 + \epsilon^2(n - 1)}.$$

Using the bound  $B_4$  we can show a very analogous result for PSD-rank.

**Theorem 43** *If an  $n$ -by- $n$  matrix  $A$  is an  $\epsilon$ -approximation of the identity, then*

$$\text{rank}_{\text{psd}}(A) \geq \frac{n}{1 + \epsilon(n - 1)}.$$

*In particular, if  $\epsilon \leq 1/n$  then  $\text{rank}_{\text{psd}}(A) > n/2$ .*

**Proof:** We first normalize each column of  $A$  to a probability distribution, obtaining a stochastic matrix  $P$ . Each column will be divided by a number at most  $1 + \epsilon(n - 1)$ . Thus the largest entry of each column is at least  $1/(1 + \epsilon(n - 1))$ . Hence the method  $B_4$  gives the claimed bound.  $\square$

We now show that this bound is tight in the case of small  $\epsilon$ . If  $\epsilon \geq 1/(n - 1)^2$ , then by Theorem 11 the PSD-rank of the  $n$ -by- $n$  matrix with ones on the diagonal and  $\epsilon$  off the diagonal is not full. On the other hand, if  $\epsilon < 1/(n - 1)^2$  then any  $\epsilon$ -approximation of the identity has full PSD-rank, by Theorem 43. This gives the following proposition.

**Proposition 44** *Suppose  $A(i, i) = 1$  for all  $i \in [n]$  and  $A(i, j) = \epsilon$  for  $i \neq j$ , then  $\text{rank}_{\text{psd}}(A) = n$  if and only if  $\epsilon < 1/(n - 1)^2$ .*

**Proposition 45** *Let  $m$  divide  $n$  and consider the  $m$ -by- $m$  matrix  $B$  where  $B(i, i) = 1$  and  $B(i, j) = 1/(m - 1)^2$ . Then  $A = I_{n/m} \otimes B$  is an  $\epsilon$ -approximation of the identity, and  $\text{rank}_{\text{psd}}(A) \leq n - \frac{n}{m}$ , where  $\epsilon = 1/(m - 1)^2$ .*

**Proof:** Consider Lemma 12 and the fact that  $\text{rank}_{\text{psd}}(B) = m - 1$ .  $\square$

As a generalization of approximations of the identity with the same off-diagonal entries, we now turn to consider the PSD-rank of the following class of matrices.

$$M_c = \begin{bmatrix} c & 1 & 1 & \cdots & 1 & 1 \\ 1 & c & 1 & \cdots & 1 & 1 \\ 1 & 1 & c & \cdots & 1 & 1 \\ \vdots & \vdots & \vdots & \ddots & \vdots & \vdots \\ 1 & 1 & 1 & \cdots & c & 1 \\ 1 & 1 & 1 & \cdots & 1 & c \end{bmatrix},$$

where  $c$  could be any nonnegative real number, and suppose the size of  $M_c$  is  $n$ -by- $n$ . For  $c = 0$ ,  $M_c$  is exactly the matrix corresponding to the Nonequality function. Besides, if  $c > (n - 1)^2$ , Proposition 44

implies that the PSD-rank of  $M_c$  will be full. In both of these two cases, our results are very tight. Then a natural question is, how about the case when  $0 < c < (n-1)^2$  (excluding  $c = 1$ )? For this case, it turns out that we have the following theorem. Combined with  $B_1(M_c) = \sqrt{n}$ , this result indicates that when  $c$  is not very large,  $\text{rank}_{\text{psd}}^{\mathbb{R}}(M_c)$  is very small, which is much stronger than Proposition 45.

**Theorem 46** *If  $c > 2$ ,  $\text{rank}_{\text{psd}}^{\mathbb{R}}(M_c) \leq 2\lceil c \rceil \cdot \lceil \sqrt{n} \rceil$ . If  $c \in [0, 2]$ ,  $\text{rank}_{\text{psd}}^{\mathbb{R}}(M_c) \leq \lceil \sqrt{2n} \rceil + 1$ .*

**Proof:** We first suppose  $c$  is an integer larger than 2. For a fixed  $r \geq c$ , we consider the largest set  $\mathcal{S}$  of subsets of  $[r]$  such that every subset has exactly  $c$  elements and the intersection of any two subsets contains at most one element in  $[r]$ . Suppose the cardinality of  $\mathcal{S}$  is  $p(r, c)$ , and the elements of  $\mathcal{S}$  are  $\{S_1, S_2, \dots, S_{p(r, c)}\}$ , i.e., for any  $i \in [p(r, c)]$ ,  $S_i$  is a subset of  $[r]$  with size  $c$ .

For any  $i \in [p(r, c)]$ , we now construct two  $r$ -by- $r$  matrices  $E_i$  and  $F_i$  based on  $S_i$  as follows. In  $E_i$ , we first choose the submatrix whose row index set and column index set are  $S_i$ , and let this submatrix be a  $c$ -by- $c$  all-one matrix. All the other entries of  $E_i$  are set to 0.  $F_i$  is similar to  $E_i$  except that all its diagonal entries are 1. Thus, for every  $i$ , both  $E_i$  and  $F_i$  are positive semidefinite.

It is not difficult to verify that for any  $x, y \in [p(r, c)]$ , if  $x = y$  then  $\text{Tr}(E_x F_y) = c^2$ , and if  $x \neq y$  then  $\text{Tr}(E_x F_y) = c$ . That is, if  $p(r, c) \geq n$ , then  $\{\frac{1}{c}E_1, \dots, \frac{1}{c}E_n\}$  and  $\{F_1, \dots, F_n\}$  form a size- $r$  PSD-factorization of  $M_c$ , which shows that  $\text{rank}_{\text{psd}}^{\mathbb{R}}(M_c) \leq r$ . We have the following lemma to provide bounds on  $p(r, c)$ .

**Lemma 47** *Let  $c$  be a positive integer and  $q$  be a prime number. There exists a family of  $q^2$   $c$ -element sets over a universe of size  $cq$ , such that any two distinct sets from this family intersect in at most one point.*

**Proof:** Since  $q$  is a prime number,  $\mathbb{F}_q$  is a finite field. With each  $(a, b) \in \mathbb{F}_q \times \mathbb{F}_q$  we associate the following set in the universe  $[c] \times \mathbb{F}_q$ . It is a  $c$ -element subset of the graph of the line  $y = ax + b$ .

$$S_{ab} = \{(x, ax + b) : x \in [c]\}.$$

We have  $q^2$  such sets, one for each choice of  $a, b$ . Since two distinct lines can intersect in at most one  $(x, y)$ -pair, we have  $|S_{ab} \cap S_{a'b'}| \leq 1$  if  $a \neq a'$  and/or  $b \neq b'$ .  $\square$

Let us go back to the proof for Theorem 46. Let  $q$  be the smallest prime number  $\geq \lceil \sqrt{n} \rceil$ , then we know  $q \leq 2\lceil \sqrt{n} \rceil$ . Now by the above lemma there exist  $q^2 \geq n$   $c$ -element sets over a universe of size  $cq$ . This results in a PSD-factorization for  $M_c$  of size  $cq$ , hence  $\text{rank}_{\text{psd}}^{\mathbb{R}}(M_c) \leq cq \leq 2c \cdot \lceil \sqrt{n} \rceil$ .

We now turn to the case that  $c > 2$  and  $c$  is not an integer. Firstly, we construct the PSD-factorization for  $M_{\lceil c \rceil}$  as above. Then we replace all the nonzero off-diagonal entries of the  $E_i$ 's (which are 1's) by  $a = \frac{c-1}{\lceil c \rceil - 1}$ , and obtain  $E_i'$ 's. Now  $\{E_1', \dots, E_n'\}$  and  $\{F_1, \dots, F_n\}$  form a PSD-factorization for  $M_c$ .

Finally, in order to settle the case that  $c \in [0, 2]$ , we first focus on the special case that  $c = 2$ . It is easy to see that in this case,  $p(r, c) = \frac{1}{2}r(r-1)$ . Thus if we choose  $r = \lceil \sqrt{2n} \rceil + 1$ , it holds that  $p(r, c) \geq n$ , and we have  $\text{rank}_{\text{psd}}^{\mathbb{R}}(M_2) \leq \lceil \sqrt{2n} \rceil + 1$ . When  $c \in [0, 2)$ , we replace all the nonzero off-diagonal entries of the  $E_i$ 's (which are 1's) by  $c-1$ , and obtain  $E_i'$ 's. It can be verified that  $\{E_1', \dots, E_n'\}$  and  $\{F_1, \dots, F_n\}$  form a valid PSD-factorization for  $M_c$ .  $\square$

We now consider a more general approximation of the identity than  $M_c$ , where the diagonal entries do not have to be 1, and the off-diagonal entries do not have to be equal. Alon [Alo09] proved:

**Theorem 48** ([Alo09]) *There exists an absolute positive constant  $c$  so that the following holds. Let  $A = [a(i, j)]$  be an  $n$ -by- $n$  real matrix with  $|a(i, i)| \geq 1/2$  for all  $i$  and  $|a(i, j)| \leq \epsilon$  for any  $i \neq j$ , where  $\frac{1}{2\sqrt{n}} \leq \epsilon \leq 1/4$ . Then the rank of  $A$  satisfies*

$$\text{rank}(A) \geq \frac{c \log n}{\epsilon^2 \log(1/\epsilon)}.$$

Combining the above theorem and Fact 4, we immediately obtain that

**Theorem 49** *There exists an absolute positive constant  $c$  so that the following holds. Let  $A = [a(i, j)]$  be an  $n$ -by- $n$  real matrix with  $|a(i, i)| \geq 1/2$  for all  $i$  and  $|a(i, j)| \leq \epsilon$  for any  $i \neq j$ , where  $\frac{1}{2\sqrt{n}} \leq \epsilon \leq 1/4$ . Then the PSD-rank of  $A$  satisfies*

$$\text{rank}_{\text{psd}}(A) \geq \frac{c\sqrt{\log n}}{\epsilon\sqrt{\log(1/\epsilon)}}.$$

We do not know if this lower bound on PSD-rank is tight. It is not hard to show that the *nonnegative* rank of approximations of the  $n$ -by- $n$  identity matrix is  $O(\log n)$  for constant  $\epsilon$ . For example, we can take a set of  $n$  random  $\ell$ -bit words  $C_1, \dots, C_n \in \{0, 1\}^\ell$ . For  $\ell = c \log n$  and  $c$  a sufficiently large constant,  $\langle C_i | C_j \rangle$  will be close to  $\ell/2$  for all  $i = j$  and close to  $\ell/4$  for all  $i \neq j$ . Hence if we associate both the  $i$ th row and the  $i$ th column with the  $\ell$ -dimension vector  $\sqrt{\frac{2}{\ell}} C_i$ , we get an  $\ell = O(\log n)$ -dimensional nonnegative factorization of an approximation of the identity.

### 6.3 The inner product function

Let  $x, y \in \{0, 1\}^n$  be two  $n$ -bit strings. The inner product function is defined as  $\text{IP}(x, y) = \sum_{i=1}^n x_i y_i \bmod 2$ . We denote the corresponding  $N$ -by- $N$  matrix by  $\text{IP}_n$ , where  $N = 2^n$ . We have the following theorem.

**Theorem 50**  $\text{rank}_{\text{psd}}(\text{IP}_n) \leq 2\sqrt{N}$ .

**Proof:** We will design a one-way quantum protocol to compute  $\text{IP}_n$  in expectation and then invoke the equivalence between  $\text{rank}_{\text{psd}}$  and communication complexity mentioned in Section 2.2. We will actually prove the bound for more general 0/1-matrices, of which  $\text{IP}_n$  is a special case. Let  $W$  be an  $N$ -by- $N$  0/1-matrix, with rows and columns indexed by  $n$ -bit strings  $x$  and  $y$  respectively. View  $x = x_0 x_1$  as concatenation of two  $n/2$ -bit strings  $x_0$  and  $x_1$ . Suppose there exist two Boolean functions  $f, g : \{0, 1\}^{n/2+n} \rightarrow \{0, 1\}$  such that  $W(x, y) = f(x_0, y) \oplus g(x_1, y)$ . Then  $\text{IP}_n$  is a special case of such a  $W$ , where  $f(x_0, y) = \text{IP}(x_0, y_0)$  and  $g(x_1, y) = \text{IP}(x_1, y_1)$ . We now show there exists a one-way quantum protocol that computes  $W$  in expectation and whose quantum communication complexity is at most  $n/2 + 1$  qubits. This implies  $\text{rank}_{\text{psd}}(W) \leq 2^{n/2+1} = 2\sqrt{N}$ .

For any input  $x$ , Alice sends the following state of  $1 + n/2$  qubits to Bob:

$$|\psi_x\rangle = \frac{1}{\sqrt{2}}(|0, x_0\rangle + |1, x_1\rangle).$$

Then by a unitary operation, Bob turns the state into

$$|\psi_{xy}\rangle = \frac{1}{\sqrt{2}}((-1)^{f(x_0, y)}|0, x_0\rangle + (-1)^{g(x_1, y)}|1, x_1\rangle).$$

Bob then applies the Hadamard gate to the last  $n/2$  qubits and measures those in the computational basis. If he gets any outcome other than  $0^{n/2}$ , he outputs 0. With probability  $1/\sqrt{2^n}$  he gets outcome  $0^{n/2}$ , and

then the first qubit will have become  $\frac{1}{\sqrt{2}}((-1)^{f(x_0,y)}|0\rangle + (-1)^{g(x_1,y)}|1\rangle)$ . By another Hadamard gate and a measurement in the computational basis, Bob learns the bit  $f(x_0, y) \oplus g(x_1, y) = W(x, y)$ . Then he outputs that bit times  $\sqrt{2^n}$ . The expected value of the output is  $\frac{1}{\sqrt{2^n}} \cdot (W(x, y) \cdot \sqrt{2^n}) = W(x, y)$ .  $\square$

We give another proof of this theorem by explicitly providing a PSD-factorization for  $\text{IP}_n$ . Note that the factors in the following PSD-factorization are rank-1 real matrices.

**Theorem 51**  $\text{rank}_{\text{psd}}^{\mathbb{R}}(\text{IP}_n) \leq c\sqrt{N}$ . If  $n$  is even,  $c = 2$ , and if  $n$  is odd,  $c = \frac{3}{2}\sqrt{2}$ .

**Proof:** For any  $k$  we have  $\text{IP}_{k+1} = \begin{bmatrix} \text{IP}_k & \text{IP}_k \\ \text{IP}_k & J_k - \text{IP}_k \end{bmatrix}$ , where  $J_k$  is the  $k$ -by- $k$  all one matrix. Using this relation twice, we have that

$$\text{IP}_{k+2} = \begin{bmatrix} \text{IP}_k & \text{IP}_k & \text{IP}_k & \text{IP}_k \\ \text{IP}_k & J_k - \text{IP}_k & \text{IP}_k & J_k - \text{IP}_k \\ \text{IP}_k & \text{IP}_k & J_k - \text{IP}_k & J_k - \text{IP}_k \\ \text{IP}_k & J_k - \text{IP}_k & J_k - \text{IP}_k & \text{IP}_k \end{bmatrix}.$$

Repeating this procedure, it can be seen that  $\text{IP}_n$  can be expressed as a block matrix with each block being  $\text{IP}_k$  or  $J - \text{IP}_k$  for some  $k < n$  to be chosen later. We now consider a new block matrix  $M_n$  with the same block configuration as  $\text{IP}_n$  generated as follows. The blocks in the first block row of  $M_n$  are the same as  $\text{IP}_n$ , that is they are  $\text{IP}_k$ 's. In the rest of the block rows, if a block of  $\text{IP}_n$  is  $\text{IP}_k$ , then we choose the corresponding block of  $M_n$  to be  $-\text{IP}_k$ , and if a block of  $\text{IP}_n$  is  $J_k - \text{IP}_k$ , the corresponding block of  $M_n$  is also  $J_k - \text{IP}_k$ . It is not difficult to check that  $M_n \circ \overline{M}_n = \text{IP}_n$ , and since  $M_n$  is real, we have that  $\text{rank}_{\text{psd}}^{\mathbb{R}}(\text{IP}_n) \leq \text{rank}(M_n)$ .

In order to upper bound the rank of  $M_n$ , we add its first block row to the other block rows, and obtain another matrix  $M'_n$ , with the same rank as  $M_n$ , in which all the blocks are 0 or  $J_k$  except those in the first row are still  $\text{IP}_k$ 's. Since the rank of  $M'_n$  can be upper bounded by the sum of the rank of the first block row and that of the remaining block rows, we have that

$$\text{rank}_{\text{psd}}^{\mathbb{R}}(\text{IP}_n) \leq \text{rank}(M_n) = \text{rank}(M'_n) \leq 2^k - 1 + \frac{N}{2^k},$$

where  $2^k - 1$  comes from the rank of  $\text{IP}_k$ , and  $\frac{N}{2^k}$  comes from the number of blocks in every row of  $M'_n$ . If  $n$  is even, we choose  $k = n/2$ , and the inequality above is  $\text{rank}_{\text{psd}}^{\mathbb{R}}(\text{IP}_n) \leq 2\sqrt{N} - 1$ . If  $n$  is odd, we choose  $k = (n + 1)/2$ , and the inequality becomes  $\text{rank}_{\text{psd}}^{\mathbb{R}}(\text{IP}_n) \leq (\frac{3}{2}\sqrt{2})\sqrt{N} - 1$ .  $\square$

**Acknowledgments.** We would like to thank Rahul Jain for helpful discussions, and Hamza Fawzi, Richard Robinson, and Rekha Thomas for sharing their results on the derangement matrix. Troy Lee and Zhaohui Wei are supported in part by the Singapore National Research Foundation under NRF RF Award No. NRF-NRFF2013-13. Ronald de Wolf is partially supported by ERC Consolidator Grant QPROGRESS and by the EU STREP project QALGO (Grant agreement no. 600700).

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## A Proof of Theorem 16

It is trivial that  $\text{rank}_{\text{psd}}(A) \leq \text{rank}_{\text{psd}}^{\mathbb{R}}(A)$ , so we only need to prove the second inequality. Suppose  $r = \text{rank}_{\text{psd}}(A)$ , and  $\{E_k\}$  and  $\{F_l\}$  are a size-optimal PSD-factorization of  $A$ . We now separate all the matrices involved into their real and imaginary parts. Specifically, for any  $k$  and  $l$ , let  $E_k = C_k + i \cdot D_k$ , and  $F_l = G_l + i \cdot H_l$ , where  $C_k$  and  $G_l$  are real symmetric matrices, and  $D_k$  and  $H_l$  are real skew-symmetric matrices (i.e.,  $D_k^T = -D_k$  and  $H_l^T = -H_l$ ). Then it holds that

$$A_{kl} = \text{Tr}(E_k F_l) = (\text{Tr}(C_k G_l) - \text{Tr}(D_k H_l)) + i \cdot (\text{Tr}(D_k G_l) + \text{Tr}(C_k H_l)).$$

Since  $A_{kl}$  is real, we in fact have

$$A_{kl} = \text{Tr}(C_k G_l) - \text{Tr}(D_k H_l).$$

Now for any  $k$  and  $l$ , define new matrices as follows:  $S_k = \frac{1}{\sqrt{2}} \begin{bmatrix} C_k & D_k \\ -D_k & C_k \end{bmatrix}$ , and  $T_l = \frac{1}{\sqrt{2}} \begin{bmatrix} G_l & H_l \\ -H_l & G_l \end{bmatrix}$ . Then  $S_k$  and  $T_l$  are real symmetric matrices, and  $\text{Tr}(S_k T_l) = \text{Tr}(C_k G_l) - \text{Tr}(D_k H_l) = A_{kl}$ .

It remains to show that the matrices  $S_k$  and  $T_l$  are positive semidefinite. Suppose  $u = \begin{bmatrix} v_1 \\ v_2 \end{bmatrix}$  is a  $2r$ -dimensional real vector, where  $v_1$  and  $v_2$  are two arbitrary  $r$ -dimensional real vectors. Starting from the fact that  $E_k$  is positive semidefinite, we have

$$0 \leq (v_2^T - i \cdot v_1^T) E_k (v_2 + i \cdot v_1) = v_1^T C_k v_1 - v_2^T D_k v_1 + v_1^T D_k v_2 + v_2^T C_k v_2 = \sqrt{2} u^T S_k u.$$

Hence  $S_k$  is positive semidefinite. Similarly we can show that  $T_l$  is positive semidefinite for every  $l$ .