

### NIH Public Access

Author Manuscript

Neuroimage. Author manuscript; available in PMC 2011 August 1.

Published in final edited form as:

Neuroimage. 2010 August 1; 52(1): 336–347. doi:10.1016/j.neuroimage.2010.04.010.

## Reduced cognitive control of response inhibition by the anterior cingulate cortex in autism spectrum disorders

Yigal Agam<sup>1,2</sup>, Robert M. Joseph<sup>3</sup>, Jason J.S. Barton<sup>4</sup>, and Dara S. Manoach<sup>1,2</sup>

<sup>1</sup> Department of Psychiatry, Massachusetts General Hospital, Harvard Medical School, Boston, MA 02215

<sup>2</sup> Athinoula A. Martinos Center for Biomedical Imaging, Charlestown, MA 02129 Harvard Medical School, Boston, MA 02215

<sup>3</sup> Department of Anatomy and Neurobiology, Boston University School of Medicine, Boston, MA

<sup>4</sup> Departments of Neurology, Ophthalmology and Visual Sciences, University of British Columbia, Vancouver, BC, Canada

#### Abstract

Response inhibition, or the suppression of prepotent, but contextually inappropriate behaviors, is essential to adaptive, flexible responding. In autism spectrum disorders (ASD), difficulty inhibiting prepotent behaviors may contribute to restricted, repetitive behavior (RRB). Individuals with ASD consistently show deficient response inhibition while performing antisaccades, which require one to inhibit the prepotent response of looking towards a suddenly appearing stimulus (i.e., a prosaccade), and to substitute a gaze in the opposite direction. Here, we used fMRI to identify the neural correlates of this deficit. We focused on two regions that are critical for saccadic inhibition: the frontal eye field (FEF), the key cortical region for generating volitional saccades, and the dorsal anterior cingulate cortex (dACC), which is thought to exert top-down control on FEF. We also compared ASD and control groups on the functional connectivity of the dACC and FEF during saccadic performance. In the context of an increased antisaccade error rate, ASD participants showed decreased functional connectivity of the FEF and dACC and decreased inhibition-related activation (based on the contrast of antisaccades and prosaccades) in both regions. Decreased dACC activation correlated with a higher error rate in both groups, consistent with a role in top-down control. Within the ASD group, increased FEF activation and dACC/FEF functional connectivity were associated with more severe RRB. These findings demonstrate functional abnormalities in a circuit critical for volitional ocular motor control in ASD that may contribute to deficient response inhibition and to RRB. More generally, our findings suggest reduced cognitive control over behavior by the dACC in ASD.

Autism spectrum disorders (ASD) are common neurodevelopmental disorders that are characterized by restricted, repetitive behavior (RRB) and marked impairments in socialization and communication. These three symptom clusters are thought to arise from distinct genetic and cognitive mechanisms (Happe et al 2006; London 2007), but these mechanisms are not well-understood. Accumulating evidence suggests that executive function deficits contribute to these core symptoms of ASD (Hill 2004; Lopez et al 2005; South et al 2007). Response

Corresponding author: Dara S. Manoach, 149 13th St., Room 2608, Charlestown, MA 02129; tel: 617 724 6148; fax: 617 726 4078; dara@nmr.mgh.harvard.edu.

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inhibition, or the suppression of prepotent, but contextually inappropriate behaviors, is an executive function that is essential to adaptive, flexible responding. Difficulty inhibiting prepotent behaviors in favor of more contextually appropriate ones may contribute to behavior that is rigid and stereotyped, rather than flexible and responsive to contingency. Individuals with ASD, consistently show deficient inhibition during antisaccade performance (Goldberg et al 2002; Luna et al 2007; Manoach et al 2004; Manoach et al 1997; Minshew et al 1999; Mosconi et al 2009). Antisaccades require the inhibition of the prepotent response of looking towards a suddenly appearing visual stimulus (i.e., a prosaccade), and the substitution of the novel response of looking in the opposite direction (Hallett 1978). The higher rate of antisaccade errors in ASD (i.e., looking towards rather than away from the stimulus) was recently found to correlate with the severity of RRB (Mosconi et al 2009). In spite of the consistency of the saccadic inhibition deficit in ASD, there are presently no published reports examining its neural correlates with neuroimaging techniques. In the present study, we used an antisaccade paradigm, functional MRI (fMRI), and functional connectivity analyses, to investigate the neural correlates of response inhibition deficits in ASD and their relation to RRB. Given the lack of clear neurobiological or genetic distinctions between the diagnostic subgroups of ASD (autism, Asperger s Disorder, and Pervasive Developmental Disorder, not otherwise specified, Geschwind 2009) and because increased antisaccade error rates have been observed across the spectrum, we did not restrict our sample to a particular diagnostic subgroup. Instead, we examined the extent to which RRB, a core feature of ASD, accounted for variability in our outcome measurements.

We focused on two regions that are critically involved in saccadic inhibition. First, we examined the frontal eye field (FEF), which is the key cortical region involved in generating volitional saccades (Pierrot-Deseilligny et al 1995). In fMRI studies, the FEF consistently shows increased activation for antisaccades vs. prosaccades (e.g., Connolly et al 2002; Ford et al 2005; Manoach et al 2007; O'Driscoll et al 1995; Sweeney et al 1996), which predicts longer saccadic latencies (Connolly et al 2002). This increased activation is thought to reflect a heightened level of inhibition that suppresses the dominant prosaccade response (DeSouza et al 2003; Ford et al 2009; Manoach et al 2007). In monkey neurophysiology studies, in contrast, there is reduced preparatory activity of the FEF for antisaccades compared with prosaccades, which correlates with longer latencies and lower error rates (Everling and Munoz 2000). Presumably, on antisaccade trials decreased preparatory activity in the FEF results in a longer latency to reach the threshold for triggering a saccade, and also makes it harder for the dominant prosaccade to escape (Everling and Munoz 2000). Thus both decreased neuronal spiking and increased BOLD activation for antisaccades vs. prosaccades are hypothesized to reflect inhibition of the FEF. The seeming discrepancy in the direction of activity change likely arises from the different sources of signals in these two techniques (Ford et al 2009): one potential interpretation is that increased fMRI activation reflects a heightened level of inhibitory input and/or increased activity of local inhibitory interneurons, which could then account for the reduced spiking observed in single-unit recordings. These findings, along with an extensive body of evidence, support the thesis that the inhibition of saccade-related neurons in the FEF is crucial for suppressing the prepotent prosaccade during antisaccade trials (Munoz and Everling 2004). In a prior study of response monitoring that examined the neural sequelae of error vs. correct antisaccade responses in ASD, we used the same paradigm and sample as the present study and reported a higher antisaccade error rate and faster latencies of correct antisaccades in ASD (Thakkar et al 2008). In the present study, we tested the hypothesis that these behavioral inhibition deficits in ASD would be paralleled by reduced inhibition of the FEF as indexed by reduced fMRI activation for correct antisaccade vs. prosaccade trials.

Second, we examined the anterior cingulate cortex (ACC) based on its role in the top-down control of ocular motor regions, including the FEF (Johnston et al 2007), and on evidence of functional and structural ACC abnormalities in ASD, including during response inhibition

(Kana et al 2007). Like the FEF, the ACC consistently shows greater activation for antisaccades vs. prosaccades in neuroimaging studies (e.g., Brown et al 2006; Doricchi et al 1997; Ford et al 2005; Manoach et al 2007; Matsuda et al 2004; Paus et al 1993). The posterior part of the dorsal ACC (dACC) has been labeled the cingulate eye field based on its involvement in tasks requiring volitional, but not reflexive saccadic control (Gaymard et al 1998; Paus et al 1993; Pierrot-Deseilligny et al 2004) and because in monkeys, stimulation of this region evokes saccades (Mitz and Godschalk 1989). In humans, lesions of the posterior dACC increase antisaccade errors (Milea et al 2003) and prolong the latencies of both prosaccades and antisaccades (Gaymard et al 1998). In ASD, there is growing evidence of both functional and structural abnormalities of the ACC. ASD samples show abnormal ACC activation during a range of cognitive tasks (Ashwin et al 2007; Dichter and Belger 2007; Gomot et al 2006; Hall et al 2003; Haznedar et al 1997; Haznedar et al 2000; Kennedy et al 2006; Silk et al 2006), including reduced ACC activation and reduced functional connectivity of the ACC during manual response inhibition (Kana et al 2007). Consistent with a prior report (Barnea-Goraly et al 2004), we previously reported decreased microstructural integrity of the white matter underlying the ACC in the present sample of individuals with ASD (Thakkar et al 2008). These findings suggest aberrant functional and structural connectivity of the ACC in ASD, which might alter communication with other regions.

The ACC is structurally (Huerta et al 1987; Morecraft et al 1993; Pandya et al 1981; Wang et al 2004) and functionally (Koski and Paus 2000; Margulies et al 2007) connected to premotor, motor, and ocular motor regions, including the FEF, consistent with its putative role in providing top-down control of structures generating motor (Miller and Cohen 2001) and ocular motor (Johnston et al 2007) responses. Single-neuron recordings in monkeys performing prosaccades and antisaccades show that the ACC is recruited during task preparation when cognitive demands increase, consistent with a role in top-down control of ocular motor structures (Johnston et al 2007). These findings led us to theorize that during preparation to perform an antisaccade vs. a prosaccade, the dACC coordinates with the FEF to increase inhibitory control.

In the present study we predicted that ASD participants would show reduced activation of the dACC during antisaccades vs. prosaccades, reflecting reduced cognitive control. We also tested the hypothesis that ASD participants would show reduced coordination of activity in the dACC and FEF during saccadic performance by conducting a functional connectivity analysis of our fMRI data using seed regions in the right and left dACC. Functional connectivity MRI (Biswal et al 1995) has proven to be a powerful method for evaluating network dysfunction in neuropsychiatric disorders (for review see, Buckner et al 2008; Cherkassky et al 2006; Kennedy and Courchesne 2008; e.g., Kleinhans et al 2008) and there is compelling evidence for the underconnectivity theory of autism, which posits that reduced coordination of activity across brain regions gives rise to symptoms and cognitive deficits (Just et al 2004).

In summary, we hypothesized that deficient saccadic inhibition in ASD compared to healthy participants would be paralleled by decreased activation of the dACC and FEF during antisaccade vs. prosaccade trials reflecting reduced cognitive control in response to a cue that indicates a task with increased cognitive demand. Second, we hypothesized that there would be reduced functional connectivity between the dACC and FEF during saccadic performance in ASD reflecting reduced coordination of activity between these regions, which could also compromise inhibitory control. Finally, we examined whether FEF and dACC activation and functional connectivity were associated with RRB in ASD, since deficits in inhibiting prepotent responses may contribute to difficulty in flexibly adjusting responses based on context.

#### Methods

#### Participants

Eleven adults with ASD and 14 healthy control (HC) participants were recruited by poster and website advertisements. Participants with ASD were diagnosed with high functioning autism (n=7), Asperger's disorder (n=2), or pervasive developmental disorder, not otherwise specified (n=2) by an experienced clinician (RMJ) on the basis of current presentation and developmental history as determined by medical record review and clinical interview. Potential participants meeting DSM-IV criteria for co-morbid psychiatric conditions or substance abuse were excluded. ASD diagnoses were confirmed using the Autism Diagnostic Interview-Revised (ADI-R, Rutter et al 2003) and the Autism Diagnostic Observation Schedule Module 4 (Lord et al 1999) administered by trained and experienced research personnel with established reliability. Individuals with known autism-related medical conditions (e.g., Fragile-X syndrome, tuberous sclerosis) were not included. Four of the 11 ASD participants were taking the following medications: fluoxetine and lithium; bupropion and clonazepam; citalopram; and sertraline and methylphenidate.

Healthy control participants were screened to exclude a history of autism or any other neurological or psychiatric condition (SCID-Non-patient edition, First et al 2002). All participants were screened to exclude substance abuse or dependence within the preceding six months, and any independent condition that might affect brain function. ASD and control groups were matched for age, sex, handedness as measured by a laterality score on the modified Edinburgh Handedness Inventory (scores of -100 and +100 denote exclusive use of left or right hands, respectively, Oldfield 1971; White and Ashton 1976), parental socioeconomic status on the Hollingshead Index (Hollingshead 1965), years of education, and estimated verbal IQ based on a test of single word reading (American National Adult Reading Test, Blair and Spreen 1989) (Table 1). All ASD participants had average or above estimates of verbal (124  $\pm 12$ , range: 106 – 141) and nonverbal (120 $\pm 10$ , range: 100 – 138) IQ as measured by the Wechsler Abbreviated Scale of Intelligence (Wechsler 1999). The study was approved by the Partners Human Research Committee. All participants gave written informed consent after the experimental procedures had been fully explained. One ASD participant was excluded from the event-related fMRI analysis due to technical problems with eye tracking that made it impossible to reliably classify erroneous vs. correct saccadic responses, but was included in the functional connectivity analyses, which examines correlations in activation across the entire fMRI time course.

#### Saccadic Paradigm

Figure 1 provides a graphic depiction of the task and a description of task parameters. Prior to scanning, the task was explained and participants practiced in a mock scanner until their performance indicated that they understood the directions and were comfortable with the task. Participants were instructed to respond as quickly and accurately as possible and told that they would receive a 5-cent bonus for each correct response in addition to a base rate of pay. This incentive was intended to enhance motivation and attention during a potentially boring cognitive task in order to elicit optimal performance. No immediate feedback regarding performance was provided and the bonus was added to the remuneration check, which was sent by mail following study completion. Each run of the task consisted of a pseudorandom sequence of prosaccade and antisaccade trials that were balanced for right and left movements. Randomly interleaved with the saccadic trials were intervals of fixation lasting 2, 4, or 6 seconds. The fixation intervals provided a baseline and their variable length introduced "temporal jitter", which optimizes the analysis of rapid presentation event-related fMRI designs (Buckner et al 1998;Burock and Dale 2000;Miezin et al 2000). The schedule of events was determined using a technique to optimize the statistical efficiency of event-related designs

#### Stimulus Display and Eye Tracking

Displays of the eye movement task were generated using the Vision Shell programming platform (www.visionshell.com), and back-projected with a Sharp XG-2000 color LCD projector (Osaka, Japan) onto a screen at the rear of the bore that was viewed by the participant via a mirror on the head coil. The ISCAN fMRI Remote Eye Tracking Laboratory (ISCAN, Burlington, MA) recorded saccades during scanning. This system used a video camera mounted at the rear of the MRI bore. The camera imaged the eye of the participant via an optical combiner, a 45 cold transmissive mirror that reflects an infrared image of the eye, with the infrared illumination being provided by an LED mounted on the head coil. The system used passive optical components with no ferrous content within the bore to minimize artifacts in the MRI images. Eye position was sampled at a rate of 60 Hz. Eye images were processed by ISCAN's RK-726PCI high resolution Pupil/Corneal reflection tracker, located outside of the shielded MRI room. Stimuli presented by Vision Shell were digitally encoded and relayed to ISCAN as triggers that were inserted into the eye-movement recordings.

#### Scoring and Analysis of Eye Movement Data

Eye movement data were scored in MATLAB (Mathworks, Natick, MA) using a partially automated program that determined the directional accuracy of each saccade with respect to the required response and the latency from target onset. Saccades were identified as horizontal eye movements with velocities exceeding 47 deg/s. The onset of a saccade was defined as the point at which the velocity of the eye movement first exceeded 31 deg/s. Only trials with saccades in the desired direction and latencies over 130 ms were considered correct, and only correct saccades were included in the latency analyses. The cutoff of 130 ms excluded anticipatory saccades, which are executed too quickly to be a valid response to the appearance of the target (Fischer and Breitmeyer 1987).

#### **Image Acquisition**

Images were acquired with a 3.0T Siemens Trio whole body high-speed imaging device equipped for echo planar imaging (EPI) (Siemens Medical Systems, Erlangen, Germany). Head stabilization was achieved with cushioning, and all participants wore earplugs (29 dB rating) to attenuate noise. Automated shimming procedures were performed and scout images were obtained. Two high-resolution structural images were acquired in the sagittal plane for slice prescription, spatial normalization (spherical and Talairach), and cortical surface reconstruction using a high resolution 3D magnetization prepared rapid gradient echo (MPRAGE) sequence (repetition time (TR), 2530 ms; echo spacing, 7.25 ms; echo time (TE), 3 ms; flip angle 7°) with an in-plane resolution of 1mm and 1.3mm slice thickness. T1 and T2weighted structural images, with the same slice specifications as the Blood Oxygen Level Dependent (BOLD) scans, were obtained to assist in registering functional and structural images. Functional images were collected using a gradient echo T2\* weighted sequence (TR/ TE/Flip =  $2000 \text{ms}/30 \text{ms}/90^\circ$ ). Twenty contiguous horizontal slices parallel to the intercommissural plane (voxel size: 3.13 X 3.13 X 5 mm) were acquired interleaved. The functional sequences included prospective acquisition correction (PACE) for head motion (Thesen et al 2000). PACE adjusts slice position and orientation in real time during data acquisition. This reduces motion-induced effects on magnetization history.

#### Surface-based fMRI analyses

In addition to on-line motion correction (PACE), functional scans were corrected retrospectively for motion using the AFNI algorithm (Cox and Jesmanowicz 1999). To characterize average motion for each participant, total motion in mm for all six directions (x, y, z, and three rotational directions) as determined by AFNI, was averaged across the six runs of the task and compared between groups. All further analyses were conducted using FreeSurfer (http://surfer.nmr.mgh.harvard.edu) and FreeSurfer Functional Analysis Stream (FS-FAST) software. Following motion correction, scans were intensity normalized, and smoothed using a 3D 8 mm FWHM Gaussian kernel. Finite impulse response (FIR) estimates (Burock and Dale 2000; Miezin et al 2000) of the event-related hemodynamic responses were calculated for each of the three trial types (correct prosaccades, correct antisaccades, and errors) for each participant. This involved using a linear model to provide unbiased estimates of the average signal intensity at each time point for each trial type without making a priori assumptions about the shape of the hemodynamic response. Hemodynamic response estimates were computed at 12 time points with an interval of 2 s (corresponding to the TR) ranging from 4 s prior to the start of a trial to 18 s after the start. Temporal correlations in the noise were accounted for by prewhitening using a global estimate of the residual error autocorrelation function truncated at 30 s (Burock and Dale 2000).

Functional volumes were aligned to the 3D structural image for each participant, which was created by averaging the two MPRAGE scans after correcting for motion. The averaged MPRAGE scans were used to construct inflated (2D) models of individual cortical surfaces using previously described segmentation, surface reconstruction, and inflation algorithms (Dale et al 1999; Fischl et al 1999a). To register data across participants, anatomical and functional scans were spatially normalized using a surface-based spherical coordinate system that explicitly aligns cortical folding patterns (Dale et al 1999; Fischl et al 1999a). Registered group data were smoothed with a 2D 4.6 mm FWHM Gaussian kernel.

fMRI results were displayed on a template brain consisting of the averaged cortical surface of an independent sample of 40 adults from the Buckner laboratory at Washington University. To facilitate comparison with other studies, approximate Talairach coordinates were derived by mapping the surface-based coordinates of activation back to the original structural volume for each participant, registering the volumes to the Montreal Neurological Institute (MNI305) atlas (Collins et al 1994) and averaging the MNI305 coordinates that corresponded to the surface maxima across participants. The resulting coordinates were transformed to standard Talairach space using an algorithm developed by Matthew Brett (http://imaging.mrc-cbu.cam.ac.uk/imaging/MniTalairach).

**Regions of Interest (ROI) Definitions**—The FEF was defined using a combination of anatomical constraints and activation in a contrast orthogonal to our contrast of interest, antisaccade vs. prosaccade trials. We anatomically defined the FEF as vertices in and around the precentral sulcus and gyrus, beginning approximately at the level of the superior frontal sulcus (Koyama et al 2004; Paus 1996). The medial hemispheric surface was not included. Within this area, we defined the ROI as all active vertices in the contrast of all saccades versus fixation at 4 s (the time of peak activity in ocular motor regions) at a threshold of p<.001 in the averaged data of all participants. This contrast captures task-related activity and is unbiased to differences between groups or trial types. This process resulted in two FEF labels, one in each hemisphere.

The dACC was localized using a parcellation algorithm that provides labels for ACC (Fischl et al 2004). The ACC labels were divided into dorsal and rostral segments by drawing a line perpendicular to the intercommissural plane at the anterior boundary of the genu of the corpus callosum (Devinsky et al 1995) resulting in left and right dACC labels. We did not use a

functional constraint, since we found only weak activation in the contrast of all saccades vs. fixation in the combined group. This is not surprising given the literature, reviewed above, which finds that dACC is more strongly recruited on tasks with high cognitive demands and consistently shows greater fMRI activation for antisaccades vs. prosaccades.

**Vertex-wise analysis of the cortical surface**—Our primary analysis was a group comparison of activation for the contrast of correct antisaccade and prosaccade trials at 4 s following the trial onset (i.e., "inhibition-related activation") at each vertex using a random effects model. We also examined group differences in each condition (antisaccades and prosaccades) compared to the fixation baseline. To correct for multiple comparisons we ran 5,000 Monte Carlo simulations of synthesized white Gaussian noise using a p-value of  $\leq .05$  and the smoothing, resampling, and averaging parameters of the functional analysis. This determines the likelihood that a cluster of a certain size would be found by chance for a given threshold. To test our *a priori* hypotheses concerning the FEF and dACC, we restricted the simulations to the FEF and dACC ROIs. To explore whether other regions also showed significant group differences we also ran simulations on the entire cortical surface.

**Regressions of activation on behavioral and clinical measures**—To examine the relations of inhibition-related activation in our ROIs with antisaccade performance, both error rate and the latency of correct responses, we performed linear regressions. An interaction term with group (e.g., error rate by group) was included in the model to determine whether the slope of the relations differed by group. We also regressed inhibition-related activation on ADI-R diagnostic algorithm scores of RRB for the ASD group only.

#### **Volume-based Functional Connectivity Analysis**

**Preprocessing**—The motion-corrected functional scans were registered to the Montreal Neurological Institute (MNI152) atlas (Collins et al 1994) using FSL (FMRIB Software Library, www.fmrib.ox.ac.uk/fsl). Additional preprocessing steps, described in previous reports (Fox et al 2005; Van Dijk et al in press; Vincent et al 2006), were: 1) spatial smoothing using a Gaussian kernel of 6mm full-width at half-maximum; 2) temporal filtering (0.009Hz<f<0.08Hz); 3) removal of spurious or nonspecific sources of variance by regression of the following variables: (a) the six movement parameters computed by rigid body translation and rotation in preprocessing, (b) the mean whole brain signal, (c) the mean signal within the lateral ventricles, and (d) the mean signal within a deep white matter ROI. The first temporal derivatives of these regressors were included in the linear model to account for the time-shifted versions of spurious variance. Regression of each of these signals was computed simultaneously and the residual time course was retained for the correlation analysis.

**Definition of dACC seed regions and FEF ROIs**—We defined dACC seed regions using fMRI activation constrained by MNI anatomical criteria for the ACC. In the averaged functional data of all participants, we identified voxels in the left and right dACC that showed inhibition-related fMRI activation at a threshold of p < .05. We defined FEF ROIs based on anatomical criteria, as described above, and voxels that showed inhibition-related fMRI activation at a threshold of p < .001 in the averaged functional data of all participants.

**Data analysis**—BOLD time courses of the right and left dACC seed regions were based on the average signal across voxels. A Pearson correlation map was created for the time course of each seed region and of all the other voxels in the brain. The correlation map of each individual was converted to a map of z-scores using a Fisher s z transform (see, Vincent et al 2006). We first examined functional connectivity of the dACC with the FEF in each group separately. We then compared functional connectivity by group using t-tests. We ran 5,000 Monte Carlo simulations, restricted to the right and left FEFs, to correct for multiple comparisons. These simulations used a p-value of  $\leq .05$  and the smoothing, resampling, and averaging parameters of the functional connectivity analysis.

#### Results

#### Saccadic performance

As previously reported (Thakkar et al 2008), ASD participants made significantly more errors than healthy controls (F(1,22)=7.82, p=.008). Although the group by task interaction was not significant (F(1,22)=0.99, p=.32), ASD participants had a significantly higher antisaccade error rate than controls (Figure 2A, t(22)=2.68, p=.01, HC:  $6.55 \pm 4.94\%$ , range 1.43 to 16.59%; ASD:  $12.41 \pm 9.02\%$ , range 2.37 to 26.67%), but did not differ significantly in the error rate for prosaccades (Figure 2A, t(22)=1.62, p=.21, HC:  $2.04 \pm 1.50\%$ , ASD:  $4.82 \pm 4.06\%$ ). ASD participants responded more quickly on correct trials (F(1,21)=9.74, p=.005) and there was a trend to a group by task interaction (F(1,21)=3.33, p=.08) reflecting a greater group latency difference for antisaccade than prosaccade trials (Figure 2B, antisaccade: t(21)=3.47, p=.002, HC:  $309 \pm 40$ ms, ASD:  $253 \pm 20$ ms; prosaccade: t(21)=2.56, p=.02, HC:  $254 \pm 50$ ms, ASD:  $212 \pm 29$ ms). In ASD, neither antisaccade error rate, nor latency of correct antisaccades showed significant correlations with ADI-R RRB scores (error rate: r=-.26, p=.46; latency: r=-.19, p=.60).

#### Surface-based analyses of activation in ROIs

The results of the exploratory analyses of the entire cortical surface are presented as supplemental material.

**Group comparisons**—ASD participants and controls did not differ in mean motion during the functional scans (controls:  $1.71 \pm .81$  mm, patients:  $1.78 \pm .47$ mm, t(22)=.62, p=.83). Relative to controls, ASD participants showed significantly reduced inhibition-related activation in bilateral FEF and dACC (Figure 3, see Table 2 for cluster-wise probabilities). To visualize the source of these differences, we plotted the hemodynamic responses of inhibition-related activation for both the group comparison and for each group separately. Inspection of these plots confirmed that in bilateral FEF and dACC, the greater difference in inhibition-related activation for controls compared to ASD participants was due to a greater increase in positive activation for antisaccades compared to prosaccades. A comparison of group differences in each condition (antisaccades and prosaccades) compared to the fixation baseline revealed that ASD participants showed significantly reduced activation in left FEF (CWP=. 0001) and bilateral dACC (left: CWP=.04, right: CWP=.0002) for antisaccades and in left FEF for prosaccades (CWP=.04).

**Relation of inhibition-related activation to antisaccade performance**—Greater inhibition-related activation in right dACC predicted a lower antisaccade error rate for the combined group (CWP=.001, Figure 4, Table 2), and in each group separately, and this relation did not differ significantly by group. Activation in the other ROIs did not significantly predict error rate, and there were no significant group differences. With regard to the latency of correct antisaccades, there were no significant relations with activation in the combined group. There was a group difference, however, in the left dACC (CWP=.001, Table 2). While controls showed no significant relations between activation and latency, in ASD participants, greater inhibition-related activation in both the left (CWP=.001) and right (CWP=.003) dACC predicted faster antisaccades (Figure 5).

**Relation of inhibition-related activation to restricted, repetitive behavior in ASD** —Greater left FEF activation predicted increased severity of RRB in ASD (CWP=.001, Figure 6, Table 2).

#### Volume-based Functional Connectivity Analysis

Both the right and left dACC seeds were significantly positively correlated with right and left FEF in both groups. As predicted, controls showed significantly stronger correlations of both dACC seeds with the left FEF (Figure 7, left CWP=.03; right CWP=.04, Table 3). Functional connectivity between dACC and FEF was not related to either antisaccade error rate or latency in the combined group, and there were no group differences in these relations. In participants with ASD, we examined whether abnormally reduced dACC-FEF functional connectivity, which was quantified by averaging across FEF voxels in the cluster showing a significant group difference (p<.05), correlated with RRB. Both the left and right dACC showed a positive relation with RRB (i.e., greater functional connectivity predicted more severe RRB), but this was only significant for left dACC (left: r=.64, p=.03; right: r=.37, p=.27).

#### **Control analyses: Medication effects**

Excluding ASD participants on psychotropic medications presents both pragmatic and interpretive difficulties. In current practice, adults with ASD, even those without co-morbid psychiatric disorders, are frequently medicated. Thus, excluding medicated patients not only makes it difficult to recruit participants in a medical setting, but might also compromise the generalizability of the findings. In our prior behavioral study, medication status did not affect the directional accuracy or latency of either prosaccades or antisaccades in ASD (Manoach et al 2004). In the present study, four of our ASD participants were taking a variety of medications. A scatter plot of inhibition-related activation in each of our four ROIs (Figure 8), however, indicates that the medicated ASD participants did not disproportionately contribute to the group difference. Medicated ASD patients did not differ from unmedicated patients in inhibitionrelated activation in either FEF ROI or in the right dACC, but showed increased activation in left dACC (t(8)=2.86, p=.02, uncorrected for multiple comparisons), which served to reduce the difference between ASD and control participants. In addition, comparisons of medicated and unmedicated ASD participants on our behavioral (saccadic directional accuracy and latency) and functional connectivity (right and left dACC seed regions) outcome measures, did not reveal any significant differences.

#### Discussion

The present study demonstrates functional abnormalities in two anatomical components of the network serving volitional ocular motor control in ASD that may contribute to deficient saccadic inhibition and to rigid, inflexible behavior. Compared to controls, ASD participants made more antisaccade errors and showed reduced inhibition-related activation (based on the contrast of correct antisaccades vs. prosaccades) in bilateral FEF and dACC during correct trials. Moreover, reduced dACC activation correlated with a higher error rate in both groups and longer antisaccade latencies in ASD. Given that the ACC is thought implement top-down control of the FEF (Johnston et al 2007) and that lesions of the dACC increase antisaccade errors and prolong saccadic latencies (Gaymard et al 1998; Milea et al 2003), these findings suggest that dACC activation reflects the implementation of cognitive control over behavior, and that this control is compromised in ASD.

Decreased functional connectivity between the dACC and FEF may contribute to compromised cognitive control over behavior in ASD. The ACC is reciprocally connected to the FEF in monkeys (Huerta et al 1987; Morecraft et al 1993; Pandya et al 1981; Wang et al 2004). Consistent with a prior fMRI resting state study of humans (Margulies et al 2007), we found strong positive correlations between activation in the dACC and FEF in both controls and ASD participants during saccadic performance. In ASD, however, the strength of these correlations was significantly reduced. These findings are consistent with the hypothesis that during preparation to perform an antisaccade vs. a prosaccade, the dACC coordinates with the FEF

to increase inhibitory control and that this interaction is disrupted in ASD. This disruption may contribute to the consistently observed deficit in saccadic inhibition in ASD (Goldberg et al 2002; Luna et al 2007; Manoach et al 2004; Manoach et al 1997; Minshew et al 1999; Mosconi et al 2009; Thakkar et al 2008). The present finding of reduced dACC functional connectivity with FEF in ASD complements our prior report of decreased microstructural integrity of the white matter underlying the ACC in the same sample (Thakkar et al 2008) and suggests that functional and structural ACC abnormalities compromise the cognitive control of behavior in ASD.

Based on a prior report showing that a behavioral measure of response inhibition (i.e., antisaccade error rate) correlated with greater severity of RRB in ASD (a finding we did not replicate here, Mosconi et al 2009), we investigated whether the neural correlates of response inhibition were also related to RRB. We reasoned that since the inhibition of prepotent but contextually inappropriate behaviors is essential to adaptive, flexible responding, activation during response inhibition might be associated with the severity of RRB in ASD. We found that greater inhibition-related activation in left FEF correlated with more severe RRB. In interpreting this finding, we note that antisaccade error rate and inhibition-related fMRI activation, which is based on the comparison of correct antisaccades vs. prosaccades, are not directly comparable. While errors reflect a failure of response inhibition, inhibition-related activation reflects the magnitude of difference in activation between antisaccades and prosaccades required for successful response inhibition. Thus, our findings suggest that within the ASD group, individuals with more severe behavioral rigidity and repetition required a higher level of activation in the FEF to successfully inhibit a prepotent response. The relation of greater functional connectivity of dACC to FEF with more severe RRB suggests that greater inter-regional coordination was also required. As we did not find significant relations between dACC activation and RRB, the questions of whether deficient cognitive control over behavior contributes to RRB and whether increased FEF activation represents an attempt to compensate for decreased control remain unresolved.

These findings of relations of ACC function to a core feature of ASD add to a literature that documents relations between ACC function and social impairment (Haznedar et al 2000; Henderson et al 2006; Kennedy et al 2006; Ohnishi et al 2000), communication impairment (Haznedar et al 2000; Ohnishi et al 2000), and RRB (Shafritz et al 2008). In these prior studies both increased and reduced ACC function were related to greater impairment in ASD. Similarly, there are reports of both decreased and increased ACC activation in ASD, using a variety of cognitive probes. Rather than reflecting discrepancies, these differences indicate that the direction of both group differences in activation and its relations with symptoms depend on a number of factors including the task employed, the specific time point examined, the cognitive process under study, and the ACC subregion involved. For example, using the same saccadic paradigm as the present study in a neurotypical sample, we demonstrated both taskinduced deactivation of a rostral ACC subregion early in correct antisaccade trials and increased activation of a different rostral ACC subregion later in the trial, following an error (Polli et al 2005). Similarly, while in the present study, compared to controls ASD participants showed abnormally reduced dACC activation early in correct antisaccade vs. prosaccade trials, presumably reflecting deficient preparation for inhibition, in this same sample we previously reported abnormally increased activation of a different dACC subregion following antisaccade error vs. correct trials, presumably reflecting hyperactive response monitoring (Thakkar et al 2008). In both studies, increased dACC activation was related more severe RRB, consistent with the hypothesis that abnormalities in ACC-mediated executive functions contribute to this multi-dimensional symptom cluster. This level of complexity (i.e., it is not a simple matter of more or less function) should be expected given the considerable heterogeneity of the ACC in terms of structure, function, and connectivity (Bush et al 2000; Bush et al 1998; Devinsky et al 1995; Margulies et al 2007; Phillips et al 2003; Whalen et al 1998) and the diverse paradigms

and techniques used to probe its function. The present study was guided by regionally and temporally specific hypotheses that were based on our prior imaging and behavioral studies of this saccadic paradigm in both neurotypical and ASD participants (e.g., Manoach et al 2007; Polli et al 2005; Thakkar et al 2008), an extensive literature concerning the functional neuroanatomy of saccadic inhibition (for review see Munoz and Everling 2004), and a prior finding concerning the relation of saccadic inhibition deficits to RRB in ASD (Mosconi et al 2009). Given our *a priori* hypotheses, the small sample, and concerns about multiple comparisons, we restricted our investigation to activation in the dACC and FEF and its relation to RRB.

There are now several neuroimaging studies of inhibition in ASD that employed manual response tasks. Using the Go-No-Go task, one study reported generally reduced activation compared to controls, primarily in the ACC and reduced functional connectivity of the ACC to middle cingulate gyrus and insula (Kana et al 2007), consistent with the present findings. Another study of the Go-No-Go task reported increased activation in left ventrolateral prefrontal and orbitofrontal cortex in (Schmitz et al 2006). A recent study of the Preparing to Overcome Prepotency Task, showed decreased prefrontal and parietal activation in adolescents with ASD and reduced frontoparietal functional connectivity (Solomon et al 2009). In none of these studies did the ASD and control groups differ significantly in task performance.

More generally, behavioral evidence of deficient response inhibition in ASD is mixed, with both negative (e.g., Goldberg et al 2005; Kleinhans et al 2005; Mahone et al 2006; Ozonoff and Strayer 1997) and positive findings (e.g., Bishop and Norbury 2005; Geurts et al 2004). Whether or not inhibition is intact in ASD likely depends both on the particular task and also on task-parameters, such as presentation rate (Raymaekers et al 2004). Studies of antisaccades, in contrast, consistently find deficient inhibition in ASD, as indicated by a higher antisaccade error rate (Goldberg et al 2002; Luna et al 2007; Manoach et al 2004; Manoach et al 1997; Minshew et al 1999; Mosconi et al 2009). This raises questions about why saccadic inhibition is so consistently disrupted in ASD and the possible clinical significance of this deficit. Antisaccades require a voluntary dissociation of spatial attention, which is compelled by the suddenly appearing stimulus, and eye gaze. Eye gaze and spatial attention are tightly linked (Corbetta and Shulman 2002; Hunt and Kingstone 2003; Klein and McCormick 1989; Moore et al 2003) and volitional control over both eye gaze and the spatial distribution of attention depend on a densely interconnected network with its key cortical components in the FEF, ACC and posterior parietal cortex, with the paralimbic ACC providing a map of motivational salience (Gitelman et al 1999; Mesulam 1981; Mesulam 1990). Abnormalities in this circuitry may contribute to deficits in overcoming prepotency in the service of directing eye gaze and attention to the parts of the environment that are the most behaviorally relevant. Such a deficit could interfere with the development of social and cognitive skills that are deficient in ASD, including joint attention (Manoach et al 1997; Mundy 2003; Mundy et al 2009).

It is important to note that because prosaccade and antisaccade trials are intermixed in our saccadic paradigm, both trial types require vigilance to instructional cues and volitional control. Therefore, both trial types rely on the volitional ocular motor control network that we hypothesize is deficient in ASD. In a prior study that compared single and mixed task blocks, prosaccade errors were only seen in the mixed-task blocks in both neurotypical participants and those with schizophrenia (Manoach et al 2002). Thus, in the context of intermixed trials, prosaccade errors may reflect failures of proactive control (i.e., to adequately heed the instructional cue), which would likely have more pronounced effects on trials where greater control is needed (i.e., antisaccades more than prosaccades). In the present study, ASD participants performed prosaccades faster than controls, made numerically but not significantly more prosaccade errors, and showed significantly reduced left FEF activation in the contrast of prosaccades vs. fixation. Thus, while abnormalities in ASD were clearly more pronounced

for antisaccades, prosaccades were also affected. Given the literature showing that visuallyguided saccades in ASD have normal latency and directional accuracy (reviewed in, Rommelse et al 2008), we attribute group differences in both trial types not to inhibition *per se*, but more generally to cognitive control, in this case ocular motor control, which is taxed to a greater degree by antisaccades than prosaccades. A limitation of the present study is that because we did not study reflexive saccades, we cannot rule out the possibility that abnormalities in the basic integrity of the ocular motor system in ASD contribute to our findings.

There are several other limitations to the present study that merit consideration. The first is that given the very small sample size, we consider our findings to be preliminary and to require replication in a larger sample. In spite of this, our *a priori* hypotheses concerning reduced inhibition-related activation in the dACC and FEF and reduced dACC-FEF functional connectivity were confirmed. A second issue is that four of our ASD participants were taking medications that affect brain function. Our comparisons of outcome measures in medicated and unmedicated ASD participants indicate that medicated participants did not contribute disproportionately to the group differences we observed (Figure 8). Third, our sample was comprised of high functioning adults with ASD so it is not clear that our findings would generalize to lower functioning or younger samples. Although increased antisaccade error rates are seen in autism as early as ages eight to twelve (Luna et al 2007), we limited our study to adults since saccadic inhibition may not fully develop until late adolescence (Klein and Foerster 2001) and larger samples would be necessary to discriminate between the effects of ASD and those due to normal development.

In summary, the present study represents the first neuroimaging investigation of the neural correlates of the saccadic inhibition deficit in ASD. In the context of an increased antisaccade error rate, ASD participants showed reduced inhibition-related activation in both the FEF and dACC, and reduced functional connectivity between these regions, complementing our prior report of reduced microstructural integrity of the white matter underlying the dACC in this ASD sample (Thakkar et al 2008). We interpret these findings to reflect that functional and structural dACC abnormalities compromise the voluntary control of spatial attention and eye gaze and contribute to deficits in overcoming prepotency in ASD. More generally, our findings are consistent with prior work in suggesting reduced cognitive control over behavior by the dACC in ASD (e.g., Solomon et al 2009).

#### Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

#### Acknowledgments

Funding: National Institute for Mental Health (R01 MH67720 (DSM); Mental Illness Neuroscience Discovery (MIND) Institute (DOE DE-FG02-99ER62764); The National Center for Research Resources (P41RR14075).

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#### Figure 1.

Saccadic paradigm with idealized eye position traces. Saccadic trials lasted 4000 ms and began with an instructional cue at the center of the screen. For half of the participants, orange concentric rings were the cue for a prosaccade trial (A) and a blue X was the cue for an antisaccade trial (B). These cues were reversed for the rest of the participants. The cue was flanked horizontally by two small green squares of 0.2° width that marked the potential locations of stimulus appearance, 10° left and right of center. These squares remained on the screen for the duration of each run. C: At 300 ms, the instructional cue was replaced by a green fixation ring at the center of the screen, of 0.4° diameter and luminance of 20 cd/m<sup>2</sup>. After 1700 ms, the ring shifted to one of the two target locations, right or left, with equal probability. This was the stimulus to which the participant responded by either making a saccade to it (prosaccade) or to the square on the opposite side (antisaccade). The green ring remained in the peripheral location for 1000 ms and then returned to the center, where participants were also to return their gaze for 1000 ms before the start of the next trial. Fixation intervals were simply a continuation of the fixation display that constituted the final second of the previous saccadic trial.



#### Figure 2.

Behavioral results for the control and ASD groups. A: Antisaccade error rate. B: Latency of correct antisaccades and correct prosaccades. Asterisks denote statistical significance of group difference at  $p \le .05$ .

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#### Figure 3.

Frontal eye field (FEF) and dorsal anterior cingulate (dACC) activation. A, B: Statistical maps of group differences in fMRI activation at 4 s for the antisaccade versus prosaccade contrast. Statistical maps are displayed on the inflated cortical surfaces of the template brain at p<0.05. Regions of greater activation in controls are depicted in warm colors; greater activation in ASD patients is depicted in blue. The regions of interest are outlined in yellow. The gray masks cover subcortical regions in which activity is displaced in a surface rendering. C, D: Hemodynamic response functions. All plots correspond to the vertex that showed the largest contrast effects within the respective ROI. The top row shows activation in antisaccade versus prosaccade trials. The middle and bottom rows show activation for the control and ASD groups, respectively, during antisaccade and prosaccade trials separately, each relative to the fixation condition. Asterisks denote significance levels of  $p \leq .05$  at individual time points.



#### Figure 4.

Statistical map of regression of activation at 4 s for the antisaccade vs. prosaccade contrast against antisaccade error rate. The map shows the significant correlation in the combined group. The scatter plot shows activation in the vertex with the most significant correlation in the right dACC, which is outlined in yellow.



#### Figure 5.

Statistical map of regression of activation at 4 s for the antisaccade vs. prosaccade contrast against antisaccade latency in the ASD group. Scatter plots show activation in the left and right dACC vertices with the most significant correlations.



#### Figure 6.

Statistical map of regression of activation at 4 s for the antisaccade vs. prosaccade contrast against ADI-R scores of RRB in the ASD group. Red and blue regions indicate positive and negative correlation, respectively. Scatter plot shows activation in the vertex with the most significant correlation in the left FEF, which is outlined in yellow.



#### Figure 7.

Functional connectivity analysis. A: Group differences in functional connectivity of the FEF. Red regions indicate stronger connectivity in controls. Green crosses indicate the location of the voxel that showed the strongest group difference for the respective seed region. B: Regression against RRB in participants with ASD. The x axis indicates ADI-R scores of RRB, and the y axis indicates z-scores averaged across all FEF voxels that showed significant group differences in functional connectivity with the left dACC seed.



#### Figure 8.

The effect of medication on inhibition-related activation in participants with ASD. Each panel shows mean activation across all vertices in each of the four ROIs for the control and ASD groups. The control participants, none of whom were medicated, are indicated by open black circles. Within the ASD group, unmedicated participants are indicated by open red circles, and medicated participants are indicated by filled red circles. The dashed lines indicate group means (with all subjects included).

#### Table 1

Means, standard deviations, and group comparisons of demographic data. The Phi value is the result of a Fisher's Exact Test. The z value is the result of a nonparametric Mann-Whitney U comparison.

Subject Characteristics	Healthy Controls (n=14)	ASD (n=11)	t	р
Age	$27\pm8$	$28\pm10$	-0.30	.77
Sex	8M/6F	9M/2F	φ=0.26	.23
Laterality Score (Handedness)	$75\pm45$	$63\pm37$	0.73	.47
Parental SES*	$1.31\pm0.48$	$1.18\pm0.40$	Z=-0.59	.43
Years of education	$16\pm2$	$16\pm4$	-0.32	.75
Estimated verbal IQ	114 ± 9	117 ± 8	-0.96	.35

a lower score denotes higher status

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# Table 2

Maxima and locations of cluster, antisaccade vs. prosaccade contrast within the FEF and dACC ROIs.

			Approximat	te Talairach (	Coordinates			
<b>Cortical Region of Interest</b>	Cluster Size (mm <sup>2</sup> )	Direction of Difference	х	y	z	Brodmann Area	t-value (max)	CWP
Inhibition-related activation								
Left FEF *	364	HC>ASD	-25	L	43	9	3.06	.0002
Left dACC	268	HC>ASD	-11	20	26	32	3.27	.003
Right dACC	299	HC>ASD	11	21	26	62	4.19	.0005
Right FEF	194	HC>ASD	27	-2	42	24	2.58	.002
Relations with antisaccade e	error rate							
Combined group								
Right dACC	206	r<0	4	15	31	24	-2.44	.001
Control group	,							
Right dACC	162	r<0	12	23	24	32	-2.31	.003
ASD group								
Right dACC	136	r<0	8	20	32	32	-2.69	.005
Relations with antisaccade l	atency							
Group difference in slope								
Left dACC	355	HC>ASD	-2	8	26	24	3.81	.0002
ASD Group	,							
Left dACC	369	r<0	-3	13	23	24	-2.64	.0002
Right dACC	133	1<0	4	1	27	24	-3.61	.005
Relations with ADI-R RBB	scores, ASD group							
Left FEF	86	r>0	-25	9–	44	9	3.80	.04
Left FEF *	320	l≻1	-41	1	27	9	3.56	.0002
* also meets correction for entire	cortical surface							

## Table 3

Functional connectivity analyses: Maxima of FEF clusters showing significant positive functional connectivity with right and left dACC seeds and of FEF clusters showing significantly reduced positive functional connectivity in ASD.

		Approximat	ie Talairach C	oordinates			
<b>Cortical Region</b>	Cluster Size (mm <sup>3</sup> )	х	ŷ	Z	Brodmann Area	t-value (max)	CWP
Left dACC seed							
Control group							
Left FEF	6376	-18	L-	09	9	10.54	.0002
Right FEF	7880	47	3	77	9	12.28	.0002
ASD group							
Left FEF	6264	-44	7-	46	9	9.14	.0002
Right FEF	5632	53	1	37	9	8.51	.0002
Right dACC seed							
Control group							
Left FEF	6216	20	-3	65	9	12.95	.0002
Right FEF	7568	-34	<del>7</del>	52	9	12.0	.0002
ASD group							
Left FEF	4960	-22	2	52	9	6.93	.0002
Right FEF	5544	53	1	37	9	7.81	.0002
Group difference	(HC>ASD)						
Left dACC seed							
Left FEF	1728	-20	-15	62	9	3.82	.03
Right dACC seed							
Left FEF	1592	-18	6-	60	9	5.52	.04