# THE NON-COMMUTATIVE CYCLE LEMMA 

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#### Abstract

We present a non-commutative version of the Cycle Lemma of Dvoretsky and Motzkin that applies to free groups and use this result to solve a number of problems involving cyclic reduction in the free group. We also describe an application to random matrices, in particular the fluctuations of Kesten's Law.


## 1. Introduction

Suppose $n$ is a positive integer and $\epsilon_{1}, \ldots, \epsilon_{n}$ is a string of +1 's and -1 's. The string is said to be dominating if for each $1 \leq i \leq n$ the number of +1 's in the initial substring $\epsilon_{1}, \ldots, \epsilon_{i}$ is more than the number of -1 's in $\epsilon_{1}, \ldots, \epsilon_{i}$.

Let $k:=\sum_{i=1}^{n} \epsilon_{i}$ be the difference between the number of +1 's and -1 's in $\epsilon_{1}, \ldots, \epsilon_{n}$. The Cycle Lemma asserts that if $k>0$ then there are exactly $k$ cyclic permutations of the string $\epsilon_{1}, \ldots, \epsilon_{n}$ which are dominating. The statement dates at least to J. Bertrand [1] in 1887. Dvoretsky and Motzkin [3, Theorem 1] gave a simple and elegant proof; see also Dershowitz and Zaks [4] for a survey of recent references and applications ${ }^{1}$

In this paper we prove a version of the Cycle Lemma for free groups, which when the group has only one generator reduces to the result of Dvoretsky and Motzkin. In the free group case, the non-commutative nature of the problem means that simply counting the excess of +1 's to -1 's cannot describe the resulting configurations. Instead, we are required to use planar diagrams.

[^0]The application to random matrices involves the concept of asymptotic freeness introduced over twenty years ago by D. Voiculescu [14], who showed that the asymptotics of certain random matrix ensembles can be described using the algebra of the free group. At the end of the paper we shall give an indication of the problem on random matrix theory that led us to the Non-Commutative Cycle Lemma.

Let $\mathbb{F}_{N}$ be the free group on the $N$ generators $u_{1}, \ldots, u_{N}$ and let $w=l_{1} \cdots l_{n}$ be a word in $u_{1}^{ \pm 1}, \ldots, u_{N}^{ \pm 1}$. By a word we mean a string a letters which may or may not simplify. The length of a word is the number of letters in the string. Following usual terminology, we shall say that $w=l_{1} \cdots l_{k}$ is reduced, or to be more precise linearly reduced, if for all $1 \leq i<k, l_{i} \neq l_{i+1}^{-1}$. We shall say that $w$ is cyclically reduced if in addition $l_{k} \neq l_{1}^{-1}$. Equivalently, $w$ is cyclically reduced if $w \cdot w$ is linearly reduced. We say that a word $w$ reduces linearly to a word $w^{\prime}$ if $w^{\prime}$ is linearly reduced and can be obtained from $w$ by successively removing neighboring letters which are inverses of each other. We say that $w$ reduces cyclically to $w^{\prime}$ if $w^{\prime}$ is cyclically reduced and we can obtain $w^{\prime}$ from $w$ by successive removal of cyclic neighbors which are inverses of each other (i.e., in that case we might also remove the first and the last letter if they are inverses of each other). We say that a word $w$ is reducible to 1 if it reduces linearly to the identity in $\mathbb{F}_{N}$. One should note that for reductions to 1 there is no difference between linear and cyclic reducibility; any word that can be reduced cyclically to 1 can also be reduced linearly to 1 . If the reduced word $w^{\prime}$ is not the identity then the situation will be quite different for the two cases $N=1$ and $N>1$. For $N=1$ any cyclic reduction can also be achieved in a linear way, but this is not the case for $N>1$ any more. In particular, whereas the linear reduction of a word is always unique, this is not true any more for the cyclic reduction. For example, the word $u_{1}^{-1} u_{2} u_{2}^{-1} u_{1}^{-1} u_{2}^{-1} u_{1}$, which reduces linearly to $u_{1}^{-1} u_{1}^{-1} u_{2}^{-1} u_{1}$, has two different cyclic reductions, namely $u_{1}^{-1} u_{2}^{-1}$ and $u_{2}^{-1} u_{1}^{-1}$. Since one can think of the cyclic reduction as acting on the letters arranged on a circle, it is clear that any two cyclic reductions are related by a cyclic permutation. Thus the length of a cyclic reduction is well defined.

Recall that the string $\epsilon_{1}, \epsilon_{2}, \epsilon_{3}, \ldots, \epsilon_{n}$ is dominating if

$$
\begin{gathered}
\epsilon_{1} \\
\epsilon_{1}+\epsilon_{2} \\
\epsilon_{1}+\epsilon_{2}+\epsilon_{3} \\
\vdots \\
\epsilon_{1}+\epsilon_{2}+\epsilon_{3}+\cdots+\epsilon_{n}
\end{gathered}
$$

are all strictly positive.
Let us translate this property to the word $u^{\epsilon_{1}} u^{\epsilon_{2}} u^{\epsilon_{3}} \cdots u^{\epsilon_{n}}$, with $u=$ $u_{1}$. Starting with any word $l_{1} \cdots l_{n}$ with $l_{i} \in\left\{u_{1}^{ \pm 1}, \ldots, u_{N}^{ \pm 1}\right\}$ we let $s_{j}$ be its $j$-th prefix, $s_{j}=l_{1} \cdots l_{j}$. Then the dominating property of $\epsilon_{1}, \epsilon_{2}, \epsilon_{3}, \ldots, \epsilon_{n}$ is equivalent to the fact that no prefix $s_{j}(1 \leq j \leq n)$ of $u_{1}^{\epsilon_{1}} u_{1}^{\epsilon_{2}} u_{1}^{\epsilon_{3}} \cdots u_{1}^{\epsilon_{n}}$ is reducible to 1 .

For example let $\epsilon_{1}=\epsilon_{2}=\epsilon_{3}=1$ and $\epsilon_{4}=\epsilon_{5}=-1$; then the only cyclic permutation of $\epsilon_{1}, \epsilon_{2}, \epsilon_{3}, \epsilon_{4}, \epsilon_{5}$ that is dominating is the identity permutation. Equivalently, of the five cyclic permutations of $u u u u^{-1} u^{-1}$, only $u u u u^{-1} u^{-1}$ (i.e. apply the identity permutation) has no prefixes which are reducible to 1 .

Now let us consider the same problem when the word contains more than one generator. We start with a word $w=l_{1} \cdots l_{n}$ with $l_{i} \in$ $\left\{u_{1}^{ \pm 1}, \ldots, u_{N}^{ \pm 1}\right\}$. We say that $w$ has good reduction if
i) no prefix of $w$ is reducible to 1 and
$i i$ ) the linear reduction of $w$ is cyclically reduced. (In the case of only one generator, this condition is always satisfied.)
We can then ask how many cyclic permutations of $w$ have good reduction; and our main result is that this is the same as the number of letters in a cyclic reduction of $w$.

Theorem (The Non-Commutative Cycle Lemma). Let $w$ be a word and $k$ the length of a cyclic reduction of $w$. Then $w$ has exactly $k$ cyclic permutations with good reduction.

Formally, the Non-Commutative Cycle Lemma is also true for $k=0$, because then no cyclic permutation has good reduction (as any cyclic permutation is reducible to 1 ). For $k \geq 1$, the statement is not so obvious because of the difference between linear and cyclic reducibility. We will in the following always assume that $k \geq 1$.

There is a way to say which letters of $w$ remain after cyclic reduction - as we will see, a letter $l_{i}$ of $w=l_{1} \cdots l_{n}$ remains if the word $l_{i} l_{i+1} \cdots l_{n} l_{1} \cdots l_{i-1}$ has good reduction. Moreover, we also show that one can canonically assign to each word of length $n$ that cyclically reduces to a word of length $k$, a planar diagram, called a non-crossing circular half-pairing on $[n]$ with $k$ through strings (see Figure 5). Let us begin by recalling some definitions.

Let $n$ be a positive integer and $[n]=\{1,2,3, \ldots, n\}$. By a partition $\pi$ of $[n]$ we mean a decomposition of $[n]$ into non-empty disjoint subsets $\pi=\left\{V_{1}, \cdots, V_{r}\right\}$, i.e.

$$
[n]=V_{1} \cup \cdots \cup V_{r} \text { and } V_{i} \cap V_{j}=\emptyset \text { for } i \neq j
$$

The subsets $V_{i}$ are called the blocks of $\pi$, and we write $i \sim_{\pi} j$ if $i, j \in[n]$ are in the same block of $\pi$. We say that $\pi$ has a crossing if we can find $i_{1}<i_{2}<i_{3}<i_{4} \in[n]$ such that

$$
i_{1} \sim_{\pi} i_{3} \text { and } i_{2} \sim_{\pi} i_{4} \text {, but } i_{1} \not \chi_{\pi} i_{2}
$$

We say that $\pi$ is non-crossing if it has no crossings. A partition is called a pairing if all its blocks have exactly two elements; this can only happen when $n$ is even. See [11] or [12] for a full discussion of non-crossing partitions.

We next wish to consider a special kind of non-crossing partition called a half-pairing.

Definition 1. Let $\pi$ be a non-crossing partition in which no block has more than two elements and for which we have at least one block of size 1. From $\pi$ create a new partition $\tilde{\pi}$ by joining into a single block all the blocks of $\pi$ of size 1 . If $\tilde{\pi}$ is non-crossing we say that $\pi$ is a non-crossing half-pairing. The blocks of $\pi$ of size 1 are called the through strings.

Note that we require a half-pairing to have at least one through string. This corresponds to $k \geq 1$ in our Cycle Lemma.

Let us relate this definition to our good reduction problem. Let $w=l_{1} \cdots l_{n}$ with $l_{i} \in\left\{u_{1}^{ \pm 1}, \ldots, u_{N}^{ \pm 1}\right\}$ be a word with $n$ letters that cyclically reduces to a word of length $k$. We wish to assign to $w$ a unique non-crossing half-pairing on $[n]$ with $k$ through strings.


Figure 1. On the left is $\pi$ and on the right is $\tilde{\pi}$.

Definition 2. Let $w=l_{1} \cdots l_{n}$ and $\pi$ be a non-crossing half-pairing on $[n]$. We say that $\pi$ is a $w$-pairing if
$i$ ) if $(r, s)$ is a pair of $\pi$ then $l_{r}=l_{s}^{-1}$ and
ii) if the singletons of $\pi$ are $\left(i_{1}\right),\left(i_{2}\right), \ldots,\left(i_{k}\right)$, then $l_{i_{1}} l_{i_{2}} \cdots l_{i_{k}}$ is a cyclic reduction of $w$.
Given $w$ there may be more than one $\pi$ which is a pairing of $w$. See Figure 2 below.


Figure 2. The three possible $w$-pairings of $u u u u^{-1} u^{-1}$.
In order to have a unique half-pairing associated with a word we impose a third condition which, in particular, will exclude the second and third diagrams in Figure 2.

Definition 3. Let $\pi$ be a non-crossing half-pairing of $[n]$. To each $i \in[n]$ we assign an orientation: out or in. Each singleton is assigned the out orientation. For each pair $(r, s)$ of $\pi$ exactly one of the cyclic intervals $[r, s]$ or $[s, r]$ contains a singleton (recall that we have at least one singleton). If $[r, s]$ does not contain a singleton, then we assign $r$ the out orientation and $s$ the in orientation.

Definition 4. Let $\pi$ be a non-crossing half-pairing. We say that $i$ covers the letter $j$ if both have the out orientation and either $i+1=j$, or $\pi$ pairs each letter of the cyclic interval $[i+1, j-1]$ with some other letter in the cyclic interval $[i+1, j-1]$. In particular this means that $\pi$ has no singletons in $[i+1, j-1]$.


Figure 3. The four outward oriented points are 3, 4, 5, and 6. 3 covers 4,4 covers 5 and 3 , and 5 covers 6 .

Definition 5. Let $w=l_{1} \cdots l_{n}$ be a word and $\pi$ a non-crossing halfpairing of $[n]$. We say that $\pi$ is $w$-admissible if it is a $w$-pairing and we have for all $i$ and $j, l_{i} \neq l_{j}^{-1}$ whenever $i$ covers $j$.


Figure 4. Let $w=u_{1}^{-1} u_{2} u_{2}^{-1} u_{1}^{-1} u_{2}^{-1} u_{1}$ and $\pi=\{(1,6),(2,5),(3),(4)\} . \pi$ is $w$-admissible. The second and third diagrams in Figure 2 are not $w$-admissible.

We shall show in Theorem 12 that every word has a unique $w$ admissible half-pairing. One way to obtain it is shown in Figure 5 below for the word in $u=u_{1}$ and $v=u_{2}$ given by $w=u v v^{-1} u^{-1} v^{-1} u^{-1}$.

If a word $w$ has good reduction then the algorithm in the caption of Figure 5 produces a periodic pattern from the start. If a word $w$ has a cyclic permutation $w^{\prime}$ which has good reduction then use the unique $w^{\prime}$ admissible non-crossing half-pairing of $w^{\prime}$. It will be a theorem that the resulting partition is independent of which cyclic rotation we choose.

Conversely, given a $w$-admissible half-pairing with $k$ through strings, we shall see that the cyclic permutations that start with one of these $k$ through strings will be the permutations with good reduction.

These diagrammatic results will enable us to prove the theorem below.

Definition 6. Given a word $w$ let $v$ be the letters of $w$ to which the through strings of the unique $w$-admissible half-pairing are attached. Then $v$ is a cyclic reduction of $w$ - we shall call it the standard cyclic reduction of $w$ and denote it $\widehat{w}$.

Theorem. Let $k \geq 1$ and $v$ be a cyclically reduced word of length $k$. The number of words in $\mathbb{F}_{N}$ of length $n$, whose standard cyclic reduction is $v$, is

$$
(2 N-1)^{(n-k) / 2} \times\binom{ n}{(n-k) / 2}
$$

In particular, this number does not depend on $v$.


Figure 5. Let $w=u v v^{-1} u^{-1} v^{-1} u^{-1}$ and $w_{\infty}$ be the word $w$ repeated infinitely often. In the figure above the repetitions of $w$ are separated by a ' $\because$ '. We start pairing from the left, searching for the first pair of adjacent letters that are inverses of each other. In this example it is the second and third letters. As soon as we find the first pair we return to the left and begin searching again, skipping over any letters already paired, in this case it is the first and fourth letters. Some letters will never get paired and these become the through strings. Eventually the pattern of half-pairings becomes periodic, this gives the unique $w$-admissible pairing. See Theorem 12 . In this example the pattern of half-pairings becomes periodic after the fourth letter.

Remark 7. Recall that $\mathbb{F}_{N}$ is the free group on the generators $u_{1}, u_{2}, \ldots$, $u_{N}$ and that $\mathbb{C}\left[\mathbb{F}_{N}\right]$ is the group algebra of $\mathbb{F}_{N}$. Let $x=u_{1}+u_{1}^{-1}+$ $\cdots+u_{N}+u_{N}^{-1}$. By $\widehat{x^{n}}$ we mean the application of the standard cyclic reduction to each word in the expansion of $x^{n}$. Let $Q_{k}$ be the element of $\mathbb{C}\left[\mathbb{F}_{N}\right]$ which is the sum of all cyclically reduced elements of length $k$. By the theorem above each word in $Q_{k}$ is the standard cyclic reduction of the same number of words in the expansion of $x^{n}$. Thus when we partition the set of words in $x^{n}$ that cyclically reduce to a word of length $k$, into subsets according to which is their standard cyclic reduction, all the equivalence classes have the same number of elements, namely $s_{n, k}=(2 N-1)^{(n-k) / 2} \times\binom{ n}{(n-k) / 2}$, when $n-k$ is even, and 0 when $n-k$ is odd (for $n>0$ and $k>0$ ). Hence we have the following corollary. Note that the number, $s_{n, 0}$, of words in $x^{n}$ that are reducible to 1 doesn't follow the simple rule above; indeed, the sequence $\left\{s_{n, 0}\right\}_{n}$ is the moment sequence of the distribution of $x$, which is the so-called Kesten measure, see 6].

## Corollary 8.

$$
\widehat{x^{n}}=Q_{n}+s_{n, n-2} Q_{n-2}+\cdots+\left\{\begin{array}{cc}
s_{n, 0} & n \text { even } \\
s_{n, 1} Q_{1} & n \text { odd }
\end{array}\right.
$$

## 2. Proof of Main Results

Notation 9. Let $w$ be a word of length $n$ and $w_{\infty}$ the infinite word $w w w w \cdots$ obtained by repeating $w$ infinitely many times. Recall that a word is reducible to 1 if it linearly (equivalently, cyclically) reduces to the identity in $\mathbb{F}_{N}$. If $w=l_{1} \cdots l_{n}$ is a word we let $w^{-1}=l_{n}^{-1} \cdots l_{1}^{-1}$;
i.e. we reverse the string and take the inverse of each letter but do not do any reduction. Given a word $w$ we let $|w|$ be the length of the linear reduction of $w$.

Remark 10. Let $w$ be a word whose linear reduction is not cyclically reduced. Then either the first and last letter of $w$ must cancel each other, or this cancellation must happen after removing a prefix or a suffix which is reducible to 1 . By repeatedly cancelling letters at the ends of $w$ and removing prefixes or suffixes which are reducible to 1 , we are left with a word $\widetilde{w}$ which neither has a prefix or suffix which is reducible to 1 nor has cancellation of the first and last letters. For such a $\widetilde{w}$ the cyclic and linear reduction are the same. Thus for every word $w$ there is a word $\widetilde{w}$ whose linear reduction is cyclically reduced and words $x$ and $y$ such that $x y$ is reducible to 1 and such that we have as a concatenation of strings $w=x \widetilde{w} y$. Depending on the order of cancellation different decompositions of a word may be found - we only require the existence of such a decomposition. See Figure 6 for an example.

Proposition 11. Let $w$ be a word of length $n$ which reduces cyclically to a word of length $k>0$. Let s be a prefix of $w_{\infty}$. If the number of letters in $s$ exceeds $n(1+n / k)$ then $|w s|=k+|s|$.

Proof. Write $w=x \widetilde{w} y$ with $x, y$, and $\widetilde{w}$ as in Remark 10 above. For each positive integer $m$ the length of the linear reduction of $(\widetilde{w})^{m}$ is $m k$.

Now the linear reduction of $x$ and the linear reduction of $y$ are inverses of each other, so the last letter of the linear reduction of $x$ is the inverse of the first letter of the linear reduction of $y$. Thus, if there is any cancellation between $x$ and $\widetilde{w}^{m}$ there can be none between $\widetilde{w}$ and $y$, and vice versa for cancellation between $\widetilde{w}^{m}$ and $y$, i.e. if there is cancellation between $\widetilde{w}$ and $y$ there can be none between $x$ and $\widetilde{w}$.

Let $s$ be a prefix of $w_{\infty}$ with $i>n(1+n / k)$ letters. We shall show that $|w s|=k+|s|$. Let $m=[i / n]$. Since $i>n(1+n / k)$, we have $m>n / k$.

First, suppose there is cancellation between $x$ and $\widetilde{w}$ but none between $\widetilde{w}$ and $y$. Write $s$ as $w^{m} s^{\prime}$ with $s^{\prime}$ a prefix of $w$. Since $m>n / k$ the last letter in the linear reduction of $x \widetilde{w}^{m}$ is the last letter of $\widetilde{w}$. Thus $|s|=\left|x \widetilde{w}^{m} y s^{\prime}\right|=\left|x \widetilde{w}^{m}\right|+\left|y s^{\prime}\right|$ and likewise

$$
\begin{aligned}
|w s| & =\left|x \widetilde{w}^{m+1} y s^{\prime}\right|=\left|x \widetilde{w}^{m+1}\right|+\left|y s^{\prime}\right| \\
& =\left|x \widetilde{w}^{m}\right|+|\widetilde{w}|+\left|y s^{\prime}\right|=k+\left|x \widetilde{w}^{m}\right|+\left|y s^{\prime}\right| \\
& =k+|s|
\end{aligned}
$$



Figure 6. Let $w=u u u^{-1} v v v^{-1} u^{-1} u^{-1}=x \widetilde{w} y$ where $x=u u$, $\widetilde{w}=u^{-1} v$, and $y=v v^{-1} u^{-1} u^{-1}$. The graph of $t_{i}$ is shown, where $t_{i}$ is the length of the linear reduction of the first $i$ letters of $w_{\infty}$. The graph becomes shift-periodic at $i=10$. The region enclosed in dotted lines shows one period.

Conversely, suppose that there is cancellation between $\widetilde{w}$ and $y$ but none between $x$ and $\widetilde{w}$. Then, as $m>n / k$, the linear reduction of $\widetilde{w}^{m} y$ begins with the same letter as does $\widetilde{w}$. Hence $|s|=\left|x \widetilde{w}^{m} y s^{\prime}\right|=$ $|x|+\left|\widetilde{w}^{m} y s^{\prime}\right|$ and

$$
\begin{aligned}
|w s| & =\left|x \widetilde{w}^{m+1} y s^{\prime}\right|=|x|+\left|\widetilde{w}^{m+1} y s^{\prime}\right| \\
& =|x|+|\widetilde{w}|+\left|\widetilde{w}^{m} y s^{\prime}\right|=k+|x|+\left|\widetilde{w}^{m} y s^{\prime}\right| \\
& =k+|s|
\end{aligned}
$$

Proof of the Non-Commutative Cycle Lemma. Let $t_{i}$ be the length of the linear reduction of the first $i$ letters of $w_{\infty}$. Choose $i_{0}>n(1+n / k)$. Then by Proposition 11, for any $i \geq i_{0}, t_{n+i}=k+t_{i}$. Choose $i_{1}$ to be the smallest $i_{1} \geq i_{0}$ such that $t_{i_{1}}<t_{j}$ for all $j>i_{1}$, i.e. $i_{1}$ is the largest $i$ such that $t_{i}=t_{i_{0}}$. Choose $i_{2}$ to be the largest $i$ such that $t_{i_{2}}=1+t_{i_{1}}$. In general for $l \leq k$, choose $i_{l}$ to be the largest $i$ such that $t_{i_{l}}=l-1+t_{i_{1}}$. Since $t_{i_{l}-n}=t_{i_{l}}-k \leq t_{i_{1}}$, we must have $i_{1}<i_{2}<\cdots<i_{k} \leq i_{1}+n$.

For each $l$ we choose the cyclic permutation of $w$ that starts after the $i_{l}^{\text {th }}$ letter of $w_{\infty}$. Since $t_{i_{l}+n}-t_{i_{l}}=k$ for such a word the linear and cyclic reductions are the same. Also since $t$ never descends back to $t_{i_{l}}$, such a word will have no prefix which is reducible to 1 . Thus it has good reduction.

If we choose a cyclic permutation at an $i$ such that $t_{i}=t_{i-1}-1$, the resulting word will be such that its linear reduction is not cyclically reduced. Indeed, let $s$ be the prefix of $w_{\infty}$ consisting of the first $i-1$ letters, and let $w_{0}$ be the $n$ letters following $s$. We must show that $\left|w_{0}\right|>k$. Since $t_{i}=t_{i-1}-1$ there is cancellation between $s$ and $w_{0}$. Thus $t_{i-1}+\left|w_{0}\right|=|s|+\left|w_{0}\right|>\left|s w_{0}\right|=t_{i+n-1}=k+t_{i-1}$, hence $\left|w_{0}\right|>k$.

If we choose a cyclic permutation that starts at an $i$ for which there is $j>i$ with $t_{j}=t_{i}$, the resulting word will also have a prefix which is reducible to 1 . Thus there are only $k$ cyclic permutations that produce good reduction.
Theorem 12. Let $w$ be a word of length $n$. Then there is a unique non-crossing half-pairing on $[n]$ which is $w$-admissible.

Proof. Suppose $w=l_{1} \cdots l_{n}$ has good reduction then we construct the unique half-pairing which is $w$-admissible as follows. Starting with $l_{1}$ and moving to the right find the first $i<n$ such that $l_{i}=l_{i+1}^{-1}$. Pair these elements and return to $l_{1}$ and repeat the process, skipping over any letters already paired. Continue passing through $w$ until no further pairings can be made. See Figure 5. Put through strings on any unpaired letters. This produces a half-pairing which we denote $\pi$. As the pairs only involve adjacent letters or pairs that are adjacent after removing an adjacent pair no crossings will be produced. Moreover no pair $(r, s), r<s$, will be produced with an unpaired letter in between. Thus the partition will be a non-crossing half-pairing.

To show that $\pi$ is $w$-admissible we must show that there are no $i$ and $j$ such that $i$ covers $j$ and $l_{i}=l_{j}^{-1}$. Suppose $i$ covers $j$, then according to the definition, both have the out orientation.

Let us break this into two cases. First case: $i$ is a through string. Since $i$ covers $j$, either $j=i+1$ or $\pi$ pairs every point of the cyclic interval $[i+1, j-1]$ with another point of $[i+1, j-1]$. In the first of these possibilities the algorithm would have paired $i$ with $j$ unless $i=n$, but this would imply that the linear and cyclic reduction of $w$ are not the same. Thus we are left with the case that $\pi$ pairs every point of the cyclic interval with another point in $[i+1, j-1]$.

Since $w$ has good reduction, $\pi$ starts with a through string - else $w$ would have a prefix which is reducible to 1 . Thus we must have $i<j$ since otherwise the cyclic interval $[i+1, j-1]$ would contain a through string. Hence each number in the interval $[i+1, j-1]$ is paired by $\pi$ with another number in the interval $[i+1, j-1]$. Now our algorithm would have paired $l_{i}$ with $l_{j}$, so we cannot have $l_{i}=l_{j}^{-1}$.

The second case is when $i$ is the opening point of a pair $\left(i, j^{\prime}\right)$ of $\pi$. We must have $i<j^{\prime}<j$, for otherwise our algorithm would have paired $i$ with $j$. However this contradicts our assumption that each number in the interval $[i+1, j-1]$ is paired by $\pi$ with another in the interval. Thus $\pi$ is $w$-admissible.

To see that $\pi$ is unique notice that each time we add a pair it is a forced move. Indeed suppose $i$ is the first $i$, starting from the left, such that $l_{i}=l_{i+1}^{-1}$. We cannot pair $l_{i}$ with any earlier element because that
would imply the earlier existence of an adjacent pair; we cannot pair $l_{i}$ with any later letter as this would force $i$ to cover $i+1$. We then look for the next pair of elements either adjacent or adjacent after skipping over $\{i, i+1\}$. By the same argument this pairing is also forced and continuing in this way we see that all pairs are forced and thus there is only one $w$-admissible half-pairing.

Now suppose that $w$ does not have good reduction. By the NonCommutative Cycle Lemma there are $k$ cyclic permutations of $w$ which have good reduction - one for each through string. Indeed, each cyclic permutation of $w$ which has good reduction begins with a through string. Between each pair of through strings the method for pairing the elements is always the same: start at the first letter to the right of the through string and pair the first pair of adjacent letters that are inverses of each other and then return the the through string and repeat. Thus the method of pairing is entirely 'local' and is independent of at which through string we begin.

Lemma 13. The number of non-crossing half-pairings on [n] with $k$ through strings is $\binom{n}{(n-k) / 2}$.

Proof. We use the method introduced in [7]. We place the points $1,2,3, \ldots, n$ around the outside of a circle in clockwise order. On each point we shall place either a black dot or a white dot with a total of $(n-k) / 2$ black dots and $(n+k) / 2$ white dots. There are $\binom{n}{(n-k) / 2}$ ways of doing this so we only have to show that each assignment of dots produces a unique non-crossing half-pairing and all half-pairings are produced in this way.

Now $(n-k) / 2$ will be the number of pairs in the half pairing and each black dot will indicate which of the two points of the pair has the outward orientation. Starting at any black dot and moving clockwise search for the first available white dot not already paired with a black dot - except every time we pass over a black dot we skip a white dot to leave a white dot for the black dot to pair with. We proceed until all black dots are paired. Any remaining white dots become through strings.

Conversely starting with a non-crossing half-pairing on [n] with $k$ through strings, put a white dot on each through string and a white dot on the point of each pair with the inward orientation. Finally put a black dot on the point of each pair with the outward orientation. This gives the bijection between diagrams and dot patterns.


Figure 7. At the left a dot diagram, in the centre the same diagram with a few strings added, and at the right the completed diagram.

Theorem 14. Let $v$ be a cyclically reduced word of length $k$. The number of words of length $n$, whose standard cyclic reduction is $v$, is $(2 N-1)^{(n-k) / 2} \times\binom{ n}{(n-k) / 2}$, in particular this number does not depend on $v$.

Proof. Let $w=l_{1} \cdots l_{n}$ be a word of length $n$ whose standard cyclic reduction is $v=v_{1} \cdots v_{k}$. By Theorem 12 there exists $\pi$, a unique non-crossing half-pairing $\pi$ on $[n]$ with $k$ through strings which is $w$ admissible. If the through strings of $\pi$ are at $i_{1}, \ldots, i_{k}$ then $v_{j}=l_{i_{j}}$. We shall say that the $j^{\text {th }}$ through string is coloured $v_{j}$. If $(r, s)$ is a pair of $\pi$ and $r$ has the outward orientation then we shall say the pair $(r, s)$ is coloured $l_{r}$. Thus each word whose standard cyclic reduction is $v$ is associated with a unique non-crossing half-pairing coloured with the letters $\left\{u_{1}, u_{1}^{-1}, \ldots, u_{N}, u_{N}^{-1}\right\}$ subject to the rule that no outward oriented point has the inverse colour of a point by which it is covered.

It remains to count how many of these coloured diagrams there are. By Lemma 13 there are $\binom{n}{(n-k) / 2}$ diagrams with $k$ through strings. The through strings are always coloured by the letters of $v$, so there is no choice here. However the outward oriented point of each pair can be coloured by any letter in $\left\{u_{1}, u_{1}^{-1}, \ldots, u_{N}, u_{N}^{-1}\right\}$ except the inverse of the colour that covers it. Thus there are $2 N-1$ ways of choosing this colour. The colour of the inward oriented point of each pair is determined by the colour of the corresponding outward oriented point of the pair. Thus once the diagram is selected there are $(2 N-1)^{(n-k) / 2}$ ways of colouring it.

## 3. Concluding Remarks

Suppose $U_{1}, \ldots, U_{N}$ are independent $m \times m$ Haar distributed random unitary matrices. Let $u_{1}, \ldots, u_{N}$ be the generators of the free group $\mathbb{F}_{N}$ and $\mathbb{C}\left[\mathbb{F}_{N}\right]$ the group algebra of $\mathbb{F}_{N}$. Let $\phi: \mathbb{C}\left[\mathbb{F}_{N}\right] \rightarrow \mathbb{C}$ be the tracial linear functional defined on words in $\mathbb{F}_{N}$ by $\phi(e)=1, \phi(w)=0$ for
words $w \neq e$ and then extended to all of $\mathbb{C}\left[\mathbb{F}_{N}\right]$ by linearity. Suppose $Y$ is a linear combination of words in $\left\{U_{1}, U_{1}^{-1}, \ldots, U_{N}, U_{N}^{-1}\right\}$ and $y$ is the corresponding linear combination of words in $\left\{u_{1}, u_{1}^{-1}, \ldots, u_{N}, u_{N}^{-1}\right\}$. Voiculescu [14] showed that

$$
\lim _{m \rightarrow \infty} \mathrm{E}\left[\frac{1}{m} \operatorname{Tr}(Y)\right]=\phi(y),
$$

thus establishing the asymptotic $*$-freeness of the $U_{1}, \ldots, U_{N}$. In particular this implies the asymptotic freeness of the self-adjoint operators $X_{1}, \ldots, X_{N}$, where $X_{i}=U_{i}+U_{i}^{-1}$.

In recent years the fluctuation of random matrices has been the object of much study (see [2, 7, 8, 9, 10, 13]). Let $X=X_{1}+\cdots+X_{N}$ and for integers $p$ and $q$ consider the asymptotic fluctuation moments.

$$
\alpha_{p, q}=\lim _{n} \mathrm{E}\left[\left(\operatorname{Tr}\left(X^{p}\right)-\mathrm{E}\left[\operatorname{Tr}\left(X^{p}\right)\right]\right) \cdot\left(\operatorname{Tr}\left(X^{q}\right)-\mathrm{E}\left[\operatorname{Tr}\left(X^{q}\right)\right]\right)\right]
$$

One way to understand these moments is via the theory of orthogonal polynomials. In this situation it means finding a sequence of polynomials $\left\{R_{k}\right\}_{k}$ such that for $k \neq l$ we have
$\lim _{n} \mathrm{E}\left[\left(\operatorname{Tr}\left(R_{k}(X)\right)-\mathrm{E}\left[\operatorname{Tr}\left(R_{k}(X)\right)\right]\right) \cdot\left(\operatorname{Tr}\left(R_{l}(X)\right)-\mathrm{E}\left[\operatorname{Tr}\left(R_{l}(X)\right)\right]\right)\right]=0$
Such a sequence of polynomials is said to diagonalize the fluctuations. This has been done for a variety of random matrix ensembles (see [5] and [7] and the references there).

Corollary 8 suggests that there ought to be polynomials $\left\{P_{n}\right\}_{n}$ such that $\widehat{P_{n}(x)}=Q_{n}$. Indeed, using the Non-commutative Cycle Lemma we have shown that the polynomials indicated by Corollary 8 do diagonalize the fluctuations of the operator $X$ above. The polynomials can also be obtained by modifying the Chebyshev polynomials of the first kind: let $R_{0}(x)=2, R_{1}(x)=1$, and $R_{k+1}(x)=x R_{k}(x)-(2 N-1) R_{k-1}(x)$. Moreover for $n$ odd $P_{n}=R_{n}$ and for $n$ even $P_{n}(x)=R_{n}(x)+2$. The proofs of these results will be presented in a subsequent paper.

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    ${ }^{1}$ The Cycle Lemma covers also generalizations to $p$-dominating strings; however the case $p>1$ follows by replacing each $\epsilon=-1$ with $p \epsilon$ 's equal to -1 .

