# Patient-specific modeling of the volume of tissue activated (VTA) is associated with clinical outcome of DBS in patients with an obsessive-compulsive disorder

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Abstract— Deep brain stimulation (DBS) promises to treat an increasing number of neurological and psychiatric disorders. DBS outcome is directly a factor of optimal targeting of the relevant brain structures. Computational models can help to interpret a patient's outcome by predicting the volume of tissue activated (VTA) around DBS electrode contacts. Here we report results of a preliminary study of DBS in two patients with obsessive-compulsive disorder and show that VTA predictions, which are based on patient-specific volume conductor models, correlate with clinical outcome. Our results suggest that patient specific VTA calculation can help inform device programing to maximize therapeutic effects and minimize side effects.

Clinical Relevance— Patient-specific modeling of the volume of activated tissue can predict clinical outcomes and thus, can help to optimize DBS device programing to maximize therapeutic effects.

### I. INTRODUCTION

Obsessive-compulsive disorder (OCD) is a debilitating disease with a lifetime prevalence of 2.3% [1]. Deep brain stimulation (DBS) -a neurosurgical procedure that involves implantation of electrodes in specific brain targets and sending electric pulses via an implanted pulse generator to these targets-is approved by the FDA to alleviate symptoms of refractory OCD. A variety of targets have been proposed, including anterior limb of the internal capsule (ALIC) [2], nucleus accumbens (NAcc) [3], and medial forebrain (MFB) [4]. Among these, stimulation of NAcc is shown to provide the largest improvement in patients' Y-BOCS (Yale-Brown obsessive-compulsive scale) scores [5]. DBS is generally promising; however, patients' outcomes have not always been consistent. One commonly accepted explanation for the variability in patient outcomes is the differences in stimulation that each patient receives. In this regard, computational models have been proposed to estimate the

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effect of stimulation on an individual basis [6-13]. In this study, we investigated if the volume of tissue activated (VTA) around the DBS electrode is associated with the patient's clinical response to stimulation.

## II. METHODS

# A. Patients

Two patients (one male 54 y/o, one female 22 y/o) who were diagnosed with OCD underwent bilateral implantation of 8-contact DBS electrodes (Infinity-6172, Abbott Laboratories, Illinois, USA) in the ventral capsule/ventral striatum (VC/VS) region using a stereotactic Leksell frame and under local anesthesia. The following therapeutic stimulation parameters were used: monopolar configuration with contact 1 (left lead) and 9 (right lead) as the cathode and the implantable pulse generator (IPG) case as the anode, pulse width of 60  $\mu$ s, and pulse frequency of 160 Hz. The stimulation amplitude was 5.5 mA for patient 1 and 5.25 mA for patient 2. The impedance between the active electrode and the IPG was measured to be 926  $\Omega$  for both left and right electrode contacts in patient 1, and 1262  $\Omega$  and 1150  $\Omega$  for left and right electrodes, respectively, in patient 2.

Both patients underwent MRI in a 1.5 T Philips Ingenia scanner prior to their surgery, and whole-brain  $T_1$ -weighted images were acquired with  $1 \times 1 \times 1$  mm<sup>3</sup> isotropic resolution, TE= 4.5 ms, TR= 25 ms, and flip angle 30°. Postoperative CT images with thin cuts were acquired for electrode localization.

# B. Patient-specific models

The *headreco* module of SimNIBS [14] was used to segment  $T_1$ -weighted MR images to create masks of scalp, skull, white matter, gray matter, CSF, and ventricles. Binarized 3D Volumetric segmentation of NAcc images was obtained using Freesurfer image analysis suite [15] and FSL [16].

Masks were smoothed in 3D slicer software [17] to remove sharp corners and extrusions smaller than 3 mm. The surface models were created for each compartment based on the

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Figure 1. Steps of image segmentation and model creation. (A) post-op CT images were fused with pre-op MRI for electrode localization. (B) MRI images were segmented in SimNIBS to create masks of gray matter, white matter, CSF, skull, scalp, and ventricles. NAcc was segmented using Freesurfer and FSL. (C) 3D surfaces of different head compartments were created from smoothed masks. DBS leads were created around the centerline of lead artifact extracted from CT images. (D) Abbott directional 6172 ANS lead configuration.

smoothed masks. To reduce FEM simulation time, the total number of triangulated mesh elements were reduced by approximately 90% in Rhino 3D (Rhino, Robert McNeel & Associates for Windows, Washington DC, USA) using the build-in function *ReduceMesh*. All segmentation and model creation steps were performed in the patient's native space.

To reconstruct the leads, postoperative CT images were first registered to the T<sub>1</sub>-weighted MRI (rigid registration, 6 degrees of freedom) using 3D Slicer's BRAINS module [18]. The hyperdense electrode artifact was masked using thresholding tools, and a triangulated surface of the artifact was created and exported to Rhino 3D where the built-in function LineThroughPt was used to extract the centerline of the artifact. Finally, 3D surfaces of head compartments along with lines representing electrode trajectories were exported to ANSYS Maxwell 3D (ANSYS Inc. Canonsburg, PA) and models of Abbott directional lead 6172 ANS electrode array were created around lead line trajectories. The array consisted of two cylindrical electrodes and six segmented contacts. The position of the distal end of line trajectory was used as the starting point for the first electrode contact. Each contact had a height of 1.5 mm, a radius of 0.635 mm, and edge-to-edge inter-electrode spacing of 1.5 mm. Figure 1 shows steps of image segmentation and model creation.

# C. Finite element method (FEM) simulations

Maxwell 3D's DC Conduction Solver was used to calculate the electric field potential  $\varphi$  throughout the model. The electric conductivities of different head components are given in Table 1. We adjusted the conductivity of gray matter in each patient such that the electrode-IPG impedance in the simulation matched the clinical measurement. Current excitations were applied on the active electrode of each patient with the amplitude matching the clinical setting (5.5 mA for patient 1 and 5.25 mA for patient 2) with the bottom surface of the neck assigned as current sink to represent a distant return anode. The non-active contacts were assigned to 4e6 S/m conductivity as parts of the conductor model. The electrode shaft was considered as insulator with 0 S/m conductivity. Natural boundary condition was imposed between internal surfaces, which assured the normal component of the electric field displacement **D** had a jump when passing between surfaces of different objects which was equal with the superficial charge density. Neuman boundary condition was imposed on the outer surface of head.

TABLE I: ELECTRICAL PROPERTIES OF TISSUES USED IN EACH PATIENT'S MOD
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Dielectric parameters of tissues in heterogeneous body									
Pati	ient 1	Patient 2							
Tissue name	Conductivity [S/m] at 100 Hz	Tissue name	Conductivity [S/m] at 100 Hz						
Average Body	0.400	Average Body	0.400						
Skull	0.300	Skull	0.300						
BrainGreyMatter	0.120	BrainGreyMatter	0.090						
BrainWhiteMatter	0.058	BrainWhiteMatter	0.058						
CerebroSpinalFluid	1.800	CerebroSpinalFluid	1.800						
Ventricle	0.300	Ventricle	0.300						

TABLE II: VTA [MM3] AROUND ABBOTT LEAD 6172 ANS, CALCULATED BY THRESHOLDING THE PRIMARY EIGENVALUE OF HESSIAN MATRIX AT 26.6V/CM2, AND VTA [MM3] OVERLAP WITH NACC. PRE- AND POST-OP Y-BOCS SCORES ARE ALSO GIVEN.

	VTA [mm <sup>3</sup> ]: Field metric: Primary eigenvalue of Hessian matrix		VTA overlap with NAcc [mm <sup>3</sup> ]		Pre-op YBOC	Post-op YBOC	% Improvement
	Left	Right	Left	Right			
Patient 1	66	66	3	7.5	31	10	68%
Patient 2	93	90	2	1.7	40	24	40%

To enhance the accuracy of field potentials close to electrode contacts, a cubic area of  $20 \text{ mm} \times 20 \text{ mm} \times 20 \text{ mm}$  was defined surrounding electrode contacts with enhanced mesh resolution.

ANSYS Maxwell was set to follow an adaptive mesh scheme where the mesh resolution was refined between iterative solutions until the calculated energy error fell below 0.08%. The final mesh had ~5 million tetrahedral elements, with the rms edge length of 0.4 mm inside the high-resolution mesh region and 0.1 mm on the active electrode contact.

Simulation time for each case was ~4 hours on a Dell PowerEdge R740xd server with 2x Intel® Xenon® Gold 6140 CPU with 18 cores and 1.5 TB RAM.

# D. VTA calculation

The VTA around each electrode contact was determined based on the concept of activation function (AF), calculated from eigenvalues of the Hessian matrix [6-8, 19]. We first interpolated the electric voltage on a regular 20 mm×20 mm×20 mm×20 mm grid around the electrode with 0.1 mm resolution. The VTA was then determined by thresholding the AF along the orientation of maximal axonal excitability at each grid point. This optimal orientation can be determined through eigenvector decomposition of the Hessian matrix —the matrix of partial second spatial derivatives —of extracellular potential. Each eigenvalue of the Hessian matrix represents the second derivative of the electric potential along the respective eigenvector. The primary eigenvalue represents the largest second derivative, and thus the primary eigenvector is the orientation of maximal excitability.

We applied the activation threshold of 26.6 V/cm<sup>2</sup> to determine the VTA based on dynamics of myelinated axons with 5.7  $\mu$ m diameter and 70-ohm axoplasmic resistivity [19]. For each patient, we calculated the overlap of VTA with left and right NAcc.



### III. RESULTS

Table II gives the results of calculated VTA around left and right electrode contacts for each patient using the primary eigenvalue of Hessian matrix thresholded at 26.6V/cm<sup>2</sup>. We also calculated the overlap of the VTA with the NAcc for each patient and report pre-and postoperative Y-BOCS scores. The VTA was  $\sim 90 \text{ mm}^3$  for patient 2 and  $\sim 66 \text{ mm}^3$  for patient 1. The overlap of the VTA and the right NAcc was  $\sim$ 7.5 mm<sup>3</sup> in patient 1 and 1.7 mm<sup>3</sup> in patient 2, which is 2% and 0.3% of the whole volume of the right NAcc covered by the VTA. For the left NAcc, the overlap was modest and comparable in both patients ( $\sim 3 \text{ mm}^3$ ), which is 0.7% and 0.5% of the NAcc covered by the VTA for patient 1 and patient 2, respectively. The post-op Y-BOCS score showed a 68% improvement in patient 1 and a 40% improvement in patient 2, a trend that reflected the observed overlap between patients' VTA and NAcc.

### IV. CONCLUSION

We report preliminary results showing association of patient outcome in response to DBS (here, % reduction in postoperative Y-BOCS) in two patients diagnosed with OCD who were treated with DBS of ventral capsule/ventral striatum. Among DBS targets for treating OCD, NAcc is associated with higher clinical improvement [5]. We used a patient-specific modeling approach to predict the VTA around DBS electrode contacts and found that the better clinical outcome was associated with a higher overlap of patient's VTA and NAcc. Our results suggest that patient specific VTA prediction can be used to optimize stimulation profile to maximize the therapeutic effect and, in case of directional stimulation, minimize side effects.

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