Energy-Efficient MIMO Integrated Sensing and Communications with On-off Non-transmission Power

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Abstract—This paper investigates the energy efficiency of a multiple-input multiple-output (MIMO) integrated sensing and communications (ISAC) system, in which one multi-antenna base station (BS) transmits unified ISAC signals to a multiantenna communication user (CU) and at the same time use the echo signals to estimate an extended target. We focus on one particular ISAC transmission block and take into account the practical on-off non-transmission power at the BS. Under this setup, we minimize the energy consumption at the BS while ensuring a minimum average data rate requirement for communication and a maximum Cramér-Rao bound (CRB) requirement for target estimation, by jointly optimizing the transmit covariance matrix and the "on" duration for active transmission. We obtain the optimal solution to the rate-and-CRB-constrained energy minimization problem in a semi-closed form. Interestingly, the obtained optimal solution is shown to unify the spectrum-efficient and energy-efficient communications and sensing designs. In particular, for the special MIMO sensing case with rate constraint inactive, the optimal solution follows the isotropic transmission with shortest "on" duration, in which the BS radiates the required sensing energy by using sufficiently high power over the shortest duration. For the general ISAC case, the optimal transmit covariance solution is of full rank and follows the eigenmode transmission based on the communication channel, while the optimal "on" duration is determined based on both the rate and CRB constraints. Numerical results show that the proposed ISAC design achieves significantly reduced energy consumption as compared to the benchmark schemes based on isotropic transmission, always-on transmission, and sensing or communications only designs, especially when the rate and CRB constraints become stringent.

Index Terms—Integrated sensing and communications (ISAC), multiple-input multiple-output (MIMO), energy efficiency, nontransmission power.

I. INTRODUCTION

Integrated sensing and communications (ISAC) has been recognized as an enabling technology towards future sixgeneration (6G) wireless networks in both academia and indus-

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try, in which wireless communications and radar sensing are integrated into a unified platform for joint design and optimization [1], [2]. In ISAC systems, the transmitters can share the same spectrum resources for both communications and sensing, and they can also jointly design the communication and sensing signals to properly mitigate their mutual interference and even reuse them for the dual purposes [1]-[3]. This thus helps enhance the resource utilization efficiency and improve both sensing and communication performances. In addition, the wireless transceivers can also utilize the sensed information for facilitating the wireless communications design [4] and exploit the communication infrastructures to enable advanced networked sensing [5]. As a result, by enabling the cooperation and coordination between sensing and communications, ISAC is expected to revolutionize the conventional communicationonly wireless networks towards the new one with both communication and sensing functions, thus supporting various emerging Internet of things (IoT) applications [6] such as smart home, industrial automation, unmanned aerial vehicles (UAVs) [7], and autonomous vehicles [8].

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Among various ISAC design approaches, the exploitation of multiple-input multiple-output (MIMO) for ISAC has attracted growing research interests [1]. In particular, the MIMO technique can provide both spatial multiplexing and diversity gains for enhancing the data-rate throughput and transmission reliability for communications [9], and it can also provide array and diversity gains to improve the detection and estimation accuracy as well as the spatial resolutions for sensing [10], [11]. In the literature, there have been various research efforts devoted to studying the spectrum-efficient MIMO ISAC designs, with the objective of optimizing the sensing and communication performances by optimizing the transmit waveform and beamforming under given transmit power constraints. (e.g., [3], [12]-[16]). For instance, the authors in [13]-[16] studied the MIMO ISAC for simultaneous multiuser communication and target sensing. In [13], the transmit waveforms were optimized to minimize the transmit beampattern matching errors for sensing and minimize the multiuser interference for communications at the same time. In [14] and [15], the joint information and sensing transmit beamforming was optimized to minimize the transmit beampattern matching errors or maximize the transmit beampattern gains for sensing, while ensuring the received signal-to-interferenceplus-noise (SINR) constraints at communication users (CUs). Furthermore, the work [16] exploited the new rate-splitting multiple access (RSMA) technique for ISAC, in which the

beampattern matching errors for sensing and the weighted sum rate for communications were jointly optimized subject to per-antenna transmit power constraints. Besides using transmit beampattern as the sensing performance measure, another line of MIMO ISAC works employed the Cramér-Rao bound (CRB) as the sensing performance metric, which serves as a lower bound of variance for any unbiased estimators and provides the fundamental performance limits for target estimation. For instance, the authors in [3] studied the transmit beamforming design towards joint radar sensing and multi-user communications, in which the CRB for target estimation was optimized, while ensuring the minimum SINR requirements for individual CUs. Furthermore, the authors in [12] studied the MIMO ISAC with one multi-antenna CU and one target to be estimated, in which the transmit covariance was optimized to reveal the fundamental tradeoff between the data rate for communications and the CRB for sensing, by characterizing the Pareto boundary of the rate-CRB region.

The ever-increasing sensing and communication requirements, however, result in significant network energy consumption and carbon emissions in wireless networks. As such, how to meet the sensing and communication quality of service (QoS) requirements in an energy- and carbonefficient manner is becoming another important task for 6G ISAC networks [17]. Towards this end, the investigation of the energy-efficient and green ISAC is of great significance in practice. Different from the spectrum-efficient ISAC designs [3], [12]–[16] that only considered the transmit power, the onoff non-transmission power is an important factor that should be taken into account in the design of energy-efficient ISAC. In particular, by considering a base station (BS) transmitter in practice, the non-transmission power comes from radio frequency (RF) chains, analog-to-digital converters (ADCs), digital-to-analog converters (DACs), etc. If the BS is active in transmission, then these components need to be turned on, which consumes the non-transmission power; while if the BS is inactive without transmission, then these components can be turned off for saving the non-transmission power. It has been shown in energy-efficient communications [18]-[21] that in order to deliver data bits over a wireless channel most energy efficiently, the BS transmitter should first transmit with an optimized covariance that maximizes the bits-per-Joule energy efficiency (defined as the ratio of the data rate to the total energy consumption), and then turn off the components for saving the non-transmission power. To our best knowledge, however, how to implement MIMO sensing and MIMO ISAC in an energy-efficient manner has not been well investigated in the literature yet.

It is worth noting that there have been a handful of prior works [22]–[25] studying the energy-efficient ISAC under different setups, in which the bits-per-Joule energy efficiency for communications was maximized subject to the beampattern constraints for radar sensing [22]–[25]. However, these prior works [22]–[25] assumed the non-transmission power as a constant term for optimization, but did not consider its on-off control over time. Furthermore, these works adopted the transmit beampattern gains as the objective for sensing performance optimization, which cannot directly reflect the target estimation performance. To fill in such a research gap in this work, we are motivated to investigate the energyefficient MIMO sensing and MIMO ISAC by considering the on-off control of non-transmission power for energy saving, and employing the estimation CRB as the fundamental sensing performance metric.

In particular, this paper studies an energy-efficient MIMO ISAC system, in which one multi-antenna BS sends unified ISAC signals to communicate with a multi-antenna CU and simultaneously uses the echo signals to estimate an extended target. We focus our study on a particular ISAC transmission block corresponding to the refreshing time for sensing in practice, over which the BS aims to estimate the complete target response matrix. By taking into account the on-off non-transmission power at the BS, we investigate the energy efficiency of this MIMO ISAC system. The main results are listed as follows.

- Our objective is to minimize the total energy consumption at the BS over the whole ISAC block, while ensuring a minimum average data rate constraint for communication and a maximum CRB constraint for target estimation. Towards this end, we jointly optimize the transmit covariance matrix at the BS and the "on" duration for its active transmission.
- First, we consider the specific case with MIMO sensing only, in which the rate constraint for communications becomes negligible. As the estimation CRB is a convex trace inverse function with respect to the transmit covariance, it is shown that the optimal energy-efficient sensing solution is to employ the isotropic transmission (with identical covariance matrix and proper transmit power) together with the shortest "on" duration to minimize the non-transmission energy consumption.
- Next, we consider the general ISAC case with both sensing and communications. In this case, we leverage the Lagrange duality method to obtain the optimal solution to the rate-and-CRB-constrained energy minimization problem in a semi-closed form. It is revealed that the optimal transmit covariance is of full rank and follows the eigenmode transmission based on the communication channel. Furthermore, proper power allocations are employed over different eigenmodes, and the "on" duration is optimized depending on the rate and CRB constraints. Interestingly, the obtained optimal solution is observed to unify the energy- and spectrum-efficient communication and sensing designs.
- Finally, we present numerical results to validate the performance of our proposed optimal ISAC solution, as compared to the benchmark schemes based on isotropic transmission, always-on transmission, as well as the sensing or communications only designs. It is shown that the proposed optimal solution significantly outperforms other benchmark schemes, especially when the communications and sensing requirements become stringent. It is also shown that the isotropic transmission design performs close to the optimal solution, thus showing its effectiveness in practical implementation.



Fig. 1. Illustration of the MIMO ISAC system and the power consumption model at BS.

Notations: Vectors and matrices are denoted by bold lowerand upper-case letters, respectively. I represents an identity matrix with proper dimensions. For a complex arbitrary-size matrix A, rank(A), A^T , and A^H denote its rank, transpose, and conjugate transpose, respectively. For a square matrix Q, tr(Q), det(Q), and rank(Q) represent its trace, determinant, and rank, respectively, and $Q \succeq 0$ means that Q is positive semi-definite. $\mathbb{E}(\cdot)$ denotes the statistical expectation. \otimes denotes the Kronecker product. \circ denotes the Hadamard product.

II. SYSTEM MODEL AND PROBLEM FORMULATION

A. Signal Model

We consider a MIMO ISAC system as shown in Fig. 1, in which a BS sends unified ISAC signals to a CU and estimates an extended target based on its echo signal. Suppose that the BS is equipped with $M \ge 1$ transmit antennas for sending ISAC signals and $N_s \ge M$ receive antennas for sensing. The CU is equipped with $N_c \ge 1$ receive antennas.

In particular, we focus on the ISAC transmission over a particular finite block with duration T_{max} , during which the wireless channels remain unchanged. Here, T_{max} is assumed to be sufficiently large for facilitating the ISAC design. We consider the "on-off" transmission at the BS for enhancing the energy efficiency. Suppose that the BS is active in transmission over the "on" period of duration τ , and keeps silent to save energy in the remaining time. Here, τ is a continuous optimization variable to be determined later, which satisfies $T_{\min} \leq \tau \leq T_{\max}$. Note that T_{\min} denotes the minimum duration for active transmission, which is set for meeting the ISAC requirements. Furthermore, for notational convenience, let B denote the signal bandwidth and 1/B denote the symbol duration. Accordingly, we denote $\hat{\tau} = \tau B$ as the number of transmitted symbols over this block, and denote $\hat{T}_{\min} = T_{\min}B$ and $\hat{T}_{max} = T_{max}B$ as the minimum number of symbols that can be transmitted and the total number of symbols within the whole block, respectively.

Let $\boldsymbol{x}(t) \in \mathbb{C}^{M \times 1}$ denote the transmit ISAC signal at the BS over the *t*-th symbol, $t \in \{1, \ldots, \hat{\tau}\}$. It is assumed that $\boldsymbol{x}(t)$ is a circularly symmetric complex Gaussian (CSCG) random vector with zero mean and covariance matrix $\boldsymbol{Q} =$

 $\mathbb{E}(\boldsymbol{x}(t)\boldsymbol{x}^{H}(t))$. This assumption is made in order for achieving the capacity of MIMO communication. Furthermore, let $\boldsymbol{X} = [\boldsymbol{x}(1), \dots, \boldsymbol{x}(\hat{\tau})]$ denote the accumulated ISAC signals over this block in matrix form.

First, we consider the MIMO communications from the BS to the CU. Let $H_c \in \mathbb{C}^{N_c \times M}$ denote the MIMO channel matrix from the BS to the CU, with rank $(H_c) = r \leq M$. The received signal by the CU at symbol $t \in \{1, \ldots, \hat{\tau}\}$ is

$$\boldsymbol{y}_c(t) = \boldsymbol{H}_c \boldsymbol{x}(t) + \boldsymbol{z}_c(t), \qquad (1)$$

where $z_c(t)$ denotes the noise at the CU receiver that is a CSCG random vector with zero mean and covariance $\sigma_c^2 I$. Under the Gaussian signalling with transmit covariance Q at the BS, the average achievable communication rate (in bits/second/Hertz, bps/Hz) at the CU over this block is

$$R(\boldsymbol{Q}) = \frac{\tau}{T_{\text{max}}} \log_2 \det \left(\boldsymbol{I}_{N_c} + \frac{\boldsymbol{H}_{\boldsymbol{c}} \boldsymbol{Q} \boldsymbol{H}_{\boldsymbol{c}}^H}{\sigma_c^2} \right).$$
(2)

In order to facilitate the transmit design, it is assumed that the BS transmitter and the CU receiver perfectly know the channel state information (CSI) of H_c via proper channel estimation and feedback.

Next, we consider the MIMO sensing. In particular, we consider the sensing estimation of an extended target, in which the target is regarded as an object with multiple scatters. Accordingly, the target response matrix H_s from the BS transmitter to the target to the BS receiver is given as

$$\boldsymbol{H}_{s} = \sum_{k=1}^{K} \zeta_{k} \boldsymbol{b}(\phi_{k}) \boldsymbol{a}^{H}(\theta_{k}), \qquad (3)$$

where K denotes the number of scatterers, ζ_k denotes the reflection coefficient of the k-th scatterer that depends on its the radar cross section (RCS), and $a(\theta_k) \in \mathbb{C}^{M \times 1}$ and $b(\phi_k) \in \mathbb{C}^{N_s \times 1}$ denote the transmit and receive steering vectors with angle of departure (AoD) θ_k and angle of arrival (AoA) ϕ_k , respectively. During the active transmission period, the received radar signal $Y_s \in \mathbb{C}^{N_s \times \hat{\tau}}$ at the sensing receiver of BS is

$$Y_s = H_s X + Z_s, \tag{4}$$

where $Z_s \in \mathbb{C}^{N_s \times \hat{\tau}}$ denotes the noise matrix at the BS, each element of which is a CSCG random variable with zero mean and variance σ_s^2 . In this work, we focus on estimating the complete target response matrix H_s , based on which we can further extract the angle and reflection coefficients of different scatterers via algorithms like the multiple signal classification (MUSIC) [26], [27]. We consider the CRB as the performance metric to characterize the fundamental sensing performance for target estimation, which serves as the variance lower bound of any practical biased estimators [28]. As shown in [3], the CRB matrix for estimating H_s is given by

$$\operatorname{CRB}(\boldsymbol{H}_{\boldsymbol{s}}) = \left(\frac{1}{\sigma_{\boldsymbol{s}}^{2}} (\boldsymbol{X}^{T})^{H} \boldsymbol{X}^{T} \otimes \boldsymbol{I}_{N_{\boldsymbol{s}}}\right)^{-1}.$$
 (5)

Notice that by assuming the minimum sensing duration T_{\min} and accordingly the active ISAC duration $\hat{\tau}$ to be sufficiently large, the sample covariance matrix can be safely approximated as the statistical covariance matrix [29], i.e., we have

$$Q \approx \frac{XX^H}{\hat{\tau}} = \frac{XX^H}{B\tau}.$$
 (6)

As such, the CRB matrix is further expressed as

$$\operatorname{CRB}(\boldsymbol{H}_{\boldsymbol{s}}) = \left(\frac{B\tau}{\sigma_s^2} \boldsymbol{Q}^T \otimes \boldsymbol{I}_{N_s}\right)^{-1}.$$
 (7)

Based on (7), we use the trace of the CRB matrix as the sensing performance metric, which characterizes the sum CRB for estimating the elements of H_s [30], i.e.,

$$\operatorname{tr}(\operatorname{CRB}(\boldsymbol{H}_{\boldsymbol{s}})) = \frac{\sigma_s^2 N_s}{B\tau} \operatorname{tr}(\boldsymbol{Q}^{-1}). \tag{8}$$

B. Power Consumption Model

Next, we consider the practical power consumption model at the BS for facilitating the energy-efficient MIMO ISAC design. The power consumption at the BS is generally divided into three parts, namely the transmission power, on-off nontransmission power, and static power, respectively.

1) Transmission power: The transmission power generally comes from the power amplifiers (PAs) for signal radiation. Let $0 < \eta < 1$ denote the drain efficiency of the PA. Recall that tr(Q) denote the transmit power by the BS. Then we have the transmission power as $P_{\text{trans}} = \frac{1}{n} \text{tr}(Q)$.

2) On-off non-transmission power: The non-transmission power generally comes from the non-ideal circuits in the RF chains, ADCs/DACs, filters, and baseband signal processing components. The non-transmission power has the following on-off property. If the BS transmitter is turned on with tr(Q) >0, then these components need to be activated for consuming the non-transmission power; while if the BS transmitter is switched off with tr(Q) = 0, then these components can be turned off for saving power. Let P_c denote a constant power consumed during the "on" status. We have the on-off nontransmission power as

$$P_{\text{non-trans}} = \begin{cases} P_c, & \text{if } \operatorname{tr}(\boldsymbol{Q}) > 0, \\ 0, & \text{if } \operatorname{tr}(\boldsymbol{Q}) = 0. \end{cases}$$
(9)

3) Static power: The static power P_{static} is a constant term that is consumed by, e.g., cooling systems and electricity supply at the BS.

By combining the above three parts and considering the on duration τ , the total energy consumption by the BS over the whole ISAC block is given by

$$P_{\text{total}}(\boldsymbol{Q},\tau) = \left(\frac{\text{tr}(\boldsymbol{Q})}{\eta} + P_c\right)\tau + P_{\text{static}}T_{\text{max}}.$$
 (10)

C. Problem Formulation

s.t.

Our objective is to minimize the total energy consumption $P_{\text{total}}(\mathbf{Q}, \tau)$ at the BS in (10) while ensuring the minimum rate requirement R for communications and the maximum CRB threshold Γ for sensing, by optimizing both the transmit covariance \mathbf{Q} and the "on" transmission duration τ for active transmission. As a result, the rate-and-CRB-constrained energy minimization problem for MIMO ISAC is mathematically formulated as

(P1):
$$\min_{\boldsymbol{Q} \succeq 0, \tau} \quad \left(\frac{\operatorname{tr}(\boldsymbol{Q})}{\eta} + P_c\right) \tau \tag{11a}$$

$$\frac{\sigma_s^2 N_s}{B\tau} \operatorname{tr}(\boldsymbol{Q}^{-1}) \le \Gamma \tag{11b}$$

$$\frac{\tau}{T_{\max}} \log_2 \det \left(\boldsymbol{I}_{N_c} + \frac{1}{\sigma_c^2} \boldsymbol{H}_c \boldsymbol{Q} \boldsymbol{H}_c^H \right) \ge R$$
(11c)

$$T_{\min} \le \tau \le T_{\max}.$$
 (11d)

Notice that in problem (P1), we remove the constant static energy consumption $P_{\text{static}}T_{\text{max}}$ in (10) without loss of optimality.

III. OPTIMAL SOLUTION TO PROBLEM (P1) IN SPECIAL COMMUNICATIONS OR SENSING DOMINATED CASES

Before presenting the optimal solution to problem (P1), in this section we consider two special cases when the communications and sensing are dominated, in which the CRB constraint in (11b) for sensing and the rate constraint in (11c) for communications become inactive, respectively. They also correspond to that there is only communication or sensing in this system, respectively.

A. Communications-dominated Case

First, we consider the communications-dominated case, in which the CRB constraint in (11b) can be skipped. In this case, problem (P1) is reduced as

(P2):
$$\min_{\boldsymbol{Q} \succeq 0, \tau} \left(\frac{\operatorname{tr}(\boldsymbol{Q})}{\eta} + P_c \right) \tau$$
 (12a)

s.t.
$$\frac{\tau}{T_{\max}} \log_2 \det \left(\boldsymbol{I}_{N_c} + \frac{1}{\sigma_c^2} \boldsymbol{H}_c \boldsymbol{Q} \boldsymbol{H}_c^H \right) \ge R$$
(12b)
(11d).

Notice that at the optimality of problem (P2), the rate constraint (12b) must be met with equality, i.e., we have

 $\tau = RT_{\text{max}}/\log_2 \det \left(I_{N_c} + \frac{1}{\sigma_c^2} H_c Q H_c^H \right)$. By substituting this, problem (P2) is equivalent to

(P2.1):
$$\max_{\boldsymbol{Q} \succeq 0} \quad \frac{\log_2 \det \left(\boldsymbol{I}_{N_c} + \frac{1}{\sigma_c^2} \boldsymbol{H}_{\boldsymbol{c}} \boldsymbol{Q} \boldsymbol{H}_{\boldsymbol{c}}^H \right)}{RT_{\max}(\frac{1}{n} \operatorname{tr}(\boldsymbol{Q}) + P_c)}$$
(13a)

s.t.
$$R \leq \log_2 \det \left(\boldsymbol{I}_{N_c} + \frac{\boldsymbol{H_c} \boldsymbol{Q} \boldsymbol{H}_c^H}{\sigma_c^2} \right) \leq \frac{RT_{\max}}{T_{\min}},$$
(13b)

which corresponds to a rate-constrained bits-per-Joule energy efficiency maximization problem that has been investigated in [19]. To solve problem (P2.1), we need to consider the following two problems, namely the unconstrained bits-per-Joule energy efficiency maximization and the rate-constrained transmit power minimization problems, respectively.

(P2.2):
$$\max_{\boldsymbol{Q} \succeq 0} \quad \frac{\log_2 \det \left(\boldsymbol{I}_{N_c} + \frac{1}{\sigma_c^2} \boldsymbol{H}_{\boldsymbol{C}} \boldsymbol{Q} \boldsymbol{H}_{\boldsymbol{C}}^H \right)}{RT_{\max}(\frac{1}{\eta} \operatorname{tr}(\boldsymbol{Q}) + P_c)}.$$
(14)

$$(P2.3): \min_{\boldsymbol{Q} \succeq 0} \quad \frac{\operatorname{tr}(\boldsymbol{Q})}{\eta} + P_c \tag{15a}$$
$$(H_c \boldsymbol{Q} \boldsymbol{H}^H) = -$$

s.t.
$$\log_2 \det \left(I_{N_c} + \frac{H_c Q H_c^{\prime \prime}}{\sigma_c^2} \right) \ge \bar{R},$$
 (15b)

where \bar{R} corresponds to the minimum rate constraint that is a parameter in problem (P2.3). Let $Q_{\text{EE-com}}$ denote the optimal solution to problem (P2.2), and $Q_{\text{SE-com}}(\bar{R})$ denote the optimal solution to problems (P2.3) with rate constraint \bar{R} . Furthermore, we denote the singular value decomposition (SVD) of communication channel H_c as

$$\boldsymbol{H}_c = \boldsymbol{U}_c \boldsymbol{\Sigma} \boldsymbol{V}_c^H, \tag{16}$$

where $\Sigma = \text{diag}(\lambda_1, \ldots, \lambda_r, 0, \ldots, 0) \in \mathbb{R}^{N_c \times M}$ with $\lambda_1 \geq \lambda_2 \geq \ldots \geq \lambda_r > 0$ denoting the *r* positive singular values, and $U_c \in \mathbb{C}^{N_c \times N_c}$ and $V_c \in \mathbb{C}^{M \times M}$ with $U_c^H U_c = U_c U_c^H = I_{N_c}$ and $V_c^H V_c = V_c V_c^H = I_M$. Then we have the following lemmas from prior work [19], for which the proofs are omitted here.

Lemma 1. The optimal solution $Q_{\text{EE-com}}$ to problem (P2.2) is given as

$$\boldsymbol{Q}_{\text{EE-com}} = \boldsymbol{V}_c \boldsymbol{S}_{\text{EE-com}} \boldsymbol{V}_c^H, \qquad (17)$$

where $S_{\text{EE-com}}$ is a diagonal matrix with diagonal elements $[S_{\text{EE-com}}]_{ii}$ given in

$$\left[\mathbf{S}_{\text{EE-com}}\right]_{ii} = \begin{cases} \frac{\eta}{\xi^* R T_{\text{max}} \ln 2} - \frac{\sigma_c^2}{\lambda_i^2}, \ i = 1, ..., r\\ 0, \qquad i = r+1, ..., M, \end{cases}$$
(18)

 ξ^* represents the auxiliary parameter that can be uniquely derived based on the following equation via bisection search.

$$\log_{2} \det \left(\boldsymbol{I}_{N_{c}} + \frac{1}{\sigma_{c}^{2}} \boldsymbol{H}_{c} \boldsymbol{Q}_{\text{EE-com}} \boldsymbol{H}_{c}^{H} \right) -\xi^{*} R T_{\text{max}} \left(\frac{1}{\eta} \operatorname{tr}(\boldsymbol{Q}_{\text{EE-com}}) + P_{c} \right) = 0.$$
(19)

Lemma 2. The optimal solution $Q_{\text{SE-com}}(\bar{R})$ to problem (P2.3) is

$$\boldsymbol{Q}_{\text{SE-com}}(\bar{R}) = \boldsymbol{V}_c \boldsymbol{S}_{\text{SE-com}}(\bar{R}) \boldsymbol{V}_c^H, \qquad (20)$$

where $S_{\text{SE-com}}(\bar{R})$ is a diagonal matrix with diagonal elements $[S_{\text{SE-com}}(\bar{R})]_{ii}$ given by

$$\left[\boldsymbol{S}_{\text{SE-com}}(\bar{R})\right]_{ii} = \begin{cases} \frac{\eta}{q^*(\bar{R})\ln 2} - \frac{\sigma_c^2}{\lambda_i^2}, \ i = 1, ..., r\\ 0, \qquad i = r+1, ..., M, \end{cases}$$
(21)

and $q^*(\bar{R})$ is the solution to the equality

$$\log_2 \det \left(\boldsymbol{I}_{N_c} + \frac{1}{\sigma_c^2} \boldsymbol{H}_c \boldsymbol{Q}_{\text{SE-com}}(\bar{R}) \boldsymbol{H}_c^{H} \right) = \bar{R}.$$
(22)

Notice that in Lemma 1, $Q_{\text{EE-com}}$ corresponds to the energyefficient communications design, which maximizes the bitsper-Joule energy efficiency or minimizes the energy consumption for delivering each unit bit. With $Q_{\text{EE-com}}$, we denote the correspondingly achieved communication rate as

$$\Upsilon(\boldsymbol{Q}_{\text{EE-com}}) = \log_2 \det \left(\boldsymbol{I}_{N_c} + \frac{\boldsymbol{H}_c \boldsymbol{Q}_{\text{EE-com}} \boldsymbol{H}_c^H}{\sigma_c^2} \right), \quad (23)$$

which will be used for solving problem (P2) later. By contrast, in Lemma 2, $Q_{\text{SE-com}}(\bar{R})$ can be viewed as the spectrumefficient communications design, since this design efficiently utilizes the spectrum resources for meeting the rate constraint with the minimum transmit power. Based on Lemmas 1 and 2, we have the following proposition for solving problem (P2).

Proposition 1. The optimal solution Q_{com}^* and τ_{com}^* to problem (P2) in the communications-dominated case is given as follows by considering three different cases.

• If
$$\Upsilon(\boldsymbol{Q}_{\text{EE-com}}) > R \frac{T_{\text{max}}}{T_{\text{min}}}$$
, we have

$$\boldsymbol{Q}_{\text{com}}^{*} = \boldsymbol{Q}_{\text{SE-com}}\left(\frac{RT_{\text{max}}}{T_{\text{min}}}\right), \quad \tau_{\text{com}}^{*} = T_{\text{min}}.$$
 (24)

• If
$$R \leq \Upsilon(\boldsymbol{Q}_{\text{EE-com}}) \leq R \frac{T_{\text{max}}}{T_{\text{min}}}$$
, we have

$$\boldsymbol{Q}_{\text{com}}^* = \boldsymbol{Q}_{\text{EE-com}}, \quad \tau_{\text{com}}^* = \frac{RT_{\text{max}}}{\Upsilon(\boldsymbol{Q}_{\text{EE-com}})}.$$
 (25)

• If $\Upsilon(\boldsymbol{Q}_{\text{EE-com}}) < R$, we have

$$\boldsymbol{Q}_{\text{com}}^* = \boldsymbol{Q}_{\text{SE-com}}(R), \quad \tau_{\text{com}}^* = T_{\text{max}}.$$
 (26)

Proof. This proposition can be easily verified by noting the fact that the energy efficiency objective in (13a) is monotonically increasing with respect to the rate $\log_2 \det \left(\mathbf{I}_{N_c} + \frac{\mathbf{H}_c \mathbf{Q} \mathbf{H}_c^H}{\sigma_c^2} \right)$ when it is less than $\Upsilon(\mathbf{Q}_{\text{EE-com}})$, and monotonically decreasing when the rate is greater than $\Upsilon(\mathbf{Q}_{\text{EE-com}})$. Therefore, the details are omitted for brevity. \Box

It is revealed from Proposition 1 that the optimal solution to problem (P2) in the communications-dominated case unifies the energy-efficient and spectrum-efficient communications designs. When the rate requirement R is sufficiently large with $R > \Upsilon(\mathbf{Q}_{\text{EE-com}})$ or sufficiently small with $\frac{T_{\text{max}}}{T_{\text{min}}}R < \Upsilon(\mathbf{Q}_{\text{EE-com}})$, the BS needs to be turned on over the whole block by setting $\tau^*_{\text{com}} = T_{\text{max}}$ or over the shortest "on" duration by setting $\tau^*_{\text{com}} = T_{\text{min}}$, respectively, in which the spectrum-efficient communications design is implemented to meet the

rate requirement. By contrast, when $R \leq \Upsilon(\mathbf{Q}_{\text{EE-com}}) \leq R\frac{T_{\text{max}}}{T_{\text{min}}}$, the energy-efficient communications design is desired, and the optimized on duration τ_{com}^* is between T_{min} and T_{max} , such that the tradeoff between the transmission versus non-transmission energy consumption is properly balanced. Finally, it is worth noting that for the special case with $P_c = 0$, we have $\Upsilon(\mathbf{Q}_{\text{EE-com}}) = 0$ and accordingly $\tau_{\text{com}}^* = T_{\text{max}}$. In general, when other parameters are given, the value of the optimal "on" duration τ_{com}^* is monotonically non-decreasing with respect to the non-transmission power P_c .

Remark 1. Notice that at the optimal solution to problem (P2) with communications only, the resultant CRB is $\text{CRB}_{\text{com}} = \frac{\sigma_s^2 N_s}{B \tau_{\text{com}}^{**}} \text{tr}(\boldsymbol{Q}_{\text{com}}^{*-1})$. If CRB_{com} is no greater than Γ in (P1), then Q_{com}^{**} and τ_{com}^{*} are actually the optimal solution to problem (P1). This corresponds to a trivial case of (P1), in which the communication constraint dominates the sensing requirement. Nevertheless, if $\text{CRB}_{\text{com}} > \Gamma$, then the obtained solution of $\boldsymbol{Q}_{\text{com}}^{*}$ and τ_{com}^{*} are not feasible for (P1). For instance, if $\boldsymbol{Q}_{\text{com}}^{*}$ is rank deficient, then CRB_{com} becomes infinite, and thus $\text{CRB}_{\text{com}} > \Gamma$ always holds. We will address this non-trivial case in Section IV.

B. Sensing-dominated Case

Next, we consider the sensing-dominated case, in which the rate constraint in problem (P1) is inactive. In this case, we minimize the total energy consumption under the maximum CRB constraint. Accordingly, by dropping the rate constraint (11c) in (P1), the sensing-constrained energy minimization problem becomes

(P3):
$$\min_{\boldsymbol{Q} \succeq 0, \tau} \left(\frac{\operatorname{tr}(\boldsymbol{Q})}{\eta} + P_c \right) \tau$$
 (27a)

s.t.
$$\frac{\sigma_s^2 N_s}{B\tau} \operatorname{tr}(\boldsymbol{Q}^{-1}) \le \Gamma$$
 (27b)
(11d).

We have the following proposition for solving problem (P3).

Proposition 2. The optimal solution to (P3) is given by

$$\boldsymbol{Q}_{\text{sen}}^* = \frac{\sigma_s^2 N_s M}{B T_{\min} \Gamma} \boldsymbol{I}_M, \quad \tau_{\text{sen}}^* = T_{\min}.$$
(28)

Proof. See Appendix A.

It is observed from Proposition 2 that the energy-efficient MIMO sensing is achieved by transmitting with the shortest "on" duration. This can be intuitively explained as follows. Note that the CRB function in (8) is inversely proportional to the transmission energy over the block. As a result, by minimizing the "on" duration and increasing transmission power, the BS transmitter can meet the CRB requirement with the same transmission energy but minimized non-transmission energy. This phenomenon is different from that for the communications-dominated case in Section III-A, in which longer "on" duration is preferred when the rate constraint R becomes large, as the communication rate is actually a concave function with respect to the transmission energy.

Remark 2. At the optimal solution to problem (P3) with sensing only, the resultant rate is $R_{\text{sen}} = \frac{T_{\min}}{T_{\max}} \log_2 \det \left(I_{N_c} + \frac{\sigma_s^2 N_s M}{B T_{\min} \Gamma} H_c H_c^{-H} \right)$. If R_{sen} is no smaller than the rate constraint R in problem (P1), then Q_{sen}^* and τ_{sen}^* are also optimal for problem (P1). This corresponds to another trivial case of (P1), where the sensing constraint dominates the communications requirement.

IV. OPTIMAL SOLUTION TO PROBLEM (P1) IN GENERAL ISAC CASE

This section presents the optimal solution to the rate-and-CRB constrained energy minimization problem (P1). Notice that for the communications-dominated case with $\Gamma \geq CRB_{com}$ and the sensing-dominated case with $R \leq R_{sen}$, the optimal solutions to problem (P1) have been obtained in Proposition 1 and 2, respectively. In this section, we focus on the general case when both sensing and communications constraints are active.

A. Problem Reformulation

First, we transform (P1) into a convex optimization problem. Towards this end, we introduce $E = Q\tau$. Problem (P1) is thus reformulated as

(P4):
$$\min_{\boldsymbol{E} \succeq 0, \tau} \frac{\operatorname{tr}(\boldsymbol{E})}{\eta} + P_c \tau$$
 (29a)

s.t.
$$\frac{\sigma_s^2 N_s}{B} \operatorname{tr}(\boldsymbol{E}^{-1}) \le \Gamma$$
 (29b)

$$\frac{\tau}{T_{\max}} \log_2 \det \left(\boldsymbol{I}_{N_c} + \frac{\boldsymbol{H}_c \boldsymbol{E} \boldsymbol{H}_c^H}{\sigma_c^2 \tau} \right) \ge R$$
(29c)
(11d).

In problem (P4), constraint (29b) is convex, constraint (11d) is linear, and constraint (29c) is convex as the left-hand side is a concave perspective function. Therefore, problem (P4) is a convex problem that can be solved by standard convex optimization techniques. To gain more insights, in the following, we derive its optimal solution in a well-structured form. Based on the SVD of the communication channel H_c in (16), we define

$$\tilde{\boldsymbol{Q}} = \boldsymbol{V}_c^H \boldsymbol{Q} \boldsymbol{V}_c, \tag{30}$$

$$\tilde{\boldsymbol{E}} = \tilde{\boldsymbol{Q}}\tau = \boldsymbol{V}_c^H \boldsymbol{E} \boldsymbol{V}_c. \tag{31}$$

Accordingly, problem (P4) is equivalently reformulated as

$$(\mathbf{P4.1}): \min_{\tilde{E} \succeq 0,\tau} \quad \frac{\operatorname{tr}(E)}{\eta} + P_c \tau \tag{32a}$$

s.t.
$$\frac{\sigma_s^2 N_s}{B} \operatorname{tr}(\tilde{E}^{-1}) \leq \Gamma$$
 (32b)

$$\frac{\tau}{T_{\max}} \log_2 \det \left(\boldsymbol{I}_{N_c} + \frac{\boldsymbol{\Sigma}^2 \tilde{\boldsymbol{E}}}{\sigma_c^2 \tau} \right) \ge R \quad (32c)$$
(11d).

In problem (P4.1), (32a) and (32b) are obtained based on the fact that $\operatorname{tr}(\boldsymbol{E}) = \operatorname{tr}(\boldsymbol{V}_c \tilde{\boldsymbol{E}} \boldsymbol{V}_c^H) = \operatorname{tr}(\boldsymbol{V}_c^H \boldsymbol{V}_c \tilde{\boldsymbol{E}}) = \operatorname{tr}(\tilde{\boldsymbol{E}})$ and $\operatorname{tr}(\boldsymbol{E}^{-1}) = \operatorname{tr}((\boldsymbol{V}_c \tilde{\boldsymbol{E}} \boldsymbol{V}_c^H)^{-1}) = \operatorname{tr}(\boldsymbol{V}_c \tilde{\boldsymbol{E}}^{-1} \boldsymbol{V}_c^H) =$

 $\operatorname{tr}(V_c^H V_c \tilde{E}^{-1}) = \operatorname{tr}(\tilde{E}^{-1})$. In addition, (32c) is obtained based on $\det(\mathbf{I}_{N_c} + \frac{1}{\sigma_c^2 \tau} \mathbf{H}_c \mathbf{Q} \mathbf{H}_c^H) = \det(\mathbf{I}_{N_c} + \frac{1}{\sigma_c^2 \tau} \mathbf{H}_c \mathbf{Q} \mathbf{H}_c^H) = \det(\mathbf{I}_{N_c} + \frac{1}{\sigma_c^2 \tau} \mathbf{U}_c \Sigma \mathbf{V}_c^H \mathbf{E} \mathbf{V}_c \Sigma^H \mathbf{U}_c^H) = \det(\mathbf{I}_{N_c} + \frac{\Sigma^2 \tilde{\mathbf{E}}}{\sigma_c^2 \tau}).$ Next, we have the following lemma.

Lemma 3. The optimal solution \vec{E} to problem (P4.1) is a diagonal matrix with all diagonal elements being positive, i.e., $\mathbf{E} = \text{diag}(\mathbf{e}) = \text{diag}(e_1, e_2, \dots, e_M)$ with $e_i > 0, \forall i \in$ $\{1, \ldots, M\}$ denoting the diagonal elements.

Proof. See Appendix B.
$$\Box$$

Based on Lemma 3, problem (P4.1) is further rewritten as the following power allocation problem:

(P4.2):
$$\min_{\{e_i \ge 0\}, \tau} \quad \frac{1}{\eta} \sum_{i=1}^{M} e_i + P_c \tau$$
 (33a)

s.t.
$$\frac{\sigma_s^2 N_s}{B} \sum_{i=1}^M \frac{1}{e_i} \le \Gamma$$
 (33b)

$$\frac{\tau}{T_{\max}} \sum_{i=1}^{r} \log_2 \left(1 + \frac{\lambda_i^2 e_i}{\sigma_c^2 \tau} \right) \ge R \quad (33c)$$
(11d).

B. Optimal Power Allocation Solution to Problem (P4.2)

We apply the Lagrange duality method to derive the wellstructured optimal power allocation solution to problem (P4.2) for gaining more insights. Let $\gamma \ge 0$ and $\nu \ge 0$ denote the dual variables associated with the constraints in (33b) and (33c), respectively. The partial Lagrangian of (P4.2) is

$$\mathcal{L}(\boldsymbol{e},\tau,\gamma,\nu) = \frac{1}{\eta} \sum_{i=1}^{M} e_i + \gamma \left(\frac{\sigma_s^2 N_s}{B} \sum_{i=1}^{M} \frac{1}{e_i} - \Gamma \right) + P_c \tau - \nu \left(\frac{\tau}{T_{\text{max}}} \sum_{i=1}^{r} \log_2 \left(1 + \frac{\lambda_i^2 e_i}{\sigma_c^2 \tau} \right) - R \right).$$
(34)

The corresponding dual function is given by

$$\mathcal{G}(\gamma,\nu) = \min_{\{e_i \ge 0\},\tau} \mathcal{L}(\boldsymbol{e},\tau,\gamma,\nu) \quad \text{s.t. (11d).}$$
(35)

Therefore, the dual problem of (P4.2) is given by

$$(D4.2): \max_{\gamma \ge 0, \nu \ge 0} \mathcal{G}(\gamma, \nu).$$
(36)

Denote (γ^*, ν^*) as the optimal solution to dual problem (D4.2). Since problem (P4.2) is convex and satisfies the Slater's condition, it satisfies the strong duality and can be solved by equivalently solving its dual problem. By solving the dual problem (D4.2), we have the following proposition.

Proposition 3. The optimal solution to problem (P4.2) is given by (e_i^*, τ^*) in the following.

• For the last M-r subchannels, i.e., subchannels $i \in$ $\{r+1, ..., M\}$, we have

$$e_i^* = \sqrt{\frac{\eta \gamma^* \sigma_s^2 N_s}{B}}, \ \forall i \in \{r+1, \dots, M\}.$$
(37)

• For the first r subchannels, i.e., $i \in \{1, \ldots, r\}$, e_i^* and τ^* satisfy

$$\frac{1}{\eta} - \frac{\gamma^* \sigma_s^2 N_s}{B} \frac{1}{(e_i^*)^2} - \frac{\nu^*}{\ln 2T_{\max}} \left(\frac{\frac{\lambda_i^2}{\sigma_c^2}}{1 + \frac{\lambda_i^2 e_i^*}{\sigma_c^2 \tau^*}} \right) = 0.$$
(38)

Accordingly, e_i^* can be expressed as a function of τ^* , denoted by

$$e_i^* = \hat{e}_i(\tau^*) = -k_1 + \sqrt[3]{-k_2} + \sqrt{k_2^2 + k_3^3} + \sqrt[3]{-k_2} - \sqrt{k_2^2 + k_3^3}, \quad \forall i \in \{1, \dots, r\},$$
(39)

where $k_1 = \frac{b_i}{3a_i}\tau^*$, $k_2 = \frac{27a_i^2d\tau^* - 9a_ib_ic_i\tau^* + 2(b_i\tau^*)^3}{54a_i^3}$, and $k_3 = \frac{3a_ic_i - (b_i\tau^*)^2}{9a_i^2}$, with $a_i = \frac{\lambda_i^2}{\eta\sigma_c^2}$, $b_i = \frac{1}{\eta} - \frac{\nu^*}{\ln 2T_{\max}}\frac{\lambda_i^2}{\sigma_c^2}$, $c_i = d\frac{\lambda_i^2}{\sigma_s^2}$, and $d = -\frac{\gamma^*\sigma_s^2N_s}{B}$. Furthermore, the optimal "on" duration τ^* is given by

$$\tau^* = \min(\max(\bar{\tau}, T_{\min}), T_{\max}), \qquad (40)$$

where $\bar{\tau}$ denotes the solution of the following equality:

$$P_{c} - \frac{\nu^{*}}{T_{\max}} \left(\sum_{i=1}^{r} \log_{2} \left(1 + \frac{\lambda_{i}^{2} \hat{e}_{i}(\tau)}{\sigma_{c}^{2} \tau} \right) + \frac{1}{\ln 2} \sum_{i=1}^{r} \left(\frac{1}{1 + \frac{\lambda_{i}^{2} \hat{e}_{i}(\tau)}{\sigma_{c}^{2} \tau}} \right) - \frac{r}{\ln 2} \right) = 0. \quad (41)$$

Proof. See Appendix C.

Based on Proposition 3, we can first obtain e_i^* under given τ based on (37) and (39), and then find the optimal τ^* based on (41) via bisection, as the left-hand side of (41) is monotonic with respect to τ . Therefore, the optimal solutions $\{e_i^*\}$ and τ^* to problem (P4.2) are obtained.

With $\{e_i^*\}$ and τ^* at hands, accordingly we obtain $\vec{E}^* =$ $\operatorname{diag}(e_1^*,\ldots,e_M^*)$. Based on (30) and (31), the optimal Q^* of problem (P1) is finally derived as

$$\boldsymbol{Q}^* = \frac{\boldsymbol{V}_c \tilde{\boldsymbol{E}}^* \boldsymbol{V}_c^H}{\tau^*}.$$
(42)

The obtained optimal transmit covariance solution Q^* provides interesting insights. First, based on (42), we express $Q^* = V_c \tilde{Q}^* V_c^H$, where $\tilde{Q}^* = \frac{\tilde{E}^*}{\tau^*} = \text{diag}(p_1^*, \dots, p_M^*)$, with $p_i^* = \frac{e_i^*}{\tau^*}$ representing the power allocation. This shows that the optimal transmit covariance matrix follows the eigenmode transmission based on the eigenmodes of communication channel V_c , where the first r eigenmodes or subchannels are used for both sensing and communications, and the last M-reigenmodes or subchannels are used for dedicated sensing only. Next, it is observed from (37) and (39) that the power allocations $\{e_i^*\}$ or $\{p_i^*\}$ over the first r subchannels depend on the corresponding channel gains $\{\lambda_i\}$, and equal power allocation is adopted over the last M - r subchannels. In particular, we have the following proposition.

Proposition 4. The optimal $\{e_i^*\}, i \in \{1, \ldots, M\}$ satisfies $e_1^* \ge e_2^* \ge \dots e_r^* \ge e_{r+1}^* = \dots = e_M^* > 0$. Equivalently, the optimal transmit power allocation $\{p_i^*\}$ satisfies $p_1^* \ge p_2^* \ge \dots p_r^* \ge p_{r+1}^* = \dots = p_M^* > 0.$

Proof. See Appendix D.

Next, it is worth noting that the proposed energy-efficient ISAC design unifies the energy- and spectrum-efficient communications and sensing designs. In particular, the optimal solution to (P1) in Proposition 3 contains the energy-efficient communications design $Q_{\mathrm{EE-com}}$ and the spectrum-efficient communications design $Q_{\text{SE-com}}$ as special cases. In particular, when $\Gamma > CRB_{com}$, i.e., the CRB constraint (33b) is inactive, the corresponding dual variable $\gamma^* = 0$. Then from (38) we obtain the water-filling power allocation that is same as the optimal solution in Proposition 1 for the communicationsdominated case. Similarly, the optimal solution in Proposition 3 also contains the energy-efficient sensing design $Q_{\rm sen}$ as another special case. In particular, when $R < R_{sen}$, i.e., the rate constraint in (33c) is inactive, the corresponding dual variable $\nu^* = 0$. It is observed from (39) and (41) that power allocations on different subchannels are identical and $\tau^* = T_{\min}$ holds, such that the ISAC case is reduced to the sensing-dominated case as showed in Proposition 2.

Furthermore, it is interesting to discuss the special case with $P_c = 0$, i.e., only transmission power is considered. In order to minimize the transmission energy consumption in this case, the "on" duration must be as long as possible and thus we have $\tau^* = T_{\text{max}}$ based on (41) and (40). Accordingly, the always-on transmission is optimal for (P1), together with proper transmit covariance design. In addition, we discuss another special case when the rate constraint R is sufficiently large and communication channel H_c is of full rank, (i.e., r = M). In this case, the optimal transmit covariance $oldsymbol{Q}^*_{ ext{com}} = oldsymbol{Q}_{ ext{SE-com}}(R)$ in the communications-dominated case will be reduced to isotropic transmission with equal power allocation over subchannels, as $q^*(R)$ in (21) becomes sufficiently small. As such, Q^*_{com} in the communications-dominated case coincides with $Q_{
m sen}^{st}$ in the sensing-dominated case. Therefore, it follows that Q^* for the ISAC case also becomes the isotropic transmission in this case.

V. NUMERICAL RESULTS

This section presents numerical results to show the performance of our proposed ISAC designs under different setups. For comparison, we also consider the following benchmark schemes.

- Isotropic transmission: We set the transmit covariance as $Q = pI_M$, with p representing the transmit power, that is an optimization variable to be decided. By replacing Q with pI_M in problem (P1), we optimize both p and τ to minimize the total energy consumption while ensuring the rate and CRB constraints.
- Communication-based design: This scheme is motivated by the water-filling-like power allocation in Proposition 1 for the communications-dominated case. This design is applicable only when channel matrix H_c is of full rank, such that the corresponding communications-dominated transmit covariance $Q_{\rm com}^*$ is also of full rank

in order to ensure the CRB requirement for sensing. In particular, based on the communications-dominated design with $Q_{\rm com}^*$ and $\tau_{\rm com}^*$, we set $Q = \alpha Q_{\rm com}^*$ and $\tau = \tau_{\rm com}^*$, in which α is a scaling factor to meet the CRB constraint, i.e.,

$$\alpha = \left(\frac{\sigma_s^2 N_s}{B\tau^{\rm com}} \operatorname{tr}((\boldsymbol{Q}^*_{\rm com})^{-1})\right) / \Gamma.$$
(43)

• Sensing-based design: This scheme is motivated by the optimal solution of $Q_{\text{sen}}^* = \frac{\sigma_s^2 N_s M}{BT_{\min}\Gamma} I_M$ and $\tau_{\text{sen}}^* = T_{\min}$ for the sensing-dominated case. Accordingly, the BS sets $\tau = T_{\min}$ and $Q = pI_M$, in which p is the transmit power to be determined to meet the CRB and rate constraints. Specifically, we have

$$p = \max(p_1^{\text{sen}}, p_2^{\text{sen}}),\tag{44}$$

where p_1^{sen} and p_2^{sen} are the solutions to equalities $\frac{T_{\min}}{T_{\max}}\sum_{i=1}^r \log_2\left(1+\frac{\lambda_i^2 p_1^{\text{sen}}}{\sigma_c^2}\right) = R$ and $\frac{\sigma_s^2 N_s M}{BT_{\min} p_2^{\text{sen}}} = \Gamma$, respectively.

• Always-on transmission: The BS is turned "on" for active transmission over the whole ISAC block, i.e., $\tau = T_{\text{max}}$. As such, we only need to design the transmit covariance Q for minimizing total energy consumption, similarly as that in Section IV.

In the simulation, we set the number of transmit antennas at the BS as M = 6 and that of the received antenna for sensing at the BS as $N_s = 8$. We also set the signal bandwidth as B = 10 MHz, the noise power as $\sigma_c^2 = \sigma_s^2 = -103$ dBm, the PA efficiency as $\eta = 0.38$, and the non-transmission power as $P_c = 45$ W. We consider Rician fading for the communication channel H_c with the Rician factor equal to 1, for which the pathloss follows $51.2 + 41.2\log_{10}d$ with d (in meters) denoting the distance between the BS and the CU. We set the minimum number of symbols for transmission as $T_{\min} = 150$ and the total number of symbols over this block as $T_{\text{max}} = 256$. Therefore, the minimum active transmission duration is $T_{\rm min} = T_{\rm min}/B = 15\mu s$, and the total block duration is $T_{\text{max}} = \hat{T}_{\text{max}}/B = 25.6 \mu \text{s}$, which are reasonable based on the practical coherent processing interval (CPI) in radar sensing [31].

A. Case with Full-rank Communication Channel

First, we consider the case with full-rank communications channel H_c , in which the number of receive antennas at CU is set as $N_c = M = 6$.

Fig. 2 shows the power allocation behaviors achieved by the proposed optimal solution and the heuristic isotropic transmission as compared to the schemes when the sensing and communications are only performed, where $\Gamma = 0.25$ and R = 18bps/Hz. Furthermore, Fig. 3 shows the correspondingly obtained optimal "on" duration for active transmission under these schemes. It is observed from Fig. 2 that for the proposed optimal solution, the achieved power allocations are monotonically non-increasing over the r = M = 6subchannels, which is consistent with Proposition 4. It is also observed in Fig. 2 that the transmit power at the first four



Fig. 2. Power allocation behaviors with $M=N_c=6,\,\Gamma=0.25,$ and $R=18 {\rm bps/Hz}.$



Fig. 3. Active transmission duration by four schemes with $M = N_c = 6$, $\Gamma = 0.25$, and R = 18 bps/Hz.

subchannels by the proposed optimal solution is larger than those by the communication task only and sensing task only, and in Fig. 3 that the "on" duration by proposed optimal solution is between those by the communication task only and sensing task only. This shows the effectiveness of our proposed solution in unifying both designs for meeting the CRB and rate constraints. For the isotropic transmission, it is observed in Fig. 2 that the resultant power allocations over the first four subchannels are lower than those under the proposed optimal solution, but those over the last two subchannels are higher. Furthermore, its resultant "on" duration in Fig. 3 is observed to be slightly higher than that under the proposed optimal solution, due to its suboptimality in optimization.

Fig. 4 shows the energy consumption versus the CRB threshold Γ under the given rate constraint R = 18bps/Hz. It is observed that the energy consumption achieved by the proposed optimal solution is significantly less than those by the other benchmark schemes. It is also observed that the performance by the isotropic transmission performs close to the proposed optimal solution, especially when the value of Γ is small. This shows the effectiveness of this design in this



Fig. 4. Energy consumption versus CRB threshold Γ with R = 18 bps/Hz and d = 100m.



Fig. 5. Energy consumption versus rate threshold R with $\Gamma = 0.3$ and d = 100m.

case. In addition, when Γ becomes sufficiently small (e.g., $\Gamma \leq \text{CRB}_{\text{sen}}$), the proposed optimal solution is observed to perform same as that by the sensing-based design. This is due to the fact that the resultant rate R_{sen} is no smaller than the rate constraints R = 18bps/Hz, such that the sensing constraint dominates the communication one in this case, and the proposed optimal solution is reduced to the sensing-based design (see Remark 2). By contrast, when Γ is high, the communication-based design is observed to achieve similar performance as the proposed optimal solution, as communication is dominant in this case.

Fig. 5 shows the energy consumption versus the rate threshold R under the given CRB constraint $\Gamma = 0.3$. It is observed that the energy consumption achieved by the proposed optimal solution is less than those by the other benchmark schemes. It is worth noting that when R becomes sufficiently large, the always-on transmission performs similarly as that by communication-based design. This is due to the fact that R is sufficiently large in this case, such that the whole ISAC block should be utilized for transmission, and the transmit covariance optimization becomes identical for the two schemes. Furthermore, it is also observed that when R is greater than

 $R_{\rm com}$, the proposed optimal solution is observed to achieve the same energy consumption as that by the communicationbased design. This is due to the fact that the achieved CRB_{com} is no greater than the CRB constraint $\Gamma = 0.3$, such that the communication rate constraint dominates the sensing one in this case, and the proposed optimal solution is reduced to the communication-based design (see Remark 1).

B. Case with Rank-deficient Communication Channel



Fig. 6. Power allocation behaviors with $M = 6, N_c = 4, \Gamma = 0.18$, and R = 15 bps/Hz.



Fig. 7. Active transmission duration by four schemes with $M=6, N_c=4,$ $\Gamma=0.18,$ and $R=15 {\rm bps/Hz}.$

Next, we consider the case when the communication channel H_c is rank-deficient, in which the number of receive antennas at CU is set as $N_c = 4$, which is less than the number of transmit antennas M = 6 at the BS. In this case, the communication-based scheme does not work, as the achieved CRB would become infinite, thus making the CRB constraint infeasible.

Fig. 6 shows the power allocation behaviors with $\Gamma = 0.18$ and R = 15bps/Hz. It is observed that for the scheme with communication task only, the achieved power allocations are only allocated over the first r = 4 subchannels, which make



Fig. 8. Energy consumption versus CRB threshold Γ with R = 15 bps/Hz and d = 100m.



Fig. 9. Energy consumption versus rate threshold R with $\Gamma = 0.9$ and d = 100m.

the correspondingly achieved CRB become infinite. Furthermore, it is observed that for the proposed optimal solution, the achieved power allocations over the first r = 4 subchannels are monotonically non-increasing while those over the remaining M - r = 2 channels are the same but lower than the first r channels, which is consistent with Proposition 4. Fig. 7 shows the corresponding resultant "on" duration for active transmission. Similar observations are made as in Fig. 3.

Fig. 8 and Fig. 9 show the energy consumption versus the CRB threshold Γ and the rate threshold R, respectively. It is shown that the proposed optimal solution still outperforms other benchmark schemes. In addition, it is shown in Fig. 8 that when Γ is small, the achieved energy consumption by the isotropic transmission performs close to the proposed optimal solution, which is similar as the case with full-rank H_c in Section V-A. However, it is observed from Fig. 9 that when rate threshold R is large, the proposed optimal solution significantly outperforms the isotropic transmission, which is different from the case with full-rank H_c . The reason is explained as follows. For the proposed optimal solution, the first r = 4 subchannels serve as ISAC channels for both communications and sensing, while the remaining M - r = 2

subchannels serve as dedicated sensing channel for sensing task only. As a result, only the power allocated over the first r = 4 subchannels needs to be increased to meet the increasing rate requirement of R. By contrast, the isotropic transmission needs to increase the power allocations over all subchannels to meet the rate constraint. This thus leads to the significantly increased energy consumption for the isotropic transmission, as compared to the optimal solution.

VI. CONCLUSION

This paper investigated the energy efficiency of the MIMO ISAC system with one extended target and one multi-antenna CU, by considering the practical on-off non-transmission power. In particular, we proposed the optimal transmit covariance and on-off control solution in semi-closed form to minimize the energy consumption at the BS over a finite transmission block, while ensuring the rate and CRB constraints for ISAC. The proposed design was shown to unify the energyefficient and spectrum-efficient communications and sensing designs, and outperform other benchmark schemes, especially when both the rate and CRB constraints become stringent. How to extend the developed solutions to scenarios with other targets and communication models (e.g., the case with multiple point targets and that with multiuser communications) and those with coordinated ISAC among multiple BSs is interesting directions worthy future study.

APPENDIX

A. Proof of Proposition 2

First, it is clear that at the optimality of (P3), it follows from [3] that the isotropic transmission is optimal for minimizing the CRB, i.e., we have $Q = pI_M$, where p is an optimization variable to be decided. By substituting this, problem (P3) is equivalently reformulated as

$$(P3.1): \min_{p \ge 0,\tau} \quad \frac{M}{\eta} p\tau + P_c \tau \tag{45a}$$

s.t.
$$\frac{\sigma_s^2 N_s M}{B \tau p} \le \Gamma$$
 (45b)
(11d).

For problem (P3.1), the objective value is monotonically increasing with respect to term $p\tau$. Therefore, to minimize the total energy consumption, the optimality is attained at $\frac{\sigma_s^2 N_s M}{B\tau p} = \Gamma$. By substituting this in (45a), problem (P3.1) is further reformulated as

$$(P3.2): \min_{\tau} \quad \frac{\sigma_s^2 N_s M^2}{\eta B \Gamma} + P_c \tau \qquad (46a)$$

s.t. (11d).

It is evident that the objective is monotonically increasing with respect to τ . To minimize the objective value in (46a), we have $\tau = T_{\min}$. By substituting it to $\frac{\sigma_s^2 N_s M}{B \tau p} = \Gamma$, we have $p = \frac{\sigma_s^2 N_s M}{B T_{\min} \Gamma}$. Therefore, the optimal solution to problem (P3) in Proposition (2) is obtained.

B. Proof of Lemma 3

We prove this propsoition via contradiction, by assuming that the optimal positive definite \tilde{E} is not diagonal. Then we define $\tilde{E}_{\text{diag}} = \tilde{E} \circ I$ as a diagonal matrix with its corresponding diagonal elements being the same as \tilde{E} . Then we have

$$\operatorname{tr}(\tilde{E}_{\operatorname{diag}}) = \operatorname{tr}(\tilde{E}),$$
(47)

$$\operatorname{tr}\{(\tilde{E}_{\operatorname{diag}})^{-1}\} \le \operatorname{tr}\{(\tilde{E})^{-1}\},$$
(48)

$$\log_{2} \det \left(\boldsymbol{I}_{N_{c}} + \frac{\boldsymbol{\Sigma}^{2} \tilde{\boldsymbol{E}}_{\text{diag}}}{\sigma_{c}^{2} \tau} \right) \geq \log_{2} \det \left(\boldsymbol{I}_{N_{c}} + \frac{\boldsymbol{\Sigma}^{2} \tilde{\boldsymbol{E}}}{\sigma_{c}^{2} \tau} \right),$$
(49)

where (48) follows based on [32, Lemma 1], (49) holds based on the Hadamard inequality [33]. Therefore, \tilde{E}_{diag} is also feasible for problem (P4.1) and achieves the same objective value as \tilde{E} . Notice that the inequalities hold in both (48) and (49), which imply that the BS may further reduce the energy consumption while ensuring the rate and CRB constraints. This thus contradicts the presumption that the non-diagonal \tilde{E} is optimal. As a result, it follows that the optimal solution of \tilde{E} to problem (P4.1) should be diagonal.

C. Proof of Proposition 3

First, we obtain the optimal solution of (P4.2) based on the Karush-Kuhn-Tucker conditions. For the optimal primal and dual solutions ($\{e_i^*\}, \tau^*, \gamma^*, \nu^*$), it follows that

$$\gamma^* \left(\frac{\sigma_s^2 N_s}{B} \sum_{i=1}^M \frac{1}{e_i^*} - \Gamma \right) = 0, \tag{50a}$$

$$\nu^{*} \left(\frac{\tau^{*}}{T_{\max}} \sum_{i=1}^{r} \log_2 \left(1 + \frac{1}{\sigma_c^2 \tau^{*}} \lambda_i^2 e_i^* \right) - R \right) = 0, \quad (50b)$$

$$\frac{1}{\eta} - \frac{\gamma^* \sigma_s^2 N_s}{B} \frac{1}{(e_i^*)^2} - \frac{\nu^*}{\ln 2T_{\max}} \left(\frac{\frac{\lambda_i^2}{\sigma_c^2}}{1 + \frac{\lambda_i^2 e_i^*}{\sigma_c^2 \tau^*}}\right) = 0, 1 \le i \le r,$$
(50c)

$$\frac{1}{\eta} - \frac{\gamma^* \sigma_s^2 N_s}{B} \frac{1}{(e_i^*)^2} = 0, \ r+1 \le i \le M,$$
(50d)

$$P_{c} - \frac{\nu^{*}}{T_{\max}} \left(\sum_{i=1}^{r} \log_{2}(1 + \frac{\lambda_{i}^{2}e_{i}^{*}}{\sigma_{c}^{2}\tau^{*}}) + \frac{1}{\ln 2} \sum_{i=1}^{r} (\frac{1}{1 + \frac{\lambda_{i}^{2}e_{i}^{*}}{\sigma_{c}^{2}\tau^{*}}}) - \frac{r}{\ln 2} \right) = 0,$$
(50e)

where (50a) and (50b) denote the complementary slackness condition, the left-hand side of (50c) and (50d) are the partial derivatives of $\mathcal{L}(e, \tau, \gamma, \nu)$ in (34) with respect to e_i for $i \in$ $\{1, \ldots, r\}$ and $i \in \{r+1, \ldots, M\}$, respectively, and (50e) is the partial derivative of $\mathcal{L}(e, \tau, \gamma, \nu)$ with respect to τ . Therefore, based on (50c), we have the cubic equation as

$$\frac{\lambda_i^2}{\eta \sigma_c^2 \tau^*} (e_i^*)^3 + (\frac{1}{\eta} - \frac{\nu^*}{\ln 2T_{\max}} \frac{\lambda_i^2}{\sigma_c^2}) (e_i^*)^2 - \frac{\gamma^* \sigma_s^2 N_s}{B} \frac{\lambda_i^2}{\sigma_c^2 \tau^*} e_i^* - \frac{\gamma^* \sigma_s^2 N_s}{B} = 0, \ i \in \{1, \dots, r\}.$$
(51)

According to the Cardano's formula for solving a cubic equation, we have (39). Based on (50d), we have

$$e_i^* = \sqrt{\frac{\eta \gamma^* \sigma_s^2 N_s}{B}}, \ \forall i \in \{r+1, \dots, M\}.$$
 (52)

Furthermore, based on (50e), we have (41).

Next, it remains to solve the dual problem (D4.2) to find the optimal dual variables (γ^* , ν^*). As (D4.2) is convex but non-differentiable in general, we use subgradient based methods such as ellipsoid method. For the objective function $\mathcal{G}(\gamma, \nu)$ in problem (D4.2), the subgradient for { γ, ν } is given by

$$\left[\frac{\sigma_s^2 N_s}{B} \sum_{i=1}^M \frac{1}{e_i^*} - \Gamma, R - \frac{\tau^*}{T_{\max}} \sum_{i=1}^r \log_2\left(1 + \frac{\lambda_i^2 e_i^*}{\sigma_c^2 \tau^*}\right)\right]^T.$$
(53)

For the constraints $\gamma \geq 0$ and $\nu \geq 0$, the corresponding subgradients are given as $[1,0]^T$ and $[0,1]^T$, respectively. Accordingly, we obtain the optimal solution (γ^*, ν^*) to (D4.2).

By substitute (γ^*, ν^*) back to (51) and (52), we obtain (39) and (37), respectively. This thus completes the proof of Propsootion 3.

D. Proof of Proposition 4

We present the proof by considering the case with r < M, while that with r = M can be verified similarly and thus is omitted. First, based on (37), we easily obtain $e_{r+1}^* = \dots = e_M^* > 0$. Next, we prove $e_r^* \ge e_{r+1}^*$ by contradiction. By assuming $e_r^* < e_{r+1}^* = \sqrt{\frac{\eta \gamma^* \sigma_s^2 N_s}{B}}$, we have $\frac{1}{\eta} - \frac{\gamma^* \sigma_s^2 N_s}{B} \frac{1}{(e_r^*)^2} < 0$. Then by substituting this inequality into (38), we have

$$\frac{1}{\eta} - \frac{\gamma^* \sigma_s^2 N_s}{B} \frac{1}{(e_r^*)^2} = \frac{\nu^*}{\ln 2T_{\max}} \left(\frac{\frac{\lambda_r^2}{\sigma_c^2}}{1 + \frac{\lambda_r^2 e_r^*}{\sigma_c^2 \tau^*}} \right) < 0, \quad (54)$$

where there is a contradiction since dual variables and other parameters are non-negative. Accordingly, we have $e_r^* \ge e_{r+1}^*$. Finally, in remains to prove $e_1^* \ge e_2^* \ge \ldots \ge e_r^*$. Similarly, we use contradiction again by assuming $e_i^* < e_{i+1}^*$, $i \le r-1$, then

$$\frac{1}{\eta} - \frac{\gamma^* \sigma_s^2 N_s}{B} \frac{1}{(e_i^*)^2} = \frac{\nu^*}{\ln 2T_{\max}} \left(\frac{\frac{\lambda_i^2}{\sigma_c^2}}{1 + \frac{\lambda_i^2 e_i^*}{\sigma_c^2 \tau^*}} \right) < \frac{1}{\eta} - \frac{\gamma^* \sigma_s^2 N_s}{B} \frac{1}{(e_{i+1}^*)^2} = \frac{\nu^*}{\ln 2T_{\max}} \left(\frac{\frac{\lambda_{i+1}^2}{\sigma_c^2}}{1 + \frac{\lambda_{i+1}^2 e_{i+1}^*}{\sigma_c^2 \tau^*}} \right).$$
(55)

Recall that we have $\lambda_1 \ge \ldots \ge \lambda_r$ for the singular values of communication channel H_c . It is easy to obtain

$$\frac{\nu^*}{\ln 2T_{\max}} \left(\frac{\frac{\lambda_i^2}{\sigma_c^2}}{1 + \frac{\lambda_i^2 e_i^*}{\sigma_c^2 \tau^*}} \right) > \frac{\nu^*}{\ln 2T_{\max}} \left(\frac{\frac{\lambda_{i+1}^2}{\sigma_c^2}}{1 + \frac{\lambda_{i+1}^2 e_{i+1}^*}{\sigma_c^2 \tau^*}} \right), \quad (56)$$

which is contradictory to (55). As a result, $e_1^* \ge e_2^* \ge \ldots \ge e_r^*$ can be proved. Therefore, it follows that $e_1^* \ge e_2^* \ge \ldots \ge e_r^* \ge e_{r+1}^* = \ldots = e_M^* > 0$. As we define $p_i^* = \frac{e_i}{\tau^*}$, such that we have $p_1^* \ge p_2^* \ge \ldots \ge p_r^* \ge p_{r+1}^* = \ldots = p_M^* > 0$. This thus completes the proof of Proposition 4.

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