Pondering Effects of Video Games on Children

Dear Drs. Albrecht and Michael,

I recently came across your Editorial titled: "We've Got to do Better" [1] and felt compelled to write to you. Your inquiries in regards to the problems with gaming forced me to take a step back and rethink what I have been doing. You see, lately I have been teaching myself how to program games.

I am a father of four beautiful children and, being the only breadwinner in the household, I felt that the best way to generate an extra income would be to create games since gaming appears to be the biggest money maker when it comes to application development, especially in regards to App sales on mobile phones and iPads.



BUT... after reading your article on Internet addiction and hearing your thoughts on the problems of the gaming industry on the *Katherine Albrecht Show* between January 7th and January 13th this year, I pondered on how the games are sucking our children's minds out of reality into a virtual one. I stepped back and took notice to something... I asked myself that question you have in your article [1, p. 7]- "where are my children now?" Well, all four of them are gaming... two on computers, the other two on a WiiU console, and my wife on a Facebook game. In fact, every evening at this time they are at the same place, playing video games.

My stomach dropped as I had come to the realization that I had unwittingly allowed a virtual world to steal my family as it had stolen me so many years earlier. And here I am now, trying to make a profit by sucking the minds of so many others away from reality into a fake world... and for what? A dollar or two per person? In reality what I would be taking from these people isn't their money, but their time, their participation in reality, their relationships, hopes, and dreams.

Every person is allotted only so much time in this world, and I'd be telling people that for a few dollars I can take countless hours from your lifespan and nullify any difference you could have made in this world. I would put your mind into a non-thinking trance as the days go by.

Well, no more. I can no longer close a blind eye in the pursuit of a profit in exchange for people's souls. So I will be dropping my endeavor to produce games.

Thank you for waking me up.

God Bless,

[1] K. Albrecht and K. Michael, "We've got to do better," IEEE Technology & Society Mag., vol. 33, Spr. 2014.

–Jim Fifth

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