# SPECTRAL APPROACH TO LINEAR PROGRAMMING BOUNDS ON CODES 

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#### Abstract

We give new proofs of asymptotic upper bounds of coding theory obtained within the frame of Delsarte's linear programming method. The proofs rely on the analysis of eigenvectors of some finitedimensional operators related to orthogonal polynomials. The examples of the method considered in the paper include binary codes, binary constant-weight codes, spherical codes, and codes in the projective spaces.


1. Introduction. Let $X$ be a compact metric space with distance function $d$. A code $C$ is a finite subset of $X$. Define the minimum distance of $C$ as $d(C)=\min _{x, y \in C, x \neq y} d(x, y)$. A variety of metric spaces that arise from different applications include the binary Hamming space, the binary Johnson space, the sphere in $\mathbb{R}^{n}$, real and complex projective spaces, Grassmann manifolds, etc. Estimating the maximum size of the code with a given value of $d$ is one of the main problems of coding theory. Let $M$ be the cardinality of $C$. A powerful technique to bound $M$ above as a function of $d(C)$ that is applicable in a wide class of metric spaces including all of the aforementioned examples is Delsarte's linear programming method [2]. The first such examples to be considered were the binary Hamming space $H_{n}=\{0,1\}^{n}$ and the Johnson space $J^{n, w} \subset H_{n}$ which is formed by all the vectors of $H_{n}$ of Hamming weight $w$, with the distance given by the Hamming metric. The best currently known asymptotic estimates of the size of binary codes and binary constant weight codes were obtained in McEliece, Rodemich, Rumsey, Welch [11] and are called the MRRW bounds. Shortly thereafter, Kabatiansky and Levenshtein [7] established an analogous bound for codes on the unit sphere in $\mathbb{R}^{n}$ with Euclidean metric and some related spaces. This paper also introduced a general approach to bounding the code size in distance-transitive metric spaces based on harmonic analysis of their isometry group. This approach was furthered in papers [8 [10] which also explored the limits of Delsarte's method.

In this paper we suggest a new proof method for linear programming upper bounds of coding theory. Our approach, which relies on the analysis of eigenvectors of some finite-dimensional operators related to orthogonal polynomials arguably makes some steps of the proofs conceptually more transparent then those previously known. We also consider some of the main examples mentioned above, The linear-algebraic ideas that we follow were introduced in a recent paper by Bachoc [1] in which a similar approach has been taken to establish an asymptotic bound for codes in the real Grassmann manifold.
2. A bound on the code size. We assume that $X$ is a distance-transitive space which means that its isometry group $G$ acts doubly transitively on ordered pairs of points at a given distance. In this case the zonal spherical kernels $K_{i}(\mathbf{x}, \mathbf{y})$ associated with irreducible regular representations of $G$ depend only on the distance between $\mathbf{x}$ and $\mathbf{y}$. In all the examples mentioned above, except for the Grassmann manifold, $K_{i}(\mathbf{x}, \mathbf{y})$ can be expressed as a univariate polynomial $p_{i}(x)$ of degree $i$, where $x=\tau(d)$ is some function of the distance $d(\mathbf{x}, \mathbf{y})$.

Let $D$ be the (finite or infinite) set of the possible values of the distance in $X$. We will assume that $\tau(d(\mathbf{x}, \mathbf{y}))$ is a monotone function that sends $D$ to a segment $[a, b]$. For instance, for the Hamming space, $D=\{0,1, \ldots, n\}$ and $\tau$ can be taken the identity function. For the sphere $S^{n-1}(\mathbb{R}), D=[0,2]$. In this

[^0]case it is convenient to take $\tau(d)=1-d^{2} / 2$ to be the scalar product $(\mathbf{x}, \mathbf{y})=\sum_{i} x_{i} y_{i}$. The invariant measure on $G$ induces a measure $d \mu$ on $[a, b]$. For instance, for $X=\{0,1\}^{n}$, the measure $d \mu$ corresponds to the binomial probability distribution on $\{0,1, \ldots, n\}$, so $\int_{D} d \mu=1$. We will assume that the last condition holds in general and normalize $\mu$ when this is not the case.

The kernels $K_{i}(\mathbf{x}, \mathbf{y}), i=0,1, \ldots$, are positive semidefinite which means that $\sum_{\mathbf{x}, \mathbf{y} \in C} K_{i}(\mathbf{x}, \mathbf{y}) \geq 0$ for any finite set $C \subset X$. This property together with the fact that $K_{i}(\mathbf{x}, \mathbf{y})$ can be expressed as a polynomial of one variable gives rise to the following set of inequalities

$$
\begin{equation*}
\sum_{\mathbf{x}, \mathbf{y} \in C} p_{i}(\tau(d(\mathbf{x}, \mathbf{y}))) \geq 0, \quad i=0,1, \ldots \tag{1}
\end{equation*}
$$

called the Delsarte inequalities in coding theory.
The function $\tau$ can be chosen in such a way that the polynomials $p_{i}, i=0,1, \ldots$, are orthogonal on $[a, b]$ with respect to the scalar product $\langle f, g\rangle=\int f g d \mu$. Below we denote by $V$ the space $L_{2}(d \mu)$ of square-integrable functions on $[a, b]$.

We will assume that the polynomials $p_{i}$ are orthonormal, i.e., $\left\|p_{i}\right\|^{2}=\left\langle p_{i}, p_{i}\right\rangle=1$. Note that this implies that $p_{0} \equiv 1$. Another assumption used below is that the product $p_{i} p_{j}$ for all $i, j \geq 0$ expands into the basis $\left\{p_{i}\right\}$ with nonnegative coefficients, i.e.,

$$
\begin{equation*}
p_{i} p_{j}=\sum_{k} q_{i, j}^{k} p_{k} \quad\left(q_{i, j}^{k} \geq 0\right) . \tag{2}
\end{equation*}
$$

This property is again implied by the fact that the zonal spherical kernels are positive semidefinite, see [7].
Since the polynomials $\left\{p_{i}\right\}$ are orthogonal, they satisfy a three-term recurrence [12] of the form

$$
\begin{equation*}
x p_{k}=\alpha_{k} p_{k+1}+\beta_{k} p_{k}+\gamma_{k} p_{k-1} \quad\left(k=0,1, \ldots ; p_{-1}=0\right) . \tag{3}
\end{equation*}
$$

Let $P_{1}=\varepsilon p_{1}$, where $\varepsilon>0$ is some constant. We will write this recurrence in the form

$$
\begin{equation*}
P_{1} p_{k}=a_{k} p_{k+1}+b_{k} p_{k}+c_{k} p_{k-1}, \tag{4}
\end{equation*}
$$

which follows from (3) upon noticing that $P_{1}$ is a linear function. By (2), the coefficients $a_{k}, b_{k}, c_{k}$ are nonnegative.

Let $C \subset X$ be a code of size $M$ and distance $d$. Denote by $\Delta(C)=\{\tau(d(\mathbf{x}, \mathbf{y})), \mathbf{x}, \mathbf{y} \in C, \mathbf{x} \neq \mathbf{y}\}$ the set of values that the function $\tau$ takes on the distances between distinct code points. Let $\tau_{0}=\tau(0)$.

The main theorem of the linear-programming method asserts the following.
Theorem 1. [2, 7] Let $C \subset X$ be a code of size $M$. Let $F(t)=\sum_{i=0}^{m} F_{i} p_{i}(x)$ be a polynomial that satisfies (i) $F_{0}>0, F_{i} \geq 0, i=1,2, \ldots, m$;
(ii) $F(x) \leq 0$ for $x \in \Delta(C)$.

Then $M \leq F\left(\tau_{0}\right) / F_{0}$.
The proof is obvious because on the one hand, by assumption (ii)

$$
\sum_{\mathbf{x}, \mathbf{y} \in C} F(\tau(d(\mathbf{x}, \mathbf{y}))) \leq M F\left(\tau_{0}\right)
$$

on the other hand, because of (11), assumption (i) and the fact that $p_{0}=1$,

$$
\sum_{\mathbf{x}, \mathbf{y} \in C} F(\tau(d(\mathbf{x}, \mathbf{y})))=\sum_{i} F_{i} \sum_{\mathbf{x}, \mathbf{y}} p_{i}(\tau(d(\mathbf{x}, \mathbf{y}))) \geq F_{0} M^{2} .
$$

This theorem is equivalent to a duality theorem for a linear programming problem whose variables are the coefficients of the distance distribution of the code $C$ and whose constraints are given by the Delsarte inequalities. For this reason, estimates obtained from this theorem are called the linear programming bounds. Our objective in this section is to present a new method of obtaining bounds on $M$ based on this theorem.

We shall use a generic notation $A_{k}\left(c_{i}, b_{i}, a_{i}\right)$ for a tridiagonal matrix of the form

$$
A_{k}=\left[\begin{array}{cccccc}
b_{0} & a_{0} & 0 & 0 & \ldots & 0 \\
c_{1} & b_{1} & a_{1} & 0 & \ldots & 0 \\
& c_{2} & b_{2} & a_{2} & \ldots & 0 \\
\ldots & \ldots & \ldots & \ldots & \ldots & a_{k-1} \\
0 & 0 & \ldots & \ldots & c_{k} & b_{k}
\end{array}\right] .
$$

The largest eigenvalue of a square symmetric matrix $M$ will be denoted by $\lambda_{\max }(M)$.
Throughout the paper we use bold letters to denote operators acting on $V$ and regular letters to denote their matrices in the basis $\left\{p_{i}\right\}$. Let $V_{k}$ be the space of polynomials of degree $\leq k$ considered as a subspace of $V$. Let $\mathbf{E}_{k}$ be the orthogonal projection from $V$ to $V_{k}$. Consider the operator

$$
\mathbf{S}_{k}=\mathbf{E}_{k} \circ P_{1}: V_{k} \rightarrow V_{k},
$$

i.e., multiplication by $P_{1}$ followed by projection on $V_{k}$. The argument that follows relies on the fact that this operator is self-adjoint (with respect to the bilinear form $\langle\cdot, \cdot\rangle$ ). Indeed, both multiplication by a function and the orthogonal projection are self-adjoint operators. Therefore, the matrix $S_{k}=A_{k}\left(c_{i}, b_{i}, a_{i}\right)$ is symmetric. In other words,

$$
a_{i}=\left\langle P_{1} p_{i}, p_{i+1}\right\rangle=\left\langle p_{i}, P_{1} p_{i+1}\right\rangle=c_{i+1} .
$$

A $p \times p$ matrix $A \geq 0$ (i.e., a matrix with nonnegative entries) is called irreducible if for any partition of the set of indices $\{1,2, \ldots, p\}$ into two disjoint subsets $I$ and $J,|I|+|J|=p$, the matrix $\left(a_{i, j}\right)_{i \in I, j \in J}$ is nonzero (in other words, a directed graph $G$ with vertices $\{1,2, \ldots, p\}$ and edges $(i, j)$ whenever $A_{i j}>0$ is strongly connected). For instance, the matrix $S_{k}$ is nonnegative and irreducible.

In the next lemma we collect the properties of irreducible matrices used below.
Lemma 1. Let $A \geq 0$ be a $p \times p$ irreducible symmetric matrix.
(a) Its largest eigenvalue $\lambda_{\max }(A)$ is positive and has multiplicity one. There exists a vector $y>0$ such that $A y=\lambda_{\text {max }}(A) y$.
(b) $\lambda_{\max }(A) \leq \max _{1 \leq i \leq p} \sum_{j} A_{i j}$.
(c) For any $y \neq 0, \lambda_{\max }(A) \geq \frac{(A y, y)}{(y, y)}$.
(d) If $0 \leq B \leq A$ for some matrix $B$, or if $B$ is a principal minor of $A$, then $\left|\lambda_{\max }(B)\right| \leq \lambda_{\max }(A)$.

Here claims (a),(b),(d) form a part of the Perron-Frobenius theory (see, e.g., [5]), and claim (c) is obvious and holds true for any symmetric matrix.

The suggested method for deriving upper bounds is based on the following theorem.
Theorem 2. Let $C \subset X$ be an $(M, d)$ code and let $\rho_{k}=a_{k} p_{k+1}\left(\tau_{0}\right) / p_{k}\left(\tau_{0}\right)$. Then

$$
M \leq \frac{4 \rho_{k} p_{k}^{2}\left(\tau_{0}\right)}{P_{1}\left(\tau_{0}\right)-\lambda_{\max }\left(S_{k}\right)}
$$

for all $k$ such that $\lambda_{\max }\left(S_{k-1}\right) \geq P_{1}(x)$ for all $x \in \Delta(C)$.
Proof: Let $g=\sum_{i=1}^{k} g_{i} p_{i} \in V_{k}$. Fix some $\rho>0$ (its value to be chosen later). Consider the operator $\mathbf{T}_{k}: V_{k} \rightarrow V_{k}$ defined by

$$
\begin{equation*}
\mathbf{T}_{k} g=\mathbf{S}_{k} g-\rho g_{k} p_{k}, \tag{5}
\end{equation*}
$$

and let $\theta_{k}$ be its largest eigenvalue. Recall that $T_{k}$ is the matrix of this operator in the basis $\left\{p_{i}\right\}$. ( $T_{k}$ is the same as $S_{k}$ except that $\left(T_{k}\right)_{k+1, k+1}=\left(S_{k}\right)_{k+1, k+1}-\rho$.) We may "shift" the matrix $T_{k}$ by a multiple of the identity matrix $I$ to make all of its elements nonnegative. For instance, we may consider $T_{k}+\rho_{k} I \geq 0$. Therefore, by Lemma $\square$ d) we have

$$
\lambda_{\max }\left(S_{k-1}+\rho I\right)<\theta_{k}+\rho<\lambda_{\max }\left(S_{k}+\rho I\right),
$$

whence we get

$$
\begin{equation*}
\lambda_{\max }\left(S_{k-1}\right)<\theta_{k}<\lambda_{\max }\left(S_{k}\right) \tag{6}
\end{equation*}
$$

Moreover, the eigenvalue $\theta_{k}$ is of multiplicity one. Denote by $f=\left(f_{0}, f_{1}, \ldots, f_{k}\right) \in V_{k}$ the eigenvector that corresponds to it. By (5) we have

$$
P_{1} f=\theta_{k} f+\rho f_{k} p_{k}+f_{k} a_{k} p_{k+1},
$$

so

$$
f=\frac{\rho p_{k}+a_{k} p_{k+1}}{P_{1}-\theta_{k}} f_{k} .
$$

Consider the polynomial $F=\left(\rho p_{k}+a_{k} p_{k+1}\right) f$. By Lemma a), $f$ can be chosen to have positive coordinates. Therefore by (2), the coefficients of the expansion of $F$ into the basis $\left\{p_{i}\right\}$ are nonnegative. Next, if $\lambda_{\max }\left(S_{k-1}\right) \geq P_{1}(x)$ for $x \in \Delta(C)$, then by (6) we have $F(x) \leq 0$ for $x \in \Delta(C)$, i.e., $F(x)$ satisfies condition (ii) of Theorem 1 Since multiplication by $f$ is a self-adjoint operator, we compute

$$
F_{0}=\left\langle\left(\rho p_{k}+a_{k} p_{k+1}\right) f, 1\right\rangle=\left\langle\rho p_{k}+a_{k} p_{k+1}, f\right\rangle=\rho f_{k}>0
$$

and

$$
F\left(\tau_{0}\right)=\frac{\left(\rho p_{k}\left(\tau_{0}\right)+a_{k} p_{k+1}\left(\tau_{0}\right)\right)^{2}}{P_{1}\left(\tau_{0}\right)-\theta_{k}} f_{k}<\frac{\left(\rho p_{k}\left(\tau_{0}\right)+a_{k} p_{k+1}\left(\tau_{0}\right)\right)^{2}}{P_{1}\left(\tau_{0}\right)-\lambda_{\max }\left(S_{k}\right)} f_{k}
$$

provided that $\lambda_{\max }\left(S_{k}\right)<n$. Thus,

$$
\frac{F\left(\tau_{0}\right)}{F_{0}}<\frac{\left(\rho p_{k}\left(\tau_{0}\right)+a_{k} p_{k+1}\left(\tau_{0}\right)\right)^{2}}{\rho\left(P_{1}\left(\tau_{0}\right)-\lambda_{\max }\left(S_{k}\right)\right)} .
$$

The value of $\rho$ minimizing the left-hand side is $\rho=\rho_{k}$. The claimed estimate is obtained by using the polynomial $F=\left(\rho_{k} p_{k}+a_{k} p_{k+1}\right) f$ in Theorem I

Remark 1. Note that by Lemma d), the $\left\{\lambda_{\max }\left(S_{k}\right)\right\}$ form a monotone increasing sequence. Therefore, the last condition of the theorem holds for all $k$ greater than some value $k_{0}$.

Next let us estimate the largest eigenvalue of $S_{k}$.
Lemma 2. Let $a_{i+1}>a_{i}, b_{i+1}>b_{i}, i=0,1, \ldots$ Then for all $s=1, \ldots, k+1$,

$$
\frac{1}{s}\left(2(s-1) a_{k-s+1}+s b_{k-s+1}\right) \leq \lambda_{\max }\left(S_{k}\right) \leq a_{k-1}+\max \left(a_{k-1}+b_{k-1}, b_{k}\right)
$$

Proof : By Lemma b)

$$
\lambda_{\max }\left(S_{k}\right) \leq \max \left(a_{k-2}+b_{k-1}+a_{k-1}, a_{k-1}+b_{k}\right)
$$

hence the upper bound. On the other hand, take $y=\left(0^{k-s+1} 1^{s}\right)^{t}$ where $t$ denotes transposition. Then by part (c) of the same lemma,

$$
\lambda_{\max }\left(S_{k}\right) \geq \frac{1}{s}\left(2 \sum_{p=1}^{s-1} a_{k-p}+\sum_{p=0}^{s-1} b_{k-p}\right) .
$$

Since we assumed that the coefficients $a_{i}, b_{i}$ are monotone increasing on $i$ this implies the lower bound.
Remark 2. In effect, Lemma 2 provides an estimate of the extremal zero of $p_{k+1}$. Indeed, consider the operator $\mathbf{X}_{k}=\mathbf{E}_{k} \circ x: V_{k} \rightarrow V_{k}$. It is self-adjoint, so its matrix in the basis $\left\{p_{i}\right\}$ is tridiagonal symmetric and is given by $X_{k}=A_{k}\left(\gamma_{i}, \beta_{i}, \alpha_{i}\right)$, where the elements $\alpha_{i}, \beta_{i}, \gamma_{i}$ are the coefficients in the three-term recurrence (3).

It is well known (e.g., [6]) that the spectrum of $X_{k}$ coincides with the set of zeros of $p_{k+1}$. [A proof goes as follows: let $p_{k+1}(\lambda)=0$. Consider the action of $\mathbf{X}_{k}$ on the polynomial $f=p_{k+1} /(\lambda-x) \in V_{k}$ :

$$
\lambda f-\mathbf{X}_{k} f=\lambda f-\mathbf{E}_{k}(x f)=\mathbf{E}_{k}((\lambda-x) f)=\mathbf{E}_{k} p_{k+1}=0 .
$$

Conversely, if $f \in V_{k}, f \not \equiv 0$, and $0=\lambda f-\mathbf{X}_{k} f=\mathbf{E}_{k}((\lambda-x) f)$, this implies that $(\lambda-x) f$ is a constant multiple of $p_{k+1}$. Therefore, $p_{k+1}(x)$ is proportional ${ }^{1}$ to $\operatorname{det}\left(x I_{k+1}-X_{k}\right)$.] Then the largest zero $x_{k+1}^{+}$of $p_{k+1}$ can be found as $x_{k+1}^{+}=\lambda_{\max }\left(X_{k}\right)=\max _{\|y\|=1}\left(X_{k} y, y\right)$, or more concretely as

$$
x_{k+1}^{+}=\max _{\|y\|=1}\left\{\sum_{i=0}^{k} \beta_{i} y_{i}^{2}+2 \sum_{i=0}^{k-1} \alpha_{i} y_{i} y_{i+1}\right\} .
$$

This formula was first published in [10 p.580] with a different proof.
We note that the relation between the extremal zero of $p_{k+1}$ and the largest eigenvalue $\lambda_{\max }\left(X_{k}\right)$ makes the task of finding the zero computationally much easier that the direct approach because of the existence of very efficient iterative algorithms for the symmetric eigenvalue problem. This property is helpful for computing linear programming bounds on codes such as the bounds considered in the next section and other similar results for codes of moderate or even large length (on the order of several thousands).
3. Examples. In this section we consider a few examples of interest to coding theory.
3.1. Binary codes. Let $X=\{0,1\}^{n}$ be the binary Hamming space. It is known [2] 7] that the polynomials $p_{i}$ are given by the (normalized) Krawtchouk polynomials $\left\{\tilde{K}_{k}(x), k=0,1, \ldots, n\right\}$. We have $\mu(i)=2^{-n}\binom{n}{i}$, so the bilinear form can be written as $\langle f, g\rangle=\sum_{i=0}^{n} \mu(i) f(i) g(i)$. Let $C$ be a binary code of length $n$, size $M$ and minimum Hamming distance $d=d(C)$. We choose $\tau(k)=k$ to obtain $\Delta(C) \subset\{d, d+1, \ldots, n\}$. This inclusion may be proper depending on the code $C$, but we will ignore this and assume that $\Delta(C)=$ $\{d, d+1, \ldots, n\}$ since this assumption can only relax the linear programming bound on $M$.

The polynomials $\tilde{K}_{k}$ satisfy a three-term recurrence relation [12]

$$
\begin{equation*}
2 x \tilde{K}_{k}(x)=-\sqrt{(n-k)(k+1)} \tilde{K}_{k+1}(x)+n \tilde{K}_{k}(x)-\sqrt{(n-k+1) k} \tilde{K}_{k-1}(x), \tag{7}
\end{equation*}
$$

$\tilde{K}_{0}=1, \tilde{K}_{i}(x) \tilde{K}_{j}(x)=\sum_{k} q_{i, j}^{k} \tilde{K}_{k}(x)$ with $q_{i, j}^{k} \geq 0$, and

$$
\begin{equation*}
\tilde{K}_{k}(0)=\sqrt{\binom{n}{k}} . \tag{8}
\end{equation*}
$$

Choose in (4) $P_{1}=\sqrt{n} p_{1}=n-2 x$. From (7) we then obtain $S_{k}=A_{k}\left(a_{i-1}, 0, a_{i}\right)$, where $a_{i}=$ $\sqrt{(i+1)(n-i)}, i=0,1, \ldots$, or more explicitly,

$$
S_{k}=\left[\begin{array}{cccccc}
0 & \sqrt{n} & 0 & \ldots & \cdots & 0 \\
\sqrt{n} & 0 & \sqrt{2(n-1)} & \cdots & \cdots & 0 \\
0 & \sqrt{2(n-1)} & 0 & \cdots & \cdots & 0 \\
\cdots & \cdots & \cdots & \cdots & \cdots & \cdots \\
\cdots & \cdots & \cdots & 0 & \sqrt{(k-1)(n-k+2)} & 0 \\
\cdots & \cdots & \cdots & \sqrt{(k-1)(n-k+2)} & 0 & \sqrt{k(n-k+1)} \\
0 & 0 & \cdots & 0 & \sqrt{k(n-k+1)} & 0
\end{array}\right] .
$$

The monotonicity assumption of Lemmanclearly holds because $a_{k}>a_{k-1}$ as long as $k<n / 2$. Therefore for the largest eigenvalue of $S_{k}$ we obtain the following estimate:

$$
\frac{2(s-1)}{s} \sqrt{(k-s+2)(n-k+s-1)} \leq \lambda_{\max }\left(S_{k}\right) \leq 2 \sqrt{k(n-k+1)} .
$$

Letting $n \rightarrow \infty, s \rightarrow \infty, s=o(n)$, we obtain the exact asymptotic behavior of the main term:

$$
\begin{equation*}
\lim _{n \rightarrow \infty, k / n \rightarrow \tau} \frac{\lambda_{\max }\left(S_{k}\right)}{n}=2 \sqrt{\tau(1-\tau)} \tag{9}
\end{equation*}
$$

[^1]Since $\tau_{0}=0$ and $\rho_{k}=n-k$, the bound of Theorem 2takes the form

$$
\begin{equation*}
M \leq \frac{4(n-k)}{n-\lambda_{\max }\left(S_{k}\right)}\binom{n}{k} \tag{10}
\end{equation*}
$$

for all $k$ such that $\lambda_{\max }\left(S_{k-1}\right) \geq P_{1}(d)=n-2 d$. This estimate together with (9) leads to the following asymptotic result (the asymptotic MRRW bound for binary codes [11):

$$
\frac{1}{n} \log M \leq h(1 / 2-\sqrt{\delta(1-\delta)})(1+o(1)) .
$$

Here $h(x)=x \log _{2} x-(1-x) \log _{2}(1-x)$ is the binary entropy function. Indeed, let $\lim \frac{d}{n}=\delta$ and assume that $\delta \leq 1 / 2$. We need to choose $k$ so that $\frac{\lambda_{k-1}}{n} \geq(1-2 \delta)(1+o(1))$ as $n \rightarrow \infty$. In the limit, this amounts to taking $\tau$ that satisfies $2 \sqrt{\tau(1-\tau)} \geq 1-2 \delta$, or $\tau \geq 1 / 2-\sqrt{\delta(1-\delta)}$. The result now follows by the Stirling approximation.

Remark 3. Specializing Remark 2 to the case at hand, we observe from (7) that

$$
X_{k}=1 / 2\left(n I_{k+1}-S_{k}\right)=1 / 2 A_{k}(-\sqrt{i(n-i+1)}, n,-\sqrt{(i+1)(n-i)}) .
$$

Therefore we obtain the following expression for the largest root of $\tilde{K}_{k+1}$ :

$$
x_{k+1}^{+}=\frac{n}{2}+\max _{\|y\|=1}^{k-1} \sum_{i=0} y_{i} y_{i+1} \sqrt{(i+1)(n-i)} .
$$

This result is originally due to [9]. Although more accurate estimates of the extremal zeros are available in the literature [10, 4], our Lemma 2] suffices to compute the correct value of the main term.

Remark 4. The bound (10) is close to the previously known estimates obtained within the frame of Delsarte's method. In particular, Levenshtein [8, 10] constructed a sequence of polynomials that are optimal in the Delsarte problem (with some qualifiers). His results imply that the above estimate does not improve the known bounds on $M$. The result of [11] is also of the form similar to (10).

Remarks 2-4, modified appropriately, apply also to the other examples in this section.
3.2. Constant-weight codes. Now let $X \subset J^{n, w}$ the binary Johnson space, i.e., the set of vectors in $\{0,1\}^{n}$ of Hamming weight $w$. We take $d$ to be the Hamming metric so that $D=\{0,2, \ldots, 2 w\}$ and put $\tau(d)=d / 2$. The relevant family of orthogonal polynomials is given by the Hahn polynomials $H_{k}(x)$ [2]. They are orthogonal on $\tau(D)=\{0,1, \ldots, w\}$ with respect to the weight $\mu_{J}(i)=\frac{\binom{w}{i}\binom{n-w}{i}}{\binom{n}{w}}$ according to $\int H_{k} H_{m} d \mu_{J}=\frac{n-2 k+1}{n-k+1}\binom{n}{k} \delta_{k m}$ and satisfy a three-term recurrence

$$
\begin{align*}
& \quad(k+1)(w-k)(n-w-k)(n-2 k+2)(n-2 k+3) H_{k+1}(x)=  \tag{11}\\
& (n-2 k-1)(n-2 k+3)[(n+2) w(n-w)-n k(n-k+1)-(n-2 k)(n-2 k+2) x] H_{k}(x) \\
& \quad-(n-2 k-1)(n-2 k)(w-k+1)(n-w-k+1)(n-k+2) H_{k-1}(x) .
\end{align*}
$$

Note that $\sum_{i=1}^{w} \mu_{J}(i)=1$. Let us normalize $H_{k}$ by setting $\tilde{H}_{k}=\left(\frac{n-2 k+1}{n-k+1}\binom{n}{k}\right)^{-1 / 2} H_{k}$. As above, we have

$$
\tilde{H}_{i}(x) \tilde{H}_{j}(x)=\sum_{k=0}^{w} q_{i, j}^{k} \tilde{H}_{k}(x) \quad\left(q_{i, j}^{k} \geq 0\right)
$$

and

$$
\tilde{H}_{k}(0)=\sqrt{\frac{n-2 k+1}{n-k+1}\binom{n}{k}} .
$$

Let us take

$$
P_{1}(x)=(n-1)^{-1 / 2} \tilde{H}_{1}(x)=1-\frac{n x}{w(n-w)} .
$$

Let us write out the matrix of the operator $\mathbf{S}_{k}=\mathbf{E}_{k} \circ P_{1}$ in the orthonormal basis. We have $S_{k}=$ $A_{k}\left(a_{i-1}, b_{i}, a_{i}\right)$, where the matrix elements can be computed from (11). We obtain

$$
\begin{gathered}
a_{i}=\frac{n(w-i)(n-w-i)}{w(n-w)(n-2 i)} \sqrt{\frac{(i+1)(n-i+1)}{(n-2 i+1)(n-2 i-1)}}, \\
b_{i}=\frac{(n-2 w)^{2} i(n-i+1)}{w(n-w)(n-2 i)(n-2 i+2)}, \quad i \geq 0 .
\end{gathered}
$$

Let $C \subset J^{n, w}$ be a code of size $M$ and distance $2 d$. Let us apply Theorem 2 to bounding $M$ as a function of $d$. We have $\tau_{0}=0, \tilde{H}_{0}=1$,

$$
\rho_{k}=a_{k} \frac{\tilde{H}_{k+1}(0)}{\tilde{H}_{k}(0)}=\frac{n(w-k)(n-w-k)(n-k+1)}{w(n-w)(n-2 k)(n-2 k+1)},
$$

and $\Delta(C)=\{0,1, \ldots, d\}$. Thus, we obtain the following estimate.
Theorem 3.

$$
M \leq \frac{4 n(w-k)(n-w-k)}{\left(1-\lambda_{\max }\left(S_{k}\right)\right) w(n-w)(n-2 k)}\binom{n}{k}
$$

for all $k$ such that $\lambda_{\max }\left(S_{k-1}\right) \geq 1-\frac{n d}{w(n-w)}$.
Let us find the minimum $k$ that satisfies the required condition. First we use Lemman to compute the asymptotic behavior of $\lambda_{\max }\left(S_{k}\right)$.

## Lemma 3.

$$
\lim _{\substack{n \rightarrow \infty \\ w / n \rightarrow \omega, k / n \rightarrow \tau}} \lambda_{\max }\left(S_{k}\right)=\frac{2 \omega(1-\omega)+\sqrt{\tau(1-\tau)}}{\omega(1-\omega)(1+2 \sqrt{\tau(1-\tau)})} \sqrt{\tau(1-\tau)} .
$$

Proof: Note that for the upper bound in Lemma 2 is suffices to prove that the value $a_{i}+b_{i}+a_{i-1}$ grows on $i$. Letting $\alpha=\frac{i}{n}$, we compute

$$
\begin{aligned}
a_{i-1}+b_{i}+a_{i}= & \frac{2(\omega-\alpha)(1-\omega-\alpha) \sqrt{\alpha(1-\alpha)}+(1-2 \omega)^{2} \alpha(1-\alpha)}{\omega(1-\omega)(1-2 \alpha)^{2}}(1+o(1)) . \\
& =\frac{2 \omega(1-\omega) \sqrt{\alpha(1-\alpha)}+\alpha(1-\alpha)}{\omega(1-\omega)(1+2 \sqrt{\alpha(1-\alpha)})}(1+o(1)) .
\end{aligned}
$$

The main term on the right-hand side of the last expression is a growing function of $\alpha$. Indeed, $\sqrt{\alpha(1-\alpha)}$ grows on $\alpha$ for $\alpha<1 / 2$, so we only need to check that the function $t(2 \omega(1-\omega)+t) /(1+2 t)$ increases on $t$ for $0 \leq t \leq 1 / 2$ which is straightforward. Thus we put $i=k-1$ and obtain for $\lambda_{\max }\left(S_{k}\right)$ an upper bound of the form claimed. Lemma 2 also implies a matching lower bound. Namely, from its proof,

$$
\lambda_{\max }\left(S_{k}\right) \geq \frac{1}{s}\left(2 \sum_{p=1}^{s-1} a_{k-p}+\sum_{p=0}^{s-1} b_{k-p}\right) \quad(s=1, \ldots, k+1) .
$$

For large values of the parameters, we can write

$$
\lambda_{\max }\left(S_{k}\right) \geq\left(a_{k-s}+b_{k-s+1}+a_{k-s+1}\right)(1+o(1)) .
$$

The proof is completed by letting $s \rightarrow \infty, s=o(n)$.
Let us use this lemma in Theorem 3 Assume that $n \rightarrow \infty, d=\delta n$. The condition on $k$ in this theorem will be fulfilled for any $k=\tau / n$ that satisfies

$$
\frac{2 \omega(1-\omega)+\sqrt{\tau(1-\tau)}}{\omega(1-\omega)(1+2 \sqrt{\tau(1-\tau)}} \sqrt{\tau(1-\tau)}>1-\frac{\delta}{\omega(1-\omega)}
$$

or

$$
\delta>\frac{(\omega-\tau)(1-\omega-\tau)}{1+2 \sqrt{\tau(1-\tau)}} .
$$

We conclude that Theorem 3 implies the following estimate for an $(n, M, 2 \delta n)$ code $C \subset J^{n, w}$ (the asymptotic MRRW bound for constant weight codes [11]):

$$
\frac{1}{n} \log M \leq h(\tau)(1+o(1)),
$$

where $\delta=(\omega-\tau)(1-\omega-\tau) /(1+2 \sqrt{\tau(1-\tau)})$.
3.3. Spherical codes. Consider codes on the unit sphere $S^{n-1}$ in $\mathbb{R}^{n}$. The polynomials $p_{i}$ in this case belong to the family of Gegenbauer polynomials $C_{k}(x)$ [12, pp.80ff]. We have

$$
\int_{-1}^{1} C_{i}(x) C_{j}(x)\left(1-x^{2}\right)^{\frac{n-3}{2}} d x=\frac{\binom{n+i-3}{i}}{n+2 i-2} \omega_{n} \delta_{i, j},
$$

where $\omega_{n}=\frac{\pi \Gamma(n-2)}{2^{n-2} \Gamma^{2}\left(\frac{n-2}{2}\right)}$, and in particular for $i=j=0, \int_{-1}^{1}\left(1-x^{2}\right)^{\frac{n-3}{2}} d x=\omega_{n} /(n-2)$. We also have $C_{k}(1)=\binom{n+k-3}{k}$.

Normalizing the measure, we obtain $d \mu(x)=\frac{n-2}{\omega_{n}}\left(1-x^{2}\right)^{(n-3) / 2} d x$. The normalized Gegenbauer polynomials are then given by

$$
\tilde{C}_{k}=\sqrt{\frac{n+2 k-2}{(n-2)\binom{n+k-3}{k}}} C_{k} .
$$

The polynomials $\tilde{C}_{k}$ satisfy a three-term recurrence of the form

$$
x \tilde{C}_{k}(x)=a_{k} \tilde{C}_{k+1}(x)+a_{k-1} \tilde{C}_{k-1}(x),
$$

where $a_{i}=\sqrt{\frac{(n+i-2)(i+1)}{(n+2 i)(n+2 i-2)}}, i=0, \ldots$, and $\tilde{C}_{-1}=0, \tilde{C}_{0}=1$. Further, $\tilde{C}_{i} \tilde{C}_{j}=\sum_{k} q_{i, j}^{k} \tilde{C}_{k}$ where $q_{i, j}^{k} \geq 0$ and

$$
\tilde{C}_{k}(1)=\sqrt{\frac{n+2 k-2}{n-2}\binom{n+k-3}{k}} .
$$

Let $C(n, M, t)$ denote a code in which the angle between any two distinct vectors $\mathbf{x}_{i}, \mathbf{x}_{j}$ satisfies $\cos \left(\widehat{\mathbf{x}_{i},} \mathbf{x}_{j}\right)$ $\leq t$. As remarked above, we take $\tau(d)=1-d^{2} / 2$. We have $D=[0,2], \tau(D)=[-1,1], \Delta(C) \subset$ $[-1, t], \tau_{0}=1$. Choose $P_{1}(x)=n^{-1 / 2} \tilde{C}_{1}(x)=x$, then the matrix $S_{k}$ has the form $A_{k}\left(a_{i-1}, 0, a_{i}\right)$, so

$$
\rho_{k}=a_{k} \frac{\tilde{C}_{k+1}(1)}{\tilde{C}_{k}(1)}=\frac{n+k-2}{n+2 k-2} .
$$

From Theoremwe obtain

## Theorem 4.

$$
\begin{equation*}
M \leq \frac{4}{1-\lambda_{\max }\left(S_{k}\right)}\binom{n+k-2}{k} \tag{12}
\end{equation*}
$$

for all $k$ such that $\lambda_{\max }\left(S_{k-1}\right) \geq t$.
This coincides with the original bound of [7].
Lemma 4. For any $s=2, \ldots, k$

$$
\frac{2(s-1)}{s} \sqrt{\frac{(n+k-s-1)(k-s+2)}{(n+2 k-2 s+2)(n+2 k-2 s)}} \leq \lambda_{\max }\left(S_{k}\right) \leq 2 \sqrt{\frac{(n+k-3) k}{(n+2 k-2)(n+2 k-4)}} .
$$

In particular,

$$
\lim _{n \rightarrow \infty, \frac{k}{n} \rightarrow \rho} \frac{\lambda_{\max }\left(S_{k}\right)}{n}=2 \frac{\sqrt{\rho(1+\rho)}}{1+2 \rho}
$$

Proof: We only need to check that $a_{i} \geq a_{i+1}$. For $n \geq 5$,

$$
a_{i}^{2}-a_{i-1}^{2}=\frac{(n-2)(n-4)}{(n+2 i)(n+2 i-2)(n+2 i-4)}>0
$$

so $a_{i}$ is an increasing function of $i$. The inequalities in the claim now follow directly from Lemma Letting $s \rightarrow \infty, s=o(n)$ and taking the limit gives the asymptotic behavior of $\lambda_{\max }\left(S_{k}\right)$.

Theorem 4 and Lemma 4 together enable us to recover the asymptotic bound of [7]. Namely, using the Stirling approximation we obtain

$$
\frac{1}{n} \log M \leq((1+\rho) \log (1+\rho)-\rho \log \rho)(1+o(1))
$$

under the condition $t \leq \lambda_{\max }\left(X_{k-1}\right)$ which in the limit of $n \rightarrow \infty, \frac{k}{n} \rightarrow \rho$ translates into $\rho \geq \frac{1-\sqrt{1-t^{2}}}{2 \sqrt{1-t^{2}}}$.
3.4. Codes in projective spaces. A class of spaces related to the real sphere is given by the projective spaces $\mathbb{P} L^{n-1}$ where $L=\mathbb{R}$ or $\mathbb{C}$ of $\mathbb{H}$. The zonal spherical functions in these spaces are given by the Jacobi polynomials $P_{k}^{\alpha, \beta}(x)$ [12], where $\alpha=\sigma(n-1)-1, \beta=\sigma-1$, and $\sigma=1 / 2,1,2$, respectively.

The polynomials $P_{k}^{\alpha, \beta}(x)$ satisfy

$$
\begin{gathered}
\int_{-1}^{1} P_{i}^{\alpha, \beta}(x) P_{j}^{\alpha, \beta}(x)(1-x)^{\alpha}(1+x)^{\beta} d x=\frac{2^{\alpha+\beta+1}(k+\alpha)!(k+\beta)!}{(2 k+\alpha+\beta+1) k!(k+\alpha+\beta)!} \delta_{i, j} \\
P_{k}(1)=\binom{k+\alpha}{\alpha}
\end{gathered}
$$

where by definition $x!=\Gamma(x+1)$. The coefficients of three-term recurrence (3) have the form

$$
\begin{gathered}
\alpha_{k}=\frac{2(k+1)(k+\alpha+\beta+1)}{(2 k+\alpha+\beta+1)(2 k+\alpha+\beta+2)}, \quad \beta_{k}=\frac{\beta^{2}-\alpha^{2}}{(2 k+\alpha+\beta)(2 k+\alpha+\beta+2)} \\
\gamma_{k}=\frac{2(k+\alpha)(k+\beta)}{(2 k+\alpha+\beta)(2 k+\alpha+\beta+1)}
\end{gathered}
$$

Define the bilinear form on $V$ by $\langle f, g\rangle=\int_{-1}^{1} f g d \mu$, where

$$
d \mu(x)=\frac{(\alpha+\beta+1)\binom{\alpha+\beta}{\alpha}}{2^{\alpha+\beta+1}}(1-x)^{\alpha}(1+x)^{\beta} d x
$$

Then the squared norm of $P_{k}$ is equal to

$$
\left\|P_{k}^{\alpha, \beta}\right\|^{2}=\frac{(\alpha+\beta+1)(\alpha+\beta)!(k+\alpha)!(k+\beta)!}{(2 k+\alpha+\beta+1) \alpha!\beta!k!(k+\alpha+\beta)!}
$$

Denote by $\tilde{P}_{k}=P_{k}^{\alpha, \beta} /\left\|P_{k}^{\alpha, \beta}\right\|$ the normalized Jacobi polynomials.
We will take in (4)

$$
P_{1}(x)=P_{1}^{\alpha, \beta}(x)=\frac{1}{2}((\alpha+\beta+2) x+\alpha-\beta)
$$

then the coefficients of the recurrence are found to be

$$
\begin{gathered}
a_{k}=\frac{\alpha+\beta+2}{2 k+\alpha+\beta+2} \sqrt{\frac{(k+\alpha+1)(k+\beta+1)(k+1)(k+\alpha+\beta+1)}{(2 k+\alpha+\beta+3)(2 k+\alpha+\beta+1)}} \\
b_{k}=\frac{2(\alpha-\beta) k(k+\alpha+\beta+1)}{(2 k+\alpha+\beta)(2 k+\alpha+\beta+2)}
\end{gathered}
$$

and $c_{k}=a_{k-1}$.
Let $C \subset X$ be a code of size $M$ in which $\left|\left(\mathbf{x}_{i}, \mathbf{x}_{j}\right)\right| \leq t$ for any two distinct vectors $\mathbf{x}_{i}, \mathbf{x}_{j}$. We have $D=[0, \sqrt{2}]$, so choosing $\tau(d)=2\left(1-d^{2} / 2\right)^{2}-1$ we obtain $\tau(D)=[-1,1], \Delta(C) \subset\left[-1,2 t^{2}-1\right]$. We compute

$$
\begin{gathered}
\tilde{P}_{k}^{2}(1)=\frac{(2 k+\alpha+\beta+1)}{\alpha+\beta+1} \frac{\binom{k+\alpha}{\alpha}\binom{k+\alpha+\beta}{k}}{\binom{k+\beta}{\beta}} . \\
\rho_{k}=a_{k} \frac{\tilde{P}_{k+1}(1)}{\tilde{P}_{k}(1)}=\frac{(\alpha+\beta+2)(k+\alpha+1)(k+\alpha+\beta+1)}{(2 k+\alpha+\beta+1)(2 k+\alpha+\beta+2)},
\end{gathered}
$$

Using these expressions in Theorem 2 we obtain

## Theorem 5.

$$
M \leq \frac{4(\alpha+\beta+2)(k+\alpha+1)}{(2 k+\alpha+\beta+2)\left(1-\lambda_{\max }\left(S_{k}\right)\right.} \frac{\binom{k+\alpha}{\alpha}\binom{k+\alpha+\beta+1}{k}}{\binom{k+\beta}{\beta}} .
$$

Let us use Lemma to derive the asymptotic behavior of $\lambda_{\max }\left(S_{k}\right)$ as $k \rightarrow \infty, \alpha=a k, \beta=b k, a>$ $0, b \geq 0$. We obtain

$$
\frac{\lambda_{\max }\left(S_{k}\right)}{k} \rightarrow \frac{2((a+b) \sqrt{(a+1)(b+1)(a+b+1)}+(a-b)(a+b+1))}{(a+b+2)^{2}} .
$$

The condition for Theorem 2 to be applicable is

$$
\begin{equation*}
\lambda_{\max }\left(S_{k}\right)>P_{1}\left(2 t^{2}-1\right)=(\alpha+\beta+2) t^{2}-\beta-1 \tag{13}
\end{equation*}
$$

For instance, let us derive a bound for the case $X=\mathbb{P R}^{n-1}$. Letting $k=s n / 2, \alpha=(n-3) / 2, \beta=-1 / 2$, we obtain $a=1 / s, b=0$,

$$
\frac{\lambda_{\max }\left(S_{k}\right)}{k} \rightarrow \frac{4(1+s)}{(1+2 s)^{2}} .
$$

Therefore, for large values of the parameters condition (13) becomes

$$
\frac{4(1+s)}{(1+2 s)^{2}}=\frac{t^{2}}{s}
$$

or $s=1 / 2\left(\left(1 / \sqrt{1-t^{2}}\right)-1\right)$. From Theorem 2 we obtain the asymptotic bound of [7] on the code size:

$$
\frac{1}{n} \log M \leq(1+s) \log (1+s)-s \log s
$$

In a similar way we can recover the asymptotic bounds of [7] in the other cases mentioned.
The method presented is a linear-algebraic alternative to the analytic methods of [11, 7, 10]. It is equivalent to them in the sense that it gives the same asymptotic results, although for finite parameters the bounds derived by these two approaches generally do not coincide.

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[^1]:    ${ }^{1}$ The coefficient equals $\alpha_{0} \alpha_{1} \ldots \alpha_{k-1}$ and can be found recursively from (3) and the equality $p_{0} \equiv 1$.

