

Sorting Pattern-Avoiding Permutations via 0–1 Matrices Forbidding Product Patterns*

Parinya Chalermsook
Aalto University

Seth Pettie
University of Michigan

Sorrachai Yingchareonthawornchai
Aalto University

Abstract

We consider the problem of comparison-sorting an n -permutation S that *avoids* some k -permutation π . Chalermsook, Goswami, Kozma, Mehlhorn, and Saranurak [CGK⁺15b] prove that when S is sorted by inserting the elements into the GREEDYFUTURE [DHI⁺09] binary search tree, the running time is linear in the *extremal function* $\text{Ex}(P_\pi \otimes (\cdot\cdot), n)$. This is the maximum number of 1s in an $n \times n$ 0–1 matrix avoiding $P_\pi \otimes (\cdot\cdot)$, where P_π is the $k \times k$ permutation matrix of π , and $P_\pi \otimes (\cdot\cdot)$ is the $2k \times 3k$ Kronecker product of P_π and the “hat” pattern $(\cdot\cdot)$. The same time bound can be achieved by sorting S with Kozma and Saranurak’s SMOOTHHEAP [KS20].

Applying off-the-shelf results on the extremal functions of 0–1 matrices, it was known that

$$\text{Ex}(P_\pi \otimes (\cdot\cdot), n) = \begin{cases} \Omega(n\alpha(n)), \\ O\left(n \cdot 2^{(\alpha(n))^{3k/2 - O(1)}}\right), \end{cases}$$

where $\alpha(n)$ is the inverse-Ackermann function. In this paper we give *nearly tight* upper and lower bounds on the density of $P_\pi \otimes (\cdot\cdot)$ -free matrices in terms of “ n ”, and improve the dependence on “ k ” from doubly exponential to singly exponential.

$$\text{Ex}(P_\pi \otimes (\cdot\cdot), n) = \begin{cases} \Omega(n \cdot 2^{\alpha(n)}), & \text{for most } \pi, \\ O\left(n \cdot 2^{O(k^2) + (1+o(1))\alpha(n)}\right), & \text{for all } \pi. \end{cases}$$

As a consequence, sorting π -free sequences can be performed in $O(n2^{(1+o(1))\alpha(n)})$ time. For many corollaries of the dynamic optimality conjecture, the best analysis uses forbidden 0–1 matrix theory. Our analysis may be useful in analyzing other classes of access sequences on binary search trees.

1 Introduction

The problem of sorting restricted classes of permutations has been studied for decades. Knuth [Knu73] observed that the class of permutations sortable by a stack is precisely the set of $(2, 3, 1)$ -avoiding permutations; see [Tar72, BGH⁺10, MSS19, HI01, EG17a, EG17b, FP08, AB15, AMR02] and Bóna’s survey [Bón02] for models of restricted sorting devices. In general, an n -permutation S *avoids* a k -permutation π if there do not exist indices $i_1 < \dots < i_k$ for which

$$\forall p, q \in [k]. S(i_p) < S(i_q) \iff \pi(p) < \pi(q).$$

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In this paper we consider the algorithmic problem of comparison-sorting a π -avoiding S .

Decision Tree Complexity. Fredman [Fre76] observed that if S is known to be selected from a permutation set Γ , that S can be sorted with $O(n + \log |\Gamma|)$ comparisons. The *Stanley-Wilf conjecture* (see Bóna [Bón22]) states that if Γ_π is the set of all π -avoiding permutations, that $|\Gamma_\pi| \leq (c(\pi))^n$, for some constant $c(\pi)$. This conjecture was reduced to the *Füredi-Hajnal conjecture* [FH92] by Klazar [Kla00] and both conjectures were proved by Marcus and Tardos [MT04]. Together with Fredman [Fre76], this implies that the decision-tree complexity of sorting S is $O(n \log c(\pi)) = O_k(n)$. Subsequent work has attempted to pin down the leading constant [Kla00, MT04, Cib09, Fox13, CK17]. Fox [Fox13] proved that¹

$$n \log c(\pi) = \begin{cases} O(kn) & \text{For all } k\text{-permutations } \pi, \\ \Omega(k^{1/2}n) & \text{For some } k\text{-permutation } \pi, \\ \Omega((k/\log k)^{1/2}n) & \text{For almost all } k\text{-permutations } \pi. \end{cases}$$

Algorithmic Complexity. There are two natural ways to approach the *algorithmic* complexity of sorting a π -free S . The first is to use knowledge of π to structure the sorting process. This approach is sufficient to sort optimally in $O(n)$ time when $k = 3$ [Knu73, Art07], and has had limited success for some patterns with $k = 4$. Arthur [Art07] gave $O(n)$ -time sorting algorithms when $\pi \in \{(1, 2, 3, 4), (1, 2, 4, 3), (2, 1, 4, 3)\}$, and $O(n \log \log \log n)$ -time sorting algorithms when $\pi \in \{(1, 3, 2, 4), (1, 3, 4, 2), (1, 4, 2, 3), (1, 4, 3, 2)\}$. The *oblivious* approach to sorting S is to simply use a general-purpose sorting algorithm, but analyze its behavior when S happens to be π -free. This is the approach taken by Chalermsook, Goswami, Kozma, Mehlhorn, and Saranurak [CGK⁺15b], Kozma and Saranurak [KS20], and by our paper. Consider these two general-purpose sorting algorithms:

BST Sort. Fix some dynamic binary search tree (BST) algorithm \mathcal{T} . Beginning from an empty BST, insert the elements $S(1), \dots, S(n)$ in that order, reorganizing the tree between inserts as \mathcal{T} dictates. The number of comparisons is the sum of depths of $(S(i))_{1 \leq i \leq n}$ at the time of their insertion; the *time* is linear in the number of comparisons and that needed to reorganize the tree via rotations.

Heap Sort. Fix some heap data structure \mathcal{H} . Insert the elements $S(1), \dots, S(n)$ into the heap in that order, then perform n Delete-Min operations, thereby sorting the sequence.

Chalermsook et al. [CGK⁺15b] analyzed the performance of BST Sort when \mathcal{T} is GREEDYFUTURE [DHI⁺09], an online BST that is $O(1)$ -competitive with the natural offline GREEDY algorithm [Luc88, Mun00]. Define A_S to be the $n \times n$ 0–1 permutation matrix where $A_S(i, S(i)) = 1$. If S avoids a k -permutation π , then A_S is P_π -free, where $P_\pi(i, \pi(i)) = 1$. Define $A_{\text{GREEDY}(S)}(i, j) = 1$ iff the element with rank j is touched by the insertion of $S(i)$. Chalermsook et al. [CGK⁺15b] proved that any occurrence of the “hat” pattern $(\cdot \cdot)$ in $A_{\text{GREEDY}(S)}$ contains, within its bounding box, an input point of A_S , and as a consequence, $A_{\text{GREEDY}(S)}$ avoids $Q = P_\pi \otimes (\cdot \cdot)$, where \otimes is the Kronecker product, i.e., each 1 of P_π is replaced by $(\cdot \cdot)$. (Following convention, 0–1 matrices are

¹The manuscript [Fox13] only gives an $\Omega(k^{1/4}n)$ lower bound on the decision tree complexity of sorting a π -free S . The $\Omega(k^{1/2}n)$ lower bound is unpublished.

depicted with blanks for 0s and bullets for 1s. See Section 2 for explicit definitions regarding 0–1 matrices.) For example, if $\pi = (1, 3, 2, 4)$, ordering rows from bottom to top:

$$P_\pi = \begin{pmatrix} & & & \bullet \\ & \bullet & & \\ & & \bullet & \\ \bullet & & & \end{pmatrix} \quad Q = P_\pi \otimes (\cdot\cdot) = \begin{pmatrix} & & & & & \bullet & \bullet \\ & & & & \bullet & & \\ & & & \bullet & \bullet & & \\ & & & & & \bullet & \bullet \\ \bullet & & & & & & \\ \bullet & & & & & & \end{pmatrix}$$

If X is a fixed 0–1 pattern matrix, define $\text{Ex}(X, n)$ be the maximum number of 1s in an $n \times n$ matrix that avoids X . Thus, the running time of [CGK⁺15b] can be bounded in terms of $\text{Ex}(Q, n)$ without knowing exactly what it is.

Theorem 1.1 (Chalermsook, Goswami, Mehlhorn, Kozma, and Saranurak [CGK⁺15b]). *If S is π -free, **BST Sort** using **GREEDYFUTURE** sorts S in $O(\text{Ex}(Q, n))$ time, where $Q = P_\pi \otimes (\cdot\cdot)$.*

Observe that Q is a $2k \times 3k$ *light* pattern: it contains exactly one 1 per column. There is a well known connection between light patterns and generalized Davenport-Schinzel sequences [Kla92, FH92, Kes09, Pet11b, Pet15b]. Applying a simplifying transformation that collapses the first two rows [FH92, Thm. 2.2] and then [Pet15b, Thm. 1.3], we have the following general upper bound, where $\alpha(n)$ is the inverse-Ackermann function.

$$\text{Ex}(Q, n) \leq \begin{cases} 2n\alpha(n) + O(n) & k = 2 \\ n \cdot 2^{(1+o(1))\alpha^t(n)/t!} & k \text{ odd, } t = (3k - 5)/2 \\ n \cdot (\alpha(n))^{(1+o(1))\alpha^t(n)/t!} & k \text{ even, } t = (3k - 6)/2 \end{cases} \quad (1)$$

Thus, by Theorem 1.1, **GREEDYFUTURE** sorts S in $O(n \cdot 2^{\alpha(n)3k/2 - O(1)})$ time. On the lower bound side, we know that $\text{Ex}(Q, n) = \Omega(n\alpha(n))$ as every Q contains one of the two patterns shown below, which are associated with order-3 Davenport-Schinzel sequences [HS86, FH92].

$$\begin{pmatrix} \bullet & & & \\ & \bullet & & \\ & & \bullet & \\ & & & \bullet \end{pmatrix} \quad \begin{pmatrix} & & & \bullet \\ & \bullet & & \\ & & \bullet & \\ \bullet & & & \end{pmatrix}$$

The **GREEDY** algorithm is theoretically attractive, but cumbersome to implement online as **GREEDYFUTURE** [DHI⁺09]. Kozma and Saranurak [KS20] introduced a new heap data structure called a **SMOOTHHEAP**, and proved **Heap Sort** with **SMOOTHHEAP** is *equivalent* to **BST Sort** with **GREEDY**. Moreover, **SMOOTHHEAP** is “naturally” an online algorithm, and is easier to implement than **GREEDYFUTURE**. One can define an $n \times n$ 0–1 matrix $A_{\text{SMOOTHHEAP}(S)}$ in the same way, where $A_{\text{SMOOTHHEAP}(S)}(i, j) = 1$ iff the i th Delete-Min touches the element with rank j . It is proved that $A_{\text{SMOOTHHEAP}}$ avoids a matrix equivalent to Q .²

Theorem 1.2 (Kozma and Saranurak [KS20]). *If S is π -free, **Heap Sort** using **GREEDYFUTURE** sorts S in $O(\text{Ex}(Q, n))$ time, where $Q = P_\pi \otimes (\cdot\cdot)$.*

²Strictly speaking the equivalence between **GREEDY** and **SMOOTHHEAP** swaps the roles of time and space. Sorting S with **GREEDY** is isomorphic to sorting S^T with **SMOOTHHEAP**, where S^T is the transpose permutation: $S(i) = j \Leftrightarrow S^T(j) = i$. Note that S^T avoids π^T . Since the extremal functions for Q and Q^T are identical on square matrices, we infer that the time to sort S^T is also $O(\text{Ex}(Q, n))$.

The main outstanding question is whether it is possible to sort in $O_k(n)$ time, and in particular, whether the GREEDY- or SMOOTHHEAP-based algorithms of [CGK⁺15b, KS20] already sort in time $O_k(n)$. It would also be interesting to give a non-trivial upper bound on the complexity of BST Sort with a SPLAY TREE [ST85], or Heap Sort with a PAIRING HEAP [FSST86].

1.1 New Results

1.1.1 Upper Bounds

Our main result is a new upper bound on the extremal function of $P_\pi \otimes (\cdot, \cdot)$ -type matrices that has a much weaker dependence on k , which immediately gives better upper bounds on the complexity of sorting π -free sequences via [CGK⁺15b, KS20].

Theorem 1.3. *Let P_π be the $k \times k$ permutation matrix of π and $Q = P_\pi \otimes (\cdot, \cdot)$ be a $2k \times 3k$ light matrix. Then*

$$\text{Ex}(Q, n) \leq n \cdot \left(2^{O(k^2)} + O(\alpha(n))^{3k-2} \right) 2^{\alpha(n)} = n \cdot 2^{O(k^2) + (1+o(1))\alpha(n)}.$$

Corollary 1.4. *If S is π -free, then BST Sort using GREEDYFUTURE and Heap Sort using the SMOOTHHEAP will sort S in $n \cdot 2^{O(k^2) + (1+o(1))\alpha(n)}$ time.*

One can view Corollary 1.4 as improving on the $n2^{\alpha(n)3k/2 - O(1)}$ bound of (1) in two ways. It is an asymptotic improvement in n as it brings the exponent of $\alpha(n)$ from $3k/2 - O(1)$ down to 1. However, even if one is tempted to consider $\alpha(n)$ to be a small constant, it also reduces the dependency on k from *doubly* exponential to merely *singly* exponential.

It is possible to improve the factor $2^{\alpha(n)}$ for a specific product pattern. For example,

Theorem 1.5. *If I_k is the $k \times k$ identity matrix, then*

$$\text{Ex}(I_k \otimes (\cdot, \cdot), n) \leq 2(k-1)n\alpha(n) + O(kn).$$

1.1.2 Lower Bounds

When $k \geq 2$, all $Q = P_\pi \otimes (\cdot, \cdot)$ patterns contain (\cdot, \cdot) or its reflection, which is known to have extremal function $\text{Ex}((\cdot, \cdot), n) = 2n\alpha(n) \pm O(n)$ [HS86, FH92, Niv10, Pet15a].

We prove that $\text{Ex}(P_\pi \otimes (\cdot, \cdot), n) = \Omega(n2^{\alpha(n)})$ whenever π contains $(3, 1, 2)$ or $(2, 1, 3)$, or equivalently, when P_π contains $\begin{pmatrix} \cdot & & \cdot \\ & \cdot & \\ & & \cdot \end{pmatrix}$ or $\begin{pmatrix} \cdot & & \\ & \cdot & \cdot \\ & & \cdot \end{pmatrix}$. Thus, Theorem 1.6 implies that the general upper bound of Theorem 1.3 can only be improved in the $\text{poly}(\alpha(n))$ factor.

Theorem 1.6. $\text{Ex}(W, n) = \Theta(n2^{\alpha(n)})$, where

$$W = \begin{pmatrix} \cdot & & & \\ & \cdot & & \\ & & \cdot & \cdot \\ & & & \cdot \end{pmatrix}.$$

1.2 Pattern-avoidance and the Dynamic Optimality Conjecture

The original *dynamic optimality conjecture* [ST85] states that the (online) SPLAY BST is $O(1)$ -competitive with the optimum offline BST, for any sequence with length $\Omega(n)$. Today dynamic optimality usually refers to the conjecture that *there exists* an $O(1)$ -competitive BST, with GREEDY / GREEDYFUTURE [Luc88, Mun00, DHI⁺09] and SPLAY being the foremost candidates.

It is an open problem to prove $o(\log n)$ -competitiveness for SPLAY or GREEDY, though some *corollaries* of dynamic optimality have been proved [ST85, Tar85, Col00, CMSS00, IL16, CGJ⁺23, LT19]. Many corollaries of dynamic optimality can be characterized by forbidden patterns. For example, the optimum BST executes all of these sequences in linear time.³

Sequential. The sequential access sequence $S = (1, 2, \dots, n)$ avoids $(2, 1)$.

Deque. In a deletion-only deque sequence, $S(i)$ is either the minimum or maximum of $\{S(i), S(i+1), \dots, S(n)\}$. Deque sequences avoid $\{(213), (312)\}$. (In a deque, the accessed elements are also typically deleted from the tree [Sun92, Pet08].)

Preorder and Postorder. Let R be any BST over $\{1, \dots, n\}$ and S be a preorder (or postorder) traversal of R . Then S avoids (231) (or (312)). (The *Traversal Conjecture* of Sleator and Tarjan [ST85] concerned preorder sequences. If the accessed elements in a preorder sequence are moved to the root and *deleted*, yielding two trees, this corresponds with Lucas’s definition of *Split*-sequences [Luc91].)

k -Increasing. S can be decomposed into $(k-1)$ increasing subsequences, or equivalently, S avoids $(k, \dots, 2, 1)$.

k -Recursively Decomposable. A permutation S is k -recursively decomposable if (i) the 1s of the corresponding permutation matrix A_S can be partitioned into k non-overlapping rectangles, and (ii) those rectangles are themselves k -recursively decomposable, where in the base case, any 1×1 matrix is k -recursively decomposable. These sequences avoid all *simple* $(k+1)$ -permutations.⁴

Figure 1 shows the relationship between the classes of permutations, and Table 1 gives some known upper bounds on the performance of SPLAY and GREEDY. In particular, our new upper bound on $\text{Ex}(P_\pi \otimes (\cdot, \cdot), n)$ improves on the bounds for k -recursively decomposable sequences (when preprocessing is not allowed), and k -permutation avoiding sequences.

1.3 Organization

In Section 2 we review forbidden 0–1 matrix terminology, and some key results. In Section 3 we prove Theorem 1.3, establishing the $n2^{(1+o(1))\alpha(n)}$ upper bound on $P \otimes (\cdot, \cdot)$ -type matrices. In Section 4 we prove Theorem 4.5’s $\Omega(n2^{\alpha(n)})$ lower bound on W -free matrices. Section 5 presents some additional upper bounds, on $I_k \otimes (\cdot, \cdot)$ -free matrices (Theorem 1.5) and matrices avoiding W and its reflection. We conclude with some open problems in Section 6.

³Note that the problem we study in this paper is not on this list. There is no published proof yet to the effect that “accessing a π -avoiding S in $O_\pi(n)$ time” is a corollary of dynamic optimality. The $O_\pi(n)$ -height decision-tree implied by Fredman [Fre76] is not obviously implementable as a dynamic binary search tree.

⁴A $(k+1)$ -permutation π is *simple* if there is no interval $I \subset \{1, \dots, k+1\}$ with $|I| \in [2, k]$ such that $\pi(I) \stackrel{\text{def}}{=} \{\pi(j) \mid j \in I\} = I$.

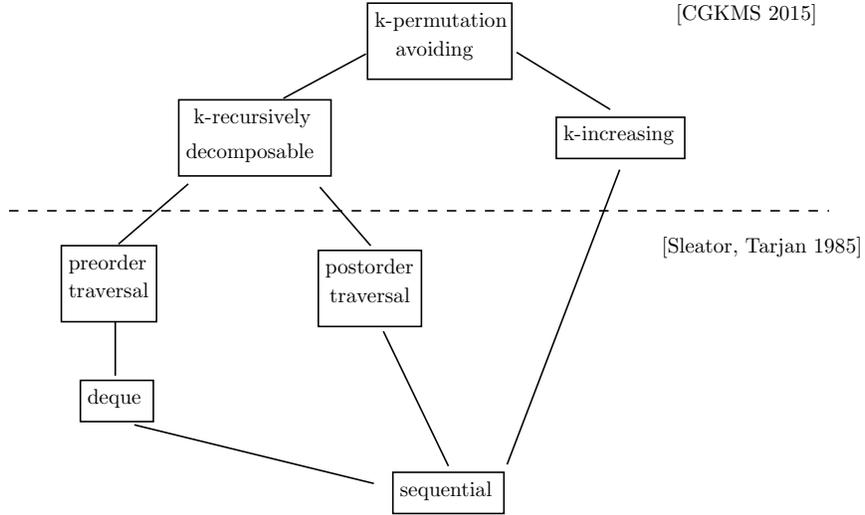


Figure 1: Relation between classes of search sequences. The upper class contains the lower ones.

Search Sequence	Forbidden Pattern	Splay	Greedy	Citation
Sequential	(21) -free	$O(n)$	$O(n)$	[Tar85]
Deque	$\{(213), (231)\}$ -free	$O(n\alpha^*(n))$	$O(n\alpha(n))$	[Pet08, CGJ ⁺ 23]
Preorder	(231) -free	—	$O(n2^{\alpha(n)})$	[CGJ ⁺ 23]
Postorder	(312) -free	—	$O(n)$	[CGJ ⁺ 23]
k -Increasing	$(k, \dots, 2, 1)$ -free	—	$O(\min\{nk^2, nk\alpha(n)\})$	[CGJ ⁺ 23]
k -Recursively decomposable	avoids all <i>simple</i> $(k+1)$ -permutations	—	$O(n \log k)$ (<i>prepr. initial tree</i>)	[GG19]
k -Permutation avoiding	π -free	—	$O(\text{Ex}(P_\pi \otimes (\cdot, \cdot), n))$	[CGK ⁺ 15b]

Table 1: Upper Bounds on Structured Search Sequences

2 Preliminaries

Let $A \in \{0, 1\}^{n \times m}$ and $P \in \{0, 1\}^{k \times l}$. The *weight* of A , denoted as $\|A\|_1$, is the number of 1's in A . We say P is *contained* in A , written $P \prec A$ if there are row indices $r_1 < \dots < r_k$ and column indices $c_1 < \dots < c_l$ such that $P(i, j) = 1 \rightarrow A(r_i, c_j) = 1$. In other words, you can obtain P from A by deleting rows and columns, and flipping some 1s to 0. The extremal functions are defined as follows.

$$\begin{aligned} \text{Ex}(P, n, m) &= \max\{\|A\|_1 \mid A \in \{0, 1\}^{n \times m}, P \prec A\}, \\ \text{Ex}(P, n) &= \text{Ex}(P, n, n). \end{aligned}$$

If P is a $k \times k$ permutation matrix, it is known that both $\text{Ex}(P, n)$ and $\text{Ex}(P \otimes (\bullet), n)$ are $O_k(n)$, but we will be interested in the leading constants as well.

Theorem 2.1 (Marcus and Tardos [MT04], Geneson [Gen09], Fox [Fox13], Cibulka and Kyncl [CK17], Geneson [Gen15], Geneson and Tian [GT17]). *Let P be any permutation matrix. Then there exists constants $C_k, C'_k \leq 2^{(4+o(1))k}$ such that*

$$\begin{aligned} \text{Ex}(P, n, m) &\leq C_k(n + m), \\ \text{Ex}(P \otimes (\bullet), n, m) &\leq C'_k(n + m). \end{aligned}$$

3 The Upper Bound

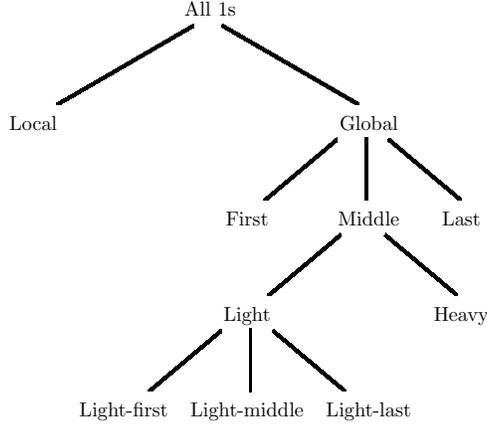
3.1 Establishing the General Recurrence

Let P be a $k \times k$ permutation matrix and $Q = P \otimes (\bullet)$ be the $2k \times 3k$ forbidden pattern. Define $Q_{a,b}$ to be the $2k \times (3k - (a + b))$ matrix derived from Q by removing the first a and last b columns. For reasons that will become clear later, we must redefine the *contains* relation \prec differently for the $Q_{a,b}$ matrices.

Definition 3.1. We will say that $Q_{a,b} \prec A$ if there are $2k$ rows $r_1 < \dots < r_{2k}$ and $3k - a - b$ columns $c_1 < \dots < c_{3k-a-b}$ such that

- $Q_{a,b}(i, j) = 1$ implies $A(r_i, c_j) = 1$
- If $\forall j. Q_{a,b}(i, j) = 0$ then $\exists j'. A(r_i, j') \neq 0$. In other words, an all-0 row $Q_{a,b}(i, \cdot)$ cannot match an all-0 row of A . (Note that j' need not be in $\{c_1, \dots, c_{3k-a-b}\}$.)

Let A be an $n \times m$ $Q_{a,b}$ -free matrix with weight $\text{Ex}(Q_{a,b}, n, m)$. We will classify all 1s in A according to the following taxonomy, and bound the number of 1s in each class directly or inductively.



Partition A into *slabs* of B consecutive columns. A row is called *local* if it has a non-zero intersection with exactly one slab and *global* otherwise. The 1s in local/global rows are themselves local/global. Let n_i be the number of rows local to slab i and n^* be the number of global rows, so $n = n^* + \sum_i n_i$.

Suppose $A(r, c) = 1$ is a 1 appearing in a global row r and slab $s = \lceil c/B \rceil$. We classify this 1 as *first* if the intersection of row r and slabs $1, \dots, s-1$ are zero, *last* if the intersection of row r and slabs $s+1, \dots, \lceil m/B \rceil$ is zero, and *middle* otherwise.

Since each slab is itself $Q_{a,b}$ -free, the total number of local 1s is at most

$$\sum_{i=1}^{\lceil m/B \rceil} \text{Ex}(Q_{a,b}, n_i, m_i), \quad (2)$$

where m_i is the number of columns in slab i , which is exactly B except perhaps the last slab. Similarly, if A_{first} and A_{last} are the matrices of first 1s and last 1s, then each slab of A_{first} is $Q_{a,b+1}$ free, and each slab of A_{last} is $Q_{a+1,b}$ -free; see Figure 2. Letting n_i^f (n_i^l) be the number of rows with first (last) 1s in slab i , we can upper bound first and last 1s as follows.

$$\begin{aligned} \|A_{\text{first}}\|_1 + \|A_{\text{last}}\|_1 &\leq \sum_{i=1}^{\lceil m/B \rceil} \left(\text{Ex}(Q_{a,b+1}, n_i^f, m_i) + \text{Ex}(Q_{a+1,b}, n_i^l, m_i) \right) \\ &\leq \text{Ex}(Q_{a,b+1}, n^*, m - m_{\lceil m/B \rceil}) + \text{Ex}(Q_{a+1,b}, n^*, m - m_1). \end{aligned} \quad (3)$$

In Eqn. (3) we use the *superadditivity* of Ex to simplify the expression. For any R , $\text{Ex}(R, n_1, m_1) + \text{Ex}(R, n_2, m_2) \leq \text{Ex}(R, n_1 + n_2, m_1 + m_2)$. Note that $\sum_i n_i^f = \sum_i n_i^l = n^*$ and that the first and last slabs contain no last 1s and first 1s, respectively.

Let A^* be the $n^* \times m$ matrix formed by the global rows and containing only the middle 1s. We partition the rows of A^* into horizontal slabs of G rows each, so the intersections of the horizontal and vertical slabs induce $G \times B$ blocks. Call a $G \times B$ block in A^* *heavy* if it contains a (\cdot, \cdot) , and *light* otherwise. The middle 1s inside heavy/light blocks are themselves called heavy/light. Let A_{heavy} and A_{light} be the $n^* \times m$ matrices containing heavy and light 1s, respectively. In a light block, the first 1 and last 1 of each row are called *light-first* and *light-last*, and all other 1s in the row are *light-middle*.

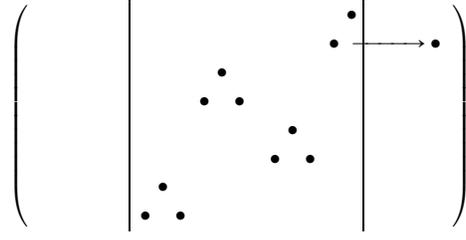


Figure 2: Vertical lines mark the boundary of some slab. If $Q_{0,1}$ appears in one slab of A_{first} , then there must be an occurrence of $Q = Q_{0,0}$ in A .

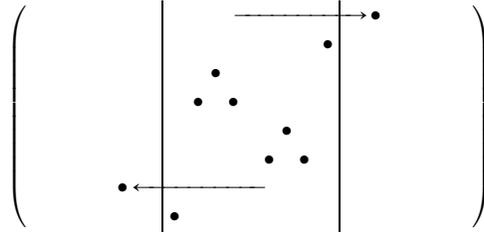


Figure 3: If an instance of $Q_{2,2}$ is contained in a single slab of middle 1s (e.g., A_{heavy} or A_{light}), then $Q_{1,1}$ must also appear in A . This inference relies on how *contains* is defined for $Q_{a,b}$ matrices in Definition 3.1. In particular, it is critical that all-zero rows of $Q_{2,2}$ must *not* be all-zero in the instance of middle 1s.

Define A_{heavy}^c to be the $n^*/G \times m/B$ matrix obtained by *contracting* each block in A_{heavy} to a single entry, i.e., non-zero blocks become 1 and all-zero blocks become 0. Because each heavy block contains a (\cdot, \cdot) , A_{heavy}^c is P -free, implying $\|A_{\text{heavy}}^c\|_1$ (the number of heavy blocks) is at most $\text{Ex}(P, n^*/G, m/B)$. Since each heavy block consists solely of middle 1s, each is $Q_{a+1, b+1}$ -free; see Figure 3. Thus,

$$\|A_{\text{heavy}}\|_1 \leq \text{Ex}(P, n^*/G, m/B) \cdot \text{Ex}(Q_{a+1, b+1}, G, B). \quad (4)$$

Let A_{light}^c be obtained by contracting the B columns in each slab of A_{light} to a single column. A_{light}^c inherits the $Q_{a,b}$ -freeness of A_{light} and A , so the contribution of light 1s in the light-first and light-last categories is at most

$$2\|A_{\text{light}}^c\|_1 \leq 2 \text{Ex}(Q_{a,b}, n^*, m/B). \quad (5)$$

What remains is to bound the light 1s in the light-middle category. Construct an $n^*/G \times m/B$ matrix A_{lightmid} by the following procedure, which is similar to that of [Gen09]. Assume the rows of A_{lightmid} are numbered from bottom to top. For each i independently, scan the blocks in slab i that contain light-middle 1s from bottom to top, setting $A_{\text{lightmid}}(\ell_0, i) = A_{\text{lightmid}}(\ell_1, i) = \dots = 1$ according to the following rules. See Figure 4.

1. (ℓ_0, i) is the first block in slab i containing a light-middle 1.

Proof. First consider $t = 3$. $Q_{a,b}$ contains only three 1s and either $2k - 2$ or $2k - 3$ all-zero rows. Those three 1s are equivalent to (\cdot, \cdot) , (\cdot, \cdot) , or (\cdot, \cdot) . Suppose A is $Q_{a,b}$ -free. Remove the first and last 1 in each row of A , then remove the first $2k - 1$ 1s in each of $m - 2$ columns, excluding the first and last, which are now all zero. If any 1 remains, then there must have been an occurrence of $Q_{a,b}$ in A . The $t = 2$ case is proved similarly. \square

Lemma 3.3. *If $m \leq 2^j$, $\text{Ex}(Q_{a,b}, n, m) \leq 2^{t-2}n + (2k - 1)j^{\max\{0, t-3\}}(m - 2)$, where $t = 3k - (a + b)$.*

Proof. The cases $t \in \{2, 3\}$ follow from Lemma 3.2, so we may assume $t > 3$. We consider a simplified version of (7) in which $B = \lfloor m/2 \rfloor$, i.e., $m_1 = \lfloor m/2 \rfloor$ and $m_2 = \lfloor m/2 \rfloor$. There are only two slabs, all 1s are classified as *local*, *first*, or *last*, and we have

$$\text{Ex}(Q_{a,b}, n, m) \leq \sum_{i \in \{1, 2\}} \text{Ex}(Q_{a,b}, n_i, m_i) + \text{Ex}(Q_{a,b+1}, n^*, m_1) + \text{Ex}(Q_{a+1,b}, n^*, m_2).$$

Applying the inductive hypothesis to each term, this is at most

$$\begin{aligned} &\leq 2^{t-2}(n_1 + n_2) + (2k - 1)(j - 1)^{t-3} (\lfloor m/2 \rfloor - 2 + \lfloor m/2 \rfloor - 2) \\ &\quad + 2 \cdot 2^{t-3}n^* + (2k - 1)(j - 1)^{t-4} (\lfloor m/2 \rfloor - 2 + \lfloor m/2 \rfloor - 2) \\ &= 2^{t-2}n + (2k - 1) ((j - 1)^{t-3} + (j - 1)^{t-4}) (m - 4) \\ &\leq 2^{t-2}n + (2k - 1)j^{t-3}(m - 2). \end{aligned}$$

\square

We use the following version of Ackermann's function and its inverses.

$$\begin{aligned} a_{1,j} &= 2^j && \text{for } j \geq 1, \\ a_{i,1} &= 2 && \text{for } i \geq 2, \\ a_{i,j} &= w \cdot a_{i-1,w}, \text{ where } w = a_{i,j-1}. && \text{for } i, j \geq 2, \end{aligned}$$

$$\begin{aligned} \alpha(n, m) &= \min\{i : a_{i,j} \geq m, \text{ where } j = \max\{3, \lfloor n/m \rfloor\}\} \\ \alpha(n) &= \alpha(n, n) \end{aligned}$$

Observe that in the table of Ackermann values, the 1st column is constant ($a_{i,1} = 2$) and the second merely exponential ($a_{i,2} = 2^{i+1}$) so we have to look to the third column to see Ackermann-type growth, which is why we set j as $j = \max\{3, \lfloor n/m \rfloor\}$.

Lemma 3.4. *Fix a constant $c = 3k$. Suppose $m \leq (a_{i,j})^c$. Then*

$$\text{Ex}(Q_{a,b}, n, m) \leq \mu_{i,t}(n + (cj)^{\max\{0, t-3\}}(2k - 1)(m - 2)),$$

where $t = 3k - (a + b)$ and $\mu_{i,t} = (2^{O(kt)} + O(i)^{t-2})2^i$.

Proof. The proof is by induction on i, j , and t . The cases $t \in \{2, 3\}$ were already handled, so assume $t \geq 4$. Let A be a $Q_{a,b}$ -free $n \times m$ matrix, where $m \leq (a_{i,j})^c$. We apply Eqn. (7) with B, G set as follows:

$$\begin{aligned} B &= a_{i,j-1}^c, \\ G &= (c(j - 1))^{\max\{0, t-5\}}(2k - 1)(B - 2). \end{aligned}$$

Observe that

$$m/B \leq (a_{i,j}/a_{i,j-1})^c = (a_{i-1,a_{i,j-1}})^c.$$

We apply the induction hypothesis at $(i, j-1, t)$ to local 1s at $(i, j, t-1)$ to first/last 1s, at $(i, j-1, t-2)$ to heavy middle 1s, and at $(i-1, a_{i,j-1}, t)$ to light-first/light-last 1s. Plugging these bounds into Eqn. (7) and applying Theorem 2.1 yields the following upper bound.

$$\begin{aligned} & \text{Ex}(Q_{a,b}, n, m) \\ & \leq \mu_{i,t}(n - n^*) + \mu_{i,t}(cj - 1)^{t-3}(2k-1)(m - 2m/B) && \text{local} \\ & \quad + 2\mu_{i,t-1}n^* + 2\mu_{i,t-1}(cj)^{t-4}(2k-1)(m-2) && \text{first/last} \\ & \quad + C_k(n^*/G + m/B) \left(\mu_{i,t-2}G + \mu_{i,t-2}(cj-1)^{\max\{0,t-5\}}(2k-1)(B-2) \right) && \text{heavy} \\ & \quad + 2\mu_{i-1,t}n^* + 2\mu_{i-1,t}(c(a_{i,j-1}))^{t-3}(2k-1)(m/B-2) && \text{light-first/last} \\ & \quad + C'_k(Bn^*/G + m) && \text{light-middle} \end{aligned}$$

Note that by choice of G , the line for heavy 1s is exactly $2C_k\mu_{i,t-2}(n^* + Gm/B)$. Continuing,

$$\leq \mu_{i,t}(n + (cj)^{t-3}(2k-1)(m-2)) \tag{8}$$

$$+ [-\mu_{i,t} + 2\mu_{i,t-1} + 2C_k\mu_{i,t-2} + 2\mu_{i-1,t} + C'_k]n^* \tag{9}$$

$$+ \left[-\mu_{i,t}c(cj)^{t-4} + 2\mu_{i,t-1}(cj)^{t-4} + 2C_k\mu_{i,t-2}(cj-1)^{\max\{0,t-5\}} \right. \tag{10}$$

$$\left. + 2\mu_{i-1,t}c^{t-3}a_{i,j-1}^{(t-3)-c} + C'_k \right] (2k-1)(m-2)$$

$$\leq \mu_{i,t}(n + (cj)^{t-3}(2k-1)(m-2)). \tag{11}$$

Lines (8–10) follow from the fact that $(cj-1)^{t-3} \leq (cj)^{t-3} - c(cj)^{t-4}$. Line (11) completes the induction so long as the bracketed terms in Lines (9,10) are non-positive. These will hold whenever Eqns. (12,13) hold.

$$\mu_{i,t} \geq 2\mu_{i,t-1} + 2C_k\mu_{i,t-2} + 2\mu_{i-1,t} + C'_k, \tag{12}$$

$$\mu_{i,t} \geq \frac{2\mu_{i,t-1}}{c} + \frac{2C_k\mu_{i,t-2}}{c} + \frac{2\mu_{i-1,t}}{2^{3k-1}} + \frac{C'_k}{2^{t-4}c^{t-3}}. \tag{13}$$

Eqn. (13) was obtained by dividing through by $c(cj)^{t-4}$ and noting that $j \geq 2$ and $a_{i,j-1} \geq 2$. Clearly any values $(\mu_{i,t})_{i \geq 1, t \geq 0}$ that satisfy Eqn. (12) also satisfy (13) so we may focus solely on the former. We argue that the lemma is satisfied for $\mu_{i,t}$ defined as follows. Let $C = C'_k \geq C_k$.

$$\mu_{i,t} = (2C + 3i)^{t-2}(2^i - 1). \tag{14}$$

When $t \in \{2, 3\}$ the claim follows from Lemma 3.2 since $\mu_{i,3} \geq 2$ and $\mu_{i,2} \geq 1$. When $i = 1$ and $t \geq 4$, $m \leq (a_{1,j})^c = a_{1,cj} = 2^{cj}$ and the claim follows from Lemma 3.3 since $\mu_{i,t} \geq 2^{t-2}$. Now

suppose $i \geq 2$, $t \geq 4$.

$$\begin{aligned}
& 2\mu_{i,t-1} + 2C_k\mu_{i,t-2} + 2\mu_{i-1,t} + C'_k \\
& \leq 2(2C + 3i)^{t-3}(2^i - 1) + 2C(2C + 3i)^{t-4}(2^i - 1) + 2(2C + 3(i-1))^{t-2}(2^{i-1} - 1) + C \\
& \leq (2C + 3i)^{t-2}(2^i - 1) \left(\frac{2}{2C + 3i} + \frac{2C}{(2C + 3i)^2} + 1 - \frac{3}{2C + 3i} \right) \\
& \leq (2C + 3i)^{t-2}(2^i - 1) \left(\frac{2}{2C + 3i} + \frac{1}{2C + 3i} + 1 - \frac{3}{2C + 3i} \right) \\
& \leq (2C + 3i)^{t-2}(2^i - 1) = \mu_{i,t}.
\end{aligned}$$

The first inequality is from the inductive hypothesis and $C_k \leq C'_k \leq C$. The second inequality follows from $(2C + 3(i-1))^{t-2} \leq (2C + 3i)^{t-2} - 3(2C + 3i)^{t-3}$. This completes the induction. \square

Proof of Theorem 1.3. Let A be a Q -free $n \times m$ matrix and $t = c = 3k$. Take i to be minimal such that for $j = \max\{3, \lceil n/m \rceil^{1/t}\}$, $m \leq (a_{i,j})^c$. It is tedious, but straightforward, to show that $i = \alpha(n, m) \pm O(1)$. Lemma 3.4 bounds the number of 1s in A by

$$\begin{aligned}
\mu_{i,t}(n + (cj)^{t-3}(2k-1)m) &= \mu_{i,t} \left(n + 2^{O(k \log k)} n \right) && (cj)^{t-3} < 2^{O(k \log k)} (n/m) \\
&= n \cdot 2^{O(k \log k)} \cdot (2C + 3i)^{t-2} 2^i \\
&= n \cdot \left(2^{O(k^2)} + O(i)^{3k-2} \right) 2^i && C = 2^{O(k)}; \text{ see Theorem 2.1} \\
&= n \cdot 2^{O(k^2) + (1+o(1))\alpha(n,m)}.
\end{aligned}$$

\square

4 Lower Bounds on 0–1 Matrices via Sequences

Blocked Sequences and 0–1 Matrices. If S is a sequence, let $|S|$ be its length and $\|S\|$ the size of its alphabet $|\Sigma(S)|$. A *block* is a contiguous sequence of distinct symbols. If S is understood to be partitioned into blocks, $\llbracket S \rrbracket$ is the number of blocks. Regardless of $\Sigma(S)$, we can always write S in *canonical form* over the alphabet $\{1, \dots, \|S\|\}$, where the symbols are sorted according to their first appearance in S . If S is in canonical form, its canonical matrix A_S is the $\|S\| \times \llbracket S \rrbracket$ symbol-block incidence matrix, i.e., $A_S(i, j) = 1$ if symbol i appears in block j , and 0 otherwise. One cannot quite recover S from A_S since A_S does not encode the order of symbols within a block. Nonetheless, the transformation is *useful* inasmuch as subsequences avoided by S often become 0–1 patterns avoided by A_S .

Composition and Shuffling. We consider sequences S partitioned into *live* and *dead* blocks satisfying extra constraints:

- All live blocks have the same length. Dead blocks have variable lengths, and the number of dead blocks between consecutive live blocks is also variable.
- The first occurrence of every symbol appears in a dead block, and dead blocks contain only first occurrences. Let $\llbracket S \rrbracket$ be the number of live blocks in S .

Composition. Suppose U_{top} is a sequence in which all live blocks have length j and U_{mid} is a sequence with $\|U_{\text{mid}}\| = j$. The *composition* $U_{\text{sub}} = U_{\text{top}} \circ U_{\text{mid}}$ is obtained by replacing each live block L of U_{top} with a copy $U_{\text{mid}}(L)$ over the alphabet of L , whereas dead blocks of U_{top} are inherited by U_{sub} verbatim. In general $U_{\text{mid}}(L)$ can contain both live and dead blocks [Pet15b], but in our particular construction $U_{\text{mid}}(L)$ contains only live blocks.

Shuffling. Now suppose U_{sub} is a sequence whose live blocks have length j and U_{bot} is a sequence with $\langle U_{\text{bot}} \rangle = j$. The *left-shuffle* $U_{\text{sub}} \otimes U_{\text{bot}}$ is obtained as follows. Let $U_{\text{sub}} = D_0 L_1 D_1 L_2 D_2 \cdots L_k D_k$, where L_i is the i th live block, D_i is zero or more dead blocks, and $k = \langle U_{\text{sub}} \rangle$. Let $U_{\text{bot}}^* = U_{\text{bot}}^{(1)} \cdots U_{\text{bot}}^{(k)}$ be the concatenation of k copies of U_{bot} over disjoint alphabets. The *left-shuffle* is obtained by taking, for all i , the block $L_i = (a_1 a_2 \cdots a_j)$ and inserting a_ℓ , for $\ell \in [1, j]$, at the *left end* of the ℓ th live block of $U_{\text{bot}}^{(i)}$, then inserting dead blocks D_i between $U_{\text{bot}}^{(i)}$ and $U_{\text{bot}}^{(i+1)}$.⁵

Sequence Construction. $U(j)$ and $U(i, j)$ are blocked sequences, where square brackets indicate dead blocks and parentheses indicate live blocks. $U(i, j)$ is a variation on order-4 Davenport-Schinzel sequences [ASS89], adapted specifically to exclude a small pattern that arises from $P \otimes (\cdot)_-$ -type patterns.

$$\begin{aligned}
U(j) &= (j(j-1) \cdots 1)(12 \cdots j) && \text{2 live blocks} \\
U(1, j) &= 12 \cdots j && \text{first block dead, second live} \\
U(i, 0) &= ()^2 && \text{2 empty live blocks} \\
U(i, j) &= (U_{\text{top}} \circ U_{\text{mid}}) \otimes U_{\text{bot}} \\
\text{where } U_{\text{top}} &= U(i-1, \langle U(i, j-1) \rangle), \\
U_{\text{mid}} &= U(\langle U(i, j-1) \rangle), \\
\text{and } U_{\text{bot}} &= U(i, j-1)
\end{aligned}$$

Let $N(i, j) = \|U(i, j)\|$ be the alphabet size and $L(i, j) = \langle U(i, j) \rangle$ be the number of live blocks. N, L obey the following recurrence:

$$\begin{aligned}
L(1, j) &= 1 \\
L(i, 0) &= 2 \\
L(i, j) &= L(i, j-1) \cdot 2 \cdot L(i-1, L(i, j-1)) \\
N(1, j) &= j \\
N(i, j) &= N(i, j-1) \cdot 2 \cdot L(i-1, L(i, j-1)) + N(i-1, L(i, j-1))
\end{aligned}$$

Lemma 4.1. *Fix any $U = U(i, j)$.*

1. *All live blocks in U have length j . Each symbol appears $2^{i-1} + 1$ times in U , its first occurrence appearing in a dead block, and the remaining 2^{i-1} times in live blocks.*
2. *As a consequence of part 1, $N(i, j) = (j/2^{i-1}) \cdot L(i, j)$.*

⁵The *right shuffle* $U_{\text{sub}} \otimes U_{\text{bot}}$ is defined in the same way, except that a_ℓ is inserted at the *right end* of the ℓ th live block of $U_{\text{bot}}^{(i)}$. We only use left-shuffles but there are cases where it is desirable to use both [Pet11b, Pet15b].

3. The number of dead blocks is at most $L(i, j) - 1$.

4. If $n = N(i, j)$ is the number of symbols in U and $m < 2L(i, j)$ the number of blocks, $i = \alpha(n, m) \pm O(1)$, and $|U| = \Theta(n2^{\alpha(n, m)})$.

Proof. Part 1. The claim holds in the base cases $U(1, j)$ and $U(i, 0)$. All live blocks in $U_{\text{bot}} = U(i, j - 1)$ have length $j - 1$ by induction, and each receive one symbol in the shuffling operation $(U_{\text{top}} \circ U_{\text{mid}}) \otimes U_{\text{bot}}$. All symbols in $U_{\text{bot}} = U(i, j - 1)$ appear in 2^{i-1} live blocks. Those in $U_{\text{top}} = U(i - 1, (U(i, j - 1)))$ appear in 2^{i-2} live blocks, and therefore in 2^{i-1} live blocks in $U_{\text{sub}} = U_{\text{top}} \circ U_{\text{mid}}$ since U_{mid} doubles the number of live occurrences. The property that first occurrences appear in dead blocks is preserved by composition and shuffling. Part 2. Note that both $j \cdot L(i, j)$ and $2^{i-1} \cdot N(i, j)$ both count the total length of all live blocks. Part 3. The claim holds in all base cases. By induction, the number of dead blocks in U_{top} is at most $L(i - 1, L(i, j - 1)) - 1$. U_{bot}^* consists of $2L(i - 1, L(i, j - 1))$ copies of $U_{\text{bot}} = U(i, j - 1)$, so U_{bot}^* has $2L(i - 1, L(i, j - 1))(L(i, j - 1) - 1)$ dead blocks. In total there are $L(i - 1, L(i, j - 1))(2L(i, j - 1) - 1) - 1 \leq L(i, j) - 1$ dead blocks. Part 4. Proving Ackermann-like functions are equivalent inasmuch as their inverses differ by $\pm O(1)$ is tedious, but straightforward. See [Pet06, Lemma 3.10] for an example of such a proof. \square

Lemma 4.2. Let $U = U(i, j)$ be obtained from $U_{\text{top}}, U_{\text{mid}}, U_{\text{bot}}$. Suppose $a < b$ are two symbols in $\Sigma(U)$ appearing in a common live block.

1. The restriction of U to letters $\{a, b\}$ is of the form $a^*b^*(ab)b^*a^*$.

2. If $a \in \Sigma(U_{\text{top}})$, $b \in \Sigma(U_{\text{bot}}^*)$, then $a < c$ for every symbol c appearing in b 's copy of U_{bot} .

Proof. The claim is true in the base cases $U(1, j)$ and $U(i, 0)$. Consider the moment that a is shuffled into b 's live block, where $a \in \Sigma(U_{\text{top}})$ and $b \in \Sigma(U_{\text{bot}}^*)$. All occurrences of b appear in one copy of U_{bot} in U_{bot}^* , and exactly one occurrence of a is shuffled into this copy. It follows that the restriction of U to letters $\{a, b\}$ is of the form $a^*|b^*(ab)b^*|a^*$, where the bars mark the boundary of b 's copy of U_{bot} . Furthermore, since the first occurrence of a is in a dead block, which is inserted between two copies of U_{bot} in U_{bot}^* , $a < c$ for every c in b 's copy of U_{bot} . \square

Lemma 4.3. $U = U(i, j)$ does not contain any subsequences order-isomorphic to 41213.

Proof. Since U is in canonical form, the existence of 41213 implies the existence of a subsequence order-isomorphic to

$$\sigma = 31213$$

Suppose that σ first appears in $U(i, j) = U_{\text{sub}} \otimes U_{\text{bot}} = (U_{\text{top}} \circ U_{\text{mid}}) \otimes U_{\text{bot}}$. If σ already appears in U_{sub} but did not appear in U_{top} , then U_{top} must have contained σ' .

$$\sigma' = 31(12)3$$

Note that $\{2, 3\}$ cannot share a live block in U_{top} without also including 1, and if $\{1, 2, 3\}$ shared a live block in U_{top} , the restriction of U_{top} to $\{1, 2, 3\}$ would, by Lemma 4.2(1), be:

$$1^*2^*3^*(123)3^*2^*1^*$$

and the restriction of U_{sub} to $\{1, 2, 3\}$ would be:

$$1^*2^*3^*(321)(123)3^*2^*1^*,$$

which does not contain σ . We therefore need to argue that neither σ nor σ' can arise in $U(i, j)$ in the *shuffling* operation.

If σ or σ' arose during shuffling, then Lemma 4.2 implies that for any $a, b \in \{1, 2, 3\}$ with $a \in \Sigma(U_{\text{top}})$ and $b \in \Sigma(U_{\text{bot}}^*)$, that $a < b$. It cannot be that $\{1\}$ or $\{1, 2\} \subset \Sigma(U_{\text{top}})$ while $\{2, 3\}$ or $\{3\} \subset \Sigma(U_{\text{bot}}^*)$ since 3's copy of S_{bot} only receives *one* copy of any symbol during shuffling, but both σ, σ' have two 1s between the first and last 3. \square

Remark 4.4. The distinction between *live* and *dead* blocks is critical for constructing order-3 (*ababa*-free) Davenport-Schinzel sequences [HS86, Niv10, Pet15a], and generalized DS sequences with length $O(n \text{ poly}(\alpha(n)))$ [Pet11b, Pet15b]. However, all constructions of DS sequences at order-4 and above [ASS89, Niv10, Pet15a] (having length $\Omega(n2^{\alpha(n)})$) only use live blocks. In Lemma 4.3, it is very important that *first* occurrences lie exclusively in dead blocks, and are never shuffled into the middle of a copy of U_{bot} . If the first block in $U(1, j)$ were redefined to be live, then we would see instances of 41213 in $U(i, j)$. It could be that 12121 appears in a copy of U_{bot} , and the first occurrences of $\{3, 4\}$ lie in a common live block in U_{top} . The restriction of U_{top} to $\{3, 4\}$ contains (34)3. After shuffling the block (34) into the U_{bot} containing 1, 2 we can see 12341213. Lemma 4.2(2) rules out this possibility when first occurrences appear in *dead* blocks.

Theorem 4.5. $\text{Ex}(W, n, m) = \Theta(m + n2^{\alpha(n, m)})$, where

$$W = \begin{pmatrix} \cdot & & & \\ & \cdot & & \\ & & \cdot & \\ & & & \cdot \end{pmatrix}$$

Proof. By Lemma 4.1, the sequence $U = U(i, j)$ has $n = N(i, j)$ symbols, $m < 2L(i, j)$ blocks, and length $|U| = \Theta(n2^i) = \Theta(n2^{\alpha(n, m)})$. We convert U to an $n \times m$ 0–1 matrix A_U . Number the rows of A_U from bottom-to-top, and the columns from left-to-right, and let $A_U(i, j) = 1$ iff symbol i appears in block j . U does not contain subsequences order-isomorphic to 41213, which implies that A_U is W -free, and hence $\text{Ex}(W, n, m) = \Omega(n2^{\alpha(n, m)})$. The matching upper bound is obtained as in [Pet11b, Thm. 3.4]. \square

5 Additional Upper Bounds

5.1 Proof of Theorem 1.5

Recall that I_k is the $k \times k$ identity matrix. For example, when $k = 3$, we have the following.

$$I_k = \begin{pmatrix} \cdot & & \\ & \cdot & \\ & & \cdot \end{pmatrix} \quad I_k \otimes (\cdot\cdot) = \begin{pmatrix} \cdot & & & \\ \cdot & \cdot & & \\ & & \cdot & \\ & & & \cdot \\ & & & & \cdot \\ & & & & & \cdot \\ & & & & & & \cdot \\ & & & & & & & \cdot \end{pmatrix}$$

Theorem 1.5 follows from Keszegh's [Kes09] *joining* operation and Pettie's upper bound on order-3 Davenport-Schinzel sequences [Pet15a]; cf. [HS86, Niv10]. Keszegh [Kes09] proved that if R has a 1 in its southeast corner and S has a 1 in its northwest corner, that $\text{Ex}(R \oplus S, n, m) \leq$

$\text{Ex}(R, n, m) + \text{Ex}(S, n, m)$, where $R \oplus S$ is formed by joining R, S at their corners.

$$R \oplus S = \left(\begin{array}{c} \boxed{\begin{array}{c} R \\ \bullet \end{array}} \\ \boxed{\begin{array}{c} \bullet \\ S \end{array}} \end{array} \right).$$

Observe that $I_k \otimes (\cdot) = (I_{k-1} \otimes (\cdot)) \oplus (\cdot)$, so we can apply Keszegh's operation $k - 2$ times to reduce to the base case $I_2 \otimes (\cdot)$. We claim $\text{Ex}(I_2 \otimes (\cdot), n, m) < \text{Ex}(\cdot), n, m) + 2n + m$. Suppose A is $I_2 \otimes (\cdot)$ -free, and let A' be obtained by removing the top 1 in each column, and then the first two 1s in each row. Then A' is clearly (\cdot) -free. Putting it all together, we have,

$$\begin{aligned} \text{Ex}(I_k \otimes (\cdot), n, m) &\leq \text{Ex}(I_2 \otimes (\cdot), n, m) + (k - 2) \text{Ex}(\cdot), n, m \\ &\leq (k - 1) \text{Ex}(\cdot), n, m + 2n + m \\ &\leq (k - 1)2n\alpha(n, m) + O(k(n + m)), \end{aligned}$$

where the last inequality follows from the bound $\text{Ex}(\cdot), n, m) = 2n\alpha(n, m) + O(n + m)$ on order-3 Davenport-Schinzel sequences [Pet15a].

5.2 Avoiding W and Its Reflection

By symmetry, Theorem 4.5 also applies to $\text{Ex}(W', n, m)$, where W' is the reflection of W along the y -axis. However, the density of $\{W, W'\}$ -free matrices is asymptotically smaller.

Theorem 5.1. $\text{Ex}(\{W, W'\}, n, m) \leq 4n\alpha(n, m) + O(n + m)$, where W' is the reflection of W along the y -axis.

$$W' = \begin{pmatrix} \cdot & & \cdot \\ & \cdot & \\ & & \cdot \end{pmatrix}$$

Proof. Let A be a $\{W, W'\}$ -free matrix. Remove the top 1 in each column, yielding A' . It follows that A' is $\{W, W', W''\}$ -free, where

$$W'' = \begin{pmatrix} \cdot & & \cdot \\ & \cdot & \\ & & \cdot \end{pmatrix}$$

We prove that $\text{Ex}(\{W, W', W''\}, n, m) \leq 2 \text{Ex}(\cdot), n, m)$. Call a 1 in A' *bottom-right* if it appears as the bottom-right 1 in a copy of (\cdot) , and *bottom-left* if it appears as the bottom-left 1 in a copy of (\cdot) . If $\|A'\|_1 \geq 2 \text{Ex}(\cdot), n, m) + 1$ then some $A'(i, j) = 1$ must be classified as both bottom-left and bottom-right. Let (i_L, j_L) and (i_R, j_R) be the positions of the top-left 1 in a copy of (\cdot) containing $A'(i, j)$ and top-right 1 in a copy of (\cdot) containing $A'(i, j)$, respectively. Numbering the rows from bottom to top, we have a copy of W'' if $i_L = i_R$, a copy of W' if $i_L < i_R$, and a copy

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