# ON UNAVOIDABLE SETS OF WORD PATTERNS 

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#### Abstract

We introduce the notion of unavoidable (complete) sets of word patterns, which is a refinement for that of words, and study certain numerical characteristics for unavoidable sets of patterns. In some cases we employ the graph of pattern overlaps introduced in this paper, which is a subgraph of the de Bruijn graph and which we prove to be Hamiltonian. In other cases we reduce a problem under consideration to known facts on unavoidable sets of words. We also give a relation between our problem and intensively studied universal cycles, and prove there exists a universal cycle for word patterns of any length over any alphabet.


Keywords: pattern, word, (un)avoidability, de Bruijn graph, universal cycles

## 1. Introduction

When defining or characterizing sets of objects in discrete mathematics, "languages of prohibitions" are often used to define a class of objects by listing the prohibited subobjects, i.e. subobjects that are not allowed to be contained in the objects of the class. The notion of a subobject is defined in different ways depending on the objects under consideration: a subword (a block or segment) for fragmentarily restricted languages, a subgraph for families of graphs, a subshape for two-dimensional shapes (e.g. a submatrix for matrices) and so on.

We collect all prohibited objects into a set that we call a set of prohibited objects, or simply a set of prohibitions. The idea of unavoidable (or complete ${ }^{1}$ ) set is as follows: if there exists a restriction on the size of an object, in other words, if large enough objects must contain prohibited subobjects, then the set of prohibitions is unavoidable.

[^0]In this paper, we are interested in unavoidable sets of word patterns, or just patterns (see Section 3 for definitions). These patterns are an extension of the permutation patterns studied extensively for the last twenty years (see [13] for a survey on the corresponding problems). Our unavoidable sets of patterns are refinements for those of words. Questions on unavoidability of sets of words appear, for instance, in algebra (sequences without repetitions), coding theory (chain codes), number theory (arithmetic progressions in partitions of the set of natural numbers), dynamical systems (motions of an object in a space with certain restrictions).

There is a number of numerical characteristics that are valuable for unavoidability criteria and the recognition algorithms based on them. Three such characteristics, namely $M_{w}(n)$, $L_{w}(n)$ and $C_{w}(n)$ (for definitions see Section (2), are considered in [6]. We consider the similar characteristics $M_{p}(n, m), L_{p}(n, m)$ and $C_{p}(n, m)$ for the case of prohibited patterns (for definitions see Section 3), where $m$ is the number of letters in the corresponding alphabet (we do not use this parameter for the functions $M_{w}(n), L_{w}(n)$ and $C_{w}(n)$ to be consistent with [6]). Moreover, in Subsubsection 3.2.2 we discuss how finding a lower bound for $C_{p}(n, m)$ is related to the so-called universal cycles for combinatorial structures that have been studied intensively (e.g. see [4, 12] and references therein). To get the lower bound, we prove that the graph of pattern overlaps (see definition in Section (3) is Hamiltonian, and derive as a corollary that there exists a universal cycle for word patterns of any length over any alphabet (see Corollary 3.11).

We remark that when considering patterns, the underlying alphabet must be ordered, as opposed to the objects considered in [6].

The paper is organized as follows. In Section 2 we review the main results on unavoidable sets of words in [6, 7]. The motivation for a relatively detailed review of these papers is the fact that they are available only in Russian (as far as we know), which caused, in particular, the rediscovery of some of those results in [16]. Besides, the results obtained in [6, 7] are of great interest in general and very useful in this paper in particular. In Section 3] we define the notion of a pattern, an n-pattern word, and study unavoidable sets of patterns.

## 2. Unavoidable sets of words

Let $\mathcal{A}=\left\{a_{1}, \ldots, a_{n}\right\}$ be an alphabet of $n$ letters. A word over the alphabet $\mathcal{A}$ is a finite sequence of letters of the alphabet. Any $i$ consecutive letters of a word $X$ generate a subword of length $i$. The set $\mathcal{A}^{*}$ is the set of all words over the alphabet $\mathcal{A}$, and $\mathcal{A}^{n}$ is the set of all words over $\mathcal{A}$ of length $n$. Let $S \subseteq \mathcal{A}^{*}$ be a set of prohibited words or a set of prohibitions. A word that does not contain any words from $S$ as its subwords is said to be free from $S$ or $S$-free. The set of all $S$-free words is denoted by $\widehat{S}$.

If there exists a natural number $k$ such that the length of any word in $\widehat{S}$ is less than $k$, then $S$ is called an unavoidable set. This is straightforward to see that $S$ is unavoidable if and only if $\widehat{S}$ has finitely many of elements. Thus, for any unavoidable set $S$ we can define the function

$$
L_{w}(\widehat{S})=\max _{X \in \widehat{S}} \ell(X)
$$

where $\ell(X)$ is the length of a word $X$.
The basic problem in considering of sets of prohibitions is whether or not a given set $S$ of prohibitions is unavoidable. Other possible questions are: given an unavoidable $S$ find or estimate $L_{w}(\widehat{S})$; construct an $S$-free word of length $L_{w}(\widehat{S})$; find the number of elements in $\widehat{S}$. If $S$ is avoidable then some possible questions are: find an infinite $S$-free sequence; describe all such sequences; find the cardinality of the set of these sequences; find the cardinality of the set of finite $S$-avoiding sequences of a given length.

Let $S$ be a finite set of words over an alphabet $\mathcal{A}$, and let $n$ be the maximal length of a word in $S$. If a word $X$ is a subword of a word $Y$ then we say that $Y$ is a superword for $X$. Suppose now that a word $X \in S$ and $\ell(X)<n$. Remove $X$ from $S$ and adjoin to $S$ all superwords for $X$ of length $n$. If this procedure is performed for any such $X$, and all resulting repetitions are removed, we will get a set $S^{\prime}$ of distinct words of length $n$.

Proposition 2.1. ([6] Proposition 1]) $S$ is unavoidable iff $S^{\prime}$ is unavoidable.
Thus, sets of prohibitions $S \subseteq \mathcal{A}^{n}$ are of special interest, and for the most part, our considerations in this paper are related to these sets. More precisely, we will consider the functions

$$
M_{w}(n)=\min |S| \quad \text { and } \quad L_{w}(n)=\max L_{w}(\widehat{S})
$$

where the extremum is taken with respect to all unavoidable $S \subseteq \mathcal{A}^{n}$. These functions are examples of numerical characteristics that describe the bound between avoidable and unavoidable sets of prohibitions. To give an instance of such a bound, we consider the following example.
Example 2.2. ([6] Examples 1,2]). Consider $\mathcal{A}=\{0,1\}$ and the sets of prohibitions

$$
\begin{aligned}
& S_{1}=\{000,001,101 \underline{1}, 0101,1111\} \\
& S_{2}=\{000,001,101 \underline{\underline{0}}, 0101,1111\}
\end{aligned}
$$

Thus $S_{1}$ and $S_{2}$ differ only in one underlined letter. One can see that $S_{1}$ is unavoidable, and $L_{w}\left(\widehat{S_{1}}\right)=8$. On the other hand, $S_{2}$ is avoidable. Indeed,

$$
\underbrace{011} \underbrace{011} \ldots \text { and } \underbrace{0111} \underbrace{0111} \ldots
$$

are $S_{2}$-free, and

$$
\underbrace{011} \underbrace{0111} \text { and } \underbrace{0111} \underbrace{011}
$$

are $S_{2}$-free. Hence, substituting $0 \mapsto 011$ and $1 \mapsto 0111$ in any sequence over $\mathcal{A}$, we get an $S_{2}$-free sequence. Hence, the cardinality of $\widehat{S}_{2}$ is the continuum.

In what follows, we will need the following graph. A de Bruijn graph is a directed graph $\vec{G}_{n}=\vec{G}_{n}(V, E)$, where the set of vertices $V$ is the set of all words in $\mathcal{A}^{n}$, and there is an arc from $u \in \mathcal{A}^{n}$ to $v \in \mathcal{A}^{n}$ if and only if

$$
u=a w \text { and } v=w b \quad \text { for some } w \in \mathcal{A}^{n-1} \text { and } a, b \in \mathcal{A}
$$




Figure 1. The de Bruijn graphs for the alphabet $\mathcal{A}=\{0,1\}$ and $n=2,3$.
The de Bruijn graphs were first introduced (for the alphabet $\mathcal{A}=\{0,1\}$ ) by de Bruijn in 1944 for finding the number of code cycles. However, these graphs proved to be a useful tool for various problems related to combinatorics on words (e.g. see [6, 7, 11]). It is known that the graph $\vec{G}_{n}$ can be defined recursively as $\vec{G}_{n}=L\left(\vec{G}_{n-1}\right)$, where $L$ indicates the operation of taking the line graph.

A chord of a directed simple path $\vec{P}$ in $\vec{G}_{n}$ is an arc that does not belong to $\vec{P}$ but connects two of its vertices in a such way that there is a circuit generated by this arch and the part of the path between the ends of the arc. For instance, on Figure 2 the $\operatorname{arc} \overrightarrow{B A}$ is a chord for the path $\vec{P}$, whereas $\overrightarrow{A B}$ is not.

Let $C_{w}(n)$ denote the greatest length (the number of vertices) of a simple path in $\vec{G}_{n}$ that does not have chords and does not go through any vertex that has a loop. The following theorem was proved by considering the de Bruijn graph.
Theorem 2.3. ([6, Theorem 1]) $L_{w}(n)=C_{w}(n)+n-1=|\mathcal{A}|^{n-1}+n-2$.
The following theorem was proved using the cyclic structure of the de Bruijn graph (the main result of [11) as well as the number of conjugacy classes of words with respect to a cyclic shift.


Figure 2. The $\operatorname{arc} \overrightarrow{B A}$ is a chord for the path $\vec{P}$, but $\overrightarrow{A B}$ is not.

Theorem 2.4. ([6, Theorem 2])

$$
M_{w}(n)=\frac{1}{n} \sum_{d \mid n} \varphi(n / d)|\mathcal{A}|^{d}
$$

where $\varphi(n)$ is the number of integers in $\{1,2, \ldots, n-1\}$ relatively prime to $n$ (Euler's $\varphi$ function).

Since any set of prohibitions $S$ with $|S|<M_{w}(n)$ is avoidable, it is helpful to have a table for $M_{w}(n)$. For $|\mathcal{A}|=2$ and $2 \leq n \leq 10$, see Table $\square$.

$$
\begin{array}{c|c|c|c|c|c|c|c|c|c}
n & 2 & 3 & 4 & 5 & 6 & 7 & 8 & 9 & 10 \\
\hline M_{w}(n) & 3 & 4 & 6 & 8 & 14 & 20 & 36 & 60 & 108
\end{array}
$$

TABLE 1. The function $M_{w}(n)$ for $2 \leq n \leq 10$ and a 2 -letter alphabet.

In particular, any set of binary words of length 9 that has less than 60 words is avoidable. Also, it is obvious that $M_{w}(n) \sim|\mathcal{A}|^{n} / n$, when $n \rightarrow \infty$. The last observation allows us to prove the following statement.
Proposition 2.5. ([7, Proposition 1]) There exist at least $2^{|\mathcal{A}|^{n}\left(1-\varepsilon_{n}\right)}$ unavoidable sets $S \subseteq$ $\mathcal{A}^{n}$. Here $\varepsilon_{n} \rightarrow 0$ when $n \rightarrow \infty$.

## 3. Unavoidable sets of patterns

The alphabets considered in this section must be totally ordered, and without loss of generality they coincide with $[m]=\{1,2, \ldots, m\}$ for an appropriate $m$.

We refer to [13] for a general survey of various pattern problems. However, in this paper we are concerned only with word patterns studied for the first time in [2]. More precisely, we consider the word patterns without internal dashes (see [13]). For this paper, we can define a pattern to be a subword (of a word) that contains each of the letters $1,2, \ldots, k$ at least once for some $k$, and no other letters. For instance, the word 2613235 contains an occurrence of the pattern 1323, but its subword 2613 is not a pattern. By analogy with Section 2, if a word does not contain a pattern $p$, it is free from $p$ or $p$-free. However, the crucial difference between this section and Section 2 is that instead of considering words free from a pattern $p$, we consider the objects that we call the $n$-pattern words. An $n$-pattern word is a word in which each subword of length $n$ is a pattern. Thus, constructing $n$-pattern words, we can restrict ourselves to alphabets having at most $n$-letters. Indeed, an occurrence of a letter $m>n$ in a subword $A$ of length $n$ of an $n$-pattern word $W$ contradicts the fact that $A$ must be a pattern ( $A$ must contain each of the letters $1,2, \ldots, m$ ).

By analogy with Section 2 when dealing with sets of prohibited words, we can consider sets of prohibited patterns, or simply sets of prohibitions, when it is clear which prohibitions we mean. We can also define the notion of an unavoidable set here in the same way. However, in considering prohibited patterns and $n$-pattern words, we assume that all prohibitions are of length $n$. Hence, for patterns, we can define the functions $L_{p}(n, m)$ and $M_{p}(n, m)$ similarly to $L_{w}(n)$ and $M_{w}(n)$ (recall that $m$ is the number of letters in the alphabet). As in

Section 2, the basic problem is whether or not a given set $S_{p}$ of prohibitions is unavoidable, and $L_{p}(n, m)$ and $M_{p}(n, m)$ are important numerical characteristics to study.
3.1. The function $M_{p}(n, m)$. Recall that the Möbius function is defined by

$$
\mu(n)= \begin{cases}0, & \text { if } n \text { has one or more repeated prime factors } \\ 1, & \text { if } n=1, \\ (-1)^{k}, & \text { if } n \text { is a product of } k \text { distinct primes }\end{cases}
$$

so $\mu(n) \neq 0$ indicates that $n$ is square-free.
The purpose of this subsection is to prove the following theorem.
Theorem 3.1. For n-pattern words over $[m]$, we have

$$
M_{p}(n, m)=\sum_{i \mid n} \sum_{j=0}^{\min (i, m)-1}(-1)^{j}\binom{\min (i, m)-1}{j} \frac{1}{i} \sum_{d \mid i} \mu(d)(\min (i, m)-j)^{\frac{i}{d}}
$$

where $M_{p}(n, m)=\min \left|S_{p}\right|$, and the minimum is taken over all unavoidable sets $S_{p}$ of patterns of length $n$ over the alphabet $[m]$.

One can compare this result with that of Theorem 2.4.
Remark 3.2. In Theorem 3.1, we can assume that $n \geq m$, since if $n<m$ we can only use the first $n$ letters in $[m]$ to construct $n$-pattern words, which reduces to the case $n=m$.

Remark 3.3. For $n=m$, we have $\min (i, m)=i$ in the formula of Theorem 3.1.
To prove Theorem [3.1] we introduce the graph of pattern overlaps $\vec{P}_{n}=\vec{P}_{n}(V, E)$, which is a subgraph of the de Bruijn graph $\vec{G}_{n}$, where the set of vertices $V$ contains all $n$-letter patterns over the underlying alphabet $\mathcal{A}$, and the set of $\operatorname{arcs} E$ consists of all the arcs of $\vec{G}_{n}$ between vertices corresponding to the patterns. In Figure 3, we can see the graph of pattern overlaps in the case of a 3 -letter alphabet and $n=3$ (we omit parentheses around the triples on the graph to indicate that we are dealing with $\vec{P}_{3}$, not $\left.\vec{G}_{3}\right)$.

Let $T_{p}(n, m)$ denote the number of conjugacy classes of patterns of length $n$ over the alphabet $[m$ ] with respect to a cyclic shift. For instance, there are 5 conjugacy classes on Figure 3 , They are $\{111\},\{112,121,211\},\{221,212,122\},\{321,213,132\}$ and $\{312,123,231\}$. Thus, $T_{p}(3,3)=5$.

Lemma 3.4. $M_{p}(n, m)=T_{p}(n, m)$
Proof. To prove the lemma, we follow the proof of Theorem [2.4 in [6].
Suppose $S_{p}$ is an unavoidable set of patterns of length $n$ and $X$ is an arbitrary $n$-pattern word of length $n$ ( $X$ is a pattern) over $[m]$. We form the sequence

$$
X^{\infty}=X X X \ldots,
$$



Figure 3. The graph of pattern overlaps for $\mathcal{A}=\{1,2,3\}$ and $n=3$.
by repeating the word $X$ periodically. Since $S_{p}$ is unavoidable, $X^{\infty}$ contains a prohibited pattern $p \in S_{p}$. From the construction of the sequence, $p$ is either $X$ or a cyclic shift of $X$. Thus $S_{p}$ contains a pattern from each conjugacy class of patterns of length $n$ over [ $m$ ] with respect to a cyclic shift. Thus, $\left|S_{p}\right| \geq T_{p}(n, m)$, and since $S_{p}$ is an arbitrary set, we have

$$
M_{p}(n, m) \geq T_{p}(n, m)
$$

To prove that $T_{p}(n, m)$ is an upper bound, we need to find an unavoidable set of cardinality $T_{p}(n, m)$. We consider the graph $\vec{P}_{n}$ whose vertices correspond to the words over [ $m$ ]. If $V^{\prime} \subset V\left(\vec{P}_{n}\right)$ and each circuit of $\vec{P}_{n}$ contains a vertex in $V^{\prime}$ then we say that $V^{\prime}$ cuts all circuits of $\vec{P}_{n}$. By deleting all such $V^{\prime}$ with all incident $\operatorname{arcs}$ from $\vec{P}_{n}$, we get an acyclic graph on the vertex set $V \backslash V^{\prime}$. The set of the patterns in $[m]^{n}$ corresponding to the vertices in $V^{\prime}$ is unavoidable. Indeed, if not, a sequence free from $V^{\prime}$ determines a self-intersecting walk in $\vec{P}_{n}$ and thus generates a circuit on the vertex set $V \backslash V^{\prime}$, which is impossible.

Golomb 11 found a set of vertices $V_{c}$ that cuts all circuits of the de Bruijn graph $\vec{G}_{n}$ with $\left|V_{c}\right|$ equal to the number of conjugacy classes of the words. Thus $V_{c}$ cuts all circuits in $\vec{G}_{n}$ and has one vertex in each conjugacy class. Since $\vec{P}_{n}$ is a subgraph of $\vec{G}_{n}, \vec{P}_{n}$ will have no circuit after removing the vertices in $V_{c}$. The set of vertices in $V_{c}$ that belong to $\vec{P}_{n}$ corresponds to an unavoidable set, and thus

$$
M_{p}(n, m) \leq T_{p}(n, m)
$$

This proves the lemma.

## Lemma 3.5.

$$
T_{p}(n, m)=\sum_{i \mid n} \sum_{j=0}^{\min (i, m)-1}(-1)^{j}\binom{\min (i, m)-1}{j} \frac{1}{i} \sum_{d \mid i} \mu(d)(\min (i, m)-j)^{\frac{i}{d}} .
$$

Proof. Recall that a word $x \in \mathcal{A}^{*}$, where $\mathcal{A}$ is any (ordered or unordered) alphabet, is called primitive if it is not a power of another word. Thus $x \neq \emptyset$ is primitive if $x=y^{e}$ only for
$e=1$. For instance, the words 121, 1221, 12121 are primitive, whereas the word 121212 is not. It is easy to show that each nonempty word is a power of a unique primitive word. Thus, $x=r^{e}$ for a unique primitive word $r$. The number $e$ is called the exponent of $x$. It is also easy to see that all words, and hence all patterns, in the same conjugacy class have the same exponent. Moreover, if $x_{1}=r_{1}^{e}$ and $x_{2}=r_{2}^{e}$ and $\left|x_{1}\right|=\left|x_{2}\right|$, then $x_{1}$ is conjugate to $x_{2}$ iff $r_{1}$ is conjugate to $r_{2}$. We define the notion of a primitive pattern in the same way as for words. Clearly, all properties of primitive words hold for primitive patterns as well.

So, in order to find $T_{p}(n, m)$, we need to find the number of conjugacy classes of primitive patterns of length $i$ over the alphabet $[m]$, where $i \mid n$, and then take a sum of these numbers. However, for a given $i$, we cannot use directly the well known formula for the number of conjugacy classes of primitive words over $\min (i, m)$-letter alphabet (a primitive word of length $i$ can have at most $i$ distinct letters, since we are dealing with patterns), given by

$$
\frac{1}{i} \sum_{d \mid i} \mu(d)(\min (i, m))^{\frac{i}{d}}
$$

Indeed, this formula counts, among others, primitive words which are not primitive patterns (when some letter $j, 2 \leq j \leq \min (i, m)-1$, occurs in a primitive pattern whereas $j-1$ does not). So, we need to use the standard inclusion-exclusion method (the sieve formula) to handle this situation. We define the property $A_{j}$ to be "the letter $j$ does not occur in a primitive word". Clearly we may restrict ourselves to the case $j \leq \min (i, m)-1$, since the absence of the largest letter, namely $\min (i, m)$, is not a bad property when considering patterns. Now we easily get the number of primitive patterns of length $i$, which is given by

$$
\sum_{j=0}^{\min (i, m)-1}(-1)^{j}\binom{\min (i, m)-1}{j} \frac{1}{i} \sum_{d \mid i} \mu(d)(\min (i, m)-j)^{\frac{i}{d}} .
$$

This proves the lemma.
Now the truth of Theorem 3.1 follows from Lemmas 3.4 and 3.5
3.2. The function $L_{p}(n, m)$. Let $C_{p}(n, m)$ denote the greatest length (the number of vertices) of a simple path in $\vec{P}_{n}$ that does not have chords (see the definition in Section 2) and does not pass through any vertex incident with a loop. Using exactly the same considerations as in the proof of Theorem [2.3 (see [6]), one can prove the following theorem.

Theorem 3.6. $L_{p}(n, m)=C_{p}(n, m)+n-1$.
Moreover, in the case $m=2$, the de Bruijn graph $\vec{G}_{n}$ almost coincides with the graph of pattern overlaps $\vec{P}_{n}$. Indeed, the only difference between these graphs is the vertex $(22 \ldots 2)$ and all edges adjacent to that vertex ( $22 \ldots 2$ is the only binary non-pattern). However, the lemma to Theorem [2.3 (see [6]) provides that in the binary case $C_{w}(n)=2^{n-1}-1$, and since $C_{w}(n)$ is the maximal length of a path that, in particular, does not pass through the loop $(22 \ldots 2)$, we have that in this case $C_{w}(n)=C_{p}(n, 2)$. Thus the following theorem is true:
Theorem 3.7. $L_{p}(n, 2)=2^{n-1}+n-2$.

However, in the case $m \geq 3$, the only useful information we can extract from Theorem [2.3 is the following rough bound

$$
L_{p}(n, m)<m^{n-1}+n-2 .
$$

So, according to Theorem 3.6 we need to find $C_{p}(n, m)$ in order to get $L_{p}(n, m)$. The purpose of the rest of the subsection is to find an upper and a lower bound for $C_{p}(n, m)$ for $m \geq 3$.
3.2.1. An upper bound for $C_{p}(n, m)$. We only give a trivial upper bound. Clearly, in order to avoid chords, each conjugacy class (with respect to shift) which has $i$ words can have no more than $i-1$ words in the path. Thus, we use the formula for $T_{p}(m, n)$ with a correction, namely the factor of $i-1$, which indicates that each primitive word of length $i$ is responsible for a conjugacy class of $i$ elements, and we take $i-1$ elements out of these $i$ :

$$
C_{p}(n, m) \leq \sum_{i \mid n}(i-1) \sum_{j=0}^{\min (i, m)-1}(-1)^{j}\binom{\min (i, m)-1}{j} \frac{1}{i} \sum_{d \mid i} \mu(d)(\min (i, m)-j)^{\frac{i}{d}}
$$

3.2.2. A lower bound for $C_{p}(n, m)$. We observe that the line graph $L\left(\vec{P}_{n-1}\right)$ for the graph $\vec{P}_{n-1}$ determines a subgraph of the graph $\vec{P}_{n}$. We get that by using the general properties of the de Bruijn graph (since $\vec{P}_{n}$ is its subgraph), as well as the fact that if $x_{1} x_{2} \ldots x_{n-1}$ and $x_{2} x_{3} \ldots x_{n}$ are vertices in $\vec{P}_{n-1}$, then the arc between them generates the vertex $x_{1} x_{2} \ldots x_{n}$ in the line graph, and $x_{1} x_{2} \ldots x_{n}$ is a pattern and thus belongs to $\vec{P}_{n}$. Moreover, from the considerations in the proof of Theorem 2.3 (see [6]), it follows that a simple path in $\vec{P}_{n-1}$ determines a simple path without chords in $\vec{P}_{n}$ after removing the loop $11 \ldots 1$.

So, in order to get a lower bound for $C_{p}(n, m)$, we need to construct a simple path in $\vec{P}_{n-1}$ of as great a length as possible (ideally a Hamiltonian path). In order to get a Hamiltonian path or a path that is "close" to a Hamiltonian one, we can try to use the methods and techniques similar to those used in constructions of universal cycles for various combinatorial structures such as words, permutations, partitions, and others (e.g. see [4, 12]).

We briefly discuss the general notion of a universal cycle (see [4]).
Suppose we are given a family $\mathcal{F}_{n}$ of combinatorial objects of "rank $n$ " and let $m:=\left|\mathcal{F}_{n}\right|$ denote their number. We assume that each $F \in \mathcal{F}_{n}$ is "generated" or specified by some sequence $x_{1} x_{2} \ldots x_{n}$, where $x_{i} \in \mathcal{A}$ for some fixed alphabet $\mathcal{A}$. We say that $U=a_{0} a_{1} \ldots a_{m-1}$ is a universal cycle (or a $U$-cycle) for $\mathcal{F}_{n}$ if $a_{i+1} a_{i+2} \ldots a_{i+n}, 0 \leq i<m$, runs through each element of $\mathcal{F}_{n}$ exactly once, where index addition is performed modulo $n$.

In our case the combinatorial objects are patterns of length $n$, and as in many other cases (e.g. de Bruijn cycles, permutations, partitions), but not in all cases (e.g. $k$-subsets of an $n$ set), it is possible to define a directed transition graph, namely the graph of pattern overlaps $\vec{P}_{n}$, and reduce the problem of constructing a U-cycle to constructing a Hamiltonian circuit for $\vec{P}_{n}$. Even though we do not need a Hamiltonian circuit (since we are concerned with paths of maximal length), but we can still try to use the same techniques as in [4, 12] and in references therein.

However, it turns out that the abovementioned techniques work only for $m=2$, which we are not interested in since we have an explicit result in this case (see Theorem 3.7). The main problem is that the graph of pattern overlaps is not balanced, i.e. we have vertices where the indegree is not equal to the outdegree. Also, $\vec{P}_{n}$ is not the line graph of $\vec{P}_{n-1}$. However, it is possible to prove the following statement.
Theorem 3.8. The graph of pattern overlaps $\vec{P}_{n}$ contains a Hamiltonian circuit.
Proof. We first observe that $\vec{P}_{n}$ is strongly connected. Indeed, suppose we are given two vertices of $\vec{P}_{n}$, namely $X=x_{1} x_{2} \ldots x_{n}$ and $Y=y_{1} y_{2} \ldots y_{n}$. If $I$ denotes the vertex $11 \ldots 1$, then we can find a path $\vec{P}_{X}$ from $X$ to $I$. Indeed, If $x_{i}$ is the largest letter in $X$, then we consider the following path in $\vec{P}_{n}$ :

$$
X=x_{1} x_{2} \ldots x_{n} \rightarrow x_{2} x_{3} \ldots x_{n} x_{1} \rightarrow \cdots \rightarrow x_{i} x_{i+1} \ldots x_{i-1} \rightarrow x_{i+1} \ldots x_{i-1} 1=X^{\prime}
$$

Thus, in $X^{\prime}$ we get 1 in place of the largest letter of $X$. We observe that $X^{\prime}$ is obviously a pattern. Clearly, we can continue this path by replacing the largest letters, one by one, with 1 's until we arrive at $I$. On the other hand, it is easy to see that the operation of changing a largest letter to 1 is invertible. For instance, in order to find a path from $X^{\prime}$ to $X$, we may do the following sequence of steps:

$$
\begin{gathered}
X^{\prime}=x_{i+1} \ldots x_{i-1} 1 \rightarrow x_{i+2} \ldots 1 x_{i+1} \rightarrow \cdots \rightarrow 1 x_{i+1} \ldots x_{n} x_{1} \ldots x_{i-1} \rightarrow \\
x_{i+1} \ldots x_{n} x_{1} \ldots x_{i-1} x_{i} \rightarrow x_{i+2} \ldots x_{i} x_{i+1} \rightarrow \cdots \rightarrow x_{1} x_{2} \ldots x_{n}=X .
\end{gathered}
$$

Thus, we can find a path from $I$ to $Y$, which together with the path $\vec{P}_{X}$, gives a path from $X$ to $Y$. Similarly, one can get a path from $Y$ to $X$, which proves that $\vec{P}_{n}$ is strongly connected.

The main property we use when proving $\vec{P}$ has a Hamiltonian circuit is illustrated in Figure 4A. It says that if $C_{1}$ and $C_{2}$ are two circuits corresponding to different conjugacy classes with respect to the shift, and there is an arc from $C_{1}$ to $C_{2}$ then there is an arc from $C_{2}$ to $C_{1}$ and vise versa. Moreover, in all cases but one (see discussion below), we can choose these arcs as in the Figure 4 A , that is once we leave $C_{1}$ at the vertex $x W$, we can come back, after visiting $C_{2}$, at the vertex $W x$, which is adjacent to $x W$ on the circuit $C_{1}$. The notation $x W$ (resp. $W x$ ) is used to indicate a pattern of length $n$ with the first (resp. last) letter $x$. The only exception when the picture differs from that on Figure 4 A is the loop $11 \ldots$, and there is only circuit adjacent to it, namely the one generated by $11 \ldots 12$. In this case $x W$ coincides with $W x$, which however does not affect our considerations below.

The basic idea: We show the existence of a Hamiltonian circuit iteratively, starting from any circuit corresponding to a conjugacy class with respect to the shift, and on each following iteration creating a new circuit that contains the previous one and has more vertices since it covers additional circuits corresponding to some conjugacy classes (by covering here we mean containing all the vertices from a circuit in our big circuit). Moreover, we construct the big circuit so that once it arrives at a new circuit corresponding to a conjugacy class, it uses all the vertices from that circuit before leaving. We keep doing that using the fact that


Figure 4. Circuits in $\vec{P}_{n}$.
$\vec{P}_{n}$ is a disjoint union of the circuits corresponding to the conjugacy classes, until we create a Hamiltonian circuit.

Let $H_{1}$ be an arbitrary circuit corresponding to a conjugacy class with respect to the shift. Now assume we made $i$ iterative steps and obtained a circuit $H_{i}$. If $H_{i}$ covers all the vertices of $\vec{P}_{n}$, then we are done. Otherwise, on iteration $i+1$ we proceed as follows.

The fact that $\vec{P}_{n}$ is strongly connected ensures that there is an arc from a circuit $C$ covered by $H_{i}$ to a circuit which is not covered by $H_{i}$. Our strategy is to start from the vertex where $H_{i}$ arrived at $C$, then go around $C$ following $H_{i}$ vertex by vertex, until we reach the vertex in which $H_{i}$ leaves $C$, and at each step, checking if it is possible to extend $H_{i}$ according to the following considerations.

Assume we are in the vertex $x W$ in $C$. If there is only one arc coming out of $C$, namely the arc to the vertex $W x$ belonging to $C$, then we cannot extend $H_{i}$ at this step, so we need to consider the next vertex $W x$ instead. Otherwise, there are $j \geq 1$ arcs that come out from $x W$ to $j$ different circuits corresponding to some conjugacy classes (we denote the set of these circuits by $B$ ). The case $j=1$ is shown on Figure 4A, if we assume $C=C_{1}$. In this case there are two possibilities: either $C_{2}$ is covered by $H_{i}$ or not. In the first case we cannot extend $H_{i}$, so we need to consider the vertex $W x$ belonging to $C$ to proceed further. In the second case, we can extend $H_{i}$ by going to the vertex $W y$, then through the vertices belonging to $C_{2}$ until we reach $y W$, then we come back to $C$ at the vertex $W x$.

When $j>1$, either all circuits from $B$ are already covered by $H_{i}$, or there is a number of circuits that are not covered by $B B$ (we denote the set of these circuits by $B_{0}$ ). In the first cannot extend $H_{i}$ and we need to continue to proceed to the vertex $W x$. We claim that in the second case there is a path starting from the vertex $x W$, going through all the vertices from the circuits from $B_{0}$ and coming to the vertex $W x$. We can extend $H_{i}$ with this path. This claim is not hard to prove for any $j$, for instance by induction. However, we only give our proof in the case $j=3$ (see Figure $4 B$ ) as it is easily generalizable.

In Figure $4 \mathrm{~B}, W y, W z$, and $W u$ are representatives from the circuits $C_{3}, C_{2}$ and $C_{1}$ respectively, which belong to $B$. The key observation here is that any other circuit in $B$ is as good as $C$, that is, e.g. we can go from $x W$ to any of the vertices $y W, z W$ and $u W$, but
we can also go from, say, $u W$ to any of these vertices. If $B=B_{0}$, then we can start at $x W$, go to $W u$, go to $u W$ through $C_{1}$, then to $W z$, then go to $z W$ through $C_{2}$, to $W y$, to $y W$ through $C_{3}$ and finally come to $W x$, in which case we succeeded to extend $H_{i}$. If $B \neq B_{0}$, we use the same procedure simply skipping the circuits not in $B_{0}$. E.g. if $C_{2} \notin B_{0}$, we change the path above by going from $u W$ directly to $W y$, again extending $H_{i}$.

Thus, we constructed the circuit $H_{i+1}$ that contains more vertices than $H_{i}$ does. Since $\vec{P}_{n}$ has finitely many vertices, $\vec{P}_{n}$ must contain a Hamiltonian circuit.

Remark 3.9. The proof of theorem 3.8 can be simplified, if we add exactly one circuit corresponding to a conjugacy class at each iteration. Indeed, in this case we do not need to consider the sets $B$ and $B_{0}$ used in the proof, as well as the illustration on Figure 4 B . Thus, once we find a circuit to add to the big circuit, we can start a new iteration. However, we keep the more complicated proof since it helps understand the structure of the graph of pattern overlaps more deeply.

Remark 3.10. One can test how the algorithm of finding a Hamiltonian circuit in $\vec{P}_{n}$ works in the case $n=3$ and $m=3$ on Figure 3.

As an immediate corollary to Theorem [3.8 we have the following:
Corollary 3.11. For any $m$ and $n$, there exists a $U$-cycle for word patterns of length $n$ over an m-letter alphabet.

The following proposition is easy to prove using elementary combinatorics.
Proposition 3.12. The number of different word patterns of length $n$ on $m$ letters is

$$
\sum_{i=1}^{m} \sum_{\substack{a_{1}+\ldots+a_{i}=n \\ a_{1} \geq 1, \ldots, a_{i} \geq 1}}\binom{n}{a_{1}, \ldots, a_{i}}
$$

Now, using the discussion in the beginning of the subsubsection, Theorem 3.8 and Proposition 3.12, we obtain the following proposition.
Proposition 3.13. $C_{p}(n, m) \geq \sum_{i=1}^{m} \sum_{a_{1}+\cdots+a_{i}=n-1}\binom{n-1}{a_{1}, \ldots, a_{i}}$.
As a final remark, we observe, that another way to get the number of different word patterns of length $n$ on $m$ letters is using a correction in the formula for $T_{p}(m, n)$ like we did when we obtained the upper bound for $C_{p}(n, m)$. But in this case the correction is $i$ rather then $i-1$, which says that we consider each conjugacy class with respect to shift and find the number of elements in it. Thus, $i$ and $1 / i$ cancel each other, and we get a combinatorial proof of the following identity:

$$
\sum_{i=1}^{m} \sum_{\substack{a_{1}, \ldots+a_{i}=n \\ a_{1} \geq 1, \ldots, a_{i} \geq 1}}\binom{n}{a_{1}, \ldots, a_{i}}=\sum_{i \mid n} \sum_{j=0}^{\min (i, m)-1}(-1)^{j}\binom{\min (i, m)-1}{j} \sum_{d \mid i} \mu(d)(\min (i, m)-j)^{\frac{i}{d}}
$$

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[^0]:    ${ }^{1}$ The word "complete" appears in e.g. [5]-9], but the word "unavoidable" is of common use in contemporary literature (e.g. see [15 Chapter 3], [16]), so we decided to use the latest terminology in this paper.

