# A CRITERION FOR KOLCHIN SUBGROUPS OF $Out(F_r)$

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ABSTRACT. This article provides a decidable criterion for when a subgroup of  $\operatorname{Out}(F_r)$  generated by two Dehn twists consists entirely of polynomially growing elements, answering an earlier question of the author.

#### 1. INTRODUCTION

Outer automorphims of a free group divide into two categories, polynomially growing and exponentially growing, according to the behaviour of word lengths under iteration. Subgroups of  $Out(F_r)$  that consist of only polynomially growing outer automorphisms are known as *Kolchin* subgroups and are the  $Out(F_r)$  analog of unipotent subgroups of a linear group.

Clay and Pettet [3] and Gultepe [6] give sufficient conditions for when a subgroup of  $Out(F_r)$  generated by two Dehn twists contains an exponentially growing outer automorphism. This article gives an algorithmic criterion that characterizes when a subgroup of  $Out(F_r)$  generated by two Dehn twists is Kolchin, in terms of a combinatorial invariant of the gnerators known as the *edge-twist* directed graph (see Definition 2.8).

**Theorem 1.1** (Main Theorem). Suppose  $\sigma, \tau \in \text{Out}(F_r)$  are Dehn twists. The subgroup  $\langle \sigma, \tau \rangle$  is Kolchin if and only if the edge twist digraph of the defining graphs of groups is directed acyclic.

## 2. Background

2.1. Graphs of groups and Dehn twists. A graph  $\Gamma$  is a collection of vertices  $V(\Gamma)$ , edges  $E(\Gamma)$ , initial and terminal vertex maps  $o, t : E \to V$  and an involution  $\overline{\cdot} : E \to E$  satisfying  $\overline{e} \neq e$  and  $o(\overline{e}) = t(e)$ . A directed graph (digraph) omits the involution.

**Definition 2.1.** A graph of groups is a pair  $(G, \Gamma)$  where  $\Gamma$  is a connected graph and G is an assignment of groups to the vertices and edges of  $\Gamma$  satisfying  $G_e = G_{\bar{e}}$ and injections  $\iota_e : G_e \to G_{t(e)}$ . The assignment will often be suppressed and  $\Gamma_v, \Gamma_e$ used instead.

**Definition 2.2.** The fundamental groupoid  $\pi_1(\Gamma)$  of a graph of groups  $\Gamma$  is the groupoid with vertex set  $V(\Gamma)$  generated by the path groupoid of  $\Gamma$  and the groups  $G_v$  subject to the following relations. We require that for each  $v \in V(\Gamma)$  the group  $G_v$  is a subgroupoid based at v and that the group and groupoid structures agree. Further, for all  $e \in E(\Gamma)$  and  $g \in G_e$  we have  $\bar{e}\iota_{\bar{e}}(g)e = \iota_e(g)$ .

The fundamental group of  $\Gamma$  based at v,  $\pi_1(\Gamma, v)$  is the vertex subgroup of  $\pi_1(\Gamma)$  based at v. It is standard that changing the basepoint gives an isomorphic group [7, 8].

Let  $(e_1, \ldots, e_n)$  be a possibly empty edge path in  $\Gamma$  starting at v and  $(g_0, \ldots, g_n)$  be a sequence of elements  $g_i \in G_{t(e_i)}$  with  $g_0 \in G_v$ . These data represent an arrow of  $\pi_1(\Gamma)$  by the groupoid product

 $g_0e_1g_1\cdots e_ng_n.$ 

A non-identity element of  $\pi_1(\Gamma)$  expressed this way is *reduced* if either n = 0 and  $g_0 \neq id$ , or n > 0 and for all i such that  $e_i = \bar{e}_{i+1}, g_i \notin \iota_{e_i}(G_{e_i})$ . The edges appearing in a reduced arrow are uniquely determined. Further, if  $t(e_n) = o(e_1)$  the arrow is cyclically reduced if either  $e_n \neq \bar{e}_0$  or  $e_n = \bar{e}_0$  and  $g_n g_0 \notin \iota_{e_n}(G_{e_n})$ . For an element  $g \in \pi_1(\Gamma, v)$ , the edges appearing in a cyclically reduced arrow conjugate to g in  $\pi_1(\Gamma)$  is a conjugacy class invariant.<sup>1</sup>

**Definition 2.3.** Given a graph of groups  $\Gamma$  a subset of edges  $E' \subseteq E(\Gamma)$  and edgegroup elements  $\{z_e\}_{e \in E'}$  satisfying  $z_e \in Z(\Gamma_e)$  and  $z_{\bar{e}} = z_e^{-1}$ , the Dehn twist of  $\Gamma$  about E' by  $\{z_e\}$  is the fundamental groupoid automorphism  $D_z$  given on the generators by

$D_z(e) = ez_e$	$e \in E'$
$D_z(e) = e$	$e \not\in E'$
$D_z(g) = g$	$g\in \Gamma_v$

As this groupoid automorphism preserves vertex subgroups it induces a well-defined outer automorphism class  $D_z \in \text{Out}(\pi_1(\Gamma, v))$ , which we will also refer to as a Dehn twist.

For a group G we say  $\sigma \in \text{Out}(G)$  is a *Dehn twist* if it can be realized as a Dehn twist about some graph of groups  $\Gamma$  with  $\pi_1(\Gamma, v) \cong G$ .

Specializing to  $\operatorname{Out}(F_r)$ , when  $\sigma \in \operatorname{Out}(F_r)$  is a Dehn twist there are many graphs of groups  $\Gamma$  with  $\pi_1(\Gamma, v) \cong F_r$  that can be used to realize  $\sigma$ . However, Cohen and Lustig [4] define the notion of an *efficient graph of groups* representative of a Dehn twist and show that each Dehn twist in  $\operatorname{Out}(F_r)$  has a unique efficient representative. For a fixed  $\sigma$  let  $\mathcal{G}(\sigma)$  denote the graph of groups of its efficient representative; edge groups of  $\mathcal{G}(\sigma)$  are infinite cyclic [4].

**Remark 2.4.** If  $\sigma, \tau \in \text{Out}(F_r)$  are Dehn twists with a common power, then  $\mathcal{G}(\sigma) = \mathcal{G}(\tau)$ .

2.2. Topological representatives and the Kolchin theorem. Given a graph  $\Gamma$  the topological realization of  $\Gamma$  is a simplicial complex with zero-skeleton  $V(\Gamma)$  and one-cells joining o(e) and t(e) for each edge in a set of  $\bar{\cdot}$  orbit representatives. It will not cause confusion to use  $\Gamma$  for both a graph and its topological representative. If  $\gamma \subset \Gamma$  is a based loop, denote the associated element of  $\pi_1(\Gamma)$  by  $\gamma^*$ . Given  $\sigma \in \text{Out}(F_r)$ , a topological realization is a homotopy equivalence  $\hat{\sigma} : \Gamma \to \Gamma$  so that  $\hat{\sigma}_* : \pi_1(\Gamma, v) \to \pi_1(\Gamma, \hat{\sigma}(v))$  is a representative of  $\sigma$ . A homotopy equivalence  $\hat{\sigma} : \Gamma \to \Gamma$  is filtered if there is a filtration  $\emptyset = \Gamma_0 \subsetneq \Gamma_1 \subsetneq \cdots \subsetneq \Gamma_k = \Gamma$  preserved by  $\hat{\sigma}$ .

**Definition 2.5.** A filtered homotopy equivalence  $\hat{\sigma} : \Gamma \to \Gamma$  is upper triangular if (1)  $\hat{\sigma}$  fixes the vertices of  $\Gamma$ ,

<sup>&</sup>lt;sup>1</sup>These edges are covered by the axis of g in the Bass-Serre tree of  $\Gamma$ .

- (2) Each stratum of the filtration  $\Gamma_i \setminus \Gamma_{i-1} = e_i$  is a single topological edge,
- (3) Each edge  $e_i$  has a preferred orientation and with this orientation there is a closed path  $u_i \subseteq \Gamma_{i-1}$  based at  $t(e_i)$  so that  $\hat{\sigma}(e_i) = e_i u_i$ .

The path  $u_i$  is called the suffix associated to  $u_i$ . A filtration assigns each edge a height, the *i* such that  $e \in \Gamma_i \setminus \Gamma_{i-1}$ , and taking a maximum this definition extends to edge paths.

Every Dehn twist in  $\operatorname{Out}(F_r)$  has an upper-triangular representative [2, 4]. In a previous paper [1] I describe how to construct  $\mathcal{G}(\sigma)$  from an upper-triangular representative, following a similar construction of Bestvina, Feighn, and Handel [2]. The following is an immediate consequence of my construction.

**Lemma 2.6.** Suppose  $\Gamma$  is a filtered graph and  $\sigma \in \text{Out}(F_r)$  is a Dehn twist that is upper triangular with respect to  $\Gamma$ . Then

- (1) there is a height function  $ht : E(\mathcal{G}(\sigma)) \to \mathbb{N}$  so that for any loop  $\gamma \subseteq \Gamma_i$  the height of the edges in a cyclically reduced representative of the conjugacy class of  $\gamma^*$  in  $\pi_1(\mathcal{G}(\sigma))$  is at most *i*,
- (2) For each edge  $e \in E(\mathcal{G}(\sigma))$ ,  $ht(e) = ht(\bar{e})$ , and the edge group  $\mathcal{G}(\sigma)_e$  is a conjugate of a maximal cyclic subgroup of  $F_r$  that contains  $u_i^*$  for some suffix  $u_i$ , and  $ht(e) > \min_{\gamma \sim u_i} \{ht_{\Gamma}(\gamma)\}$ , where  $\gamma$  ranges over loops freely homotopic to  $u_i$ .

Bestvina, Feighn, and Handel proved an  $Out(F_r)$  analog of the classical Kolchin theorem for  $Out(F_r)$ , which provides simultaneous upper-triangular representatives for Kolchin-type subgroups of  $Out(F_r)$ .

**Theorem 2.7** ([2]). Suppose  $H \leq \text{Out}(F_r)$  is a Kolchin subgroup. Then there is a finite index subgroup  $H' \leq H$  and a filtered graph  $\Gamma$  so that each  $\sigma \in H'$  is upper triangular with respect to  $\Gamma$ .

2.3. Twists and polynomial growth. In a previous paper [1] I introduced the edge-twist digraph of two Dehn twists and used it to provide a sufficient condition for a subgroup of  $Out(F_r)$  generated by two Dehn twists to be Kolchin.

**Definition 2.8** ([1]). The edge-twist digraph  $\mathcal{ET}(A, B)$  of two graphs of groups A, B with isomorphic fundamental groups and infinite cyclic edge stabilizers is the digraph with vertex set

$$V(\mathcal{ET}(A, B)) = \{(e, \bar{e}) | e \in E(A)\} \cup \{(f, \bar{f}) | f \in E(B)\}$$

directed edges  $((e,\bar{e}), (f,\bar{f})) e \in E(A), f \in E(B)$  when a generator of  $A_e$  uses f or  $\bar{f}$ in its cyclically reduced representation in  $\pi_1(B)$ , and directed edges  $((f,\bar{f}), (e,\bar{e})),$  $f \in E(B), e \in E(A)$  when a generator of  $B_f$  uses e or  $\bar{e}$  in a cyclically reduced representation in  $\pi_1(A)$ .

**Remark 2.9.** This is well-defined, using an edge is a conjugacy invariant, and using an edge or its reverse is preserved under taking inverses.

**Lemma 2.10** ([1]). If  $\sigma, \tau \in \text{Out}(F_r)$  are Dehn twists and  $\mathcal{ET}(\mathcal{G}(\sigma), \mathcal{G}(\tau))$  is directed acyclic, then  $\langle \sigma, \tau \rangle$  is Kolchin.

### 3. Proof of the main theorem

*Proof.* It suffices to prove the converse to Lemma 2.10. Suppose  $\langle \sigma, \tau \rangle$  is Kolchin. By Theorem 2.7, there is a finite index subgroup  $H \leq \langle \sigma, \tau \rangle$  where every element of H is upper triangular with respect respect to a fixed filtered graph  $\Gamma$ . Since H is finite index, there are powers m, n so that  $\sigma^m, \tau^n \in H$ , so that  $\sigma^m$  and  $\tau^n$  are upper triangular with respect to  $\Gamma$ .

By Lemma 2.6, the filtration of  $\Gamma$  induces height functions on  $E(\mathcal{G}(\sigma^m))$  and  $E(\mathcal{G}(\tau^n))$ , combining these gives a height function on the vertices of  $\mathcal{ET}(\mathcal{G}(\sigma^m), \mathcal{G}(\tau^n))$ . Every directed edge  $((e, \bar{e}), (f, \bar{f}))$  satisfies ht(e) > ht(f). Indeed, suppose  $(e, \bar{e}) \in E(\mathcal{G}(\sigma^m))$ . Let  $[g] \subset F_r$  be the conjugacy class of a generator of  $\mathcal{G}(\sigma^m)_e$ . By Lemma 2.6 (ii), there is a representative  $g \in [g]$  such that  $g^k = u_i^*$  for some  $\sigma$ -suffix  $u_i$ . Take a minimum height loop  $\gamma$  representing [g], so that  $\gamma \subseteq \Gamma_{ht(\gamma)}$ . Again by Lemma 2.6 (ii),  $ht(e) > ht(\gamma)$ . Finally, by Lemma 2.6 (i), each edge f in a cyclically reduced  $\pi_1(\mathcal{G}(\tau^n))$  representative of [g] satisfies  $ht(f) \leq ht(\gamma)$ . Thus ht(e) > ht(f) for each directed edge with origin  $(e, \bar{e})$ , as required. The argument for generators of the edge groups of  $\mathcal{G}(\tau^n)$  is symmetric. Therefore any directed path in  $\mathcal{ET}(\mathcal{G}(\sigma^m), \mathcal{G}(\tau^n))$  has monotone decreasing vertex height, which implies that  $\mathcal{ET}$  is directed acyclic. To conclude, observe that by Remark 2.4  $\mathcal{ET}(\mathcal{G}(\sigma^m), \mathcal{G}(\tau^n)) = \mathcal{ET}(\mathcal{G}(\sigma), \mathcal{G}(\tau))$ .

Cohen and Lustig [5] give an algorithm to find efficient representatives. Computing the edge-twist digraph and testing if it is acyclic are straightforward computations, so the criterion in the main theorem is algorithmic.

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